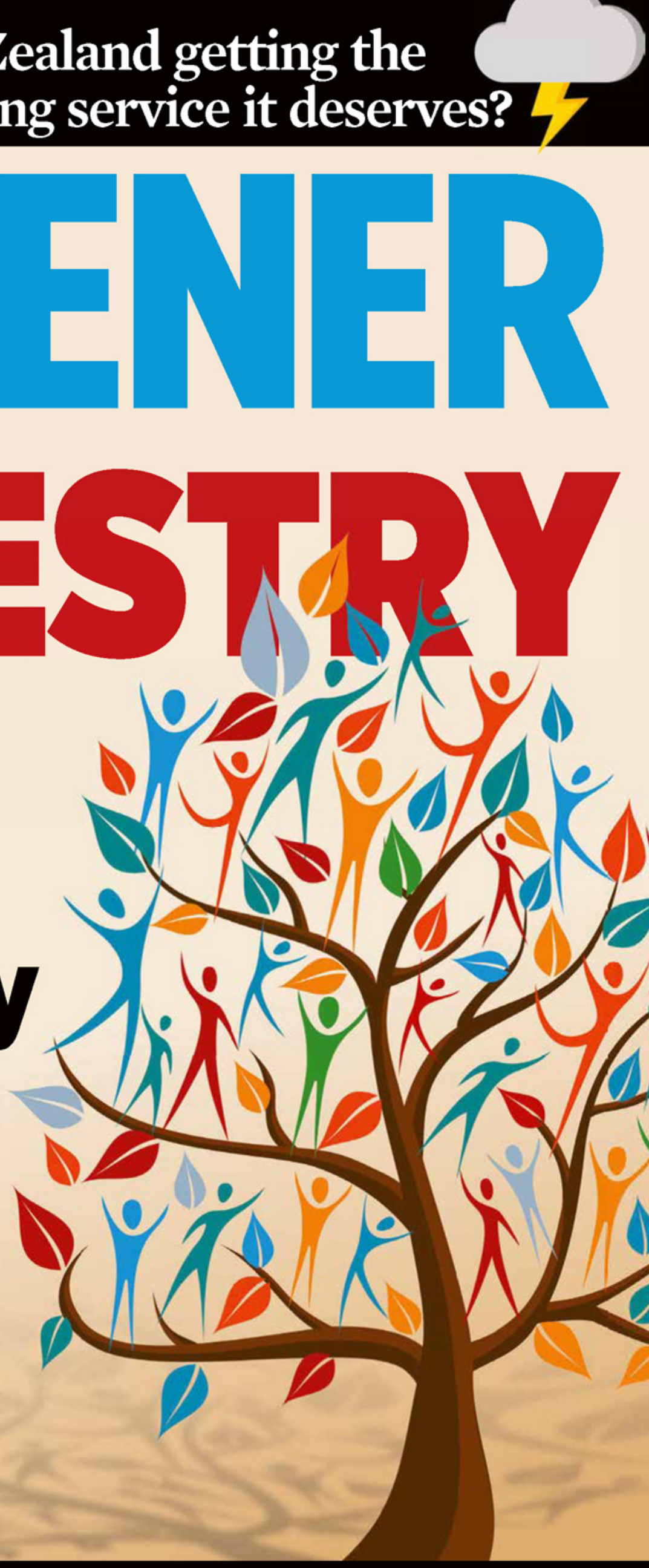
WEATHER WARS | Is New Zealand getting the forecasting service it deserves?

NEW ZEALAND LISTENER

AUGUST 27-SEPTEMBER 2 2022

ANCESTRY

The joys of tracing your family history



ORC-LAND
A sneak peek at Amazon's *Rings* epic

FISH OIL
Warnings from a new medical study

BIG LITTLE LIES
Liane Moriarty shares the secrets of her success

NEW ZEALAND LISTENER
Te Kaiwhakarongo Aotearoa

ISSN 2381-9553: Vol 282, No. 4261. August 27-September 2, 2022

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MATT GRACE

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Good grief

Dealing with death requires empathy, not platitudes, even when it's a pet, writes Joanna Ibell.

As I type this, Jack, the old brown farm collie, is lying on his bed next to me.

Jack is dead. He died this morning. He did not recover from a stroke, and the compassionate vet eased him gently into that good night.

I am so sad. And I expect to be sad, and, damn it, I'm going to be sad until I'm not. Like any bereavement, as time goes on, the calm spells among the chaos get longer. I will learn to work around the loss.

We all have to deal with grief and sadness, yet it can be hard to cope with in other people.

The point of this gentle rant is to offer suggestions on how to respond to a friend who is grieving.

The primary point: it is not your grief. You are not responsible for it. I think most of the well-meaning blunders happen when people confuse this boundary. All you need to do is listen and acknowledge the distress. That is it.

Do not try to "cheer them up", as this gives a message that there is no need to be sad and the feelings are wrong and everyone should work hard to get rid of them. Wrong.

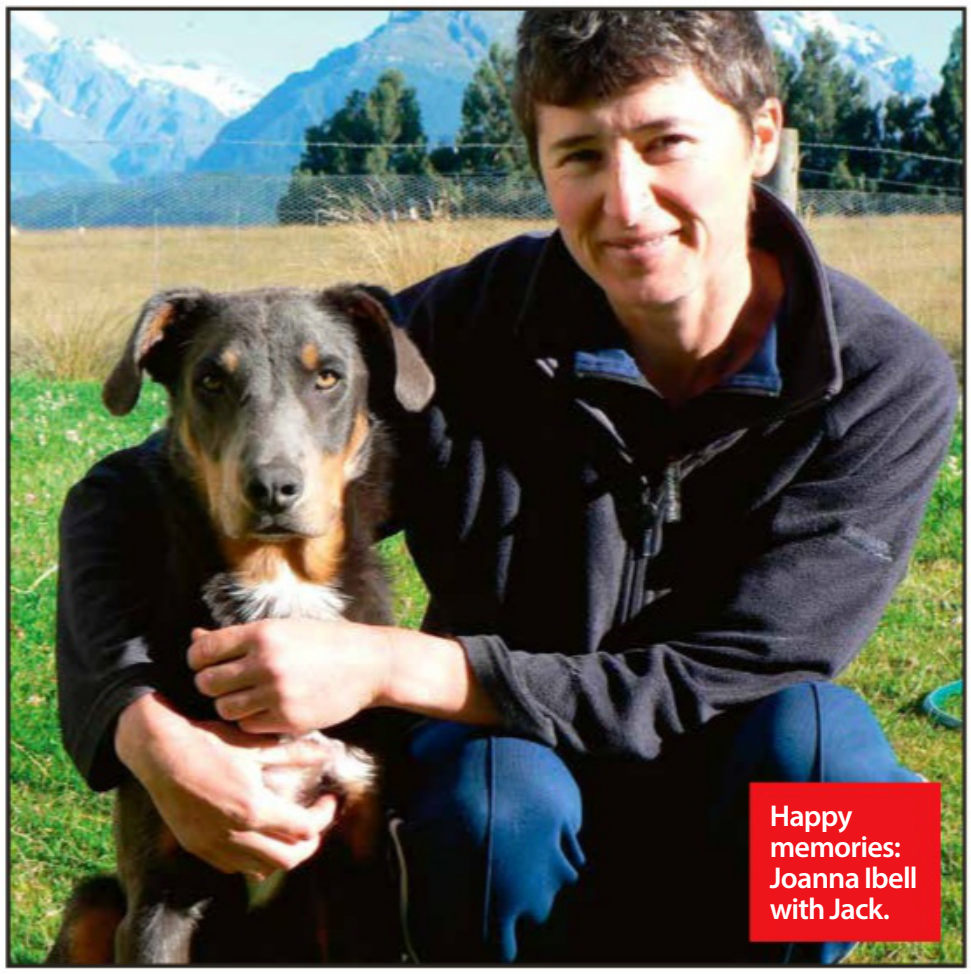
I accept people may differ in this. I have learnt that the first time I see friends or colleagues after a bereavement, I need to speak of my sadness. I will cry, but I also honour that sadness. This frees it somehow, allowing room for other feelings to then come through. If I do not, I will spend the entire encounter trying to push down the grief, and no other emotion has a chance. I stay stuck in overwhelming grief.

I will need to address this grief to go back to my choir. Singing is pure melodic emotion. I will have to be brave, honouring the sadness with the women in my section: be vulnerable, cry in front of them, and allow them to support me. They have done it before, for Sean, another beloved pet. It was so powerful: being heard, being safe to be sad, and the joy of connection. I so love those women for calmly listening to my sadness without trying to fix it.

A subset of the "Do not cheer me up" tenet are the "You should be grateful" spiels. "You should be grateful Jack lived so long," or, "You should be grateful he is no longer suffering," and, "You should be grateful he was in your life." They're just another way of saying that sadness is unacceptable, and this, in turn, prolongs the feeling.

All these "gratefuls" are true, but they are not helpful. I will get there in my own time. Trust me to find my way.

I have already had one phone call where I repelled a list of gratefuls with, "Yes, but it's still shit." This, I point out, while Jack is still beside me. Eight hours is not prolonged or unnatural grieving.



Happy memories: Joanna Ibell with Jack.

I have learnt the first time I see friends or colleagues after a bereavement, I need to speak of my sadness.

The final tip is that sadness can't be ranked. I know Jack is not a child or a parent, and there is no need to remind me. His death is still sad for me.

The linked part of my unconscious brain, which monitors the location of the pack member, is peaceful as I write this. It is registering Jack beside me, as he has been for 14 years.

Tomorrow, his body, wrapped in his blanket, will go into the grave. I, the complete atheist, will put in grave goods: his favourite toys, food and water. It is my last chance to show my love.

I will backfill, and eventually plant a kōwhai.

Then, my linked brain will be anxiously scanning for him for months to come. At odd moments, it will push up to consciousness – where's Jack? Then I will remember and I will be sad. ▮

SUBMISSIONS for *Upfront* should be approximately 600 words long and should be sent to listener@aremedia.co.nz. Full contact details must be provided.

Rethinking adoption

I have just published *The Stringing of Pearls*, which tells my journey to find my birth family at age 40. It was a long and, at times, frustrating search. It throws a light on a time of bigotry and social judgment when women in particular could feel forced into drastic choices.

By sheer coincidence, the Adoption Amendment Act is currently being reviewed in Parliament – and, by another quirk of fate, the *Listener*'s "rethinking adoption" article ("The ties that bind", August 13) has just come out. Reading it brought home to me again the huge variety of experiences among adopted children.

I was delighted to see Brigitta Baker's quote: "Security comes from knowing you are loved, that you are the centre of the world of adults around you." I was indeed loved, and for that I am eternally grateful.

But tracking my birth history filled in gaps – not all, it has to be said – and in that tracking, I became painfully aware of the "ownership" of documents by agencies, to the point where I was treated like a child when I asked for access to documents that were, in fact, mine. Some had even been destroyed by overzealous employees.

That desperately needs to change. But in whatever action is taken, the best interests of the child need to be considered. I believe it is far too complex an issue to be covered by a blanket ruling.

Liz Holsted
(Mangawhai)

The article on adoption was extremely moving, and having been adopted myself, I could relate to Jan Parker and Brigitta Baker's story.

Back in the 1950s, when I was born, adoption was seen as a solution for both the birth mother and for couples unable to have children of their own. Fortunately, I grew up in a loving family, but I never felt able to ask questions about my origins, as it seemed disloyal to my parents.

It was a huge shock when my birth mother turned up on my doorstep, and it was obviously not the best way to begin a happy mutual relationship. We did keep in touch until her death but, sadly, I never felt

WINNING CAPTION

David Scott, Gisborne

FINALISTS

***Rishi Sunak:* "Oh no! My arm, her arm, the drink, a stranger, the campaign!"** – Robbie Blair, Snells Beach

***Sunak:* "I'm not in No 10 yet, but the headaches have already started."** – John Edgar, Christchurch

***Sunak:* "Oh no! Someone is now saying I was a bully at kindergarten."** – Bill Grant, Napier

***Sunak:* "Yes, I did catch a whiff of her perfume, but I didn't inhale!"** – Mike Hamblyn, Dunedin

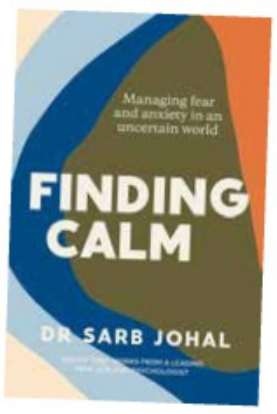
***Sunak:* "Oh, no! Boris has sent me a friend request."** – Rex McGregor, Auckland

***Sunak:* "Oh no, I forgot her name ... and she's my sister-in-law!"** – Robbie Blair, Snells Beach

GETTY IMAGES

Caption competition
THIS WEEK'S PICTURE

Kalidou Koulibaly of Chelsea celebrates after scoring his side's first goal during their Premier League match against Tottenham Hotspur.



Caption Competition
{listenercaption@aremedia.co.nz}

TO ENTER Send your captions for the photo at right to listenercaption@aremedia.co.nz, with "Caption Competition No 475" in the subject line. Alternatively, entries can be posted to "Caption Competition No 475", *NZ Listener, PO Box 52122, Kingsland, Auckland 1352.* **Entries must be received by noon, Tuesday, August 30.**

THE PRIZE *Finding Calm* is a guide to help you get through any crisis or change of circumstance with your mental health intact.

much connection to her and certainly not the deep love I had for my adoptive parents.

Perhaps our reunion might have had a better outcome if more thought had been given to the best way of approaching a difficult situation.

Margaret Naismith
(Burwood, Christchurch)

Up to 1970, thousands of children were adopted or given away. Being a single mother, left to cope with the heartache, lack of support, shame and, in some cases, abuse during that time, was to cause immense sorrow and anger for many, many years.

The duplicity and secrecy not only affected the mother but also her siblings, parents and wider family. Even though the Adoption Act changed in 1986, allowing children to contact their birth mother, many of those situations did not reach a loving conclusion.

The past cannot be undone. Now, pregnant women have choices. They are able to make an informed decision on adoption or not.

My one rather short affair resulted in pregnancy, which caused me years of anguish, hurt and shame. Forgiveness between me and my child has only just been accomplished.

Viv Webby
(Levin)

ANGRY AND RACIST

Christopher Finlayson is quite right in saying a party such as NZ First can turn the co-governance debate into farce, but his comment is far too mild and reality is far worse ("Key witness", August 20).

You don't have to research much online to find that Act and National are strategically appealing to the angry and racist to secure the 3% wilfully uninformed vote and to tease the much greater proportion of voters who lean that way. They seem well aware of what they're doing.

Kiwis such as myself who try to engage these parties in debate are fighting a losing battle and are fodder ourselves.

Act does not reject the Treaty of Waitangi outright, so how does it propose to make rangatiratanga (self-determination) possible if not by some form of co-governance? Or is the party going to ask for a retraction of the United Nations Declaration on the Rights of Indigenous Peoples?

It might be too hopeful to think healthy discourse might result by putting the answers in front of the racists, but Act is knowingly encouraging them, à la cynically damaging American-style politics.

Keith Burgess
(Sumner, Christchurch)

It's a pity Finlayson's superior genetic inheritance and expensive education (revealed in his book, *Yes Minister*) have not taught him a little humility. Instead of regretting having to share his time in Parliament with incompetents and layabouts, he might have seen, beyond that, life is like that.

The alternative is to have a chamber filled with PhDs, QCs, gentlemen farmers and teachers – surely not what is intended by Parliament's other name, the House of Representatives.

Heather Murray
(Dunedin)

LETTER OF THE WEEK

OUTSTANDING DESIGNER

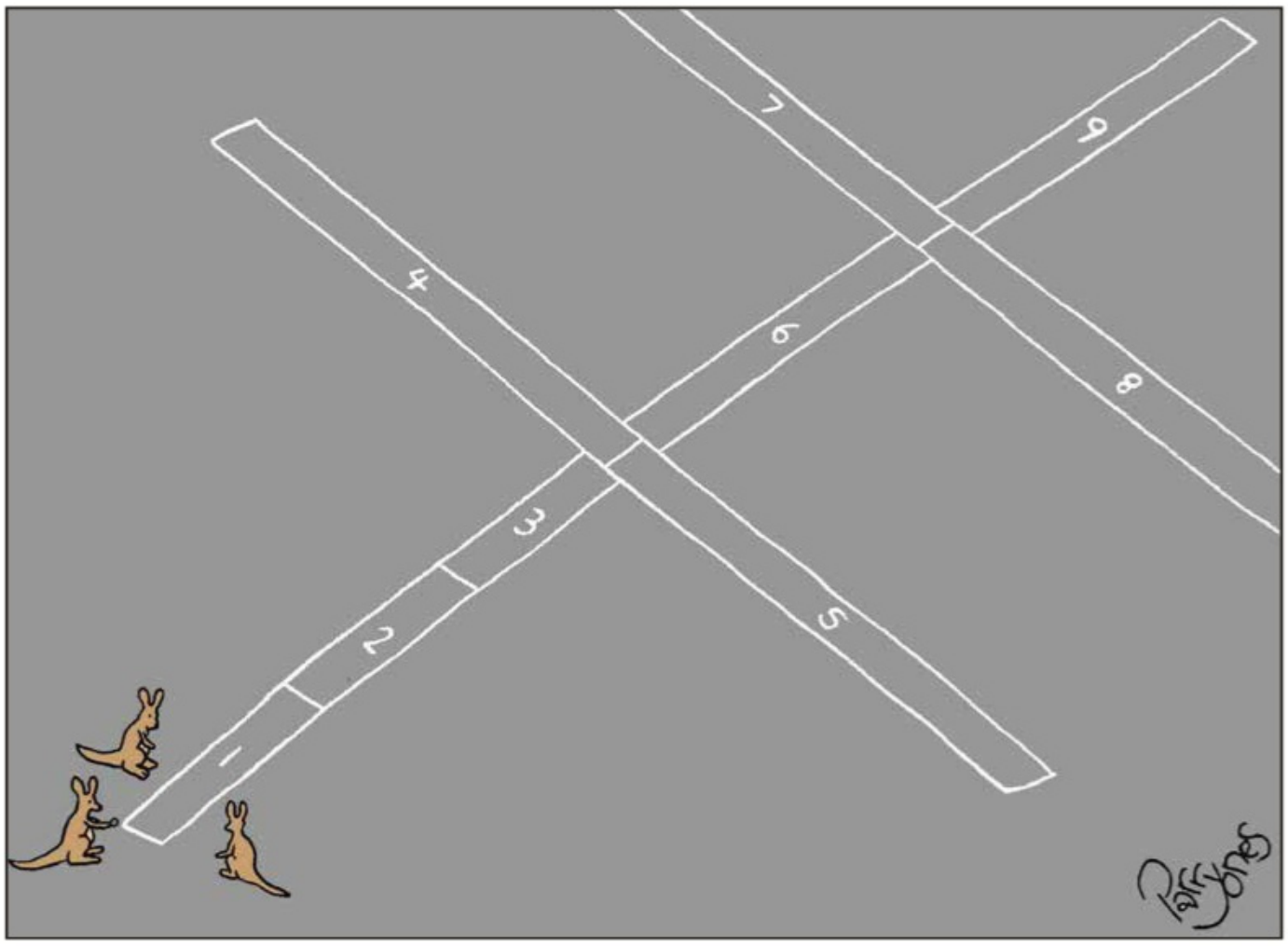
I was pleased to see John Saker's "Beautiful things" (August 13) about Lindsay Missen. He was an outstanding graphic designer, and I had the privilege of working with him on *New Zealand Architect*, the journal of the NZ Institute of Architects, of which I was editor from 1976 to 1983.

He possessed an ability to not only think very creatively in terms of graphic layouts to suit the article content, but also to come up with innovative ways of arranging the type and illustrative material to enhance the articles.

As an architect, I supported my freehand pencil sketching with a tee square and drafting straight edge, but he had the ability to construct concepts on his drawing board without either, and his eye was straight and true, as a well as artistically free and beautiful. He was gifted in the arrangement and selection of type, and his strength in book design is acknowledged and celebrated.

We worked on many other projects in subsequent years, and I was always impressed by his design proposals and successful delivery of these.

The craft of graphic design is so important in a world that needs clarity of message



PARRY JONES

Letters to the editor {listenerletters@aremedia.co.nz}

The Editor, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

- Letters must be under **300** words. Preference is given to shorter letters.
- A **writer's full residential address** is required on all letters, including emails. A phone number can be helpful.
- Pen names or letters submitted elsewhere are not acceptable.
- We reserve the right to edit or decline letters without explanation.

Quips & Quotes

"Art distils sensations and embodies it with enhanced meaning." – *Miguel de Unamuno*

"Skill is the unified force of experience, intellect and passion in their operation." – *John Ruskin*

"Why does garlic have to wear so many little jackets?" – *seen on Twitter*

"The world is governed by opinion." – *William Ellery Channing*

"We go to the theatre to be entertained, but if what is left after you watch the movie is a sort of eye-opening perspective on some social issues, then it can be a really powerful piece of art." – *director Jordan Peele*

"We can't plan life. All we can do is be available for it." – *Lauryn Hill*

"When we ask for advice, we are usually looking for an accomplice." – *Saul Bellow*

"I am certain that there is too much certainty in the world." – *Michael Crichton*

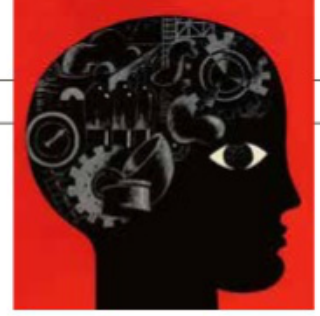
"The unlimited amount of information that I have access to has also given me an unlimited threshold for how I need to be stimulated." – *Bo Burnham*

"Science does not know its debt to imagination." – *Ralph Waldo Emerson*

"I always felt that the great high privilege, relief and comfort of friendship was that one had to explain nothing." – *Katherine Mansfield*

10 Quick Questions

by GABE ATKINSON



1. In architecture, which of these words describes a costly building that is built mainly for decorative purposes, and often found in a large garden?
- ❑ *Veneer*
- ❑ *Folly*
- ❑ *Boondoggle*
- ❑ *Foible*

2. Which modern city was the location of the Battle of Gate Pā in 1864, in which a Māori garrison defeated British forces?
- ❑ *Hamilton*
- ❑ *Gisborne*
- ❑ *Auckland*
- ❑ *Tauranga*

3. A technique called the dolphin kick is used mainly in which of these swimming strokes?
- ❑ *Front crawl*
- ❑ *Breaststroke*
- ❑ *Butterfly*
- ❑ *Backstroke*

4. Which artist created a painting in 1872 titled *Impression, Sunrise* that inspired the name of the Impressionist movement?
- ❑ *Claude Monet*
- ❑ *JMW Turner*
- ❑ *Vincent van Gogh*
- ❑ *Edgar Degas*

5. What is the maximum number of stars that may be awarded to an exceptional restaurant by the Michelin Guide?
- ❑ *Two*
- ❑ *Three*
- ❑ *Four*
- ❑ *Five*

6. In 1903, which of these activities was banned in New Zealand for children under 15 years old?
- ❑ *Performing surgery*
- ❑ *Smoking*
- ❑ *Serving as mayor*
- ❑ *Driving heavy trucks*

7. Which of these is the title of an acclaimed 1964 poetry collection by Hone Tūwhare?
- ❑ Owls Do Cry
- ❑ No ordinary sun
- ❑ The Garden Party
- ❑ Died in the Wool

8. Which veteran actor played the title character in the disastrous 1996 film *The Island of Dr. Moreau*?
- ❑ *Orson Welles*
- ❑ *Alec Guinness*
- ❑ *Kirk Douglas*
- ❑ *Marlon Brando*

9. If a list of African countries is placed in alphabetical order, which country is first on the list?

10. Which of these dog breeds originated in Tibet?
- ❑ *Shiba Inu*
- ❑ *Laika*
- ❑ *Samoyed*
- ❑ *Lhasa Apso*

Answers on page 58.

to communicate ideas and information.

Lindsay was a great contributor to the country's graphic expression and heritage.

Gordon Moller
(Auckland)

TAKEN AS RED

So, Greg Dixon fears Bolshevism in the chook house at Lush Places (*The Good Life*, August 13). As a former union man, he trembles at the thought of direct action on the homefront.

Is Lush Places a sweatshop for hens, I ask? Does his lordship wave to the lower orders from the back of the Bentley as he sweeps past, expecting his hens to cluck: "God bless the squire and his relations, and keep us in our proper stations"? This for scratching out a living on chicken feed? And they all tweet in their own cluck-speak.

In George Orwell's *Animal Farm*, alpha pig Napoleon led the uprising. I urge Lush Places to expect a cocky Red rooster, probably called Trotsky, to egg his brood on in a coop d'état to establish a brave new pecking order. White feathers will fly, and there won't be rubber pullets.

Dean Donoghue
(Papamoa Beach)

MMP HISTORY

In 1978, I was the Social Credit candidate in the Papanui electorate who effectively ended Tony Kunowski's political career by gaining 1300 votes to his 600, relegating him to fourth place, with Social Credit's overall 16% of the vote to the Values Party's 8% that election.

I have lived with a certain degree of regret at this outcome for I've long thought Values was the better political option. Nevertheless, I contest his select view of MMP history (*Upfront*, August 20). Even the official Ministry for Culture and Heritage history online website page "The Road to MMP" disagrees.

Long before Values or Rod Donald, Social Credit campaigned for proportional representation (PR). Remember: in 1981, Bruce Beetham drew 21% of the vote for just two seats and Labour had more votes than National, yet the Muldoon government, with more seats, remained.

David Lange's 1984 Labour government set up the Royal Commission on the Electoral System. Then it reneged on implementing the commission's recommendations.

This prompted Social Credit's "Fair Vote" campaign for the implementation of Tasmania's and Ireland's single transferable vote PR systems. We pounded the streets, knocked on doors and manned stalls to get thousands

of signatures. Garry Knapp and a coterie of Social Credit dissidents stormed Parliament and barricaded themselves in a committee room to protest. Thus, by 1990, both Labour and National were outbidding each other to hold referendums on electoral reform.

In 1992, under the banner of Colin Clarke's and Phil Saxby's Electoral Reform Coalition, I fronted the Whānganui referendum campaign. And did it all again in 1993 to outrun Peter Shirtcliffe's moneyed anti-MMP campaign. Without Social Credit's campaign, electoral reform would have been a non-starter. Donald was only one latecomer on the back of a huge bandwagon of proportional-representation enthusiasts.

Gary A Clover
(Richmond, Tasman)

BETTER WATER STANDARDS

How can central government do better at improving our nation's drinking water when it sets the rules that councils follow (*Upfront*, August 6)? For example, the bacterial standard refers only to *E coli* in general, whereas salmonella and campylobacter are also infectious.

The Wairakei Power Station has been discharging geothermal arsenic into the Waikato River for 50 years, greatly increasing the background level in the water and adding it to the sediment. A solution has been available for decades.

Better standards would be start, not bureaucracy.

Peter F Reay
(Palmerston North)

CIVIL WARS

Jonathan Kronstadt (*Bulletin*, August 13) is right to be depressed about memories of the American civil war and the likelihood of there being another. However, he would be even more depressed to know that, properly speaking, the first civil war the soon-to-be Americans fought was with Great Britain between 1775 and 1783. The second played out between the Union and the Confederacy from 1861 to 1865. If another civil war breaks out in North America, it will be their third. Let's hope it doesn't happen.

Mike Hamblyn
(Ōpoho, Dunedin)

SICK FANTASIES

It was good to see a column (*Reality Check*, August 13) from the acting chief executive of the Broadcasting Standards Authority, Helen Cruse, a dedicated and capable lawyer who is to be commended for her work.

Unfortunately, the organisation she represents is more than 30 years old, was set up well before the internet was even thought of, and is way overdue for fundamental reform.

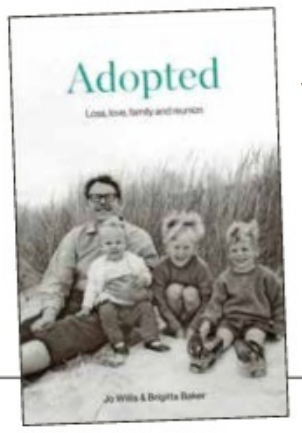
In particular, it has no authority over that dominant part of the broadcasting spectrum known as the blogosphere. These publishers (masquerading behind benign-sounding labels like Google, Facebook, TikTok) print endless money for their private owners, and essentially dominate the Information Superhighway, palming off sick fantasies as facts (Bleach for your Covid symptoms, anyone?).

So cute. So malign. These entities violate every tenet of responsible journalism. They are responsible for regular and enduring social harm by enabling online bullying, financial fraud and personal pile-ons, which can perpetuate physical abuse and trigger suicide.

They are subject to no sort of legislative curbs whatsoever, on the spurious basis that to interfere with their operations would be an offence against free speech, which is nonsense because upholding the principle of free speech does not allow you to say anything you like without oversight or sanction. It is also necessary for the authority to become proactive rather than reactive, as is already happening in the UK and Australia.

Hopefully the legislation being prepared by the present government — big ups to former minister Kris Faafoi for his work on this — will also be bold enough to allow the public at large to have a greater say on a continuing basis on, for instance, the ceaseless promotion in NZ of harmful substances like alcoholic beverages.

John Terris
Media Matters in NZ Inc
(Lower Hutt)



Letter of the week prize

Adopted, by Jo Willis and Brigitta Baker, is the powerful and honest account of two of the thousands of children affected by closed adoption in Aotearoa New Zealand from 1950 to the mid-1970s.

READER PROMOTION

Win a VIP experience to Verdi's

MACBETH

presented by NZ Opera

Win a VIP opening-night experience for two, which includes premium tickets to NZ Opera's *Macbeth* in Auckland, Wellington or Christchurch and access to the VIP room for drinks and nibbles pre-show and at the interval. Valued at $480.

No one writes about the nature of power better than Shakespeare, and to this Verdi brings an all-encompassing dramatic energy through his music. Be prepared for total theatre. This new production by Netia Jones, conducted by Christopher Franklin, features Phillip Rhodes and Amanda Echalaz in their international role debuts as Macbeth and Lady Macbeth. With a stellar cast of Kiwi talent, including Wade Kernot, Jared Holt, Emmanuel Fonoti-Fuimaono, Morag Atchison and the New Zealand Opera Chorus. Sung in Italian with English surtitles.

TO ENTER, email listenergiveaways@aremedia.co.nz with **MACBETH** in the subject line, telling us why you want to go.

AUCKLAND – September 21, Kiri Te Kanawa Theatre • **WELLINGTON** – October 5, St James Theatre • **CHRISTCHURCH** – October 20, Isaac Theatre Royal.

ANDREW ANTHONY

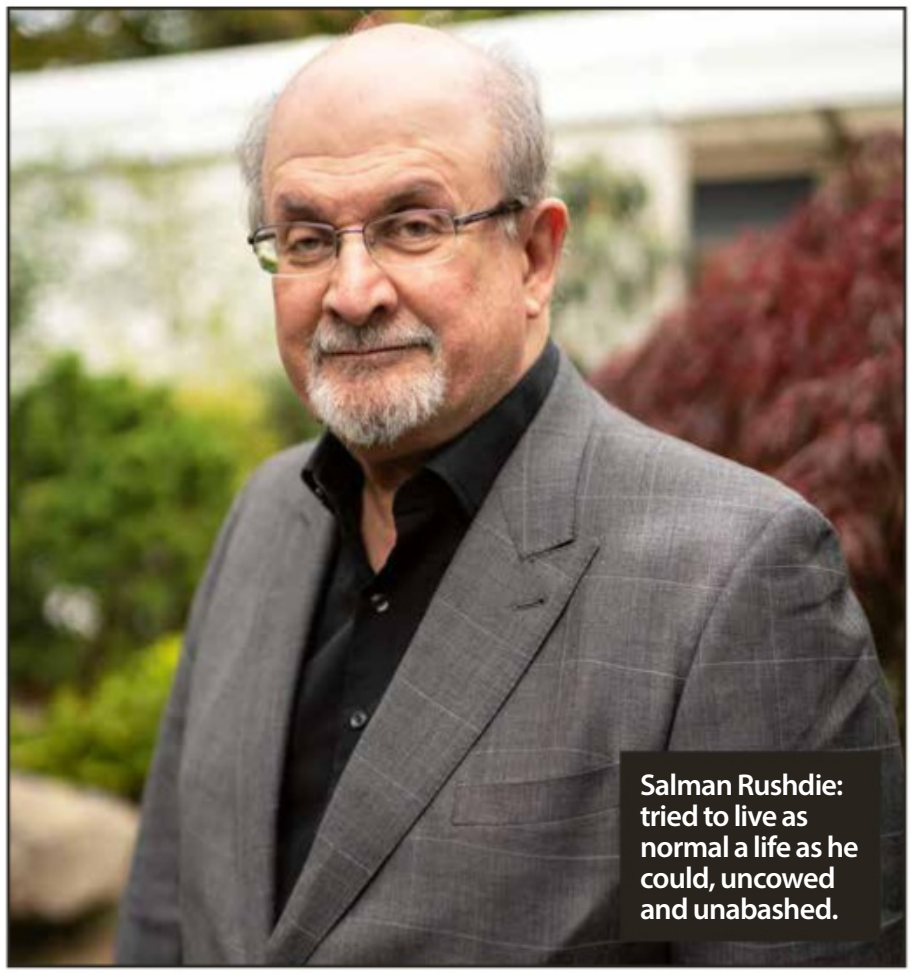
Rushdie's brave example

The attempted murder of Salman Rushdie took place more than 5600km from London, but its reverberations were felt here just as strongly as if it had happened in Hyde Park. For more than three decades, and certainly his most eventful decades, he lived in London, where he was a familiar figure at literary parties, both before and after Iranian leader Ayatollah Khomeini issued his lethal fatwa on Valentine's Day, 1989.

It was in London that Rushdie wrote *The Satanic Verses*, the cause of the manufactured hate campaign by religious extremists. It was in London in August of that year that Mustafa Mahmoud Mazeh accidentally blew himself up while priming a bomb with which he intended to kill the novelist. London was where Rushdie lived incognito as Joseph Anton for most of the following decade. And it was in London where Iqbal Sacranie, then head of the Muslim Council of Britain – who said that death was a "bit too easy" for Rushdie, and repeatedly denounced homosexuality – was knighted for services to community relations.

Rushdie was at the heart of the city's flourishing literary scene, which included Martin Amis, Julian Barnes and Ian McEwan, in the 1980s and 1990s, a left-leaning liberal kind of new establishment that found itself ambushed by the new politics the fatwa ushered in.

Most writers, with the notable exceptions of Germaine Greer, Roald Dahl, John le Carré and John Berger, were sympathetic to Rushdie when he was forced into hiding. And his publishers put out a paperback despite enormous pressure to withdraw the book. But that kind of support would no longer be extended to any writer.



Salman Rushdie: tried to live as normal a life as he could, uncowed and unabashed.

In our interconnected world, there is no escape from closed minds and foaming intolerance.

In this respect, Khomeini triumphed. By demanding censorship under threat of death, he set a cultural precedent that is now honoured without admission. After all, what novelist would dare to follow in Rushdie's footsteps, and if one were so brave or foolhardy, which publisher would publish the book?

We all know the answer to that. Indeed, publishing has grown ever more "sensitive" to the risk of offending any interest groups that might mount an angry Twitter campaign, let alone solicit murder. Much of this timidness is conducted under the fig-leaf of fostering "diversity", while all the time turning its back on plurality.

I discussed these issues with Rushdie when I interviewed him in 2008. He was alive to the alarming changes that were under way in the debate around freedom of expression, but he was reluctant to make any definitive statements. The gruelling psychological experience of having lived a decade of his life in a manner akin to a Mafia informer in witness protection had taken its toll.

As he told me: "I was always a writer who was interested in politics, and then I think I had an overdose of it – be careful what you wish for. And one of the effects on my sensibility is to make me want to back away from public discourse. I just want to stay at home and write stories and send them out every couple of years. That's why I got into the game, not to be some major public spokesman on political issues."

He probably didn't think the sleepy backwater of the Chautauqua Institution, some 660km north-west of Manhattan, was on the frontline of public discourse. But in our interconnected world, there is no escape from closed minds and foaming intolerance.

Rushdie learnt this early on. He used to be mocked, behind his back, for turning up to book launches and publishing parties when he was nominally in hiding, as if he should have been consigned to an underground bunker.

Instead, he tried to live as normal a life as he could, uncowed and unabashed. That was a true mark of courage. And for that, and many other reasons, London was lucky to have him. ▮

Andrew Anthony is an Observer *writer and is married to a New Zealander.*

GETTY IMAGES

CHARLOTTE GRIMSHAW

Air-punching

To borrow Christopher Luxon's recent method of geo-location, I was "in Te Puke" when US House Speaker Nancy Pelosi finished visiting Pearl Harbour, having received her update from the Indo-Pacific Command during Rimpac, the world's largest international maritime exercise. She left for her Asian tour, arriving in Taiwan wearing a provocative pink pantsuit. China, having insisted she not go there, immediately flew into a rage.

As Pelosi and President Tsai Ing-wen of Taiwan exchanged greetings, China was ramping up its belligerent response. It reminded me of an extract I'd just read from a book, *Notes from Inside*, in which writer Anne Thurston described a violent relationship. In reaction to Thurston's daring to invite a friend over, her husband engaged in rage-fuelled "air-punching", ramming her against a wall and punching the air around her head, stopping millimetres from her face. The aim was terror and control, a demonstration of the damage he could do.

I recalled this as China began air-punching Taiwan, firing live missiles into the sea to punish it for having Pelosi over to visit. The highly aggressive message and the accompanying mealy-mouthed commentary, including from some in our New Zealand media, was, "Look what Nancy Pelosi made President Xi do."

Look what she made him do. It was a bit like Ukraine making Vladimir Putin invade because of the things they were getting up to, like trying to get closer to the EU and Nato, and aspiring to be a democracy. Some commentators have sounded as if they're accusing these smaller countries of getting about in a really short skirt. What happened to them next: just inevitable.

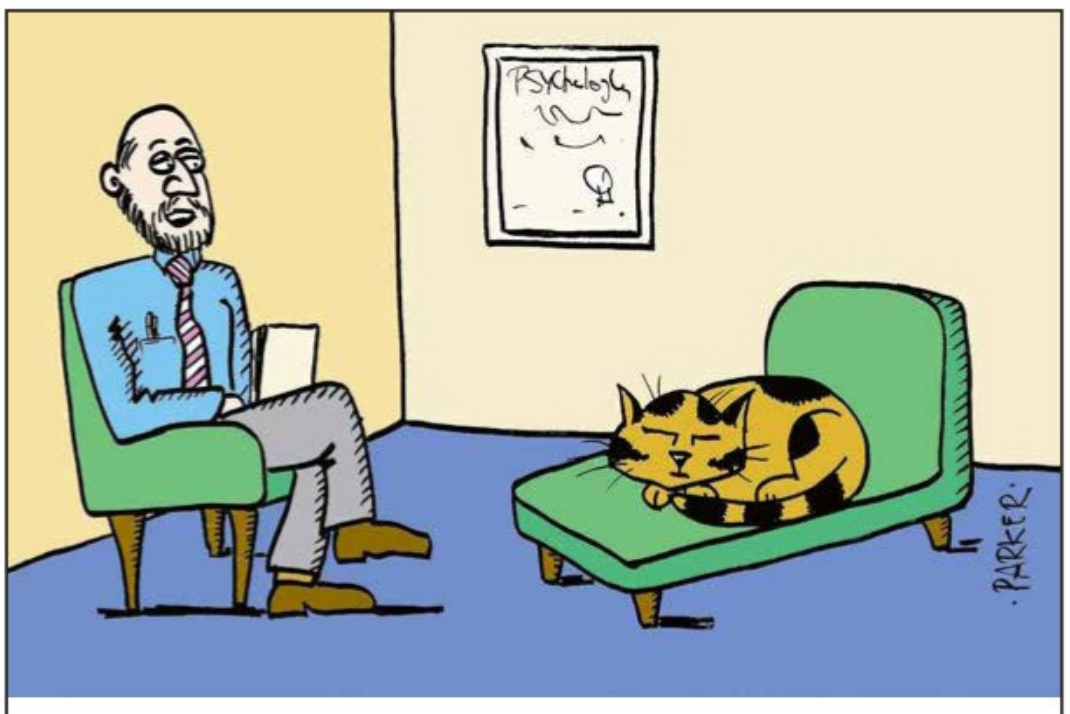
Pelosi's timing was inconvenient, given the US needs Chinese co-operation, particularly with the war in Ukraine. But is there ever a convenient time to wind up an autocrat? It was hard not to enjoy the defiance, the comedy of the pink pantsuit, and the unequivocal assertion of the right to democracy.

President Xi Jinping really didn't need this, though, just when he was trying to manoeuvre himself into a life term in office. Who wouldn't want to be in power for life! Our own John Key was reported in New Zealand media as having criticised Pelosi's visit. Of Xi, Key said, "I personally like him." Never mind that China has imprisoned a million Uighurs and crushed democracy in Hong Kong, and is now threatening Taiwan with extreme violence. Perhaps Key's statements were useful on some diplomatic or personal front, but they sounded as breathtakingly fatuous as former President Donald Trump's praise for Putin, or his exchange of "love letters" with North Korean dictator Kim Jong-un.

Pelosi's timing was inconvenient ... But is there ever a convenient time to wind up an autocrat?

Meanwhile, the Biden administration was punching the air in a different way, celebrating a spectacular run of legislative wins. Senate Democrats had managed to pass a bill authorising huge spending on climate action, along with bills assisting veterans and US tech manufacturing. The red state of Kansas had voted strongly in favour of abortion rights. Suddenly, the mid-term elections looked more winnable for the Democrats. In Florida, the FBI had executed a search warrant on Mar-a-Lago, Trump's home.

On a hot night in Te Puke, USA, I was approached by a man claiming to be an Indian navy sailor. He showed me his warrant card and said he was from the INS Satpura, in town for Rimpac. He was apologetic and spoke politely, asking for money. Pay must be low in the Indian navy. He wandered away towards the beach, under the Pacific sky. The military drills were winding down. A man played a ukulele and sang. The palms swayed in the soft air, and the warm trade wind packed no punch. ▮



"You do realise that you're not the only client scheduled this morning?"

PHIL PARKER

Charlotte Grimshaw is an Auckland author and critic.

Heather du Plessis-Allan Drive.

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BILL RALSTON

No way to act

Oppressing, harassing, victimising, maltreating, hounding and harrying, let alone persecuting and tormenting, constitute the word of the month: bullying. Some of our politicians stand accused of it and, it seems to me, the head coach of the All Blacks has been a victim of it.

Prime Minister Jacinda Ardern says bullying is a problem sometimes found in large organisations, such as Parliament. "There will be, from time to time, issues in those employment relationships." True, but it doesn't serve as mitigation of the behaviour.

My local MP, Anna Lorck, stands accused by a former assistant of being "erratic" and "demanding". The ex-staffer says she was forced to move furniture around the office for an hour and was made to drive the Tukituki MP home following an after-hours drinking session. I guess that is bullying by a boss. The assistant obviously thought so because she resigned.

Hamilton West Labour MP Dr Gaurav Sharma declared he was being bullied by some within the party, but then was promptly called out for the offence himself by a former staffer.

National MP Sam Uffindell no sooner enters Parliament in a by-election than he is accused of beating and bullying a younger boy while at secondary school and then, hot on the heels of that revelation, he is accused by a former flatmate of so intimidating her that she had to leap through a window and flee into the night.

If true, the three allegations above should disqualify anyone from holding office. To abuse a position of seniority or power over a junior or employee to victimise them should be a firing offence. Of course, politicians may not act even if the abuse is proven, and it will be left to the electors of Tukituki, Hamilton West and Tauranga instead to wield the axe at the 2023 election.

The likeliest possibility is that the parties will endure the continued presence of an offender and quietly move to oust them as an endorsed candidate at the next election. That sounds a bit chicken, but that is the way politicians act when confronted with such a dilemma. If they oust the MP from the party, then either they will fall foul of the waka-jumping legislation and get the boot from Parliament, with all the distraction for the party that this involves, or the member, if left to rot on the backbenches of the House, might decide to form their own party à la Jami-Lee Ross, which is just as bad.

It underlines the importance of better, tougher, more stringent candidate selection procedures, with thorough background checks to ensure that the person selected is sane, competent and not a bully. This is a small country with only one or two degrees of separation, and if the prospective candidate is guilty of or prone to nasty behaviour, then it should not be too hard to find out.

Unlike politicians, rugby teams and coaches should never be second-guessed by people who have no idea of the pressures they face.

The bullying of coach Ian Foster by the media, social media and the rugby-mad public is a tougher problem to solve. All sports teams go through phases when they fall below the level of expectation. They lose a game or several games. Then they can bounce back, having worked out the causes of their previous failures.

From the illustrious role of having been captain of the Northcote College First XV in 1971, when we never won a single competition match, I can say Foster and the team deserve to be left undisturbed in the run-up to the Rugby World Cup. Unlike politicians, rugby teams and coaches should never be second-guessed by people who have no idea of the pressures they face. Besides, when we win the cup, you'll just feel foolish. ▮

So it's a hate group for people who hate mowing the lawns?!
Yeah. It's fair to say we're one of the less dangerous hate groups out there.
S.B.

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STEPHEN DAVIS

Muddy waters

When I was a cadet reporter on the *NZ Herald*, I was assigned to cover the One Tree Hill Borough Council.

It was not exactly a plum assignment, but I regularly pored over the agendas and attended the meetings, and every so often, something the council did meant I could produce a small story for the paper.

It was a useful experience for young journalists. While the newsroom stars were covering the crime or health beats, or national politics, you got to learn about local government, often coming to the realisation that readers were more interested in the state of their roads and rubbish collection than the stories you thought were important as you planned to become a Kiwi Woodward or Bernstein.

In those days, there were plenty of reporters in newsrooms and so most local government got covered this way.

Not so now. With some notable exceptions, such as my hometown *Otago Daily Times*, much of the work of local councils goes unreported because young journalists are stuck in the office trying to write four online stories a day while feeding the social-media machine.

As a result, arguments about the respective roles of local and central government tend to generate more heat than light.

The current hot debate over the government's Three Waters plans is a case in point.

The government has put forward legislation for the country's three water services – drinking water, wastewater and stormwater – to be managed by four new publicly owned entities, replacing the services currently provided by 67 councils.

Auditor-General John Ryan: raising questions.

How many reporters will analyse whether the Water Services Entities are working well or not?

I have to confess that I did not know our water services were run by 67 different councils. That's a lot of different entities for such a small country.

But whether it's a good plan or not, the "debate" has all the worst features of our misinformation society.

Do we actually have the information we need to make an informed decision? There are too many opinion columns and not enough reporting (yes, irony noted). It is much easier and cheaper to get someone to fire off 600 words of their thoughts and prejudices than to assign a team of reporters to investigate how your council has managed its water services over the years.

Then we have the oversimplifications of social media, boiling it all down to a tweet or post. (More than one columnist has suggested the issue is that the government plans are too complicated, as if the role of government is to keep things simple in a very complex world.)

There is the usual racist garbage (Māori are stealing our water!) and the anti-government types, such as the New Zealand Centre for Political Research.

This well-funded group, run by former Act MP Muriel Newman, has taken out full-page adverts in newspapers to oppose the plans, suggesting a government "litany of lies" and an attack on democracy.

(It is a feature of such right-wing groups worldwide that they claim to be against "big government" and in favour of local democracy, unless, of course, it is their side in power in Wellington, London or Washington.)

Some 88,324 written submissions on the bill have been lodged and the legislation is expected to be passed next year ahead of the general election, with the new entities slated to take over water management from July 2024.

Are we still going to be paying attention in a few years' time?

Auditor-General John Ryan has already raised questions of a lack of accountability – "WSEs [Water Services Entities] cannot be held to account by ratepayers like local authorities are, nor can they be held accountable by Parliament because they are not Crown entities" – and the quality of publicly available information.

Will journalism fill the gap? How many reporters will be assigned to cover the WSEs and to analyse whether they are working well or not? Or will such reporting be consigned to history, like the One Tree Hill Borough Council? ▮

Stephen Davis is a Dunedin-based investigative journalist, educator and author.

JANE CLIFTON

Bully beef

The promising political careers of Gaurav Sharma and Sam Uffindell hang in the balance as they learn a valuable lesson about public office.

It's beginning to look as though the ideal person to sort out the unseemly dispute between the Labour caucus and Hamilton West MP Gaurav Sharma is a lexicographer. Central to this ruckus is less the "rampant bullying" that Sharma alleges infests politics than a rampant misunderstanding of what constitutes bullying.

The once-widely understood concept of coercive intimidation has meandered towards encompassing any situation in which someone doesn't feel comfortable. A boss or colleague points out a mistake: bullying. Someone loses an argument: the winners are bullies. Tell someone they can't do something, even if them's the rules: bully!

Bullying now has a fashionable partner: gaslighting. Loosely defined as making someone question their own reality, barely a day passes in which someone isn't in the headlines claiming to be a victim of it, as in: "They bullied me, then gaslit me to make it look like it was my fault."

This is not to say that the old definition of bullying doesn't occur, but like many other words – iconic, unique, awesome – its parameters have become confusingly elastic.

Is to feel bullied the same as having been bullied?

The Sharma affair adds the further dimension of the serpent eating its tail: when colleagues call you a bully, are they, in so doing, bullying you? He reckoned so.

The former GP's discomfort arose after caucus intervention in some difficulties he was having with staff. Staff relations is more art than science, but Parliament has developed protective guidelines after some nasty cases of mistreatment in its large and complex operation, including far-flung electorates, which is rife with power imbalances.

To publicly quarrel with the Parliamentary Service is a bit like going to war with the stationery cupboard.

These guidelines are invigilated by party whips and, at more serious levels, the Parliamentary Service.

Whatever the details of Sharma's employment troubles, both the whips and officials decided he needed further guidance before he could be allowed to hire more people. He's far from the only MP to have suffered this restriction. But aside from National's Jami-Lee Ross – an unwise role model for any aspect of political strategy – Sharma is the only one to have publicly bridled at it.

MARGINAL SEAT

In his defence, the "employer/employee" status of a member of Parliament is unique. Short of their committing a criminal offence, they cannot be sacked by any other means than the ballot box. Their caucus is a voluntary self-grouping, and the Parliamentary Service is mostly just their resourcing secretariat.

Once elected, an MP is legally master of his or her destiny. In that light, Sharma's feeling victimised at being bilked of his staff entitlement can be understood. Equally, nobody likes being told their performance has fallen so short as to deserve a penalty. However, it's severely maladaptive to repudiate one's caucus, since vanishingly few MPs are elected in their own right. The odds of Sharma being re-elected outside of Labour would hardly trouble the TAB. To publicly quarrel with the Parliamentary Service as well is a bit like going to war with the stationery cupboard.

Now Sharma has been suspended from his caucus and may, if he continues to offend against party rules by blackguarding Labour in public, be expelled. Since he declined to return the Prime Minister's calls or attend the Zoom caucus to adjudicate his public scorning of his party, reconciliation seems unlikely.

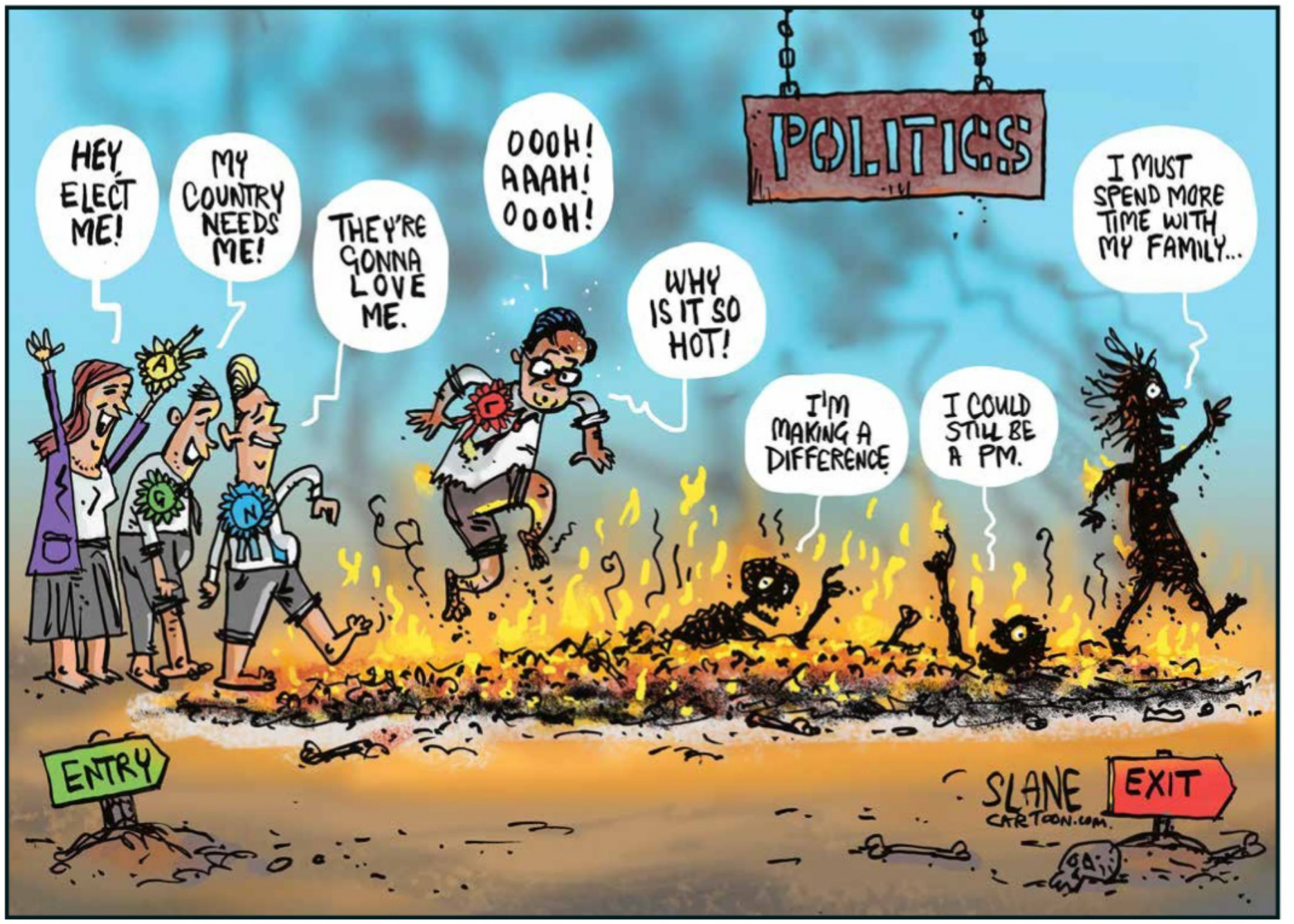
He appears still to have considerable support from his electorate team, which suggests he has far from made a hash of his new career. However, local tension between party and candidate loyalty will make it all the less likely that Labour can retain the Hamilton West swing seat next election. Vote loss is the inevitable punchline of all intra-caucus warfare.

Where someone in Sharma's predicament may view the requirement for party loyalty as oppressive, strong unity is the key to survival in politics.

Only Jim Anderton, Winston Peters, Peter Dunne and Tariana Turia have triumphed after a caucus divorce, because they had built strong personal brands.

Ross made the mistake of

Gaurav Sharma



thinking that, since his then leader, Simon Bridges, was unpopular, he could safely go up against him. He became an overnight pariah.

It's the daydream of everyone who believes they've been grievously wronged that a day of public atonement will arrive. Your persecutors will abase themselves and beg forgiveness, and admirers will throng to urge your glorious restoration. Even if your name is Anderton, Peters, Dunne or Turia, the first bit never happens, and the second coming is as a second-tier party leader with considerably less electoral comfort than you enjoyed with your original team.

MIX OF QUALITIES

Meanwhile, National awaits the results of an independent investigation into new Tauranga MP and agribusinessman Sam Uffindell, after embarrassing revelations about his schoolboy behaviour and allegations from his university days. At least everyone can agree that a strapping 16-year-old helping rough up a third-former is definitely bullying – however long ago and sincerely regretted.

Uffindell's future hangs on both the perceived statute of limitations on youthful misdemeanours and the subsequent political judgments made. If it turns out that he laid all his bad-boy behaviour before the party's candidate selectors, he might survive. In that case, it was up to them to tell the political novice to front up. Voters could then assess for themselves Uffindell's reformation of character. He may even have offered valuable insights into the motivations and mindsets of bullies.

If both he and the party decided to keep quiet and hope no one finked – a ridiculous hope in a country this small – it will be paddled behinds all round. Although, not literally, as that really would be bullying.

Public office demands a higher standard of probity than most private jobs, but at the same time, it is highly combative.

The potential consequence for both Uffindell and Sharma, of having promising political careers cut off so early, seems cruelly disproportionate to their actions – but only by civilian standards.

Perhaps the only lesson here is that politics is eternally contradictory. Public office demands a higher standard of probity than most private jobs, but at the same time, it is highly combative. MPs are expected to argue vigorously, to contradict and correct one another and, above all, to win. Some do this in a mannerly, restrained fashion. Others are belligerent, and if they behaved like it anywhere else, they'd be branded bullies. Yet both types get elected, suggesting voters value a mix of qualities.

There is an upside. With a severe GP shortage and a chronic need for agribusiness, we can always use both MPs elsewhere. ▮

CHRIS SLANE

My Irish question

A global boom in genealogy is forging new tourist trails. DAVID COHEN joins the trend and goes in search of his mother's unknown origins in Ireland. **photograph by DAVID LINTOTT**

A few weeks ago, on a nothing old Irish evening, I rambled along the streets of Dublin until I came to the south-eastern suburb of Sandymount and a Michelin-starred gastropub called The Old Spot.

Pausing for a minute, I fished out my phone to see how long it had taken me to arrive at the venue.

About 10 years, give or take.

Inside, a private wedding reception was cranking up. The air was full of jollity, the whiff of vape and the clunk and slide of grog glasses. Ruddy-faced guys nursing their Guinness and chatting. Snake-hipped young women chatting back at them. All green eyes and red-wine lips.

There were maps on the wall of New York City and ink drawings from the University of Dublin's glory sporting days, going all the way back to the economically impoverished 1800s.

Not that anyone was likely to perish from hunger this evening.

Married just days before, the young couple of the night, Molly and Niall, sure picked the place to conclude their nuptials. And a decent band, too.

In a sweet touch, guests had been invited to send along their own requests ahead of the evening. I asked for the traditional ballad *Whiskey in the Jar*, as it was sonically reinvented in 1972 by another local act, Thin Lizzy.

I'm old enough to remember when the same song was all over the radio in New Zealand. I even remember trying to convince an older Irish woman I knew of its merits, and I also recall her responding, in her characteristically joking-not-joking style that, perhaps, the standard had enjoyed better workouts since it surfaced in its modern form in the 1850s.

Ah, Dublin, "a city where there's familiarity without friendship, loneliness without solitude", as the screwball author Brendan Behan famously remarked.

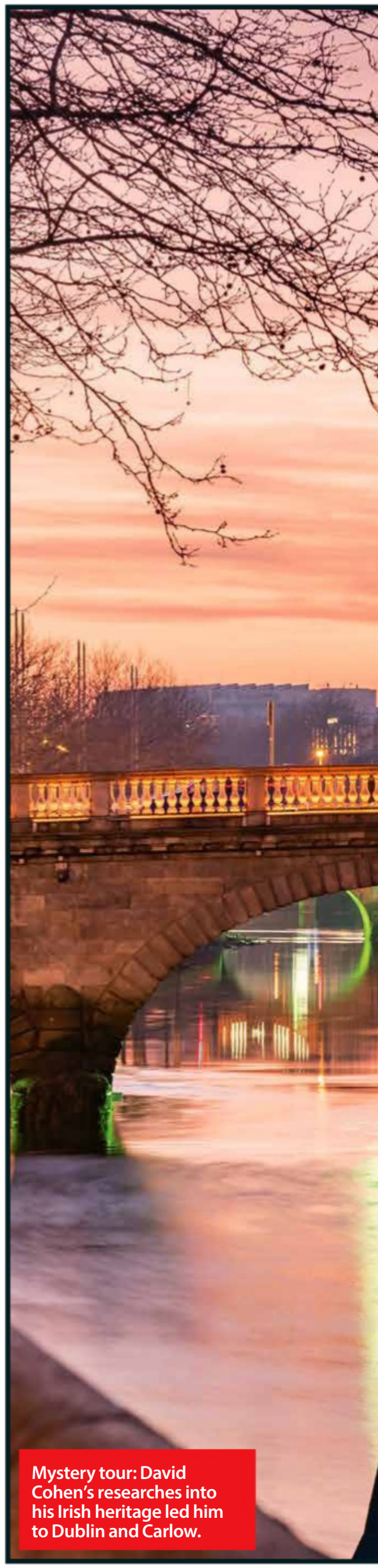
Then again, Behan lived well before the advent of the internet and its limitless possibilities for making new connections.

Probably anything up to a quarter of the 160 or so locals inside the venue happened to be relatives of mine, or their partners. All of them complete strangers to me.

My mother was born in Ireland to a woman named Julia Salter. She knew that much, but not a heck of a lot more.

But not for much longer. Like many descendants of immigrants around the world, I have been tapping into the now galloping global business of genealogy.

Once the province – as a writer in the *Guardian* put it a touch uncharitably – of "elderly maiden aunts with too much time on their hands and an obsession with the family name", the activity has hugely expanded in recent times, driven by the twin technologies of internet databases and DNA testing. Massive caches of information are now available online,



Mystery tour: David Cohen's researches into his Irish heritage led him to Dublin and Carlow.

Seeking broader horizons: Mary Salter and David as a young child, in Kent, England, in 1966.

DAVID COHEN COLLECTION

from public records to an array of websites such as Ancestry.com and MyHeritage. And DNA test kits for ethnicity and genealogy are easily accessible.

It's my research that has led, eventually, to this wedding celebration in the pub in Dublin.

ONE-WAY TICKET OUT

"When I die, Dublin will be written in my heart," famous Irish writer James Joyce is supposed to have once said.

For a long time, my own Irish connection was something I wore lightly, which was always a bit surprising given how deep the bullet lies.

I've never attended a St Patrick's Day celebration. Doubt I ever will. I'm not big on what passes for Irish cuisine, especially if it involves Brussels sprouts, which I consider to be the spawns of Satan.

As for over-refreshed Kiwis who get teary-eyed about the old IRA, these have always seemed to me to belong to an order of cultural grifter whose undertakings generally come to a murky end.

The only Irish thing that ever really tripped me up was the mystically charged music of Van Morrison. So romantic. I loved the way he loved to love love. And I loved the way he evoked the astral landscapes of the Emerald Isle.

The number of people living in New Zealand with an immediate connection to that isle aren't as plentiful as you might think. The country's first-ever resident Irish ambassador, Peter Ryan, appointed in 2018, rightly hailed the "extraordinary reach and diversity" of Irish culture within New Zealand, but mostly we're talking about people whose ties now hark back to a long time ago.

Fewer than 18,000 actual Irish-born respondents ticked that box at the last census. Among those who did – a couple of years before she died – was the same Irishwoman who once tried to dampen my enthusiasm for Thin Lizzy. Her name was Mary Salter. She was my mother.

When people asked what part of Ireland Mary hailed from, "around Dublin" was my usual reply. Saying that she was born in Carlow, in 1931, was too much of an effort. Nobody here in New Zealand had heard of the place.

Talking at any length about the subject also meant having to excavate biographical details about my mother's life that, at the time, I was only fitfully getting my own head around. As, unbeknown to me, she was doing as well.

Mary was born in Ireland to a woman named Julia Salter. She knew that much, but in terms of family specifics, not a heck of a lot more.

The 90-minute drive takes you from a First World economy into the hinterlands of this nation's "humbling Third World memory".

Oh, she could rattle off a bit of what was still referred to as Gaelic, too, all the better-sounding for her honeyed accent and for having spent her girlhood in the te reo Irish-speaking heartland.

As a young woman, she even once met Éamon de Valera, the anticolonial Irish president whom the British once sought to string up and probably would have were it not for some hasty American diplomatic intervention. In Eire, that's the kind of story you can dine out on forever; in the Hutt Valley, where we lived, it didn't obtain quite the same purchase.

She was born and raised in one of the reconstituted workhouses that, at the time, proliferated across the 26 counties. The "county home", they called it. But there was nothing especially homely about these joints, which catered mainly to indigents, petty criminals and, especially, "illegitimate" girls such as herself who had been born out of wedlock.

As to her father's identity, "How would I know?" was the standard response. It's not like anyone could see it on her birth certificate.

At the residence in Carlow, Mary received an education of sorts until about age 12 or 13. Dublin beckoned a few years later. There, she got by on menial domestic work.

In the capital, she managed to scrimp enough for a one-way sea ticket, joining thousands of others sailing out across the western ocean in the hopes of a better life. She ended up in Canada, in the cities of Winnipeg and Toronto, doing similar work as she had in Ireland.

Later, on a whim and because somebody told her this new land wasn't so different from her old one, she thought she might try New Zealand.

Well, why not? Similar population sizes. Big rural economies. Frail rains. English as the main lingo.

I mean, really, if one discounts Ireland's various civil wars, uprisings and mass

Cohen at home in Wellington: the results from his DNA test contained big surprises from his Irish side.

starvations, its ancient history, its love affair with the twists and turns of the English language, the tendency to see everything serious as a joke and every joke as a disaster, the lost dreams and found dreams in America, if you ignore the Troubles, and the enormous respect Ireland gives to its musicians, writers and artists, you absolutely couldn't tell the two cultures apart.

POWER OF THE CHURCH

Eager to learn a bit more during an earlier visit to Ireland a few years ago, I made my way to Carlow, located about 85 light years south-east of Dublin.

The 90-minute drive takes you all the way from a First World economy into the hinterlands of what former Irish president Mary McAleese called this nation's "humbling Third World memory".

Nowadays, an estimated 60,000 people live in ancient Carlow, making it one of the least populous of the republic's 26 counties.

A century after it became a county, in 1306, it served briefly as the Irish capital, a little-known fact that you might wish to toast at the local O'Hara's Brewery.

For roots tourists, the big port of call is the local library in Carlow Town. Here, the county does a brisk business looking after the steady stream of international visitors who come in the hope of piecing together family jigsaws.

That's good economic news for a town that really looks like it could do with it. The first thing you notice about scruffy Carlow is that you've just driven past it.

It wasn't always this way. In the 18th century, the county was a rebel hotbed. At the library, I read an account of the British overlords massacring hundreds of republicans in a single day out in the fields during the 1798 rebellion.

Dublin's Irish Emigration Museum is a 20-gallery edifice set in the Docklands and thrice named Europe's top tourist site.

Hunger was a still more formidable enemy. Here, as in much of the rest of the country, the Great Famine of the 1840s cut a swathe through the population. A shroud of economic stagnation always remained, as dark as the inky-black water of the county's River Barrow.

Upstairs at the library, a researcher looks up from her desk and waves me over. We chat about her work. It often happens, she says with a sigh, that her job is simply to inform visitors like me that the information they are looking for was "accidentally" lost.

Small wonder. Records of births, deaths and marriages used to be mainly held by the Catholic Church. Over the decades, the church has experienced the most extraordinarily bad luck in hanging on to many of those documents. A mysterious fire, for example, took out virtually all of the ones relating to the place where my mother had her first abiding memories.

"How could it be that the clerics around here ever managed to wield such ridiculous power?" I ask my interlocutor.

She responds indirectly. As a girl, she says, the local priest used to sometimes visit her family home. Whenever he came by, her mother would get out of her chair, walk to the centre of the lounge and fall to her knees. "Bless me, Father!" her mother would cry.

"That's just the way things were done in Carlow," the researcher tells me, with a gesture of bewilderment.

My wife and I head off and check into a hotel in nearby Leighlinbridge. We carry on for 25km to Kilkenny for a magnificent dinner at a restaurant called Campagne.

As we drive back along a near-deserted highway underneath a "heaventree of stars", to quote Joyce's *Ulysses*, Bruce Springsteen's *Jungleland* comes on the radio. And for once, thinking about the day just gone, I find myself fully agreeing with the Irish-American performer's assessment of the universe: "And the poets down here don't write nothing at all."

MONEYGALL'S FAMOUS SON

A few years on, it's 2022, and I'm better equipped to finish what I began. I'm back in Dublin making my way across one of the footbridges over the River Liffey, heading for a cultural spot not too far from the same spot where my mother sailed out of town 60 or so years ago.

I resist the temptation to veer in a different direction, up to North Great George's St for a visit to the James Joyce Centre. In *Ulysses*, Joyce's most celebrated work, the writer playfully created the character of Leopold Bloom, a fellow with an ethnically Irish mother and Jewish father, who spends his days hanging out in Dublin's pubs while also allowing head space for dreaming about the Middle East and the "orangegroves and immense melonfields north of Jaffa".

DAVID LINTOTT

On this day, my port of call is the Irish Family History Centre, located upstairs in Dublin's Irish Emigration Museum, called Epic, a 20-gallery edifice set in the Docklands and thrice named Europe's top tourist site. Opened in 2016, the centre is dedicated to maintaining national bonds with Ireland's huge diaspora and interactively documenting its history. About 14,000 visitors have used it since then, including an estimated 500 Kiwis.

Many famous people have tapped into the network of family history researchers the museum now uses. One of them was so chuffed with what these genealogists found on his behalf that, 11 years ago, on a state visit to Ireland, he summoned thousands of locals, along with his own considerable powers of stagecraft, to share what he had joyously discovered.

"My name is Barack Obama of the Moneygall O'Bamas," the then American president told a large crowd gathered at College Green in Dublin. "And I've come home to find the apostrophe that we lost somewhere along the way."

The place went bananas.

DO YOUR HOMEWORK

I am not a famous person, but I've also come to Dublin to claim a missing apostrophe or two. According to my Irish Family History Centre guide for the morning, a young woman named Kayleigh, it helps for the roots tourist to have mined at least some of these resources before paying their visit.

Not that so many of those visitors are Kiwis, although she says there are a fair few with ancestors going back to the late-19th century, or perhaps slightly later, "when your country was known for having better psychiatric facilities than Ireland". Hmm.

Kayleigh also recommends that newcomers approach the task after doing a bit of old-fashioned research: autograph books, diaries, newspaper clippings, old books (you know, the ones on your back shelf with inscriptions), as well as the obviously important wills and deeds.

These four women came from different families. How could we all be connected? There was a two-word answer to that.

I had also already done the all-important DNA test.

As anyone who has done one of these tests will know, what you get back after swabbing your cheek and mailing the vial off to a lab is your basic ethnic breakdown, along with a seemingly endless scroll of genetic matches gathered together from around the world.

In my case, the first bit of the exercise yielded no big revelations.

My ethnicity showed a predictable split between European Jewish (with strong genetic preferences for Lithuania and Poland) and straight Irish. Yes, Mr Joyce, some of us really do dream about the orangegroves north of Jaffa.

So this was no big shock, and neither was the fact that, on a per capita basis, the largest number of matches I received were from Israel or Ireland.

In the case of the latter, however, the surprises were still hefty.

Typically, most of the thousands of matches you get are vague: third or fourth cousins, for the most part, sometimes even more distant than that. This isn't to say they can't be interesting enough (and a big shout-out here to one of the suddenly acquired names in my tree of strangers, the Napier writer and already long-standing friend Barbara Sumner).

The really startling bit for me involved the far heavier hits that rolled in from Ireland. These were matches for relatives far closer to hand on the family tree – first cousins by the looks of it – whose weight of the DNA segments appeared to point unmistakably to a shared grandfather.

But I was also puzzled. These women – they were all women – came from different families. How could we all yet be connected?

It turned out there was a pretty simple two-word answer to that question: John Breen.

An interesting man, this Carlow boy, my newly discovered grandfather. An army guy. An impressively active army guy, too,

Family history: US President Barack Obama "of the Moneygall O'Bamas" and First Lady Michelle Obama at College Green. Left, Epic, Dublin's Irish Emigration Museum.

it soon became obvious. In the late 1920s and into the following decade – to use one of the more delicate Irish vulgarisms – he "went around with it hot in his hand".

In fairly quick succession, this supertramp had managed to impregnate four young women. Only one of them happened to be his actual wife. Then he unexpectedly died just a few years later.

According to the certificate Kayleigh prints out for me, medical misadventure was the cause of John Breen's death. I dismiss as uncharitable the thought that it may have been acute exhaustion brought on by all this nocturnal activity. He was just 36.

Seven of the kids lived on, however, and went forth and multiplied in their own time, making Kayleigh's job all the easier to briskly tie together most of these old threads with the present day.

FULL IMMERSION

Back at The Old Spot, I find a table with five of Breen's other local grandkids: Grainne (my first point of contact after the DNA test), Deirdre and Diarmuid, all from county Wexford; along with Fergus and Niamh, from Dublin and Kildare, respectively. Their spouses are there, too. Various of the 16 kids in this branch of the family float in and out of the picture.

It's sobering (an apt word by this point) to reflect that these constitute just one set of the extended Breen clan.

Presently, we're interrupted by the arrival of another cousin, Michael, who's suitably apologetic for having made it to the venue so late from Naas.

"Sorry," he says, pumping my hand with both of his, "I was chatting about the world with Jim Bolger and time just got away on me."

"That's funny," I laugh, "the same thing happened to me."

Another cousin is apologetic for having made it so late. "Sorry," he says, "I was chatting about the world with Jim Bolger."

Michael, who is involved in the local greyhound racing industry, was referring to one of the local leaders in his line of business. The Jim Bolger known to me is, of course, the former New Zealand prime minister, with whom I recently collaborated on a book about his life and times, including the experience of having been raised by Irish parents, Cecilia and Daniel, in South Taranaki.

Michael wants to hear more about the Irish trace in Kiwi politics.

I explain that there isn't a huge amount to share on this question. New Zealand's ninth premier was a Dubliner called Daniel Pollen, but his term in office lasted only a matter of months. Today, his name would be immediately recognised only by political-history nerds.

Our other two past leaders of Irish stock, John Ballance and William Massey, hailed from Northern Ireland, basically leaving the Kiwi Jim Bolger to carry the can as the only serious prime ministerial contender with a direct line to the Republic of Ireland.

As I speak, it occurs to me that I'm possibly inflating a humble farmer turned prime minister from the King Country into something of a Kennedyesque figure. Not that a little hyperbole matters tonight. The craic is good.

Among my relations seated at the battered table are a nurse, an IT specialist, a florist, the university dean turned greyhound racer, a surveyor and a chef. Our conversation drifts to other subjects. Van Morrison. Nothing to argue about there. Somebody else wants to talk about the IRA, which I suspect we could argue about, but that's a delicate minefield upon which I don't care to tread. Not this time.

More sacramental Guinness arrives at the table. So do the bride and the groom – Niall is Niamh's son. Somebody else gives me a necklace she has bought for me to take back to my wife. Their attention is touching.

"Come back and see us sometime down in Wexford," Grainne says, at the end of an extremely long evening and my even longer immersion in the ever-so-slightly surreal world of roots tourism.

"Yes," I say, "yes I will. Yes." ▮

GETTY IMAGES

Bleak forecast

Is the public being deprived of a better weather service because of government inefficiency and monopolistic behaviour? PAUL GORMAN investigates.

photograph by SIMON YOUNG

Philip Duncan: "The government blocks innovation in New Zealand from the private weather sector."

Philip Duncan is emotional and exhausted.

After more than five years of battling politicians, regulators and anyone who will listen over the state of New Zealand's weather forecasting, he is almost ready to admit defeat.

As the founder and chief executive of New Zealand's largest and most successful private forecaster, WeatherWatch, Duncan would love to give the government's own forecasters, MetService and the National Institute of Water and Atmospheric Research (Niwa), a run for their money. The weather, he believes, is so important to our lives that top-quality forecasting is vital.

In other countries, such as Australia, the UK and the US, this means that competition is encouraged, and much public data about the weather — or even all of it — is provided to private forecasters for free (see graphic page 24). But not in New Zealand.

"The government here blocks innovation from the private weather sector," he says. "So we have the public demanding weather forecasters do better, but the government acting like it doesn't care."

The crux of the issue is that private forecasters can't afford to compete with government infrastructure and build their own network, says Duncan. "That's like saying, if someone sets up a new factory, and the state-owned power company didn't support them, then they should go and build a hydro-electric dam to power the factory. Nowhere on Earth has any private forecaster had to do that. To build our own radar network and observations network would cost us tens of millions of dollars."

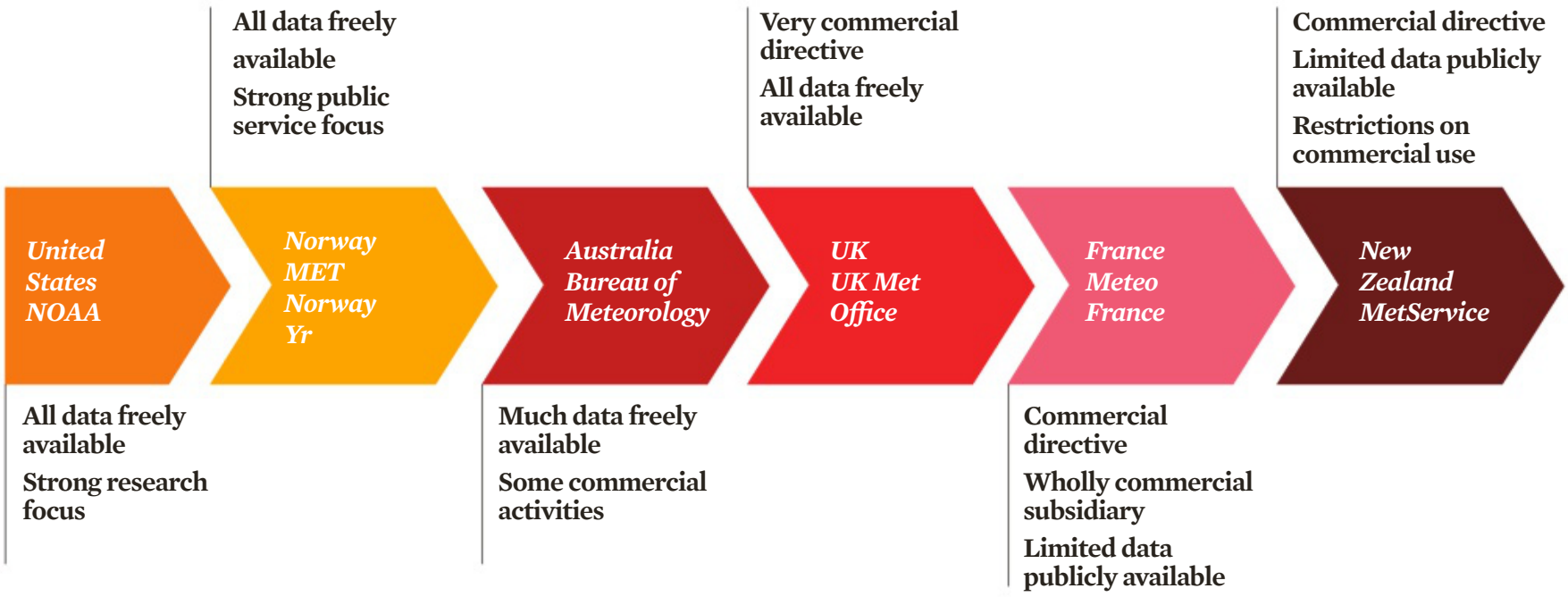
In 2017, a now-shelved review overseen by the Ministry of Business, Innovation and Employment (MBIE) unambiguously stated that access to weather data in New Zealand is more expensive, much more restricted, and less transparent than in comparable Western countries. This, it concluded, is because MetService and Niwa are both run on a commercial user-pays model, and together create a natural monopoly. If they charged less for their data, they would not have enough money to fund their operations, and the government would be required to meet the shortfall.

The review left the ball firmly in the government's court, where it has remained ever since. As a last resort, Duncan turned to the Commerce Commission, but his complaint was rejected last November.

The lack of open access to public data is not his only beef with the system. Duncan also believes it's inappropriate that two government agencies are involved in forecasting, and he is surprised that Niwa has been allowed to encroach on what has traditionally been MetService's territory. This could cause confusion, he says, over who the public should listen to when it comes to life-threatening situations such as severe gales, torrential rain, heavy snow and thunderstorms.

This month's deluge was a good example, he believes. Even as MetService was issuing a rare "red warning" for torrential rain for parts of the country, Niwa Weather was tweeting its own version of

How selected countries manage public weather data



events.

Duncan admits he's said things, and picked fights on Twitter, he wishes he hadn't. But it's only because he believes the public deserves better.

WeatherWatch's clients range from rural media to electricity lines companies to power generators. It also has a high level of support on social media, including more than 43,000 followers on Twitter, a similar number on Facebook, and almost 20,000 on YouTube.

YouTube is its fastest-growing audience, having doubled over the past year, and its videos have so far clocked up 2.9 million views. Despite this success, Duncan sees little chance for further growth in New Zealand.

Perhaps, he suggests, the Auckland-based company will get a sunnier reception in Australia.

PASSING THE BUCK

Duncan is not the only private weather forecaster bewildered by New Zealand's approach.

Tony Trewinnard is chief executive and head forecaster of North Canterbury-based Blue Skies Weather. He agrees the government needs to sort things out, although he says its stance hasn't affected his business. "A long, long time ago, I learnt how to work around the limitations both organisations put in place."

He believes government forecasters around the world are becoming less relevant, as more people turn to other sources for their information. In some cases, private forecasters are doing as good a job, or even better, at predicting major events, he says.

Trewinnard believes successive governments have shown a lack of leadership on the issue. "If the government owns the organisations, it can dictate how they should be run. We don't have two competing police forces or competing air-traffic-control organisations. Why do we need two government-owned and funded forecasters?"

It was Jim Bolger's National government that disestablished the Department of Scientific and Industrial Research and the New Zealand Meteorological Service in 1992 and set up crown research institutes (CRIs), including Niwa, and made MetService a state-owned enterprise (SOE). The intention was to split the old weather office in half, with the forecasting work going to the new MetService and the research and archival tasks passing to Niwa.

"We don't have two competing police forces. Why do we need two government-owned and funded forecasters?"

MetService employs about 300 staff, and is accredited by the World Meteorological Organisation. Last year, its income was just under $60 million, from which it made a small loss of $215,000.

Its most significant contract is a 12-year deal to provide the Ministry of Transport with public forecasts and severe-weather warnings. As well as this contract, which is worth around $26 million a year and expires in June 2027, it also has contracts with the aviation, marine, energy, broadcasting and roading sectors.

Niwa is twice as large, with more than 670 full-time-equivalent staff. It is the second largest of the seven CRIs and, according to a Treasury briefing, 58% of its $159 million revenue last year was from research income. The remainder was from commercial income.

Niwa has always been ambitious to expand. In late 2020, it wrested from MetService a six-year Department of Conservation contract worth tens of thousands of dollars a year.

Concerns about competition are not new. According to a note from Treasury in April last year, a 2006 review of the two agencies initially recommended a merger because "the desired level of collaboration" had not materialised. Labour's then research, science and technology minister Pete Hodgson, and SOE minister, Trevor Mallard, decided to keep them separate but drafted a 10-year memorandum of understanding. This was signed in November 2007 but lapsed a decade later. According to the Treasury, collaboration had once again "not materialised".

"After the signing of the MOU, it appears that Niwa's strategy shifted towards further developing a commercial weather forecasting business," the note says. "MetService has advised it began encountering Niwa as an active competitor in the late 2000s".

In 2013, Niwa set up Niwa Weather as a "free generic weather website". According to a 2019 *Sunday Star-Times* investigation, it didn't seek government approval for the move. In 2015, the *SST* reported, Niwa told the then minister of science and innovation, Steven Joyce, that it was "comfortable with the overlap with the MetService" and that the situation was "manageable at the moment".

MBIE

Joyce's successor, Megan Woods, told the *SST* Niwa's move into forecasting had been an "operational" one and did not require ministerial agreement. Meanwhile, Niwa claimed weather forecasting had been part of its duties since 1992.

Early in 2018, Woods told the *Otago Daily Times* she was going to ensure there wasn't "undue duplication" of roles and effort. Last year, she told the *Listener* the MetService-Niwa overlap would cost about $10 million to resolve.

"If I had a blank chequebook, and could do everything, it is something that I do have some sympathy for. But in terms of where the priorities have sat, benefiting a couple of companies has never made it to the top of my priority list."

Ayesha Verrall has since replaced Woods in the portfolio. The *Listener* has once again asked both her and SOE minister David Clark whether they plan to tackle the issue. Both side-stepped our questions.

A LAW UNTO ITSELF

Can Niwa be blamed for seizing an apparent opportunity in weather forecasting? And for sticking with its plan in the face of apparent political indifference?

If you ask Niwa Weather about the weather, you're likely to get a rapid response. If new records look like being set, Niwa Weather will be all over social media, sharing graphics and enticing media to use its stories.

If you ask Niwa about Niwa Weather, however, it's a different story. You could be waiting weeks or months for answers.

It's this discrepancy between a desire to be in the headlines, and also not to be, that prompts Duncan to say Niwa is "a law unto itself with little to no oversight and even less ministerial comprehension".

Woods said in January 2018 that she was going to investigate the Niwa-MetService overlap, but on November 7 that year, she officially opened Niwa's high-performance supercomputing facility.

According to a Beehive media statement, one of the facility's main uses would be "to advance weather forecasting, enabling more precise forecasts and helping to refine forecasting of climate extremes".

The previous year, Niwa chief executive John Morgan had said about the computers: "Industries that are weather-sensitive – such as the energy sector, farming, horticulture and tourism – will benefit directly from Niwa's ability to make more accurate and more specific forecasts."

Tony Trewinnard: believes government forecasters around the world are becoming less relevant.

MetService has been polite and guarded in its public responses to the investment, although in recent months, it has corrected Niwa's claims on Twitter of new records of intense rainfall in Auckland and high temperatures in Westport. Behind the scenes, however, it has been more vocal.

CONFLICTING INFORMATION

In June this year, the *Listener* asked Niwa for any documents or other records relating to any meetings with MetService over the past four years, involving the board or senior staff of both, on the relationship between the two organisations. A month later, it replied that after a "thorough search", it could find "no records of any such discussion".

This was odd, because in February 2020, Morgan and Niwa chairman Barry Harris appeared before Parliament's economic development, science and innovation select committee and answered questions about the overlap with MetService. Morgan described the issue as "an interesting rhetoric".

Harris then told MPs: "We've met with the board of MetService recently and have

MARTIN HUNTER

From top, Barry Harris, Stephen Hunt and John Morgan.

made a mutual commitment that, you know, what's important here is what's best for New Zealand Inc, and that where it's sensible, we will work together and collaborate in order to provide a right outcome. So my view is, yes, there will always be an element of overlap, but I think we manage it well."

On July 7, the *Listener* asked Niwa why there were no documents from the meeting. Ten days later, it replied: "Our search for records was thorough, and the reason for a negative result was that no such meetings took place." Asked about Harris' comments to the select committee in 2020, the spokesperson replied, "I don't know. I'll have to review the presentation."

Another month later, the spokesperson confirmed that both Harris and Morgan had indeed met in Wellington with the MetService board. He insisted there was no record of any emails, phone calls or notes about the meeting because "it was not required". He described the outcome of the meeting as "confidential and commercially sensitive", and gave the same "confidential and commercially sensitive" answer to six other questions the *Listener* had asked.

MetService chief executive Stephen Hunt, who took over in January last year, says there has been more collaboration since he and chairwoman Sophie Haslem had a meeting with Clark in March last year. While he acknowledges the two organisations compete in a few areas, he insists they have a "long-standing, positive relationship".

Hunt says he has had three meetings with Morgan to discuss matters of "mutual interest", but not the forecasting overlap. Clearly wary of being accused of any cartel-like behaviour, he also notes that the meetings "have explicitly avoided discussions on competition, and anti-competitive behaviour in particular". MetService took legal advice on the matter, he says, "for transparency and to prevent any suggestion of anti-competitive behaviour".

According to Hunt, topics included "MetService reiterating the need for a single, clear voice for severe weather warnings". No other agency in New Zealand has the infrastructure or meteorological capability to issue such warnings at the standard required, he says.

Documents released under the Official Information Act (OIA) reveal further concerns from MetService. Briefing notes for Hunt and Haslem's meeting with Clark mentioned the loss of the DoC contract to Niwa. While this was "not a topic to be raised on its own", the notes suggested, it could be raised "as an example of our wider concern about mixed messages for public safety".

The notes also mention that MetService has engaged with DoC "at various levels up to the chief executive" to raise two concerns: Niwa's reliance on automated model-based forecasts and "an increased likelihood of public confusion during severe weather events", due to "conflicting information being provided to recreational users" from both Niwa and MetService.

The notes say MetService is concerned about the automated forecasts because there is no intervention from professional expert meteorologists, "which, in MetService's opinion, is inappropriate for a public safety service".

In a report to its shareholding ministers in July last year, MetService also raised concerns about an incident the previous month, after it issued forecasts of heavy southerly swells for Wellington's south coast. It claimed that a decision to declare a state of local emergency and evacuate Breaker Bay residents "was made on supplementary (and untested in the swell-warning system) inundation modelling by Niwa". That modelling, it said, "included larger significant wave heights and ultimately proved incorrect". The event, it said, "serves to highlight the ongoing concern from MetService regarding information from other organisations that conflicts with the official-warning advice provided by MetService".

VAGUE RESPONSES

Asked by the *Listener* to respond to three questions about the situation, Clark gives the same response to each question. The weather forecasting market "is an open market", he says. The Commerce Commission is responsible for enforcing competition laws, "and I'm informed there are no open investigations on MetService's weather forecasting activities".

Another answer shows he is either unaware of the 2017 MBIE report on open-access data, badly briefed about it, or does not believe the report's conclusions: "Many organisations nationally and internationally produce weather forecasts available to New Zealanders. The suggestion that New Zealand does not have open weather data is not correct."

"I'm no Erin Brockovich. But one day, someone with deep pockets will take the data issue to court."

Asked if he is happy with the overlap between Niwa and MetService, he replies that he is pleased MetService has delivered "significant safety benefits" and paid $13 million in dividends to taxpayers since 2008.

Clark's office took 29 working days to respond to an earlier OIA request. Part was sent to the Treasury, which extended the timeframe to decide on a response by another 60 working days, to allow the Department of Internal Affairs to look for material from previous ministers.

Verrall responded to questions with a statement, saying the government had made steps to "address fragmentation and competition" and, through MBIE's Te Ara Paerangi proposals for reforming New Zealand's research system, was hoping to resolve tensions between CRIs having to balance "national needs with their organisation's own revenue stability".

WeatherWatch's Duncan is particularly upset by Clark's reference to an "open market". "It's not open – it's heavily controlled and limited by the government, as the MBIE review states," he fumes.

Former cabinet minister and United Future leader Peter Dunne happens to

Conflicting advice: Wellington's Breaker Bay was evacuated in June last year, due to fears of flooding based on Niwa modelling.

agree. He describes the ministers' replies as "extraordinary flannel" and "bizarre".

Dunne has been following the issue since about 2015, when Duncan first approached him about it. "I went back and looked to the genesis of this all, going back 30 years now," he says. "And it struck me as a weirder and weirder story that something that shouldn't be a competitive business – a public service in the classic sense – was being treated quite aggressively by both MetService and Niwa, to the detriment of entrants like WeatherWatch and Blue Skies and others. It seems to me we've ended up with a government monolith, and the private sector being squeezed out completely."

He believes the core of the problem was identified even before MetService was established. In 1992, the weather-forecasting establishment board warned the then minister of transport that it was "most concerned" that giving data to competing forecasting organisations "could prove a serious threat to the viability of the SOE".

National's current spokesperson for research, science and innovation, Judith Collins, is also sympathetic to Duncan's views. "It is inconceivable to me how publicly funded weather data is not made available to all who request it. Funded by the public should mean public information."

DEEP POCKETS NEEDED

Duncan and WeatherWatch business partner Shaun Morresey gave the Commerce Commission plenty of examples in their failed attempt to convince it of anti-competitive behaviour in the sector and abuse of marketplace power.

By the time the commission rejected the claims, WeatherWatch had come to an agreement with MetService over the freeing up of some data and relations were more cordial. Its relations with Niwa, however, remain fractious.

Duncan claims Niwa signed a good-faith agreement with WeatherWatch in 2014, but broke it two months later by "aggressively competing" against the company.

A Niwa spokesperson says no such agreement ever existed. "Niwa hasn't signed a contract with WeatherWatch and nor has it approached any of their customers. I don't think we even know who their customers are. Obviously, if there wasn't a contract, we couldn't have broken it."

However, the *Listener* has seen a copy of a Niwa agreement to freely offer weather data for 49 urban centres and two- and six-day-forecast maps. "The offer is made to assist WeatherWatch to provide more accurate weather forecasts for the benefit of the New Zealand public," it says.

When WeatherWatch tried to get taxpayer-funded data for more than 100 locations from Niwa in May 2018, Duncan and Morresey faced months of delays. They were asked to sign a confidentiality agreement and disclose commercial details of their company shareholding, directorships and links with other weather companies.

Niwa also refused to provide a quote until WeatherWatch agreed to get "express permission" to use Niwa's publicly available soil-moisture maps.

When the quote finally came, says Duncan, the price was so high it would have been cheaper for WeatherWatch to set up five national networks of weather stations itself. He describes it as "stupidly astronomical and monumentally unaffordable" and "designed to stop competition". He also claims Niwa wanted to delay historical data for 24 hours, "which made it utterly pointless".

The only avenue left to him would appear to be the courts. But he admits that's unlikely.

"I'm no Erin Brockovich. But one day, someone with deep pockets will take the data issue to court. I didn't want this whole fight. I just wanted to be a weather forecaster. But now I'm going to be stained for a long time as being this angry fighter, when I'm not really that guy." ▮

Paul Gorman has previously worked for the NZ Meteorological Service, as well as MetService, WeatherWatch and Blue Skies.

NZME

Big little stories

Big Little Lies author Liane Moriarty is one of Australia's most successful writers. But she still starts a new book wondering whether she can pull it off. by SALLY BLUNDELL

Liane Moriarty's first book was about a band of smugglers, smuggling, er, something.

"I don't know what they were smuggling. I don't know if I had any idea what smuggling was. It was mostly taken from Enid Blyton," says the internationally bestselling Australian author. "But there was a little girl called Serene, Serry for short. I can remember creating that character and I can still feel her as one of my characters – that little girl, I feel I know her."

Liane – pronounced "Lee-ahn" – Moriarty was 10 when her father commissioned her first story with a $1 advance. Now, 45 years after that effort, titled "The Mystery of Dead Man's Island", her books have topped international bestseller lists, clocked up more than 22 million sales and inspired two TV series (with more to come).

Her ninth book, *Apples Never Fall*, is on course to follow the same stellar trajectory, with a massive 750,000 first print run and a screenplay in the writing. It tells the story of four adult siblings – Troy, Logan, Amy, and Brooke – thrown into varying levels of anxiety when their mother, Joy Delaney, goes missing. Was she killed by her husband, Stan? Or does it have something to do with Savannah, the self-proclaimed victim of domestic violence who arrived late one night at Joy and Stan's door and stayed on?

In the early stages of writing the book, Moriarty was as mystified as the four siblings.

"The only thing I knew was that Joy would go missing and people would think Stan may have murdered her," she says from her home in Sydney. "I didn't know if he was guilty or innocent."

As with her first foray into writing as a 10-year-old, *Apples Never Fall* pivots away from the whodunnit – or the whodunwhat – to focus not on the villainous smuggler or assumed murderer, but the other characters. In this case, they are a much-admired tennis-playing family revered for their skills and confidence on and off the court. As a young neighbour notes, "There was a kind of glamorous violence to the Delaney siblings."

As the Delaney offspring are swept into the oh-my-god possibilities swirling around their mother's disappearance, that glamour is peeled away to reveal the self-doubts and insecurities: the failed relationships, the worrying emptiness of a family Christmas without other people – "as if the whole objective had always been to perform the festivities for an audience" – and the endlessly shifting sands of sibling relationships.

"The screen adaptations I'm really grateful for because they have brought me more readers and it was all great fun."

"I always found that interesting," says Moriarty, herself the oldest in a family of six children. "How they all could be so different, having the same childhood and same parents and sharing the same genetics. That was the fun of writing this book – seeing the different ways they responded to their childhood."

That childhood swings from feelings of hurt and jealousy to a fierce protectiveness. As children, the Delaneys would bicker in the back seat of the car, then hold each other's hands tightly when Stan stormed off in perplexing fury; as adults, they are divided in their response to Savannah's suggestion of an act of sexual impropriety – "Most men carried the guilt of their gender," Savannah reasons, "you just had to apply a tiny flame to the kindling" – then horrified when the guest-turned-overstayer dares to cook chocolate brownies, long recognised as Amy's preserve.

All four share the experience of a childhood dominated by competitive sport. "Tennis hijacks your childhood," Brooke tells her counsellor. Joy is mystified by this. "You loved tennis! All of you!" she exclaims.

That's life, says Moriarty. "They loved it but, like anything in life, they also hated it. I think most of us can do that. If you turn the prism of your childhood, one day you can think 'this was awful' or 'that was wonderful'."

After the short-lived exercise that was "The Mystery of Dead Man's Island", Moriarty put down her pen. On leaving school she pursued a career in advertising and marketing, including a business degree and her own "not especially successful" ad agency. She then worked as a freelance advertising copywriter, and began writing creatively again, focusing on short stories. But when her younger sister Jaclyn announced the publication of her first novel, Moriarty belted out her own children's book. When this was "enthusiastically rejected by every publisher in Australia", she enrolled in a master's degree in creative writing at Macquarie University in Sydney.

Written as part of this course, her first novel, *Three Wishes*, was published in 2004. About 33-year-old triplets Cat, Gemma and Lyn, it was widely admired

Liane Moriarty: a talent for creating casts of intriguing, interwoven characters.

From left, Shailene Woodley, Reese Witherspoon and Nicole Kidman in the TV version of *Big Little Lies*.

HILARY BRONWYN GAYLE/HBO

– "fresh, very, very funny, also intelligent and unsentimental," wrote Irish writer Marian Keyes – and put her on the first tentative rung of being a full-time writer.

Moriarty is perhaps best known for her 2014 novel, *Big Little Lies*, which hit the No. 1 spot on the *New York Times* bestseller list and was adapted into an Emmy-award-winning HBO series starring Nicole Kidman and Reese Witherspoon.

It follows a group of young mothers whose lives are bristling with wealth, yogic health, OTT birthday parties and million-dollar ocean views. As the plot tracks back from an unidentified murder victim, Moriarty peels away the brittle veneer of her characters to expose messy self-doubt, insecurities, domestic abuse and social inequity.

Her 2018 novel, *Nine Perfect Strangers*, also became a popular TV series, this time for Hulu, and again starring Kidman.

Kidman plays the lead character Masha, a former Soviet Union refugee-turned-maverick health guru, who steers the plot to a potentially apocalyptic ending for the guests of her remote Tranquillum House wellness centre. But again, a careering plot line is sidelined by the personal stories of the guests and staff – the pain of the loss of a child to suicide, the shame of a romance scam, the "ridiculous appearance merry-go-round", as one guest puts it, "that they couldn't or wouldn't get off".

As with all Moriarty's books, it demands an empathetic rereading of characters who find themselves wrapped in self-doubt and faulty systems of self-protection. "That is the reaction I want," says Moriarty. "Not necessarily for you to like them, but for you to understand or feel something."

"I am in that stage of wondering whether I can do it. Perhaps that is good, otherwise would I just be sticking to a formula?"

Kidman was also one of the executive producers of the TV version and has since secured the rights with Australian producer Bruna Papandrea (co-founder of the production company Pacific Standard with Witherspoon) to two earlier Moriarty titles, *Truly Madly Guilty* and *The Last Anniversary*.

This led one reviewer to accuse Moriarty of writing "with one eye on the screen". "I am definitely writing to be read," she says. "*Nine Perfect Strangers* has pages and pages of silent retreat, with not a word of dialogue. I am writing in the way I have always written and that is what matters most to me. The screen adaptations I am really grateful for because they have brought me more readers and it was all great fun. But that is not really anything to do with me, whereas the relationship between me and the reader is really personal and special, and that is what matters to me."

In 2018, after releasing eight novels in a punishing 14 years, Moriarty decided to take a break. It was going to be her "year of joy", reading poetry and going for walks. But when boredom crept in, she asked Jaclyn (her youngest sister, Nicola, is also a published author) to send her some writing prompts. Jaclyn responded in a text with a description of a bike lying on the grass with some apples next to it. This became the opening scene in *Apples Never Fall*.

There were other sources of inspiration: a news item about an elderly couple who offered a bed to a young woman knocking on their door late at night; then a true-crime podcast series – a recent obsession driven by a set of wireless headphones given to Moriarty by her husband, Adam.

One case in particular sparked her interest but, after reading about the controversy surrounding the Matt Damon film *Stillwater* (based on the real-life case of Amanda Knox, the American student wrongfully convicted of murder in Italy),

Telling women's stories: from left, Kidman, Moriarty, Witherspoon and Bruna Papandrea.

she has decided not to identify it.

"I understand how true crime inspires creativity, but I would never want people to be distressed by me cheerfully saying your real-life tragedy gave me a good idea for a book. But in the end, the story is in no way taking their story – it is just the inspiration, the 'imagine if this happened'. It has nothing to do with real life."

As the year of joy became the year of Joy Delaney, she also started tennis lessons, to keep up with her rapidly improving son.

"I had this family [the Delaneys], so I thought I would make them have a tennis school. That is when I started talking to former players and then tennis started to drive the story in a way I hadn't planned," she says.

"I talked to one young tennis player who just a year earlier had decided to give up his tennis career. I was struck by what a big decision that was for him and how he was still almost grieving that decision. That is what got me thinking what happens when you have this challenge and you are putting in the time and you make all these sacrifices but you don't make it to the top, which is what happens to most people playing a sport like that. That is when I wanted them as tennis players who thought they could make it but didn't."

Moriarty talks about her characters like a curious bystander, as intrigued by their behaviour as her readers are. "I know some authors have characters who come to them fully formed. My process is to take one particular attribute – and it may be an attribute from somebody I know – and start writing, and through that process of writing I might take an attribute from somebody else and then something a little magical happens when they become themselves. They have no similarity to the real-life person [from whom] I might have helped myself to one particular attribute."

She does recognise her own tendency to write about people like herself. "So probably in my earlier books, everyone sounded too Irish Catholic – too many Murphys." But, "it would not be appropriate for me to suddenly write about someone from an entirely different background."

Moriarty works from her home, at a desk treated with "cheerful disrespect" by the entire family. "It is a hot desk, anyone can use it. I have sometimes said if I was a man, everybody would be waiting at the door of the study saying we mustn't disturb him while he is writing."

She wrote *Apples Never Fall* at this desk during the first Covid-19 lockdown: "That was a great time."

During the second lockdown, she was being treated for breast cancer. "My sister has been through breast cancer – it is in our family. So I was right on time with my mammogram, so it was picked up early. So yeah, it was hard, but it was also fine. I'm good now – it was caught early."

She is now working on her 10th book. "I am in that self-loathing stage, wondering whether I can do it – I don't like that about myself, but perhaps it is good, otherwise would I just be sitting down to stick to a formula? I guess some people would say I have my formula, but I try very hard not to, and it is me, so there will be similarities between my books."

Her books may be framed as "chick lit" or "women's fiction", along with novels by leading writers such as Keyes and Ann Patchett, but, thankfully, these labels are no longer seen as pejorative by many. As Patchett told the *LA Review of Books*, "Something like 80% of novels are read by women. Women read fiction, and men read nonfiction. Certainly, more women read me than men read me, but that's true of just about everybody who writes fiction."

After this interview, Moriarty will take her labrador for a walk and listen to a podcast. A crime podcast? Not any more. She has discovered *The Moth*, true stories of people's lives taken from the American national public radio show *The Moth Radio Hour*. "They make you laugh," she says. "And they make you cry." ▮

Apples Never Fall, *by Liane Moriarty, Macmillan, $24.99*
Liane Moriarty is appearing at the Auckland Writers Festival (August 26) and WORD Christchurch (August 27).

GETTY IMAGES

A hero's story

The war in Ukraine may seem far away, but for Kiwis such as ALLA SHYMANSKA, it is still very close to home.

Dmytro Lahoda lay on the battlefield under heavy, incessant shelling. His body was covered with earth mixed with blood, ash and the detritus of war. A fragment of a tank shell had entered his back, crumbled into many pieces in his abdomen, and hit his spine and internal organs. He couldn't move.

In the frosty winter air, through the fumes and soot, he could see glimpses of the sky and white clouds. Thoughts of his mother, loved ones and dead comrades filled his mind in a confused whirlwind. Soon, he lost his sense of reality.

Lahoda was born in the beautiful city of Chernihiv, in northern Ukraine, on the border with Russia and Belarus. It is my home town, too, although I have lived in Auckland now for many years.

Lahoda spent most of his life in a house that had belonged to his family for a century. After high school, he attended Chernihiv Radio Mechanical College, then served in the air force, then in intelligence. Everyone who has ever known him notes his cheerful and mischievous character.

After the air force, he was going to return to radio mechanics. However, the difficult economic situation caused by the annexation of Crimea and the occupation of Donbass by Russia forced him to seek more lucrative work overseas. He managed to find a suitable job in the Czech Republic, where he remained until Russia invaded Ukraine on February 24 this year.

He could have remained there, but decided to return to Ukraine to defend his loved ones and country, volunteering for the frontline on the outskirts of his native Chernihiv. At 30, he took command of a military unit in a tank brigade.

When war broke out, the heaviest fighting occurred on the outskirts of the city. At that time, the Ukrainians did not have enough shells for their weapons. It was hard to predict where the Russians would fire, and sometimes the Ukrainians were unable to respond.

As Russian soldiers made their way to the Ukrainian capital, Kyiv, they passed through small settlements in the Chernihiv region, such as the village of Novoselivka, where Lahoda's unit engaged in a difficult battle. The Russians unexpectedly attacked from the side, using seven armoured personnel carriers, tanks, mortars and barrelled artillery to fire at Lahoda's unit continuously for several hours.

Lahoda's unit fought courageously until their shells ran out. As commander, he showed true heroism in leading the fighting, but he was unable to prevent eight deaths in his unit. As he carried his comrades out of the line of fire, he was wounded by the exploding tank shell.

Once the shelling subsided, a truck arrived with a search party, who carefully examined the area. The soot and smoke limited visibility and, at first, the searchers mistook Lahoda's apparently lifeless body for part of the war-torn landscape. But he and the other wounded were eventually taken to Chernihiv hospital.

SAVING LIVES

Chernihiv was almost completely destroyed in the early stages of the war, and most of its residents fled. However, doctors remained in hospitals to help save lives. Most of the city had no gas, electricity or communications, and windows in bombed-out buildings had been replaced with plywood. It was winter, and in the sub-zero temperatures, the sick and wounded were wrapped in many blankets. Surgery continued, but care for the complex cases was often hampered by the lack of equipment, tools and medicine.

Lahoda arrived at the hospital unconscious and with numerous complications. He needed major and complex surgery, but not all of it could be performed there. Despite his courage and natural optimism, his physical suffering tested his will to live.

He needed to get to Kyiv, but it was not possible to arrange humanitarian corridors, and a Russian air strike had destroyed a vehicle bridge across the river Desna. Lahoda had to be transported along bypass roads under shelling and bombardment.

Once in Kyiv, he had more operations to clean his internal organs, install multiple drains and help him partially recover from

Saving lives in a war zone: a basic operating theatre in Chernihiv hospital is protected with sandbags. Left, Dmytro Lahoda during his transportation to Sweden.

paralysis. But he remained in a critical condition. He needed more surgery, but given the siege in Kyiv, it was impossible.

Friends of Lahoda's family turned to Ambulance Ukraine Donation, an organisation created to provide medical assistance to Ukrainian soldiers. Nisse Abrahamsson, a Swedish citizen, sold off personal property, including a yacht, to buy ambulances. Since the war started, he and his team have been transporting war victims to Swedish hospitals for free, and also delivering necessary medicine to Ukrainian hospitals. Ukrainian and Swedish doctors are now working on these ambulances.

Abrahamsson and his team readily responded to the request for help, transporting Lahoda from Kyiv to Poland. However, the journey was difficult, with enemy shelling to dodge and unbearable pain, because the Kyiv hospital did not even have painkillers to give him.

From Poland, he was transported by ferry to Sweden, where Abrahamsson met him in an ambulance and took him to a hospital in Gothenburg, where he is now located.

Lahoda was examined, then given a course of antibiotics to treat his severe osteomyelitis (bone infection). However, his body resisted the antibiotics and his condition became more acute. He also had a large abscess near his spine, dangerously close to large veins.

EXPENSIVE REHABILITATION

Lahoda is grateful to the medical staff from Ambulance Ukraine Donation, who took him to Sweden. He is also grateful to the Gothenburg hospital staff, who are surrounding him with care and attention as he fights for his life. However, no relatives are with him, and as he is unable to speak Swedish, communication is difficult. His relatives cannot afford to travel there, or to pay for housing and accommodation.

Having shown courage and heroism on the battlefield ... he remains hopeful Ukraine will defeat its aggressor.

After further surgery, Lahoda will need long and expensive rehabilitation in a special centre, which is free only for Swedish citizens. He has no one who can help solve his problems. Meanwhile, he lies in a hospital room in a foreign country, surrounded by medical personnel.

His war continues. With his love for others and kind heart, he cannot understand the cruelty he has both witnessed and experienced. Having shown courage and heroism on the battlefield, and having risked his own life, he remains hopeful Ukraine will defeat its aggressor.

Just as a drop of water reflects the surrounding nature, so the life of one hero reflects the fate of an entire generation. It is a tragedy for everyone. ▮

Even a small donation to Dmytro Lahoda could make a huge difference.
Dmytro Zhyvov (Lahoda's Swedish rescuer)
Account number: 27776018
Branch sort code: 54-21-13
BIC: NWBK GB 2L
IBAN: GB20 NWBK 5421 1327 7760 18
Please ensure you state your donation is for Dmytro Lahoda.

GETTY IMAGES

HEALTH

by Nicky Pellegrino

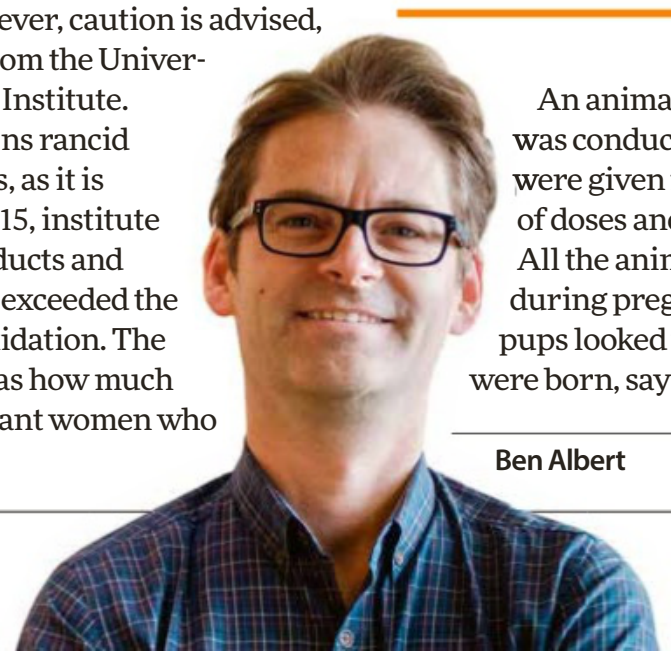
Fresh is best

Pregnant women taking fish oil capsules should buy them in small lots and keep them in the fridge, a group of medical researchers say.

Omega 3 fatty acids are essential in the diet and particularly important for pregnant women, as there is growing evidence that consuming adequate amounts may reduce the risk of the child developing metabolic problems, such as diabetes, later in life. Fatty fish is the best source and many pregnant women choose to take fish oil supplements. However, caution is advised, say a group of scientists from the University of Auckland's Liggins Institute.

Fish oil oxidises and turns rancid more easily than other oils, as it is chemically unstable. In 2015, institute researchers tested 32 products and found that more than half exceeded the recommended levels of oxidation. The question that remained was how much that matters for the pregnant women who may be taking them.

Fish oil oxidises and turns rancid more easily than other oils as it is chemically unstable.



Ben Albert

An animal-based study was conducted. Pregnant rats were given fish oil in a range of doses and oxidisation. All the animals were healthy during pregnancy and the pups looked well when they were born, says paediatric endocrinologist Ben Albert. But in the group that received human-relevant doses of highly oxidised oil, 6% of the offspring died within the first two days of life.

The theory is that the rancid oil may have affected the quality or volume of the mother's milk, although that isn't known for sure at this point.

So, how can consumers tell whether a fish oil supplement they are buying is fresh? "To be honest, I think you can't tell," says Albert. "Oxidised oil doesn't necessarily smell any different and often flavourings have been added. In an earlier study, we looked at whether the price of the oil, best-before date and country of origin made a difference, and it really didn't."

GETTY IMAGES

The fish oil in capsules has a long supply chain. Much of it comes from Peruvian anchovies and is processed in China before possibly being transported to Australia or New Zealand to be packaged. It isn't known where exactly along that path any oxidation might occur, but since heat and light speed the process, Albert says it makes sense to be careful how products are stored at home.

"Buy a small container that you're going to finish in a short amount of time, rather than a huge one," he advises. "And keeping fish oil capsules in the fridge is a really good idea."

The natural health product industry has been quick to respond to this latest Liggins Institute research. It has said that the oils given to the pregnant rats were artificially oxidised to higher limits than would ever be found in products on New Zealand shelves and called the study "flawed and of little value to anyone".

But Albert stands by the work and believes the industry is missing a "good news" story.

The study showed that even at the maximum recommended limits of oxidation, the oils were fine, he explains. "We saw no sign of unwellness in any of the animals. That suggests those recommended levels are appropriate and the oils are safe."

"I certainly wouldn't want anyone to think that if they've taken fish oil, they've harmed their baby, because there's no evidence that is the case."

Liggins Institute research has shown that even when pregnant rats are fed an unhealthy high-fat diet, consuming the Omega 3 in fish oil can have a protective effect on the metabolic health of their offspring later in life. And it is soon to release the results of a study using fresh, safe fish oil in pregnant women.

"It's important that women try to have more Omega 3 in pregnancy and I certainly wouldn't want anyone to think that if they've taken fish oil, they've harmed their baby, because there's no evidence that is the case," says Albert. "But if you take a fish oil product, you want it to be within the safe limits of oxidation and we should have a system that enables people to confidently buy one that is."

The Ministry of Health advises pregnant women to eat fish to supply essential fatty acids. It warns that increased mercury levels in long-lived and larger fish can be unsafe for the baby, but says there is little concern with canned fish such as tuna, salmon and sardines.

The advantage of eating fresh or cannned fish, says Albert, is that if the fish is going off, you'll be able to tell and won't eat it. ▮

HEALTH BRIEFS

MIX 'N' MATCH BOOSTERS

A small study from Israel has shown that using the Johnson & Johnson vaccine as a booster in people who had a primary course of the Pfizer vaccine resulted in longer-lasting antibody responses than when using the Pfizer vaccine again as a booster. The Johnson & Johnson booster also seemed to generate a better Omicron-specific T-cell response, according to the research published in *JAMA Network Open*. The authors say this suggests there may be some immune benefits of mixing-and-matching Covid-19 vaccines.

FAKE-SALT BENEFITS

Using a salt substitute in your diet could help lower your risk of heart attack, stroke, and death, according to a review of available data published in the journal *Heart*. Australian researchers looked at the results of 21 clinical trials and found that replacing salt with salt substitutes lowered blood pressure by about 4.6/1.6 mmHg. They found that salt substitutes lowered the risk of early death from any cause by 11%, from cardiovascular disease by 13%, and the risks of heart attack or stroke by 11%.

TAXING THE BRAIN

Thinking hard really does make your brain tired and worse at making decisions, according to French research published in *Current Biology*. The researchers monitored the brain activity of a group of people doing complex work compared with a group doing more simple tasks, and say hard brain work over several hours led to a build-up of glutamate in the prefrontal cortex – the part of the brain responsible for cognitive control. Managing this glutamate build-up makes other prefrontal cortex work difficult, meaning it's harder to make decisions and we're more likely to choose low-effort, high-reward actions.

GETTY IMAGES

NUTRITION

by Jennifer Bowden

Worth a crack

Eggs are good value and highly nutritious whichever way they're prepared, but the raw and the cooked are by no means equal.

Question:

Eggs are cooked in several ways. Is there any difference in nutritional value for these ways? Would eating an egg raw be beneficial?

Answer:

Eggs are a nutrient-dense food, which is the biggest compliment that can be given in nutrition speak. Packed with high-quality protein, healthy polyunsaturated fats, vitamins, minerals, antioxidants and more, eggs are a cost-effective, nutritious addition to our diet. But when it comes to comparing cooked versus raw eggs, there are real risks and rewards to be had and raw eggs are definitely not the winning option.

When food costs are skyrocketing, eggs can provide an inexpensive source of protein.

GETTY IMAGES

For many years, the New Zealand Heart Foundation recommended that people at high risk of heart disease limit their egg intake to three eggs (yolks) per week, due to the high levels of cholesterol in eggs. However, subsequent research affirmed that the levels of cholesterol in eggs had only a small and "clinically insignificant effect" on blood cholesterol levels – saturated fats have a far bigger impact. Hence, the Heart Foundation now advises that most people can eat eggs freely within a balanced heart-healthy diet, while those at high risk of heart disease can safely eat up to six eggs per week.

At a time when food costs are skyrocketing, eggs can provide an inexpensive source of protein. They also contain a helpful punch of carotenoids, vitamin D, B12, selenium and

choline, notes the Heart Foundation.

But where do we stand nutritionally with all the variants of cooked versus raw eggs?

Eggs are generally considered highly digestible. However, digestibility of the protein in them varies greatly between raw eggs and cooked. A clinical trial published back in 1998 found that egg protein was digested better when it was cooked. So you will absorb more protein from a boiled or scrambled egg than from a raw one thrown into a smoothie, for example.

Added to that, raw eggs do present a risk of salmonella poisoning. New Zealand eggs have been pretty safe on this front. However, in 2021, the organism Salmonella enteritidis was detected in chicken hatcheries, and while New Zealand Food Safety promptly stopped the sale of eggs from two farms infected with it, this incident is a reminder of the potential for salmonella poisoning from eggs. Thus, New Zealand Food Safety recommends that raw eggs are not served to children under 2 years of age, pregnant women, the frail and elderly, or those with low or compromised immune systems. Bear in mind that raw eggs can turn up in mayonnaise and desserts such as chocolate mousse and tiramisu.

Each cooking method has a highly variable impact on the egg's nutritional composition.

When it comes to cooking, eggs can be boiled, fried, scrambled, microwaved or even oven baked. Each method has a highly variable impact on the egg's nutritional composition. For example, a 2017 study published in the *Journal of Food Science and Technology* found the highest oil content was produced when eggs were cooked in a drying oven, followed by boiling, with the lowest content produced through frying in a pan (without oil). It also found levels of the various fatty acids in eggs varied significantly depending on the cooking method. So it is almost impossible to make one statement about the fat content of eggs based on how they are cooked.

More recently, a 2019 study in the journal *Nutrients* published data on the nutrient content of raw eggs compared with soft-boiled and hard-boiled. The soft-boiled eggs had higher levels of calcium, potassium, and vitamin E than the raw or hard-boiled ones. But conversely, either type of boiled egg had lower levels of selenium, vitamin A and vitamin D than the raw eggs.

The key point here is that there is a wide variation in the macro- and micro-nutrient content of eggs based on the cooking method. However, there is no universal pointer towards one best way to prepare eggs.

All we can say with certainty is that the protein in raw eggs is less digestible and they present a possible food poisoning risk. So when it comes to the prepared versions, cook them however you prefer and enjoy the nutritious and cost-effective boost that eggs can make to your lifestyle. ▮

Email your nutrition questions to listenerlife@aremedia.co.nz

NUTRITION BITES

EARLY TASTE FOR VEG

Providing vegetables as an infant's first food is an effective way to improve intake and may help children to develop a preference for them, according to a New Zealand study published in the *American Journal of Clinical Nutrition*. Some 117 Auckland babies were enrolled in the trial and randomly assigned to receive either a mix of fruit and veg in their first four weeks of starting solids, or vegetables only. The study found that at nine months, those infants introduced to vegetables only were eating double the amount of broccoli and spinach than those exposed to the mix. Overall, the veg-only group was consuming 28% more vegetables than the mixed group.

HEALTHY GUT POWER

New research has found that when athletes modify their diet, it can lead to an unstable gut microbial community that affects their performance. Researchers from across the UK analysed the performance and gut health of a group of well-matched, highly trained endurance runners to explore the impact of both high-protein and high-carbohydrate diets. Notably, a short-term, high-protein diet was linked to microbial imbalance and a 23% reduction in time-trial performance of the athletes.

SPICY POTENTIAL

In Indian Ayurvedic medicine, black cardamom has been used in formulations to treat cancer and lung conditions. Researchers from the National University of Singapore studied the scientific basis behind this traditional medicinal practice and found evidence of the toxic effect of black cardamom on lung cancer cells. The spice is a source of potent bioactives which could be used in the treatment or prevention of lung cancer, they concluded.

GETTY IMAGES

Buon appetito

Add these classics of Italian cooking by Karen Martini to your cooking repertoire and impress your guests every time.

This torta is based on a very old recipe I found in Capri many moons ago. This flourless cake is quite complex and sophisticated, both in flavour and texture, and it's something I make for special occasions.

TORTA CAPRESE ALL'ARANCIA E CIOCCOLATO (DARK CHOCOLATE & ALMOND TORTE)

200g dark chocolate (70% cocoa), chopped
200g unsalted butter, diced
250g (1⅔ cups) blanched almonds
200g caster (superfine) sugar
½ tsp salt flakes
5 eggs, separated
¼ tsp orange essential oil
cocoa powder, for dusting

Preheat the oven to 160°C fanbake. Grease a 24cm loose-based cake tin and line with baking paper.

Add the chocolate and butter to a heatproof bowl and place over a saucepan of simmering water for about 5 minutes, ensuring the bowl doesn't touch the water. When two-thirds of the chocolate has melted, stir through twice. Remove the bowl to finish melting the chocolate in the residual heat.

Blitz the almonds in a food processor until finely ground, then add the sugar and salt and pulse about five times until you have a medium-fine meal.

Whisk the egg yolks by hand in a large bowl until foaming, then stir the almond mixture through. Add the melted chocolate and orange oil and stir to combine.

Whisk the egg whites until firm peaks form, then carefully fold them through the almond mixture to retain as much air as possible. Transfer the mixture to the cake tin.

Bake for about 45 minutes, until the cake is puffed and golden and a skewer comes out clean. Cool completely before unmoulding. Dust with cocoa powder to serve.

The torte will keep in an airtight container at room temperature for up to 5 days.

Serves 8-10.

TIRAMISU

250g dark chocolate, roughly chopped
30g cocoa powder
750g mascarpone
24 savoiardi (ladyfinger) biscuits
10 amaretti biscotti
250ml cream, whipped

PHOTOGRAPHY: © MARK CHEW

From left, torta caprese all'arancia e cioccolato; tiramisu; orecchiette with eggplant, oregano, balsamic & ricotta.

COFFEE SYRUP
200ml very strong hot black coffee
80g (⅓ cup) caster sugar
160ml marsala wine
80ml (⅓ cup) amaretto liqueur
ZABAGLIONE
2 eggs
4 egg yolks
150g caster sugar
150ml marsala

For the coffee syrup, add the coffee and sugar to a bowl and stir to dissolve, then add the remaining ingredients. Set aside to cool.

Pulse the dark chocolate in a food processor in three-second bursts to make an unevenly chopped rubble. Tip into a bowl, then toss in 2 teaspoons of the cocoa powder. Add the rest of the cocoa powder to a fine-mesh sieve and set aside.

Put the zabaglione ingredients in a large stainless-steel bowl, whisking by hand to combine. Set the bowl over a saucepan with a little simmering water in it, ensuring the bowl doesn't touch the water. Whisk constantly in a figure-eight motion until you have a light, airy, thickened mixture, about 8 minutes. You should be able to form thick ribbons over the mixture when you hold the whisk up. The temperature should be 60°C, and the last 10°C moves quite quickly, so monitor with a digital sugar thermometer after 4 minutes.

Using an electric stand mixer, whisk the zabaglione on high speed for 8 minutes, until cooled. On low speed, add the mascarpone in three additions. You should have a light and airy mixture, like thick whipped cream. Do not over-whisk or the cheese will curdle and go grainy. Chill for 30 minutes in the bowl.

Before assembling, it's important that all the ingredients are cold. Add half the mascarpone mixture to a 30cm round dish, 6-8cm deep, then lightly sieve some of the cocoa powder on top.

Pour one-third of the coffee syrup on to half the savoiardi biscuits, then place into the dish and dust liberally with more cocoa powder. Sprinkle over one-third of the chocolate, then crumble in the biscotti. Top with the remaining mascarpone mixture and dust with a little more cocoa.

Pour another one-third of the syrup over the cut side of the remaining savoiardi biscuits, then place into the dish. Dust liberally with more cocoa, scatter another one-third of the chocolate over, then drizzle with the remaining syrup.

Spoon the whipped cream over the top, leaving a little border so you can see what's beneath. Scatter the remaining chocolate around the edge, then dust with cocoa. I like to leave some of the cream plain in the middle, as it's a nice visual contrast.

Chill for 3 hours, then serve in scoops, or cut into rough wedges and lift from the dish. The tiramisu can be made the day before and leftovers will last for 5 days in the fridge.

Serves 10-12.

ORECCHIETTE WITH EGGPLANT, OREGANO, BALSAMIC & RICOTTA

3 large eggplants, peeled in stripes and cut into 3cm dice
100ml extra virgin olive oil
4 garlic cloves, sliced
2 tbsp tiny capers
4 anchovies
2 tsp chilli flakes
4 oregano sprigs, leaves picked
cracked black pepper
200ml dry white wine
100ml balsamic vinegar
500g dried or fresh orecchiette pasta
80g grana padano, finely grated
300g ricotta

Cook the eggplant in boiling salted water for 10 minutes. Drain well, then gently press out any excess moisture.

Heat the oil in a wide-based saucepan over a medium heat.

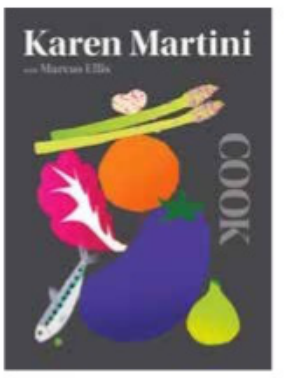
Cook the garlic, capers, anchovies, chilli flakes and oregano until the anchovies have dissolved and the mix is fragrant, about 2 minutes. Stir the eggplant through and season with pepper. Add the wine and cook until almost dry. Drizzle with half the vinegar and cook for a couple of minutes, until the eggplant takes up the vinegar.

Meanwhile, cook the pasta in plenty of boiling salted water until al dente.

Lift the pasta with a sieve or slotted spoon, directly into the pan, adding a little extra cooking water. Cook in the sauce for a minute or two, tossing to coat. Once the sauce is clinging to the pasta, stir the grana padano through and add a little extra oil if needed.

Serve with the ricotta crumbled over and drizzled with the remaining vinegar to finish. Serves 4. ▮

This is an edited extract from COOK, by Karen Martini (Hardie Grant Books, $100)



PHOTOGRAPHY: © MARK CHEW

WINE
by Michael Cooper

Red alert

Hawke's Bay is predominantly known for its Bordeaux-blend reds, but there are plenty more wine styles to get excited about.

New Zealand is mostly white-wine country – more than 80% of the national vineyard area is planted in white-wine grapes. However, in Hawke's Bay, our second-largest wine region, more than 40% of the vines are earmarked for red-wine production.

Merlot dominates in Hawke's Bay, followed by syrah. Pinot noir is also planted widely – more so than cabernet sauvignon, malbec or cabernet franc. "Hawke's Bay pinot noir seems to be a bit of a local secret," says Sara Macdonald, of Monowai Estate. The region's winegrowers harvested far more pinot noir for red wine in 2021 than those in the Wairarapa, Nelson or North Canterbury.

Askerne Hawke's Bay Pinot Noir 2021 ★★★★
Grown on river terraces near Havelock North, this ruby-hued red was matured for nine months in French oak casks. Full-bodied, fresh and sweet-fruited, it has strong, lively cherry, plum and spice flavours, savoury notes adding complexity and supple tannins. $23

Bilancia Hawke's Bay Syrah 2020 ★★★★★
This classy red was grown at Roys Hill and matured in tanks and seasoned French oak barriques. It has deep, purple-flushed colour, with a floral, fresh, peppery bouquet. Still unfolding, it is mouthfilling and vibrantly fruity, with highly concentrated, ripe dark berry, plum and spice flavours, and a finely textured, long finish. $34

Brookfields Back Block Hawke's Bay Syrah 2020 ★★★★½
This bargain-priced, youthful red was matured in French and American oak barriques. Deeply coloured, with a spicy fragrance, it is full-bodied, with strong, ripe blackcurrant, plum and black-pepper flavours, gently seasoned with oak, good complexity and a smooth finish. $21

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supple tannins and a long, very harmonious finish. (14.5% alc/vol) $45

Church Road Hawke's Bay Syrah 2020
★★★★

As good as many $30 syrahs, this is great value. Perfumed and full-bodied, it has strong, vibrant, plummy, spicy flavours, savoury notes adding complexity and lovely poise and harmony. $20

Collaboration Argent Cabernet Sauvignon 2019 ★★★★★
This is a rare red – only 871 bottles were produced. Matured in French oak barrels and bottled unfined and unfiltered, it is deeply coloured and mouthfilling, with rich blackcurrant, red berry and spice flavours, showing excellent ripeness and concentration, savoury notes adding complexity, supple tannins and a finely structured, lasting finish. $45

Elephant Hill Hawke's Bay Le Phant Rouge 2020 ★★★★
Enjoyable young, this is a full-coloured blend of mostly merlot, syrah, tempranillo and malbec. Partly oak-aged, it is mouthfilling, vibrantly fruity and supple, with generous plum, spice and blackcurrant flavours, showing some savoury complexity and very good depth and harmony. $26

Church Road Grand Reserve Hawke's Bay Merlot/Cabernet Sauvignon 2019
★★★★★
This powerful, lush red is a merlot-based blend (83%), grown mostly in the Gimblett Gravels and French oak-aged for nearly two years. Dark and sturdy, it has deep, vibrant blackcurrant, plum, spice and nutty oak flavours, showing excellent complexity, ripe,

Hopesgrove Estate Hawke's Bay Pinot Noir 2021 ★★★★
Bright ruby, this single-vineyard red was hand-picked from a site south-west of Havelock North. A graceful wine, it is mouthfilling and supple, with strong, ripe cherry and spice flavours, fresh acidity and a gentle seasoning of nutty oak. $39

Junction Possession Central Hawke's Bay Pinot Noir 2019
★★★★
This distinctive red, hand-harvested on the Takapau Plains, has deep ruby, moderately youthful colour. Fragrant and full-bodied, it has a good concentration of cherry and dark berry flavours, nutty oak adding complexity, fresh acidity and a savoury, lingering finish. $32

Kumeu River Rays Road Pinot Noir 2020 ★★★★
From the West Auckland company's elevated, north-facing vineyard in Hawke's Bay, this hand-picked red was matured for a year in French oak barrels. Ruby hued, with a hint of development, it is savoury, with fresh, vigorous cherry, plum and spice flavours, oak complexity and finely balanced tannins. $40

Leftfield Hawke's Bay The Hatchling 2019 ★★★★
This great-value mix of six varieties from Villa Maria is designed, says the winemaker, "to make you wonder why you ever thought single varietals or basic blends were the safest choice". Deeply coloured, it is full-bodied, with youthful, blackcurrant-like flavours that are fresh, ripe and generous. It has a harmonious, seductively smooth finish. $18

Leveret Estate Hawke's Bay Merlot/Cabernet 2018 ★★★★
Matured for 18 months in French oak casks, this sturdy, full-coloured red has strong, ripe berry, plum and spice flavours, savoury notes adding complexity, and finely balanced tannins. It's maturing well. $22

Linden Destination Series Hawke's Bay Cabernet Sauvignon 2020 ★★★★★
This robust, very ageworthy red was grown at Ohiti. Deeply coloured, with a fragrant, spicy, slightly herbal bouquet, it is powerful, with concentrated blackcurrant, plum, herb and spice flavours, vigorous and well structured. Best drinking 2025+. (14.5% alc/vol) $65

Lime Rock Central Hawke's Bay Pinot Noir 2016 ★★★★
This savoury red was grown on north-facing limestone hills near Waipawa. Ready for drinking, it is full-bodied, with mature colour, cherry, spice, herb and nut flavours, showing very good complexity and a well-rounded finish. $39

Mills Reef Estate Hawke's Bay Merlot/Cabernet 2020 ★★★★
Instantly likeable, this good-value red is a 2:1 blend of merlot and cabernet sauvignon, grown in the Bridge Pā Triangle and French oak-aged for a year. Deeply coloured, it is very fresh, fruity and smooth, with ripe berry, plum and spice flavours, showing good richness. $19

Mission Reserve Gimblett Gravels Hawke's Bay Cabernet/Merlot 2019 ★★★★★
Offering fine value, this deeply coloured red is fragrant, rich and smooth. Full-bodied, it has ripe blackcurrant, plum, herb and spice flavours, showing excellent depth and complexity, good tannin backbone and a long, very harmonious finish. $30

Hāhā Hawke's Bay Merlot 2021 ★★★½
A drink-young charmer, this full-coloured red is vibrantly fruity, with generous, ripe plum, berry and spice flavours, fresh acidity and a smooth finish. Good value. $18

Monowai Estate Upper Reaches Hawke's Bay Pinot Noir 2020 ★★★★½
This highly attractive red was estate-grown at Crownthorpe and barrel-aged for 10 months. Full, bright ruby, it is an elegant, mouthfilling wine with generous, vibrant cherry and spice flavours, finely balanced oak and very good intensity, vigour and complexity. Best drinking 2024+. $35

Montford Estate Manny Hawke's Bay Red 2019 ★★★★½
From a Marlborough-based producer (te Pā), this blend of cabernet sauvignon (44%), cabernet franc (29%), merlot (24%) and tempranillo (3%) was grown in the Gimblett Gravels. Full-coloured, with a fresh, berryish, spicy bouquet, it is mouthfilling and savoury, with youthful blackcurrant, plum and spice flavours, showing excellent vigour and depth. Best drinking 2024+. $25

Radburnd Hawke's Bay Merlot/Cabernet 2019 ★★★★★
This classy blend of merlot (60%) and cabernet sauvignon (40%) was matured for 20 months in French oak barriques. Dark, it is fleshy and rich, with a lovely spread of blackcurrant, plum and spice flavours, hints of coffee and liquorice, savoury notes adding complexity, supple tannins and a finely structured, very harmonious finish. $85

Redmetal Vineyards Basket Press Bridge Pā Triangle Hawke's Bay Syrah 2019 ★★★★★
This powerful, estate-grown red was barrel-matured for nine months. Dark and purple-flushed, it is full-bodied, fleshy and softly seductive, with fresh, dense plum, spice and black-pepper flavours, a hint of liquorice, supple tannins and excellent depth and harmony. $45

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Saint Clair Origin Hawke's Bay Merlot 2020 ★★★★
Aiming for a fruit-driven style, this Gimblett Gravels red was matured in a mix of tanks and old French oak barrels. Deeply coloured, it is mouthfilling and vibrant, with strong plummy, spicy flavours, a hint of toasty oak, fresh acidity and plenty of youthful vigour. $25

Sileni Plateau Grand Reserve Hawke's Bay Pinot Noir 2019 ★★★★
Grown predominantly in the inland, elevated Plateau Vineyard, this barrel-aged red is ruby hued, powerful, sturdy and savoury, with very ripe fruit flavours, fresh acidity and good depth and complexity. (14.5% alc/vol) $40

Smith & Sheth Cru Omahu Cantera 2019 ★★★★★
The Havelock North winemaker says this was "inspired by the red wines of Spain". It's an appealing blend of cabernet sauvignon, tempranillo and cabernet franc, named after the Spanish word for quarry – cantera. Hand-picked in the Gimblett Gravels and barrel-aged, it is deeply coloured, with ripe blackcurrant, plum, spice and nut flavours, supple tannins and lovely depth and harmony. $60

Stonecroft Gimblett Gravels Hawke's Bay Cabernet Sauvignon 2020 ★★★★★
Certified organic, this highly refined, single-vineyard red has dark, purple-flushed colour. Rich and youthful, it is fragrant and supple, with beautifully ripe blackcurrant, plum and spice flavours, excellent depth and a seasoning of nutty oak. $45

Te Mata Estate Vineyards Hawke's Bay Pinot Noir 2020 ★★★★
Estate-grown in the Dartmoor Valley, this barrel-aged red is deep ruby, mouthfilling and supple, with good intensity of vibrant, ripe plum and spice flavours, and savoury notes adding complexity. It's still very youthful. $28

Tironui Hawke's Bay Malbec/Merlot/Cabernet 2020 ★★★★½
From an elevated site at Taradale, this malbec-based, oak-matured blend is full-coloured, with a fresh, spicy bouquet. Mouthfilling and vibrantly fruity, it has berryish, plummy, spicy, nutty flavours, showing very good ripeness and concentration and a well-rounded finish. $40

Trinity Hill Hawke's Bay Merlot 2020 ★★★★½
Already delicious, this estate-grown, Gimblett Gravels red was matured in tanks and French oak barrels. Deeply coloured and fragrant, it is mouthfilling and fruit-packed, with fresh, rich plum and spice flavours, showing impressive ripeness, a hint of dark chocolate, considerable complexity and a smooth finish. $25

Villa Maria Cellar Selection Gimblett Gravels Hawke's Bay Syrah 2020 ★★★★
Offering great drinkability, this full-coloured red has a floral, spicy bouquet. Mouthfilling and supple, it is a vividly varietal style with very good depth of vibrant, plummy, peppery flavours and an almost pinot noir-ish texture and charm. Best drinking 2023+. $25

Villa Maria Earth Garden Hawke's Bay Merlot/Cabernet Sauvignon 2021 ★★★★
Certified organic, this deeply coloured red is a drink-young charmer. Full-bodied, it has fresh, strong plum, berry and spice flavours to the fore, a hint of blackcurrants, some savoury complexity and a well-rounded finish. $25 ▮

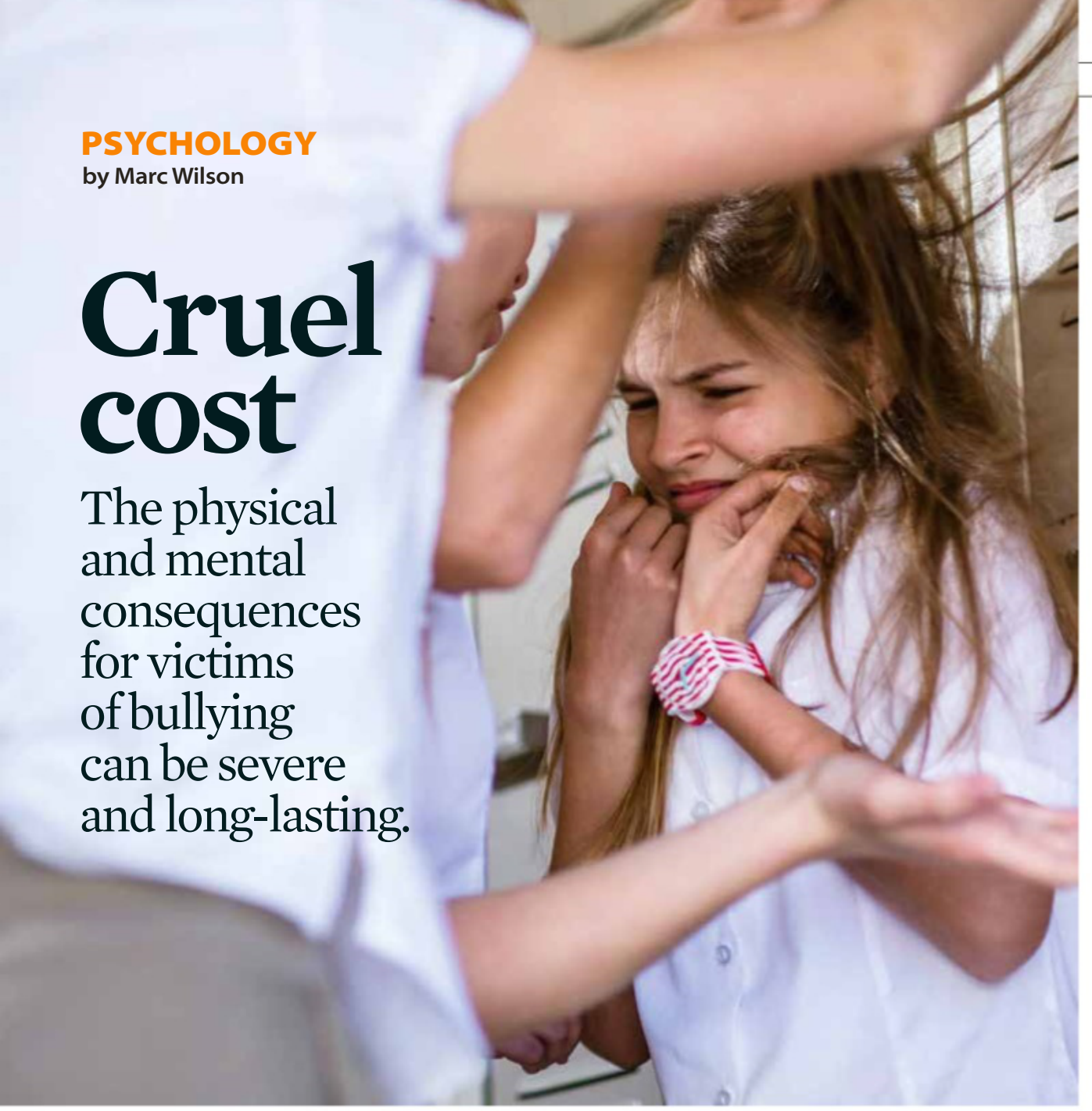
(Note: all wines are 13-14% alc/vol, unless stated otherwise.)

PSYCHOLOGY

by Marc Wilson

Cruel cost

The physical and mental consequences for victims of bullying can be severe and long-lasting.



As a researcher, I sometimes get asked for a bit more detail about studies I've published. The most recent came from a PhD student at King's College London, asking if I recalled the wording given to school participants in research a little over a decade ago looking at bullying experiences and mental health. She was specifically interested in knowing whether we'd provided a definition of "bullying" to our young participants before asking them if they had experienced peer victimisation.

Most people have experienced some form of peer victimisation. I was born in Zimbabwe (then Rhodesia), but moved to the UK when I was quite young and did all but one year of secondary school there. I remember being made fun of for being different, being nicknamed "Botha" after PW Botha, the sixth state president of South Africa. My schoolmates clearly didn't know the difference between Zimbabwe and South Africa. I also spent an acne-filled year or so being called "pizza face". But was I bullied?

The upside of keeping everything forever means I could dig up the exact wording for the PhD student. But the downside is I had to look in a fair few corners to find them. Yes, we had given a definition: "We call it bullying when someone is deliberately and repeatedly hurting or frightening someone weaker than themselves for no good reason. This may be done in different ways: by hurtful teasing, threatening actions or gestures, name calling or hitting and kicking."

We hadn't just pulled those phrases out of thin air – they're the phrasing used in the Peer Relations Questionnaire, a widely used self-report measure of bullying. I breathed a sigh of relief, because it's a pretty solid definition, touching on most of the elements that differentiate bullying from more isolated (but still unpleasant) victimisation. It's also really important to give research participants a definition, because actual "bullying" is pretty rare. It requires ongoing, targeted victimisation of someone in a lower power position. A single scrap with someone from your form class isn't necessarily bullying, but repeatedly threatening the same younger kid for their lunch money is. In retrospect, I'm not sure much of what I experienced as a youngster qualifies as bullying, though it was pretty horrible and stays with me now.

Chronic bullying can result in what is called "blunting" of the stress response.

Which brings me to historic events at a rather closer King's College. It's safe to say, it has not been a great few weeks for Sam Uffindell and the National Party.

It has become apparent that Uffindell, like a lot of young folks, was involved in picking on younger kids when he was at school. Uffindell is quoted as saying that he was "effectively a bully", admitting that there will be others that he had "hurt one way or another".

I don't know enough about what Uffindell did to know whether it constituted bullying. Until shown otherwise, I'll reserve judgment as to whether his actions as a 16-year-old characterise him as an adult.

I prefer to focus on the victims. The experience of being picked on or bullied can have lifelong impacts on mental health and the way people see themselves. People who experience chronic bullying show physical and mental consequences, sometimes for years. Chronic bullying can result in what is called "blunting" of the stress response. When you live with the constant fear of fight or flight, the stress-hormone systems that are supposed to give you the zip to escape a one-off sabre-toothed tiger attack stop doing their job. This in turn means people don't respond effectively to any stressors around them, and that is ultimately associated with some very serious outcomes.

One challenge for the National Party is managing the accusations of hypocrisy that have been levelled against it – a party that has historically implied that many of the ills of our society are caused by recidivist criminals who don't deserve the benefit of the doubt they initially afforded Uffindell. ▮

Sam Uffindell

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SCIENCE
by Bob Brockie

Curiosity magnets

Albinism is a rare genetic condition that can elicit unwanted attention.

Albino hedgehogs are a rarity, which means they often come to the attention of local newspapers and their photographers.

In July 1931, the *NZ Herald* reported an albino hedgehog in New Plymouth that was "white, but perfectly normal in all respects. Seen abroad by daylight and still at liberty." In January 1938, the same paper reported another fully grown pure white albino with pink eyes in the garden of a Mr Roberts in New Plymouth.

I have looked through a number of New Zealand newspapers and found albino hedgehogs reported on 27 occasions in the North Island.

A remarkable thing about these figures is that 23 of the 27 albino hedgehogs were from Taranaki.

Google Images shows photos of up to a thousand albino hedgehogs in Britain and Continental Europe, but they seem to be scattered at random, not crowded anywhere. Taranaki is exceptional.

Albinism is an inherited condition caused by mutations of certain genes that affect the amount of melanin that is produced. Albinism can be found in many animals, from birds to reptiles and humans. There are even albino plants, which lack chlorophyll, the green pigment that enables them to engage in photosynthesis. These plants must draw nutrients from a parent tree or another source to survive.

Human albinism varies from country to country. In Europe, North America and New Zealand, about one in 20,000 of us is an albino. However, between one in 5000 to 15,000 people in sub-Saharan Africa have the condition. In parts of Zimbabwe, the ratio is more like one in a thousand..

Why albino genes are so common in Taranaki hedgehogs remains a mystery.

Signs of albinism are usually apparent in a person's skin, hair and eye colour. People with the genetic condition are sensitive to the effects of the sun, so they're at increased risk of developing skin cancer. Although there's no cure for albinism, people with the condition can take steps to protect their skin and eyes and maximise their vision.

Unfortunately, sub-Saharan albinos can have more worrisome problems than sunlight. Witch doctors have been known to kill or mutilate albinos for their body parts, which they turn into magic potions believed to bring good luck and prosperity.

United Nations officials estimate at least 75 albinos were killed in the East African nation of Tanzania between 2000 and 2015. In April, a court in Malawi convicted five people over the 2018 killing of a 22-year-old albino man. Seven others were convicted of selling his body parts.

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A mother with her albino baby in Angola. Above, an albino hedgehog.

Some of the photos on Google Images of albino hedgehogs show litters of five albino nestlings. If both Mr and Mrs Hedgehog have the rare recessive albino gene (a double dose), all their young will be albinos.

Neither the US nor Canada has native hedgehogs, but plenty are kept there as pets. These are not the same as our European hedgehog, but a cute little animal from Madagascar known as a tenrec. A tenrec looks exactly like a half-sized hedgehog and sells for about $200-$300. Hedgehogs are welcomed to most states in the US, but not in others. It is illegal to import or sell hedgehogs in California, Georgia, and Hawaii, where they can be confiscated and killed.

There are many hedgehog clubs and societies in North America that hold annual competitions, with all the pomp and circumstance of the Crufts dog show. Top hedgehogs earn blue ribbons for "best in the show". Americans have bred a range of coloured hedgehogs: cinnamon, chocolate, salt and pepper, champagne, apricot and platinum.

In 1991, two albino hedgehogs were found in New Plymouth, and an opportunist there found an American buyer who would pay handsomely for them. Hearing of this arrangement, a patriotic woman outbid the American and had the animals freighted to Helensville.

Why albino genes are so common in Taranaki hedgehogs remains a mystery. As a lifelong researcher into hedgehog ecology, I would be interested to hear from anybody who finds an albino hedgehog when the spiny mammals emerge from hibernation next month. Contact me at bob.brockie@icloud.com. ▮

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DAVID STONE

Peace, love & revolution

A history of the 1960s and 70s counterculture in New Zealand is a clear and colourful account with some groovy revelations, man. by GRAEME LAY

JUMPING SUNDAYS: The rise and fall of the counterculture in Aotearoa New Zealand, *by Nick Bollinger (AUP, $49.99) is published on August 25.*

The title is derived from a spring day in 1969, when thousands of mostly young people defied Auckland City's by-laws and came together in Albert Park to dance, sing, play games, make music and smoke marijuana. A band played on the park's rotunda. It was the biggest such gathering, and it was illegal. The Albert Park mass "Sunday Jumping" was a first, and the participants were described by puzzled onlookers as, "hippies, freaks, weirdos, radicals and dropouts".

Wellington-based broadcaster and critic Nick Bollinger documents the subsequent emergence of New Zealand's counterculture in the 1960s and 70s. The book enlarges Bollinger's splendid *Goneville: A memoir* from 2015.

The *New Zealand Oxford Dictionary* defines "counterculture" as "a radical, alternative culture, especially among young people, that seeks out new values to replace the established and conventional values of society".

Accordingly, Bollinger (the son of liberal activists Conrad and Marei Bollinger) takes the reader on a rollicking ride through a decade that saw unprecedented social and political change in New Zealand. Dress codes, music, ways of living, eating, drinking, protesting, having sex, political expression and (especially) the ingesting of prohibited substances turned the conformity and insularity of 1950s New Zealand on its head.

The Baby Boomers were responsible for transforming society in ways that shocked, baffled and at times infuriated their parents, grandparents and the conservative politicians of the day. If the 1950s was the decade in which, as Bollinger points out, most things were uniformly grey, the decade that followed became flamboyantly polychromatic. There was not only dope and music in the air, there was the heady scent of revolution.

MUCH OF THE REBELLIOUS new culture was imported, particularly from the US, and the flame that lit the fuse for political change was the war in Vietnam. Although New Zealand did not send conscripts to the war, we who were balloted for military service knew only too well that we were being conditioned to be sent, given the way the National government of the time obsequiously followed America's foreign policies.

If the Vietnam War radicalised a whole generation of Kiwis, countermanding this were powerful American cultural influences, among them Jimi Hendrix, Bob

Dylan, Joan Baez and Allen Ginsberg. The 1969 movie *Easy Rider* was a potent influence, as was the Woodstock music festival of the same year. In 1972, Germaine Greer popped in and scandalised some.

The world was becoming globalised, and New Zealand was no exception.

In response to these events and role models, from 1970 onwards home-grown heroes sprang forward. They leap from Bollinger's pages. Campaigners such as Tim Shadbolt, Alan Brunton, Sue Kedgley,

Once the revolution started there was no stopping it. Hair became much longer, skirts became shorter.

Bruno Lawrence, Jenny McLeod, James K Baxter and other extroverts feature. Others not so well known, yet influential, are given their due, such as cartoonist Chris Grosz, poet John Esam, LSD apostle Bill Dwyer, boozy writer Brian Bell and John ("Bomber") Bower.

Overseas cultural and political visits to New Zealand are documented, such as the Beatles tour of 1964. Politicians seeking our government's endorsement for the increasingly bloody, futile South-east Asian war dropped in. These included South Vietnam's Air Vice-Marshal Nguyen Cao Ky in 1967, US President Lyndon Johnson in 1968 and Vice-President Spiro Agnew in 1970. These visitors were confronted with increasingly violent protests in Wellington and Auckland.

Complementing Bollinger's text are many photographs, mostly moody black-and-white shots, notably by Max Oettli, Ans Westra and Keith Stewart. A particularly disarming photo shows a 1959 Campaign for Nuclear Disarmament march in London, with Gill and Maurice Shadbolt in front and behind them Conrad Bollinger with author Nick as a toddler on his shoulders and Marei wheeling his pushchair.

Once the revolution was under way, there was no stopping it. Hair became much longer, on both males and females, skirts became shorter, then shorter still. Clothing turned flamboyant, with Eastern fashions favoured. Young people enjoyed "mixed" flatting and wondered why on earth they hadn't done so before. Pubs stayed open after six o'clock and the country didn't turn to mass alcoholism. A Wellington coffee bar, the Monde Marie, run by early premier

Above, a march for abortion rights in Wellington in 1973. Left, the Great Ngāruawāhia Music Festival in 1973. Below, Nick Bollinger.

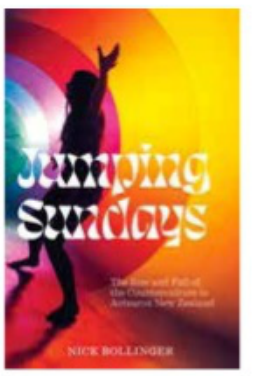
Dick Seddon's granddaughter, became the focus of folk music and political debate. As did a radical bookshop in Willis Street, called Resistance. A bunch of "pirates" started an offshore broadcast called Radio Hauraki and transformed that medium. A radical group called the Progressive Youth Movement challenged all authority and an anarchic magazine called *Cock*, edited by Chris Wheeler and modelled on Britain's *Private Eye*, made for hilarious reading.

IMPECCABLY RESEARCHED (except that journalist Geoff Chapple's surname is misspelt), Bollinger's book is written with clarity and confidence. First-hand reports by rebellious teenagers such as Rachel Stace enliven his accounts. There are also surprising revelations. Alister Taylor, publisher, entrepreneur and organiser of a 1968 conference called Peace, Power and Politics in Asia, was once a Young National Party member. Wheeler attended genteel Christchurch private school Christ's College.

The book covers similar ground to Murray Edmond's 2021 title *Time to Make a Song and Dance*, though Bollinger's account, not being confined to Auckland, is meatier. (Your reviewer was gratified to be officially labelled a "subversive element" when he was undergoing national military service, in 1969, and my 1988 novel *The Fools on the Hill* details much of what went on in 1960s Wellington.)

There are also many amusing asides in Bollinger's account. Afghan jackets, lined with lambskin, became a valued souvenir of Asia's increasingly popular "Hippie Trail" and a fashion accessory. Eventually, such jackets began to appear in menswear stores. This prompted writer Rosemary McLeod to remark wistfully: "I feel the magic goes out when it's in Vance Vivian's."

And no, the revolution couldn't be sustained. Just as San Francisco's Haight-Ashbury descended from hippie heaven into addiction and squalor, our revolution, too, lost its glamour. Communal living in places like Northland and the Coromandel, some supported by the Kirk government's Ohu scheme, fell apart. Someone – it may have been Tim Shadbolt – commented: "I've suffered both suburban neurosis and commune neurosis, and I can tell you that commune neurosis is much worse." ▮



Called to the wild

Romantic ideas drive a young woman to a remote island in this coming-of-age novel.

by CHERYL PEARL SUCHER

THE SEAPLANE ON FINAL APPROACH, *by Rebecca Rukeyser (Granta, $32.99)*

For many Americans, Alaska remains the final frontier, with its torrid, cruel seasons, its vast, unnavigable wilderness and its promise of death-defying adventure. For many of my peers in the US, Alaska was the preferred destination for their postgraduate overseas experience. Trading their backpacks, textbooks and boat shoes for fishermen's overalls, gutting knives, plaid flannel shirts and sturdy galoshes, they washed away fish guts and scales with lava soap and unscented hand lotion, drank beer and feasted on freshly caught salmon with diesel mechanics, ice truckers and gold prospectors.

This romantic mythos is what appeals to the fanciful Mira, the 18-year-old protagonist of American author Rebecca Rukeyser's chimerical yet solemn debut. Mira has been hired for the summer as the baker and housekeeper at the Lavender Island Wilderness Lodge (though there is no lavender in Alaska), located in the Kodiak archipelago on an atoll without roads, power or electricity other than that provided by a single generator.

This is not Mira's first Alaskan expedition. The summer before, she had been sent by her parents from the California sunshine to stay with her "marvellous aunt" in the hopes that the wilderness would "correct" her "waywardness" – the crime of being "interested in the dissolute ... focused almost wholly on the subject of sleaze".

While Mira's awakening is the novel's singular driver, her obsession with discovering the meaning of "sleaze", which she describes as "something to do with sex, something to do with danger ... but also ... something to do with other, more occluded, aspects of adulthood", is the novel's theme. At her aunt's home, she lusts after her aunt's 24-year-old stepson Ed, a commercial fisherman "missing one of his incisors ... [touching] his gumline softly, prodding it with the tip of his tongue, sucking it with a little snap".

The fulfilment of her awakened desire has propelled Mira to this isolated retreat, owned and managed by the married Maureen and Stu, who are the last of the Alaskan homesteaders. Mira hopes that, like her aunt, she will become Alaskan, no longer Californian, and will accidentally run into Ed, who will discover her beauty, meet her desire and give her life its singular purpose.

But this is a coming-of-age novel with a harsh, wry twist. Maureen and Stu's marriage is falling apart, as is their passion for the isolating Alaskan wilderness. Maureen greets every lodge guest with the cliché: "There is no bad weather in Alaska, only bad clothing." Tourists arrive in the hopes of experiencing unique adventures only to discover that every moment of their trip has been scripted. Fishing for halibut on the open waters has become mundane, bear sightings rehearsed as if on cue. Stu's roving eye, fuelled by drink, has grown bolder until his pursuit of one of Mira's young colleagues becomes a source of flagrant tension in his marriage.

JANINE KUEHN

Rebecca Rukeyser: plays with romantic notions of life in the Alaskan wilderness.

The carefully constructed facade of the lodge slowly unravels, not due to financial carelessness or the wildness of the landscape but due to the untrammelled passion of the island's inhabitants.

Though Mira is the novel's lead, she remains an observer of the tempestuous melée, not its central participant. Although this tale recounts her coming of age, her maturation comes as the result of recognition of the failures of others, not the failure of her own unrealised dreams. She is no longer naive, but her dreams remain intact. The second half of the novel fast-forwards into the future of many of these characters as if to provide necessary resolution. We see where their lives have gone but Mira remains as untethered as the young girl who arrived on the launch at Lavender Island. Still, this novel is beautifully written and there is a strange authenticity to Mira's dilemma: a young woman clinging to the lustful fantasies of youth, still searching for the true meaning of sleaze. ▮

Genetic twister

A sci-fi techno thriller pours on the pace and has superheroics in its DNA.

by ANDREW PAUL WOOD

Blake Crouch: his latest outing borrows a lot of ideas from elsewhere but is lots of fun.

UPGRADE, *by Blake Crouch (Macmillan, $37.99)*

The improbably named Blake Crouch, an American *New York Times*-bestselling author and screenwriter, hits a lot of zeitgeist anxieties with his new sci-fi thriller, *Upgrade*. It's an entertaining ride.

The Jason Bourne-esque protagonist, the also improbably named Logan Ramsay, dwells in an America recognisably a few years after tomorrow in a world wracked by climate change.

The definitive characteristic of this future America, aside from the inevitable authoritarian surveillance and soft-dystopian tendencies, is the banning of genetic modification.

Some years previously, Ramsay's mother developed a superpowered, widespread version of modern Crispr DNA-editing technology.

To quote Jeff Goldblum's character Ian Malcolm in *Jurassic Park*, "scientists were so preoccupied with whether or not they could ..." And to be sure, Michael Crichton is very much an inspiration here. A past genetics experiment resulted in a devastating famine.

Billboards sternly remind citizens of the illegality of tweaking genomes. Ramsay, repenting for his family legacy and his parent's Nietzschean ambitions, works for the Gene Protection Agency – yes, really – the government's iron right hand against would-be genetic meddlers.

In pursuit of his duties, Ramsay is badly injured in an explosion and forced into convalescence.

Unfortunately for Ramsay, as he recovers something seems to be happening to his brain. Subtly at first – and this is probably the only time subtlety comes into it – his concentration improves, he reads faster, his memory improves, he needs less sleep.

Ramsay's DNA has been hacked with a virus. Denial cannot be sustained as changes spread to his body and he begins to see his world in whole new ways. This is, in part, the changes to his biology, but also dark family secrets revealing themselves.

Ramsay must find out what exactly is going on while facing the possibility that he is the future of humanity.

While attempting to avoid the clutches of the GPA, who want to use him as a secret weapon, Ramsay must find out what exactly is going on while facing the very real possibility that he is the future of humanity.

This new humankind could come at a terrible price and there is quite a lotof moral wrestling over whether it might indeed be worth it.

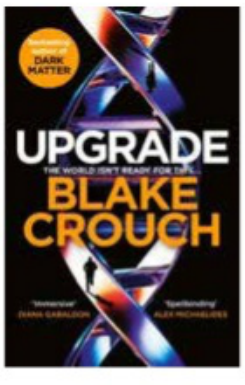
Of course, Ramsay's new abilities mean that he is the only person in the world who can get to the bottom of what's going on and maybe do something about it. This is, in effect, a superhero origin story.

Be prepared to commit. The complicated and rapid-fire twists and betrayals require concentration.

Most admirable is that Crouch deftly manages to keep the humans and humanity to the fore, without being overwhelmed by the technobabble.

Compared with other Crouch thrillers, such as the *Wayward Pines* trilogy and *Dark Matter*, *Upgrade* is less original.

Indeed, from *Blade Runner* to *The Matrix*, no trope is left unturned. Genre-redefining speculative fiction this isn't, but as a mostly fast-paced, immersive, intricately plotted blockbuster tech thriller, it's thoroughly enjoyable and a tonne of fun. ▮



MATTHEW STAVER

Searching high & low

An authoritative, detailed and sometimes-critical survey of the New Zealand arts scene.

by NICHOLAS REID

CULTURE IN A SMALL COUNTRY: THE ARTS IN NEW ZEALAND, *by Roger Horrocks (Atuanui Press, $45)*

Some things are made very clear in Roger Horrocks' survey of the arts. Even now, it's not easy for local artists of any genre to make a living by their art. In spite of some international hits, this country's art and literature remain largely unknown overseas. And, depressingly, there is still a strong strain of anti-intellectualism here, not helped by the pragmatic, money-focused neoliberalism that has been with us for the past 40 years.

Culture in a Small Country concentrates on the past eight decades of New Zealand arts. In sequence, it deals with the different forms: literature and publishing, visual arts, film, classical music and popular music, concluding with chapters on "the digital world" and the effects of the pandemic. Horrocks acknowledges that there is nothing on theatre, dance, jazz or craft and object art, but his 400 pages of text are as definitive an overview as one author could possibly produce.

Sandwiched between some chapters are interviews with creative people – the most heartfelt comes from film-maker Dame Gaylene Preston and the most substantial from musician Don McGlashan.

Horrocks has many legitimate worries about the arts now. In literature, international imprints have taken over New Zealand's book market like a reversion to the 1950s. Despite the huge proliferation of creative-writing courses, there are now fewer opportunities for debut writers to get published, he believes. Genre novels by Kiwi authors do reasonably well overseas, he says, so long as they are not set in New Zealand. Meanwhile, only 4% of books sold in this country are literary novels aimed at an adult readership.

GETTY IMAGES

Above, musician Don McGlashan. Below, film-maker Dame Gaylene Preston.

In the visual arts, there have been big advances in representation by women and greater visibility of Māori and Pasifika art. But there is still a general resistance to conceptual art and an odd tension between "the local, the national and the global" when it comes to visual styles.

Although our films have often benefited from subsidies, few break even, except on rare occasions when they attract international attention. Thanks to the international-focused Wētā

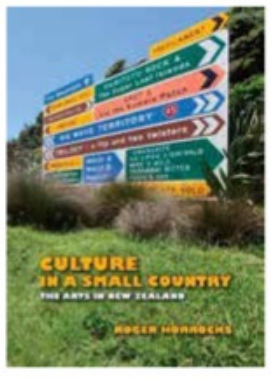
Workshop, says Horrocks, New Zealand film-making now divides into "an overseas-oriented field of large projects ... and a locally oriented field of small projects". Classical music gets slandered as "elitist" and RNZ Concert has had to fight for its future. Popular music is innovative and creative (Horrocks lingers over Flying Nun and the Otago sound), but international streaming and the internet mean it is often bypassed by its intended audience. There are many new forms of creativity, thanks to the digital age, but "young people are quick to assume that what is online represents the sum total of knowledge".

A little pushback is required, however. There has been an explosion of crime fiction set in this country in recent years, and historical fiction is doing well, too. Much book publishing here is run by overseas companies, it's true, although the latest New Zealand publishing report notes that local books generated more than $53.2 million last year. For what it's worth, most of the longlist at last year's book awards were from university presses or independents – and all of the winners. Meanwhile, new publishers are flourishing, even if they are tiny, nimble and bare bones, based around very small print runs. Te reo Māori publishing recorded an increase of 40% in unit sales, on the back of a 24% rise in 2020. Screen-production revenue even five years ago was $3.5 billion, pushed by international productions, although it's worth noting recent local release *Whina* has taken more than $1m at the box office. And although Six60 are probably the only local act capable of filling Eden Park, dozens of Kiwi bands are doing well overseas now.

Our arts culture "will need to be rebuilt almost from the ground up because of the digital revolution and the pandemic".

Horrocks is an insider who has served as deputy chair of NZ On Air. He knows in detail about arts policy and funding and can be scathing about how these things have sometimes been handled. When it comes to the pandemic, he praises the government for the way it dealt with the infection itself, but chastises Creative New Zealand and the Ministry for Culture and Heritage for their poor response to the arts at that time.

Does all this add up to a dyspeptic series of complaints? Not at all. Horrocks celebrates in detail what has been achieved and what has the potential to be achieved. The names of genuinely creative New Zealanders jostle on the pages. He uses relatable language and takes "low" culture as seriously as he takes "high" culture. He doesn't necessarily propose solutions to what ails the arts, other than to say our arts culture "will need to be rebuilt almost from the ground up because of the digital revolution and because of the pandemic". But if you are at all interested in New Zealand culture, this is a must-read. ▮



Roger Horrocks will be speaking at a free event at the Auckland Writers Festival on Tuesday, August 23.

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Infernal pursuits

An incisive and darkly funny story collection set in the gig-economy milieu.

by PAUL DIAMOND

AN EXCITING AND VIVID INNER LIFE, *by Paul Dalla Rosa (A&U, $32.99)*

The 10 stories in this debut collection are exquisitely drawn portraits of lives in free fall.

Melbourne-based writer Paul Dalla Rosa places his (often-Australian) protagonists in settings around the world. Sometimes these are in the upper reaches of society – luxury hotels in Dubai, a high-end fashion store in Melbourne – or further down the scale, such as the Pancake Saloon, which serves "pancakes drenched in concentrated high-fructose corn syrup" 24 hours a day, seven days a week in a strip mall.

Invariably, the individuals in the stories are chasing something: a better career, money, enlightenment. In the case of the hapless teenager in "The Fame", who relocates from Adelaide to the Gold Coast, it's settling on a first career: "I was a triple-threat – a dancer, singer, actor – and then some. I had it, and it was going to make me famous. I just didn't know exactly when or how." Even when this quest leads to a blackly comedic sexual encounter, the narrator, like the others in this book, keeps pursuing his dream.

The self-absorbed characters don't necessarily lack self-knowledge. The 18-year-old narrator of "Life Coach" knows that "algorithms, data streams merging with my data history" are responsible for the adverts he sees. When an ad for a Buddhist monastery deep in China pops up, he sees this as "connected to a deeper meaning". He uses the term-deposit money from his financial-planner parents to travel to China, woefully ill-prepared, with bleak results.

In "Charlie in High Definition", a couple need a roommate to afford their dream apartment in Brooklyn. When their Maine Coon cat starts attacking the roommate, Emma takes charge of the situation while her partner is out of town. It's not really a spoiler to say the cat wins, big time.

The precarity of "flexible" 21st-century working life is a recurring theme. Sam, the 19-year-old dishwasher in "Short Stack", lacks insurance and is unable to pay for an MRI after he's injured at work. At home, he racks up credit card debt buying gifts for an internet cam boy.

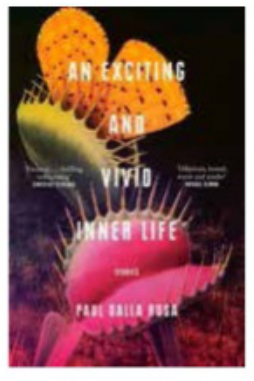
"He closes his eyes and freezes like she is a T-Rex. If he doesn't move, she will not see him."

In "Contact", a woman competes for a job in a call centre but is given diminishing amounts of work and the office conditions deteriorate. Finally, black-clad consultants declare "the office is over" and the woman is answering calls at home, sitting cross-legged on her bed. Needing a roommate, she opts for a gay man, as she'd heard that "homosexuals were naturally neat". Just how far off the mark this proves to be is a source of bleak mirth.

Dalla Rosa's writing style – variable sentence length and clever repetition – creates a rhythm that contributes to the mounting tension characteristic of each story. There are some great similes. Sam, the pancake-parlour worker, has a belly like "a smooth milk bun". When the call-centre worker sees her psychologist on a tram, "he closes his eyes and freezes like she is a T-Rex, and if he doesn't move, she will not see him".

"An MFA Story" follows an Australian man who wins a place in a writing programme at a university in upstate New York. The scholarship doesn't cover the semester breaks, and the 29-year-old seeks work on the Craigslist website. After a perilous stint clearing foreclosed apartments in the middle of the night, he decides to sell sex online. His second trick makes off with his roommate's laptop. A recurring motif about not writing during the break, and the poor prospects of anyone reading his stories, is wryly funny, given that what happened in the break has been retold as a brilliant story.

The tragic figures in this book reminded me of the narrators in Alan Bennett's *Talking Heads* series. "Yes, this was terrible," they say, "but that's how things worked out." Unlike Bennett's characters, I'm not sure all those in this book would survive to tell their own stories. ▮



Paul Dalla Rosa: varies sentence length and uses clever repetition to help build tension.

ALAN WEEDON

Tides of war

A family saga of separation and danger is set in an Asia beset by conflict.

by DAVID HILL

A MESSAGE FOR NASTY, *by Roderick Fry (Awa Press, $40)*

With Hong Kong again virtually invaded and repression growing, there's an extra relevance to this first novel by New Zealand-born, Paris-based designer Roderick Fry.

Actually, is it a novel? More of a novelisation, I reckon, unattractive though that word is. As the introduction makes clear, this is essentially a record, enhanced and dramatised, of the extraordinary ordeals and journeys endured by the author's grandparents after Japanese forces came swarming into Hong Kong and Singapore during World War II.

Marie and Vincent live a comfortable existence in the British settlement. She (part Portuguese, part Chinese) has four amahs to help her look after as many kids. He (thoroughly Anglo-Saxon) is a highly qualified salvage engineer. War brings shocking irruption and inversion, a useful premise for any story.

Marie endures insult, assault, looting and internment; she tries to hide her children from the sight of Sikh troops beheaded in a nearby street. Vincent, at work 1500 miles away in Singapore, has to flee by boat under air attacks to the Dutch East Indies (1940s terms are appropriately used throughout), and on to Australia.

He then makes the remarkable and remarkably low-key decision to head for India, to try to reach China and his family.

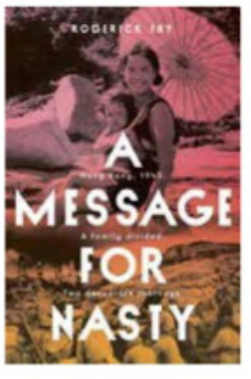
LAURENCE VARGA

Roderick Fry: works assiduously to take us inside his protagonists' heads.

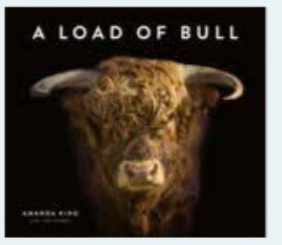
It takes him two exhausting, perilous months, from Bombay to Calcutta, across Burma, to southern China. He's racked with dysentery, has to evade enemy patrols, travels by taxi, postal truck and on foot. As I say, remarkable.

She, meanwhile, uses bribery and unexpected contacts to make for Macau and then Free China, taking children and servants. A vital message is destroyed; a midnight meeting outside a Pan Am office is arranged. It won't be a spoiler if I tell you that the good people win through. Substantial biographical and historical notes at the end satisfy your curiosity regarding the protagonists' lives pre- and post-novel.

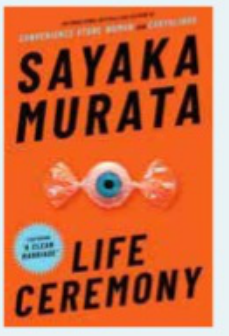
Fry's writing is clear, conventional and occasionally adjective-laden. Events happen at a steady, mostly uniform pace. We're told a lot of things rather than shown them, although the author works assiduously to take us inside his protagonist' heads. Fry has spent more than a decade on this book, and you sense it has been a fulfilling one for him to write. He has paid his dues to two significant figures in his life, acknowledging that love can, indeed, sometimes conquer just about anything. ▮



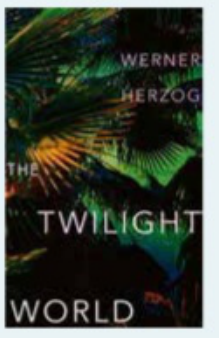
Short cuts



Who knew we had more than a dozen varieties of bovine in the country, including the pale Charolais, the big-boned Limousin, the singular Texas Longhorn and the rare Zebu? If you love the sight of these stocky gals and guys grazing in the long, leafy distance, you will appreciate the care Amanda King, a transplant from Brisbane, has taken in lovingly photographing them up close and odorous. Her art prints of our beefiest fellows sell all over the world, and she has pulled together the best for her handsome hardback **A LOAD OF BULL** *(Penguin Random House NZ)*.



Sayaka Murata is back with her first collection of short stories to be translated into English, **LIFE CEREMONY** *(Granta)*. Murata shocked many with her English-language debut novel *Convenience Store Woman*, with its unusual cocktail of deadpan humour and satire, pushing against social norms and taboos. The squeamish and those new to Murata's stories may be put off by this collection's nonchalant attitude towards death, cannibalism and intimacy. But she has cemented herself as one of Japan's most exciting writers. Said the *Guardian*: "The author's plain, clear observational style makes the stories strangely believable, easy to read and hard to forget."



In his first novel, **THE TWILIGHT WORLD** *(Bodley Head)*, Werner Herzog, director of the likes of *Fitzcarraldo* and *Grizzly Man*, explores a long-held obsession: Hiroo Onoda, the Japanese soldier who defended an island in the Philippines for 29 years after the end of World War II. It hews to his familiar cinematic themes, said the *New Republic*: "Man against nature, the thin line between dreams and reality, the tireless search for meaning in a meaningless world." The prose is classically Herzogian, including the author's note: "What was important to the author was something other than accuracy, some essence he thought he glimpsed when he encountered the protagonist of this story." ▮

Creative fragments

An experimental novel is woven through with writers rebelling against the constraints of their era.

by MARCUS HOBSON

AFTER SAPPHO, *by Selby Wynn Schwartz (Text Publishing, $37)*

This year's UK Booker Prize has three debut novelists on the longlist of 13. *After Sappho* must rank as the most experimental. The book charts the lives of a group of feminists, sapphists, artists, writers and actors through the late 1800s to the 1920s.

Just as Sappho, poetess of ancient Greece, exists mainly in fragments, so this book chooses a splintered style to leap back and forth between characters, time periods, novels, plays and lives.

The chapters follow the fortunes of various women who rebel against an outdated order of society: against the suppression of women, their treatment as property and their marriages to unsuitable men. One thread traces the affair between Sibilla Aleramo and the "golden eyed poet" Lina Poletti, and weaves their exchanged letters throughout the book "like hushed breaths on the back of your neck". Another follows the arrival of William Seymour, a London cabman from 1875, which seems oddly out of place until we learn his real name was Margaret Honeywell. We never learn his wife's name.

New characters constantly emerge. Eventually, we settle into a rhythm where names are often repeated. A few are Italian writers who are probably unknown to many English-speaking readers. Schwartz is a scholar of French and Italian comparative literature, and her feminist selections are drawn heavily from this milieu, although more familiar names begin to arrive: Colette, Sarah Bernhardt, Virginia Woolf, Vita Sackville-West.

Fleeting appearances: Virginia Woolf. Below, Selby Wynn Schwartz.

Themes of feminine creativity constantly circle fluid identity; names and sexes will change until they settle on something suitable. Just as the fragments left by Sappho are scattered through the book, so characters make only fleeting appearances. One, Italian poet and feminist writer Sibilla Aleramo, could be describing the book when she says, "Some acts can only be written as fragments." Words and language are another theme, with some technical grammar having its moment to shine.

"Bit by bit they laid out their lives for each other as if they were swaths of coloured fabric on the table."

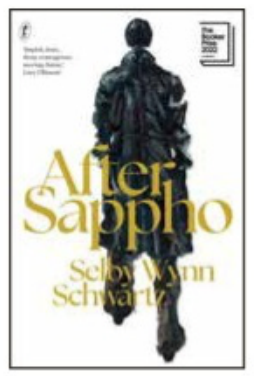
"In ancient Greek, to utter a wish or a hope, there is the optative. The optative is a mood, almost a feeling. It hovers in the air just outside of time or subject, wistful in colour, its edges tinged with foreboding."

These asides are where the writing excels and where the pleasure lies for the reader.

As we progress, there is more from Woolf and her lover, Sackville-West. We watch Woolf developing her inspiration for a novel until, at last, she fixes on the idea of *Orlando*. The pair write each other, making each other up: "Bit by bit they laid out their lives for each other as if they were swaths of coloured fabric on the table." Woolf's love-letter novel was, in 1928, a landmark in the writing of sexually fluid characters.

At one point, we see Woolf stitching the spine of a book she published at the Hogarth Press. It reminds of Jeanette Winterson's fine collection of essays, *Art Objects*, in which she talks about the joy of owning early first editions from the Hogarth Press, just for the knowledge that they were once handled by Woolf herself.

What impresses most about the book is that although the fragments are set a century ago, the novel feels modern and contemporary. It's unlikely it will win the Booker, but it's gratifying to see it set before a wider audience. ▮



GETTY IMAGES

Finding our voice

An energetic history of how our foreign service helped shape the nation.

by CHRIS MOORE

David Lange: advised not to speak at the famous Oxford Union debate in 1985.

NEW ZEALAND'S FOREIGN SERVICE: A history, *edited by Ian McGibbon (MUP, $60 hb)*

While no book should ever be judged by its cover, this long overdue history of our foreign service appears outwardly to be the epitome of polished diplomacy: well-presented, discreet and educated. But all is not what it seems in a history that delivers some valuable insights into the world beneath that unruffled exterior. It emerges in the book, which was commissioned by the Ministry of Foreign Affairs & Trade, that many senior public servants, notably in the early years of New Zealand diplomacy, held highly disparaging views of their political masters. One privately damned his minister in the late 1940s as "inordinately vain" and "still a journalist rather than a minister", while portraying the then prime minister as "an ass". The feelings were often mutual and barely concealed as the thought processes of politicians and public servants collided.

In those early decades, human and political rivalries, clashing personalities and differing visions, shared goals, pragmatism and global politics created a rough playground in which to grow up, especially at the beginning when a young "settler colony" worked to shrug off its ties with Mother England. The book traces those first faltering steps towards independent statehood through to the emergence of New Zealand on the world stage following World War II. This is more than history – it's the portrait, warts and all, of how a country can mature and gain confidence in its own destiny and voice. Meanwhile, the book claims, this evolutionary process was being undercut: many governments of the day regarded foreign affairs as an expensive luxury and were busily whittling away the departmental funding.

There have been many clashes over what the department's political masters ought to say publicly. In 1985, the secretary of foreign affairs strongly advised the prime minister, David Lange, not to address the Oxford Union on nuclear weapons, as it could offend our Anzus partners. A senior diplomat even attempted to edit the damaging lines from Lange's script – unsuccessfully, because the prime minister proceeded to ad-lib the offending remarks with gusto. While certainly no kiss and tell book, the anecdotes inject energy into what could have easily been a dry governmental saga rather than the absorbing story of how a remote, small, liberal democracy evolved its own international voice.

The book traces the growth of transnational threats, especially the erosion of the rules-based world order.

The writing is crisp, factual and lucid, a satisfying result considering the potential risks of involving five different writers to provide a detailed survey spanning more than 80 years. But Ian McGibbon, who has worked as a historian in several ministerial departments, has marshalled the forces of Steven Loveridge, Hamish McDougall, Diana Morrow, Anita Perkins and Joanna Spratt to produce this seamless who, why and where of this country's diplomatic service.

The world of 2022 is vastly different to the times when New Zealand hesitantly launched itself on to the world stage. Diplomacy and the exercise of foreign policy now confront the hard, complex realities of a world in a state of dangerous flux. In its final chapters, the book traces the growth of transnational threats, especially the erosion of the rules-based world order that has underpinned international relations throughout the service's existence. The reader is left with the sobering sense that the biggest test is still to come. ▮

GETTY IMAGES

STAT OF THE WEEK

Stats NZ Tatauranga Aotearoa

Number of marriages in New Zealand in 2021 ...

... the lowest since WWII

Learn more at **stats.govt.nz**

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♠ K J 10 3
♥ 8 7 3
♦ 10 6 3
♣ K Q 3

EAST
♠ Q 6 4
♥ K 10 9 6 4 2
♦ 9 7
♣ J 9

SOUTH
♠ A 7 2
♥ A Q J
♦ A Q 5 2
♣ 7 5 2

Love all, dealer East

West	North	East	South
—	—	2H	2NT
Pass	3NT	All Pass	

This is a defensive problem, so take the East cards. You open with a weak two-bid in hearts. The opponents bid to 3NT and your partner, West, leads the eight of hearts. It is clear from the high spot-card lead that declarer holds the ace, queen and jack of hearts. If you play "third hand high", contributing the king to the first trick, declarer will score three heart tricks. Since he has six top winners immediately available in the other three suits, he will make his contract easily. Declarer cannot make three heart tricks under his own steam, and you should play a discouraging two of hearts on the first trick. Declarer will win with the heart queen and lead a club, hoping to establish that suit. West plays the three of clubs, covered by dummy's eight, and you win the trick. Persevering with hearts is no good because declarer will score the nine tricks already mentioned. Instead, you should switch to spades. Declarer will hold up the ace of spades until the third round, exhausting you of your spades, and then play another club. He cannot establish the clubs without West gaining the lead with his K-Q. The 13th spade will then be the setting trick. As you see, West could not afford to split his club honours on the first round (nor if he had been dealt Q-J-x in the suit). Declarer could then have played low from dummy, won the third round of spades, and ducked a club into the safe East hand.

BIDDING QUIZ

WEST
♠ 10 2
♥ K Q 8 2
♦ 8 5
♣ A 10 9 6 4

West	North	East	South
Pass	Pass	1H	Pass
?			

What will you respond on this West hand? (Answer on page 58.)

TAKE 5 by Simon Shuker

1	2	2	■	3	4	1
5	■	6	■	5	■	4
7	■	4	8	8	■	1
■	2	9	■	4	9	■
2	■	4	3	5	■	8
7	■	2	■	10	■	2
7	5	9	■	5	1	1

No.1427

Enter the letter given, then solve.

2 = O

Solution 1426

■	L	A	P	T	O	P
P	■	■	I	■	■	E
R	■	T	E	A	■	O
O	R	E	■	N	A	P
P	■	N	O	T	■	L
E	■	■	A	■	■	E
R	I	O	T	E	D	■

BARDEN'S CHESS PROBLEMS

Alexander Areshchenko v Zbyněk Hráček, European Championship, Minsk, 2017
How did White (to play) score a speedy victory here?
(Answer on page 58.)

QUIZWORD by Alan Shuker

Puzzle No 1663

Clues across

1. Who travels in a peloton? (8)
7. What is a simultaneous discharge of guns in a battle? (5)
8. Pearls are traditionally given on which wedding anniversary? (9)

9/10. Who suggested to Anthony Dominick Benedetto that he use the name Tony Bennett? (3,4)

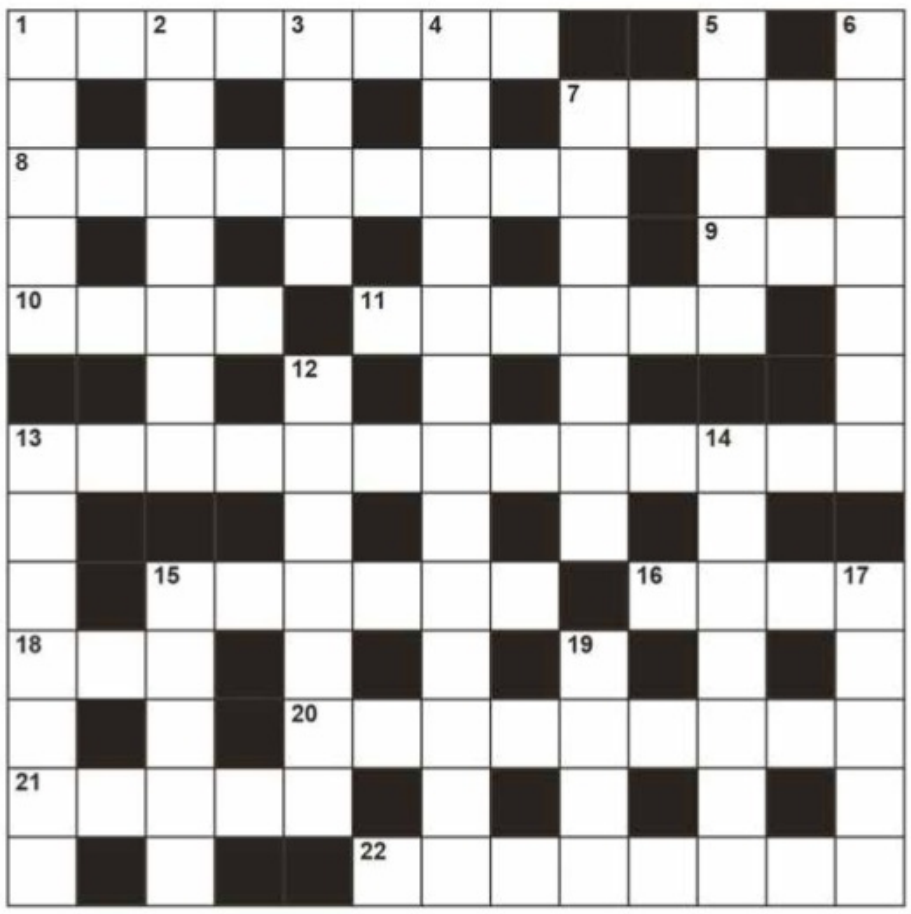
11. What city is considered the official gateway to the Great Barrier Reef? (6)
13. In *Absolutely Fabulous*, who stars as Edina's mother? (4,9)

15/16. Tennis player Novak Djokovic is chasing whose long-standing world record of a total of 377 weeks at the No 1 ranking? (6,4)

18. What is a small island in a river? (3)
20. Auctioned and cautioned are anagrams of what? (9)
21. The first restaurant in the British Isles specialising in what dishes opened in London in 1810? (5)
22. Which American state gained an estimated one million trees, planted on the US' first Arbor Day in 1872? (8)

Clues down

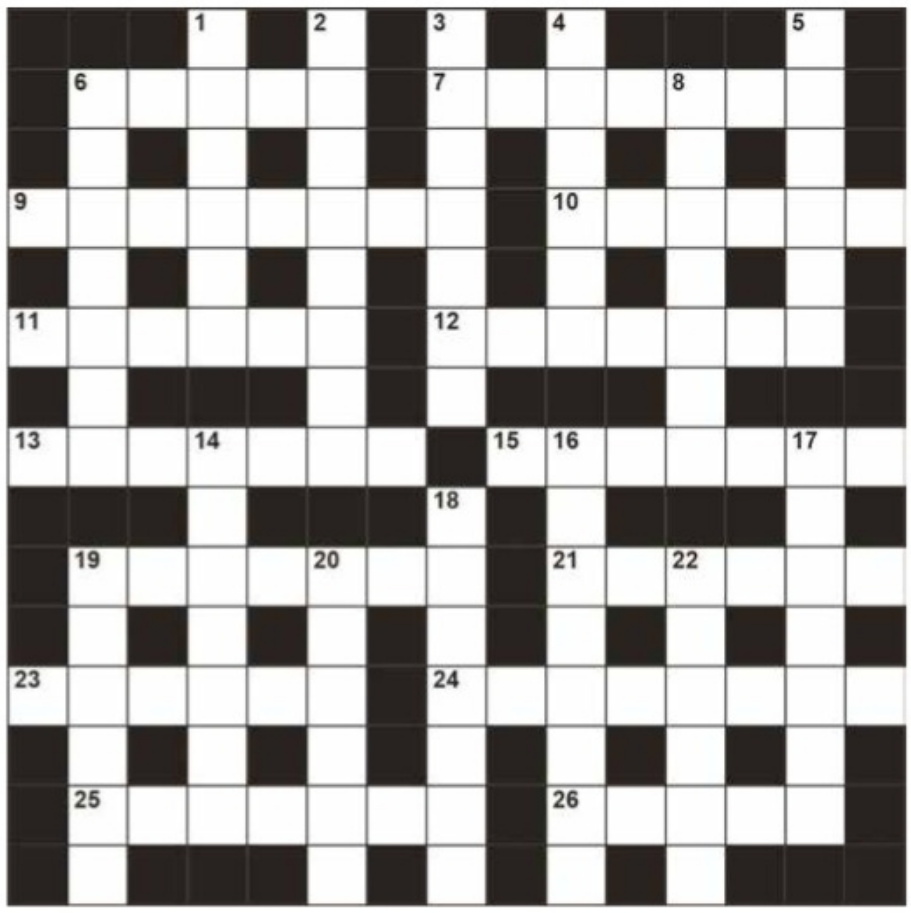
1. What word can precede fire, up, on? (5)
2. Which fleeing murderous doctor was the first person arrested due to wireless telegraph? (7)
3. What letter is between theta and kappa in the Greek alphabet? (4)
4. At which 1791 opera premiere did Mozart conduct the orchestra, then die less than 10 weeks later at age 35? (3,5,5)
5. Which card suit corresponds to acorns in a traditional German pack? (5)
6. What is a pop group of young males, geared especially to a teen audience? (3,4)
7. What was John Wayne's role in *Rio Bravo*? (7)
12. Which 1970s British television police drama (*The* ____) stars John Thaw and Dennis Waterman? (7)
13. What is the only country whose national flag does not contain red, white or blue? (7)
14. What insects commonly hide in dahlia flowers during daytime? (7)
15. Singer Rihanna has a trail of what tattooed on her neck and back? (5)
17. Which American actor and political activist has first names Jane Seymour? (5)
19. The song *Good Morning Starshine* is from which musical? (4)



Solution 1662 Across: 7 Eleven, 8 Stroke, 10 Gnocchi, 11 Rotor, 12 Unit, 13 Osier, 17/18 Bruno Mars, 22 Pan Am, 23 Ecuador, 24 Atwell, 25 Garlic. **Down:** 1 Belgium, 2 Segovia, 3 Mecca, 4 Starlet, 5 Volta, 6/9 Henry Kissinger, 14 Crumble, 15 Gandalf, 16 Ostrich, 19 Spray, 20 Snowy, 21 Cuban.

CROSSWORD by David Tossman

Puzzle No 1295



Clues across

6. Run into ray or another sort of fish (5)
7. Bad bad foreboding in the belly (7)
9. Send stew in icecream container to make it take up less room (8)
10. Pointed remark I start to expect from doll (6)
11. Little animal hugs her little angel (6)
12. Drunk wins keg for doing the twist (7)
13. Maid, you might say, reacted badly (7)
15. Assault committed in cells shows where the power is (7)
19. Lured into being made less overmodest? (7)
21. Coverage consists of article in transcript (6)
23. Related to collector of commandments set in stone for decoration (6)
24. Most definitely at home with the diggers (2,6)
25. Hush-hush engineering to cause sweat for example (7)
26. Sways and does so very successfully (5)

Clues down

1. Manuscript assessor writes about articles in English and German (6)
2. Compliant, like a prayer in the end? (8)
3. French region on thoroughfare where most Chinese people live (3,4)
4. Bleed badly when eating one food (6)
5. Indulging in alcohol after doctor dismissed so putting pen to paper (6)
6. Monk in massage parlour changed sides in the end (7)
8. Leftie has kiss when embraced by a member of the Society of Mary (7)
14. Very old support for aqueduct, for example, based on first-class construction in the first place (7)
16. In Gothic romances, trysts involve blood (8)
17. Topless covers for knockers (7)
18. Notified tot, about five, is European (7)
19. Get rapier back at end of day when half asleep (6)
20. It sounds like hard work for the rabbiter (6)
22. Subtlety of meaning is lost from a pain in the neck (6)

Solution No 1294

■	C	A	P	T	A	I	N	■	C	L	I	M	B	■
■	H	■	A	■	N	■	I	■	A	■	C	■	A	■
F	A	I	R	L	Y	■	G	E	T	R	E	A	D	Y
■	N	■	L	■	L	■	H	■	C	■	F	■	M	■
S	T	O	O	D	O	U	T	■	H	E	L	D	I	N
■	■	■	U	■	N	■	I	■	■	■	O	■	N	■
■	S	P	R	O	G	■	E	L	E	V	E	N	T	H
■	C	■	■	■	E	■	■	■	U	■	■	■	O	■
B	A	D	G	E	R	E	D	■	C	H	A	I	N	■
■	T	■	A	■	■	■	E	■	H	■	B	■	■	■
S	T	U	N	T	S	■	C	O	A	R	S	E	S	T
■	E	■	A	■	W	■	O	■	R	■	C	■	P	■
A	R	M	C	H	A	I	R	■	I	R	O	N	E	D
■	E	■	H	■	N	■	U	■	S	■	N	■	A	■
■	D	R	E	C	K	■	M	A	T	A	D	O	R	■

su | do | ku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

			9			2	8	
6					5	4		
						9		7
	1		3					8
			4		1			
5					7		3	
7		5						
		4	8					1
	6	2			9			

840 MEDIUM

	1		4	5			2	7
	2							
		6		2	3	5		
		1			4		9	
	8		2			3		
		3	8	7		6		
							1	
1	7			6	9		5	

651 HARD

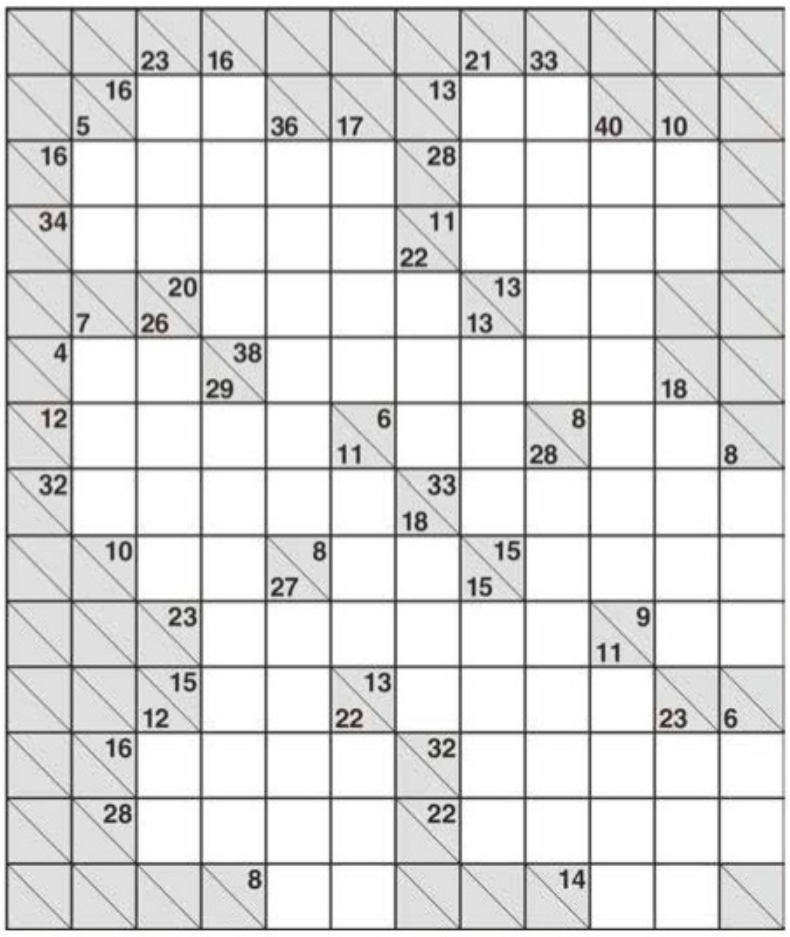
LAST WEEK'S SOLUTION

1	4	6	8	2	7	5	9	3
2	8	3	9	1	5	4	7	6
7	9	5	6	4	3	2	1	8
6	7	8	5	3	1	9	4	2
4	2	9	7	6	8	3	5	1
3	5	1	4	9	2	6	8	7
9	1	4	3	7	6	8	2	5
8	3	7	2	5	4	1	6	9
5	6	2	1	8	9	7	3	4

LAST WEEK'S SOLUTION

4	6	5	8	9	7	3	2	1
2	7	8	4	3	1	5	9	6
3	1	9	2	5	6	7	8	4
7	3	6	9	2	4	1	5	8
8	9	1	3	6	5	4	7	2
5	2	4	1	7	8	6	3	9
6	8	3	5	1	2	9	4	7
1	5	2	7	4	9	8	6	3
9	4	7	6	8	3	2	1	5

KAKURO 814



1. Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

	2	1			1	5			1	2
6	3	2	1		3	7		3	8	1
9	4	7	3	1	8		2	1	6	
7	1		6	9		7	1		5	9
	6	2	7		3	1	4		3	8
		7	8	5	9	2		1	2	4
8	4	5	9	2		3	1	2	4	6
7	3	1		7	9	8	2	6		
9	5		1	4	5		3	9	4	
4	2		3	1		9	5		6	2
	6	8	2		9	3	4	1	7	8
3	1	4		5	1		7	5	8	9
9	7			2	3			4	9	

BRIDGE BIDDING QUIZ SOLUTION

Since you are a passed hand, you can express your values with a jump to 3C. This shows a good club suit and an excellent fit for hearts. If, instead, you held a near opening bid with long clubs, you would just bid 2C, not expecting to miss a game if partner passed this response.
Awards: 3C – 10, 3H – 8, 4H – 5, 2H – 3.

CHESS SOLUTION

1 Rxf6! gxf6 2 Kb2 Rxa4 3 Nc5+ and 4 Nxa4 wins.

10 QUICK QUESTIONS ANSWERS

1. Folly.
2. Gate Pā is today a suburb of Tauranga.
3. Butterfly.
4. Claude Monet.
5. Three.
6. Smoking, under the Juvenile Smoking Suppression Act 1903, which was rarely enforced.
7. *No Ordinary Sun*.
8. Marlon Brando.
9. Algeria.
10. Lhasa Apso.

LOGIC PUZZLE ISLAND WEATHER

The weather report for the four coasts of a large island became confused, but the meteorologist remembered the following facts:

1. Regarding the forecasts for 23°C and 29°C, one was for a sunny day and the other was for the north coast.
2. The storm area reached a maximum temperature of 6°C greater than the coast with drizzle.
3. The north coast had either a high of 29°C or was overcast.
4. The south coast's maximum temperature was 3°C higher than that of the west coast.

Using these clues and the grid below, can you work out the details of each coast's weather report?

		COAST				WEATHER			
		North	South	East	West	Sunny	Overcast	Drizzle	Storm
TEMPERATURE (°C)	20								
	23								
	26								
	29								
WEATHER	Sunny								
	Overcast								
	Drizzle								
	Storm								

You may write your answers in this grid:

COAST	WEATHER	TEMPERATURE
North		
South		
East		
West		

CLUELESS CROSSWORD

Each letter of the alphabet is represented by a different number from 1 to 26. Use your knowledge of English to solve the crossword. Some clue letters are given.

2	20	4	23	7	■	■	■	17	6	20	19	5
13	■	6	■	12	14	1	20	16	■	19	■	16
4	20	25	5	23	■	12	■	22	6	25	16	12
19	■	23	■	25	12	14	15	16	■	23	■	18
18	4	6	12	5	■	5	■	L	6	5	5	16
■	14	■	23	■	■	16	■	■	20	■	2	■
■	D	23	S	1	20	18	5	16	7	21	13	■
■	16	■	3	■	■	8	■	■	23	■	4	■
18	4	6	18	2	■	20	■	18	14	10	16	12
2	■	18	■	14	9	16	12	5	■	14	■	6
6	21	11	2	6	■	21	■	16	19	19	20	23
22	■	23	■	12	2	13	4	16	■	1	■	19
21	20	26	23	7	■	■	■	11	12	14	24	13

1	2	3	4	5	6	7	8	9	10	11	12	13
						D						
14	15	16	17	18	19	20	21	22	23	24	25	26
				S			L					

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

SCATTERWORD

Your aim is to create words of four letters or more using the given letters once only but always including the middle letter. Do not use proper names or plural/verb forms which add only "s".

See if you can find the nine-letter word using up all the letters.

18 GOOD

22 VERY GOOD

25+ EXCELLENT

PERMUTATE TEMPERATE

Your aim is to change the top word one letter at a time, each time rearranging the letters to create a new word. Perform one such permutation for each blank line below until you arrive at the last word. There is usually more than one correct solution. See how many you can find in 15 mins.

H E A V Y

_ _ _ _ _

_ _ _ _ _

_ _ _ _ _

_ _ _ _ _

C L O U D

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Last week's solutions. Logic Puzzle: Brad played the saxophone at 10.00, Lee played the guitar at 10.15, Val played the trumpet at 10.10 while Yvonne played the violin at 10.05. **Scatterword:** TAXONOMIC, anomic, manioc, mantic, action, atonic, cation, motion, manic, antic, canto, cotan, taxon, tonic, toxin, cant, main, mina, anti, moan, noma, axon, coin, icon, mint, minx, into, mono, moon, on to. 30 words. **Permutate:** MUSIC, CUMIN, MANIC, GAMIN, AMONG/MANGO, TANGO **Clueless crossword:**

1	2	3	4	5	6	7	8	9	10	11	12	13
V	K	L	Q	G	S	O	U	W	D	I	E	M
14	15	16	17	18	19	20	21	22	23	24	25	26
R	T	A	X	B	Y	F	Z	N	H	C	J	P

1

Forging the Rings

The creators and cast of Amazon's epic series *The Rings of Power* talk about the show's relationship with JRR Tolkien's writing, the movies and departing New Zealand after filming just one season. **by RUSSELL BAILLIE**

MATT GRACE

Leon Wadham was at primary school in Wellington when the *Lord of the Rings* films first arrived 20 years ago, and at drama school when *The Hobbit* trilogy delivered its encore. So, while Peter Jackson's forays into JRR Tolkien's Middle-earth helped launch the careers of many local actors, Wadham figured for him that particular ship had long since sailed.

"I did not see a universe where there was a role for me in one of these Tolkien stories, so it's completely surreal to be involved in one now."

Today, Wadham sits talking to the *Listener* from Los Angeles, where he's one of 20 or so lead characters gathered for promotional duties for Amazon's *The Lord of the Rings: The Rings of Power*, the series otherwise known as the most expensive television show ever made.

Despite the series being made here, he's the only Kiwi among the throng of Brits, Americans and Australians talking up the show as it heads to its debut. Presumably, it will be Wadham's turn to up

2

3

1. Wellington's Weta Workshop helped with the Orc prosthetics. 2. Morfydd Clark as Galadriel. 3. Benjamin Walker as Gil-galad. 4. Cynthia Addai-Robinson as Míriel. 5. Owain Arthur as Prince Durin IV.

5

4

sticks for the UK for the show's second season after Amazon's surprise decision last year to relocate it after finishing the New Zealand filming on the first season, which was given a taxpayer-funded rebate of some $162 million for the $650 million spent. The official reason for the departure is that Amazon is consolidating its screen production in the UK facilities it has invested in. With film-making technology being what it is, New Zealand landscapes already captured on camera may be dialled into the backgrounds of shots for years to come.

While it was here with a production based in Auckland, there wasn't much Wellywood involvement, despite the past connections. Weta Workshop knocked up swords and Orc prosthetics while Weta Digital was one of a group of companies working on the first season's reported 9500 visual-effects shots. Jackson wasn't involved, after Amazon made an initial approach years ago, then cut off contact. Still, it has been Middle-earth around here for a while.

"As a New Zealander and as a Wellingtonian, I found it never crossed my mind that we could tell the story anywhere else," says Wadham.

"I'm also really grateful that regardless of whether we're going, we started the story here. I don't think we could have started anywhere else."

Predictably, the international cast have only nice things to say about their time in New Zealand and diplomatic things to say about the production shift to the UK.

"One of the great privileges of being an actor is getting introduced to a culture, and you're not on the tourist trail," says UK actor Lloyd Owen, who plays the heroic figure of Elendil. "So, you get to know people from the town you're in, and you get invited to people's homes. I had so much more planned to do on my return, but my return will just have to come a little bit later and as a tourist."

Predictably, the international cast have only nice things to say about their time in New Zealand.

WADHAM PLAYS KEMEN, the nobleman son of Ar-Pharazôn, the last king of the Atlantis-like island kingdom of Númenor. While Ar-Pharazôn, who is played by Welsh actor

Trystan Gravelle, loomed large in Tolkien's various Middle-earth histories, Kemen isn't part of the canon. Nor are many of the main characters in the show, which is set in the Second Age that Tolkien chronicled in the appendices to *The Lord of the Rings*, and told of Sauron's rise to power.

Playing a non-Tolkien character in a Tolkien universe was fine, says Wadham. "Certainly, I thought, as much as I am not in the lore, there are footholds there. There are clear parameters, and then there's room to dream. All of us had foundational stuff we were all building together, regardless of whether or not it was a character people may know."

But the liberties taken by showrunners JD Payne and Patrick McKay, in taking the sprawling mythical Second Age history and building a coherent *LOTR*-like saga upon it, has had some of the Tolkien faithful in online troll mode since the production was announced.

McKay appears to be a man who isn't much worried about the disapproval. Making stuff up that wasn't in the books for the screen is something both the movie trilogies did – especially *The Hobbit* in its efforts to stretch the slim volume into another epic.

It was Payne and McKay's pitch about creating a story that wasn't a retread, a prequel or a spinoff based on a familiar *LOTR* character that convinced Amazon. The company paid a mammoth US$250 million to the Tolkien estate for the television rights. The deal involved Amazon boss and weekend astronaut Jeff Bezos, who insisted the streaming platform needed its own *Game of Thrones*.

The pair's hope was that *The Rings of Power* could stand on its own and even expand on the world already seen in the films, but still keep faith with the Tolkien universe.

As Payne told *Empire* magazine: "In his letters, Tolkien talked about wanting to leave behind a mythology that left scope for other minds and hands, wielding the tools of paint, music and drama. We're doing what Tolkien wanted."

"Tolkien talked about wanting to leave behind a mythology that left scope for other minds and hands."

Creating many new characters was necessary to do that, McKay tells the *Listener*. But the writers were fans who were steeped in the lore.

"What's so wonderful about Tolkien as an author is every leaf has a history, every mountain has a story of something that happened there. Every ruin that you encounter in Middle-earth has had three adventures that have happened there in prior ages.

"Part of the joy of reading *The Lord of the Rings* is feeling that history and the landscape and the world that came before the world of the forward narrative. In the case of *Lord of the Rings*, that's the world of the Second Age."

The period was when, as the show's title alludes to, the 20 magical rings of power were created in an effort by the evil Sauron to sway the rulers of Middle-earth, including the "One ring to rule them all", which caused those Hobbits all that bother many years hence.

"So, the backstory is a story

The Númenor nobility, with Leon Wadham, left, as Kemen.

in its own right. The Second Age is woven throughout the books. Middle-earth is so vast and bottomless that we felt that everywhere we looked in the books, there were suggestions of incredible characters, stories and places we thought could be brought to the screen and deserved to be. It's trying to follow the trail of breadcrumbs that Tolkien left us."

THE SHOW MAY have gone back in time, but like many a period and fantasy show of Anglo-Saxon origin these days, it has got a diverse cast. Among the non-white faces is Sir Lenny Henry, who plays Sadoc, one of the Harfoots, ancestors of the Hobbits, but nomadic, rustic and seemingly timid.

Elsewhere, Puerto Rican actor Ismael Cruz Córdova (*The Undoing*) plays an elf soldier with feelings for human Bronwyn, played by British-Iranian actress Nazanin Boniadi. She is the single mother of Theo, played by Indonesian-Australian actor Tyroe Muhafidin, whose character is possibly another Middle-earth first: a troubled teenager.

There are also younger versions of immortal elf characters Galadriel and Elrond from the films (see sidebar). And it's easy to draw some parallels between character duos in *The Lord of the Rings* and here – Harfoots Poppy Proudfellow and Nori Brandyfoot could be the Second Age forebears to Frodo and Sam; the Galadriel of this era and the man, Halbrand, she encounters might remind some of Arwen and Aragorn; the elf Elrond's friendship with dwarf noble Prince Durin brings to mind the *LOTR* comedy odd couple of Legolas and Gimli.

It feels like all we are missing is a Gandalf. But hold on, some bloke with a beard has just arrived by comet and crash-landed next to the Harfoots.

The first two episodes previewed have a similar tone and look to the first movie trilogy, and what might be a relief to some is that *The Rings of Power* isn't attempting to be the new *Game of Thrones*.

For Owen, the show belongs to another age in another way – as well as the most expensive TV show ever, and one built on the foundations of two successful movie trilogies, it's a Sunday-night drama that can be watched by multiple generations together.

"I hope this series can achieve that, then everyone can talk about it afterwards, because the Tolkien-ian themes here are as faithful and as loyal to that source material as they can be." ▮

The Lord of the Rings: The Rings of Power, *Amazon Prime, from September 2.*

Elf determination

In the *Lord of the Rings* and *Hobbit* movies, Galadriel glowed as an otherworldly presence, but she really didn't have that much to do. Played by Cate Blanchett, she was one of the only main female characters. She attended a few meetings, advised a few visiting Hobbits and wizards and spent much of her time looking exceptionally ethereal.

The Galadriel of new TV series *The Lord of the Rings: The Rings of Power* is different. As the first episodes show, she's an armour-wearing mountain-scaling, troll-killing wonder-elf who might already be many centuries old – she was born in Tolkien's First Age – but isn't yet the calm cosmic sage of the trilogies. She's also a major protagonist.

From top, Cate Blanchett and Morfydd Clark as Galadriel.

In *TROP*, she's played by Welsh actress Morfydd Clark, a 33-year-old Blanchett lookalike who won the role after appearances in films such as *Saint Maud* and *The Personal History of David Copperfield*.

As a Tolkien reader since she was a kid, Clark was both delighted and anxious at winning the role.

"I was immediately filled with neuroses. This is a world that I had kind of been into since I was nine. There was a weight of expectation from fans and from the world, but also for myself."

Playing a far more active, sword-swinging Galadriel than was required of Blanchett made sense to her.

"I think serenity is always hard earned and you will have to go through a lot to get there.

"I'd never played someone particularly powerful, let alone magical and powerful. So that was lots of fun.

"What's excites me about her is that she's incredibly brave and unafraid to say what people don't want to hear. So, I really respect her for that, and I'd like to be a bit more like her."

Clark enjoyed working with New Zealand stunt actors, some of whom had worked on the Jackson films. She has mixed feelings about not continuing to film here after her initial two-year stint on the first series.

"It has been a lot to come to terms with, that we won't be coming back. My time in New Zealand has forever changed me and it will inform the rest of the seasons, but also inform every job I do."

The show also offers a prequel of sorts for another immortal elf character, Elrond, played by Hugo Weaving in the movies. In the show, he's played by Robert Aramayo, who has done previous service in another fantasy franchise, *Game of Thrones*, as a young Ned Stark.

"He's right at the beginning of all the things that make him the Elrond we know from the book," says Aramayo. "So, it was a really exciting prospect to begin playing him and see him as a young, unique creature." ▮

MUSIC

GRAHAM REID

Running on plenty

Ahead of a New Zealand tour, Jackson Browne reflects on his career since he became the quintessential Californian singer-songwriter in the 70s, and his activism.

GETTY IMAGES

A year ago, when American singer-songwriter Jackson Browne released his 15th studio album, *Downhill from Everywhere*, the British rock magazine *Uncut* proclaimed it "as insightful, melodic and artfully measured as anything Browne has put his name to in the past 25 years".

Despite that assessment – *Mojo* accorded it four stars – the album didn't sell anything like those of his 70s heyday, *Late for the Sky*, *The Pretender* and *Running on Empty*, and 1980's *Hold Out*.

But it did get him a Grammy nomination in the Americana category, 50 years after his eponymous debut album, which must have meant high-fives and "Yeah, the kid's still got it" celebrations?

"Yes, I was pretty happy about that," he chuckles briefly, before again adopting a more measured tone, the hallmark of a wide-ranging conversation. "You know, the Grammys never used to matter to any of us ... but then they became one of the big arenas for performance."

He weighs carefully when I mention John Lennon saying he was pleased when a Beatles' single didn't make No 1 because it took some pressure and expectation off. Did he feel like that when he wasn't selling as well in the 80s?

"Hmmm. No. The pressure's always there, but I put it there myself because of ambition, really. Especially if you've done something good before, you want to do something good again."

At 73, Browne – touring here with his full band in April – has had a career considerably better than good, right from when he emerged as a precocious teenage songwriter, with three songs on the 1967 *Chelsea Girls* album by Andy Warhol/Velvet Underground chanteuse Nico (Browne's lover at the time). He also co-wrote *Take It Easy* with his friend Glenn Frey, who would transport it to his new band, The Eagles. Browne became a seminal figure in the singer-songwriter cabal around Laurel Canyon in Los Angeles in the late 60s, counting among his running mates Warren Zevon, Lowell George, David Crosby, Graham Nash and James Taylor.

Browne's songs could be obliquely personal – his voice more world-weary than his years suggested – and often spoke to, and for, his generation. Alert to the cultural changes around him in the 1960s, he was self-aware and considered.

His album cover for *Late for the Sky* (74) was inspired by the paintings of Belgian surrealist René Magritte. On *The Pretender* (76), Browne is depicted as an everyman on a busy street, although the back cover had a translation by Kenneth Rexroth of a poem by the Nobel Prize-winning

Jackson Browne: still songwriting and working for social justice.

Chilean writer Pablo Neruda. That cover affirmed both aspects of Browne's emotional and intellectual appeal, the title track about a character "caught between the longing for love and the struggle for the legal tender" who "started out so young and strong, only to surrender".

It was the uncomfortable aural epitaph for a jaded generation enduring the last flicker of 60s optimism but dying in the middle-class suburbs it had once fled.

AS MUCH AS such insight has been Browne's forte for half a century, so has political activism. He laughs when I identify myself as from "cold but nuclear-free New Zealand" and traces his political activism – Greenpeace, anti-nuke, environmental issues, human rights – to the cultural milieu of the 60s and the platform popular music gave him.

"I come from the 60s when there was opposition to the war in Vietnam, an effort to integrate our country and to bring about social justice. We're still working in the same arena for social justice, it's more vital than ever.

"Before I'd made any records, I attended rallies, heard people speak and joined things for social change because of the beliefs I was brought up with. My belief was that it was the responsibility of a citizen to take part in that process.

"Writing a song is self-examination and inquiry into what you really want, or hope you'll find."

"I saw I had an opportunity [in music], but it took a while for me to do something musically with my desire to help bring about social change."

He says there was a period of being invited to appear at rallies and, as the protest movements became more organised, benefit concerts emerged so "it became possible for someone to pivot from just making music to making music for a purpose."

As a product of his generation and a long-time Democrat, he must despair at the long tail of Trumpism?

"I think what's happening is what's always been happening; greed and avarice are human conditions. Tyranny is a human condition. Every generation has its tyrants [but also] patriots and people awake to the fact some are despoiling national resources or murdering the innocent.

"It's always been happening, so the idea that [the 60s generation] was going to put an end to it all at once [was implausible]. The feeling you have when confronted by anything is you want to be part of the solution, and a great many solutions have been arrived at."

As a songwriter, Browne has the opportunity to reflect on the human condition as much as his own internal world, but it can be a solitary preoccupation. Could he have been happy as a songwriter or did he want to be on the stage?

"In the beginning, I just wanted to be a songwriter because I could be anywhere and do that, from remote in the country or on an island or in a city.

"I only wanted to sing [my songs] myself when I heard other people doing them because I thought, 'I could do this the way I want to hear the songs'. I heard someone record a song of mine and thought, 'No, it doesn't really go that way.'

"Back then I didn't sing very well by conventional standards, it took a while to get that going. By the time I'd made my first couple of albums, I'd solved some of my problems. But I've got the demos to prove I didn't sing well before that. I'm still working on it."

The evidence on *Downhill from Everywhere* – which shifts from archetypal Browne ballads to Stones-lite rockers and Spanish influences – suggests not much work need be done, even accepting the vocal attritions of age.

"You can't be too critical of your own voice, you just imagine somebody else can sing it really great. There are songs I used to sing I now give to other people and say, 'You sing the high part, let's make our sound together.' You just have to learn what your voice will or won't do."

The current album opens with *Still Looking for Something*, which might be *The Pretender* character assessing life again?

"I think to a large degree it's about having grown up or cast off some vestiges of an established life you earned and wanted to grow beyond. It's about trying to be young. And a young person could sing that song. It's about trying to find something that matters, or the way something used to matter.

"The process of writing a song is self-examination and inquiry into what you really want, or really hope you'll find.

"Like *Minutes to Downtown* [on the album] is about someone realising they're not going to have this thing with this person, but it's still very beautiful even though it's not going to where you want it to go. That's the short story aspect to that song.

"So, some songs have an underlying story. But, of course, not everybody listens that way."

You put it out in the world and it no longer belongs to you, others will make what they will of it?

"Exactly right." ▮

Jackson Browne and his band play Kiri Te Kanawa Theatre, Aotea Centre, Auckland. April 18, 2023; Michael Fowler Centre, Wellington, April 19; Town Hall, Christchurch, April 21.

TV PREVIEW

Offshore finds

Musician Troy Kingi delights in experiencing other communities while on some of our less-visited islands.

by RUSSELL BROWN

Natural host: *Our Other Islands* presenter Troy Kingi.

OUR OTHER ISLANDS, WHAKAATA MĀORI, *from Monday, August 29, 7.30pm*

Troy Kingi never saw himself as a TV presenter type. The award-winning musician and actor admits he's always shied away from any kind of MC role, thinking he didn't need the pressure. It turned out that was what the producers of *Our Other Islands* were looking for.

"Basically, all they told me was they were looking for someone that wasn't a host, that was just a real person that wasn't trying to put on a facade," he recalls. "To be honest, most of the time, I completely forgot about the camera. So it is just me experiencing things first-hand without, you know, trying to stage anything – which I think is quite refreshing."

There are certainly moments in the series of honest and unmistakable delight on Kingi's face, whether he's fishing, diving (he's a trained instructor) or just meeting people. The series takes him to Rakiura Stewart Island, Aotea Great Barrier and the islands of the Marlborough Sounds and the Bay of Islands, where he lives.

But the place that made the biggest impression on him is is perhaps the least widely known of the islands.

"I knew where Matakana Island was, but I didn't realise it was kind of the doorway to the Tauranga Harbour, that you have the harbour on both sides – and just how massive that beach is, that long flat beach on the open side. It's friggin' massive, and there are not that many people living there."

Matakana was also "the most lawless" of the islands, he says, despite its proximity to the mainland.

"You see a lot of cars without warrants and regos and people just making do. Like, if your car breaks down, you can't just easily get a mechanic over there. You have to know how to do stuff yourself or find makeshift parts, whatever is lying around the house. There's a lot of cars like that – doors held together with bungee cords. It was friggin' cool.

"Three days into my stay there, I felt like I had become part of this Māori community, with these beautiful people. And then we went to the other side of the island, where you can see the city, and it was like, 'Ooh, that's disgusting.'

"It felt a bit like that Leonardo DiCaprio movie *The Beach*. They find their own island and they don't want to tell anyone, and he returns to the mainland and everyone is yucky. I sort of felt guilty about all these boats that were parked up on that side, like it was like my island to get really protective about."

One thing Kingi doesn't do in *Our Other Islands* is play his music, although in a couple of episodes "there's a guitar and I'm jamming".

One of those was on a tiny island off Aotea, where the sole householder is a local kaumātua whose whānau own the land. "They made us lunch, and then we ended up doing a bit of a sing-song afterwards. It was pretty cool."

He was also thrilled to fulfil a long-held ambition to dive in the pristine waters off Stewart Island. "There's no run-off from farming or anything. It's just super clear water – and it wasn't as cold as I thought it was going to be."

KINGI IS BACK TO MUSIC now, completing the repeatedly delayed tour for his *Black Sea Golden Ladder* album with Delaney Davidson and preparing to reveal where he goes next in his quest to make 10 albums in 10 different genres in 10 years.

He's also starring in the forthcoming local movie *Muru*. So, did he learn anything in his foray into documentary hosting?

"I don't know," he says. "They just wanted me to be me. I didn't have to overthink anything, didn't have to say things that I wouldn't normally say. So, I don't know if I learnt anything – apart from that I'm comfortable in my own skin, maybe." ▮

The Check Up, Monday.

TELEVISION

Our Picks of the Week

MONDAY AUGUST 29

THE CHECK UP

Medical myths examined

Screening: *TVNZ 1, 8.00pm*

In an era when medical misinformation seems to be the most infectious thing of all, the return of *The Check Up* is timely. The show's team of doctors – Mataroria Lyndon, Shawn Gielen-Relph, Jayani Kannangara, and newcomer Vanisi Prescott – explore various medical questions and the myths and misconceptions around them. In this season, that includes everything from meningococcal disease and HPV screening to sexual dysfunction and auditory illusions.

MY LIFE IS MURDER

Homicides from home

Screening: *TVNZ 1, 8.30pm*

Streaming: *TVNZ+*

Last year's second season of *My Life Is Murder* saw Alexa Crowe (Lucy Lawless) relocate from Melbourne to her home town of Auckland. In the real world, the shift was driven by complications around the pandemic – so, with shooting across the Tasman now easier, has Alexa stayed with her Aotearoa roots? Yes, she has. Things apparently aren't entirely smooth, especially with Alexa's brother Will (Martin Henderson) now out of prison and threatening to get into new trouble. But she's still sharing a flat with Madison (Ebony Vagulans), who's picked up a new boyfriend and is putting down roots of her own. Guest stars in the 10-episode season include Temuera Morrison, Roy Billing and Jennifer Ward-Lealand, while the murder scenes include a tango club, a crime writer encased in a public sculpture, a fashion show and a neighbourhood where a dispute over who has the best Christmas tree lights leads to a fatality.

Says Lawless: "So, it's still the same show. But I think that the mysteries have got a little bit richer. I'm very proud of the stories that we're telling at the moment and some fun new characters come into Alexa's life."

Prepare yourself for more murder and another wave of gorgeous images of Tāmaki Makaurau.

WEDNESDAY AUGUST 31

THE BEAR

Heat in the kitchen

Streaming: *Disney+*

It's the trope of many a foodie TV documentary: the kid who takes over the family

My Life Is Murder, Monday.

Neighbours: The Final Farewell, Friday.

diner or food stall from the parents who built it. *The Bear* is a comedy-drama take on the same idea, with a large side of *Kitchen Confidential*. Carmen "Carmy" Berzatto (Jeremy Allen White, *Shameless*), a young chef groomed in the world of fine dining, comes home to Chicago to run the family sandwich shop after his brother commits suicide – and things get bumpy. Michelin-starred chef and writer Genevieve Tan described *The Bear*'s depiction of kitchen stresses as "so accurate that it was triggering ... It reminded me a little too much of what it was like to fend for myself in a chaotic, cut-throat kitchen". Pundits in the US are already calling it for a 2023 Emmy.

THURSDAY SEPTEMBER 1

COMEDY FEST: THE GREAT COMEDY DEBATE

Laughter and love

Screening: *Three, 7.30pm*
Streaming: *ThreeNow*

Kanoa Lloyd moderates a debate between two teams of local comedy stars on the moot "Love will save us". *Lego Masters* host Dai Henwood captains the affirmative team, along with David Correos and Lana Walters. *Great Kiwi Bake Off* presenter Hayley Sproull leads Angella Dravid and Josh Thomson in the negative – at the same time as *The Great Kiwi Bake Off* screens over on TVNZ 1. There was once a time when local comedians couldn't get on screen – now they're duelling themselves.

Comedy Fest: The Great Comedy Debate, Thursday.

FRIDAY SEPTEMBER 2

NEIGHBOURS: THE FINAL FAREWELL

Ramsay Street's last ride

Screening: *TVNZ 1, 7.30pm*
Streaming: *TVNZ+*

Neighbours' swansong – after more than 9000 episodes over 37 years – has already screened in Australia and in the UK, the place where its fortune was made and its demise decreed, so the keenest Kiwi fans may already know what it contains. But it's not an undue spoiler to say the conclusion of the story revolves around the happiest of events in soap opera land, a wedding. Various actors whose careers were kickstarted by being cast in the show, including Margot Robbie, Guy Pearce, Kylie Minogue and Jason Donovan, return to mark the end of an era.

THE LORD OF THE RINGS: THE RINGS OF POWER

Middle-earth, the prequel

Streaming: *Amazon Prime Video*

The first series of what is the most expensive show in television history, and the first to take more liberties with all things Tolkien than *Lego The Lord of the Rings* videogame, arrives with the debut episode of its eight-part first season. There are 20 or so major characters and interwoven storylines and it all takes place thousands of years before the events depicted in the Peter Jackson movies. It's also the first and last of the planned five seasons to be filmed in New Zealand, with production shifting to Britain where most of the cast are from. But Kiwis in the cast include Leon Wadham and Alex Tarrant, as well as veterans Ken Blackburn and Peter Tait, both of whom appeared in the *LOTR* big-screen trilogy. There's a new episode every week, which means if you're not an Amazon Prime Video subscriber now, you can always wait until Labour weekend to sign up then binge the whole thing. See story, page 60.

TV Films

by RUSSELL BAILLIE

The big movies on TV this week

Birdman, Sunday.

SATURDAY AUGUST 27

THE MUMMY
Pyramid scheme
TVNZ 2, 7.00pm
A happy marriage of the original 1932 monster flick and the spirit of Indiana Jones, this rollicking action adventure starring Brendan Fraser and Rachel Weisz spawned quite a franchise after becoming a hit. The special effects of the era may not be quite as special now, but it's more fun than the 2017 Tom Cruise-starring attempted reboot. (1999) ★★★½

LASSIE
Good girl
Whakaata Māori, 7.00pm
A predictably sweet family film about the brave collie who has been appearing on screen since 1943 and played here by an eighth-generation descendant of the original star. It was also the debut film of a then 13-year-old Michelle Williams. (1994) ★★★

NAPOLEON DYNAMITE
Vote for Pedro
Three, 8.25pm
The American indie hit high-school comedy, which, with its deadpan dialogue and the fantastically awkward performance of Jon Heder as the geeky guy of the title, has earned it enduring cult appeal. (2004) ★★★½

JUNE AGAIN
Moment of clarity
Rialto, 8.30pm
Affecting but amusing Australian drama starring Noni Hazlehurst as the title character. June is living with dementia in a care home and wakes up one day to find she has regained her faculties. Her new lucidity perplexes her adult children, especially when her bossier instincts kick in and she wants to fix the family's problems before she relapses. (2020) ★★★½

THE DA VINCI CODE
Heresy hokum
TVNZ 2, 9.30pm
Playing symbologist Robert Langdon in the film of Dan Brown's religious treasure-hunt bestseller wasn't Tom Hanks' finest couple of hours (the haircut didn't help). Although, it must have been a good gig, because he returned to the role in two equally plodding sequels, also directed by Ron Howard. (2006) ★★

SUNDAY AUGUST 28

CHARLIE'S ANGELS
Reboot of a reboot
Three, 8.00pm
A next-generation reworking of the 1970s television show, which first got the movie-remake treatment in the early 2000s. Here, Elizabeth Banks directs Kristen Stewart, Naomi Scott and Ella Balinska as the angels in a girl-power action-comedy that struggles to be exciting or funny. (2019). ★★½

BIRDMAN
Taking flight
Whakaata Māori, 8.30pm
The 2015 Oscar Best Picture winner was a surprisingly funny black comedy and celebrity satire from Mexican director and psychological drama master Alejandro Iñárritu, this arriving between his grim *Babel* and *The Revenant*. It came with a terrific performance from Michael Keaton, which helped ground the movie's experimental weirdness. Playing on his past as Batman, Keaton stars as a washed-up former screen superhero trying to get a Broadway play off the ground. (2014) ★★★★★

IDEAL HOME
Foster fatherhood for beginners
Eden, 8.30pm

PARIS, 1941. GERMANY HAS INVADED... AND A DANGEROUS AGREEMENT IS STRUCK.
★★★★ "BREATHTAKING." LE PARISIEN
★★★★½ "A MASTERPIECE." BMA MAGAZINE
DANIEL AUTEUIL
GILLES LELLOUCHE
SARA GIRAUDEAU
FAREWELL, MR. HAFFMANN
A FILM BY FRED CAVAYÉ
THE #1 SMASH HIT OF THE 2022 FRENCH FILM FESTIVAL!
M
COMMENCES THU 25 AUGUST at QUALITY NZ CINEMAS
Watch the trailer, book tickets & more at FarewellMrHaffmann.co.nz
PALACE FILMS

Cry Macho, Sunday.

Amusing same-sex parenting comedy, with Steve Coogan and Paul Rudd playing a prickly couple, Erasmus and Paul, whose comfortable, entitled life – they run a hit cooking show from their New Mexico ranch – is disrupted when they must care for Bill, the 10-year-old grandson Erasmus never knew he had. The two men make an amusingly snarky comedy duo. (2018) ★★★

CRY MACHO

Clint's Tex-Mex tours

Sky Movies Premiere, 8.30pm; Neon

Clint Eastwood, now 92, directed himself in this hokey western redemption drama set in 1978. He's Mike Milo, a former rodeo star and ranch hand, who takes a job from an old boss to drag his teenage son from Mexico over the border to Texas. It's an admirably gruff and leathery turn from Eastwood, but the movie is something he should have made in the year it was set. (2021) ★★★

DIE HARD

Yippee ki-yay

TVNZ 2, 8.35pm

True, there aren't many 34-year-old action movies – or indeed Bruce Willis films from the era – that hold up to repeat viewing. But, as well we all know, with this one, that's best done at Christmas. (1988) ★★★★

MONDAY AUGUST 29

BALLOON

Freedom flight

Rialto, 8.30pm

Solid Cold War thriller based on the true story of two East German families who, in 1979, attempt to escape to the West in a home-made hot-air balloon and get the Stasi on their trail. It offers an intriguing depiction of life in the GDR, but the drama is a little overcooked. (2018) ★★★

WEDNESDAY AUGUST 31

DISTURBIA

***Rear Window* remade yet again**

Whakaata Māori, 8.30pm

Back when Shia LaBeouf was in everything, he starred in this middling teen thriller and Hitchcock rip-off as a kid under house arrest for punching a teacher who starts spying on the neighbours. (2007) ★★½

FRIDAY SEPTEMBER 2

MISSION: IMPOSSIBLE III

Getting up to speed

Three, 7.30pm

It's not the best of the *M:I* movies, but TV whiz-kid JJ Abrams, in his feature-directing debut, helped set the tempo for the ones that followed. It featured memorable turns by Philip Seymour Hoffman as an evil arms dealer and Michelle Monaghan as Ethan Hunt's civilian girlfriend who rises to the challenge. They met while holidaying in Wānaka, apparently (2006) ★★★½

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing)

Talkback

NO COMMENT

Why does Three have an outdated news policy that prohibits reaction or comment from its newsreaders following heart-warming/heart-wrenching stories? The recent death of singer Olivia Newton-John is an example. A well-edited, well-scripted nostalgic gem was followed by no comment. One word from the newsreader would have sufficed.

I'm not talking about newsreaders making comments after political or serious items. I am talking about entertaining or personal-achievement items where, at the very least, a "well done" would reflect intelligent audience reaction. Instead, we are treated to stern-faced newsreaders whose priority is the next item, not their audience.

Christopher Bourn
(Richmond, Nelson)

FILL-IN FEAT

Thank you, Susie Ferguson, for filling in for Kathryn Ryan on RNZ National's *Nine to Noon*.

Your calm manner was soothing and you handled it all beautifully. It's no mean feat taking over from a regular presenter, so well done.

AN Christie
(Rotorua)

MAKING THE MOVE

TVNZ 1 finally reached my tipping point. During *1 News* (August 8, 6.00pm), 16 ads featured in one segment of four minutes and 10 seconds. I guess the programmers think we're locked into the news, so they can bombard us with ads.

I'm done. I'm shifting to Three. The weather report is better there, anyway.

Phil Wright
(Waikawa)

FACING THE MUSIC

Most of RNZ National's weekday programmes, from *First Up* at 5.00am through to *Checkpoint* at 5.00pm, are talk, talk, talk. The amount of music we get is minuscule. Maybe *Afternoons* could have an hour of music.

And who picks the guests? Some are boring.

At our house, RNZ National is on, but turned down low.

B McLean
(Wellington)

I turn the switch on RNZ's choice of "music". It makes our national radio station indistinguishable from all the commercial stations. It is rare to hear someone singing. There's no opera, no Gilbert and Sullivan, and no folk songs.

Jacqueline Steincamp
(Christchurch)

TRYING TIME

At 8.00am on Sunday, August 14, RNZ Concert did us proud and the news bulletin made no mention of the result of a rugby game in South Africa. However, RNZ National news at 7.00am gave listeners a double dose. The rugby result came first, then it was repeated for the benefit of listeners who may have missed the opening announcement.

J Chris Horne
(Northland, Wellington)

RERUNS THE ANSWER

I am a fan of TVNZ 1 and in particular its quiz programmes, *The Chase* and *Tipping Point*. I have a request: could we have repeats, reruns and repeats of repeated reruns for another two years? I will then have more of a chance of getting most of the answers correct.

Colin Corney
(Palmerston North)

Please send comments, queries or complaints about radio or television to: listenerletters@aremedia.co.nz with "Talkback" in the subject line, or Talkback, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Te Karere** (R)
6.30 **Country Calendar** (G, R, **HD**, **C**, **AD**)
7.00 ■ **Fishing and Adventure** (G, R, **HD**, **C**)
7.30 **Infomercials**
8.30 **Religious Programming**
9.00 **Extreme Cake Makers** (G, R, **HD**, **C**)
9.30 **Tagata Pasifika** (**HD**)
10.00 **Ready Steady Cook** (G, R, **HD**, **C**)
11.00 **Winning Combination** (G, R, **HD**, **C**, **AD**) Omid Djalili presents a UK quiz show.
Noon **Call the Midwife Christmas Special 2020** (PG, R, **HD**, **C**, **AD**)
2.00 **The Casketeers** (PG, R, **HD**, **C**, **AD**)
2.30 **10 Years Younger in 10 Days** (G, R, **HD**, **C**, **AD**) Cherry Healey presents a UK makeover series.
3.30 **Clean It, Fix It** (G, **HD**, **C**) A team of cleaners and DIY experts help households reclaim their space.
4.30 **Every Bite Takes You Home** (G, **C**) Kylie Kwong shares the culture and food of refugees and migrants in Australia.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Tipping Point Lucky Stars** (G, **HD**, **C**) Ben Shephard hosts a celebrity version of the UK quiz show, with Bonnie Langford, Matt Dawson and Geoff Norcott. s8ep10
8.00 **Lotto**
8.05 **Heathrow: Britain's Busiest Airport** (G, **HD**, **C**, **AD**) Airside Standards manager Rachel oversees a rare propeller plane's turnaround, the aviation police dash to a gate to arrest a wanted man, and Passenger Service Manager Demi helps 12 young divers. s7ep9
8.35 **Grand Designs UK** (G, R, **HD**, **C**, **AD**) Kevin McCloud meets Gretta, who is returning from Malaysia after the death of her husband to build a single-storey, burnt wood and glass pavilion on the land of her sister and brother-in-law.
9.35 ■ **Life After Life** (M, **HD**, **C**, **AD**) UK series about a woman who experiences birth, death and rebirth. Tonight, in the early 20th century, Ursula Todd dies and experiences reincarnation. s1ep1
11.50 ■ **The Deceived** (M, **HD**, **C**, **AD**) s1ep3
1.35am **Nashville** (G, **C**) s5ep21
3.05 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

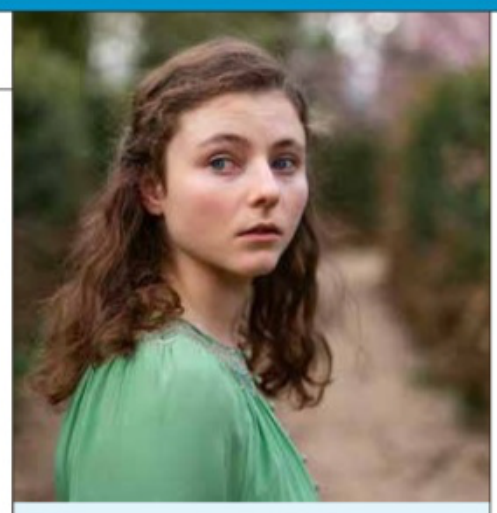
6.00 **Ready, Steady, Wiggle!** (G, R, **HD**, **C**, **AD**)
6.10 ■ **Postman Pat** (G, **HD**, **C**, **AD**)
6.25 **PJ Masks** (G, R, **HD**, **C**)
6.50 **Spidey and His Amazing Friends** (G, **HD**)
7.10 **Madagascar: A Little Wild** (G, **HD**, **C**)
7.35 **SpongeBob SquarePants** (G, R, **HD**, **C**)
8.00 **Moomin Valley** (G, **HD**, **C**)
8.20 **The Croods: Family Tree** (G, **HD**, **C**)
8.45 **Dragons: Riders of Berk** (G, R, **HD**, **C**)
9.05 **Hardball** (G, R, **HD**, **C**)
9.30 **Mystic** (G, R, **HD**, **C**, **AD**) s1ep3
10.00 **Fresh** (G, **C**) Elvis is back, but Lopeti, not Presley, coverage of the Pacific Music Awards, and cooking with the stars.
10.30 **The Simpsons** (PG, R, **HD**, **C**, **AD**)
11.00 **Have You Been Paying Attention?** (PG, R, **C**) With Hayley Sproull.
Noon **Glastonbury: 2022 Highlights** (PG, **HD**, **C**, **AD**)
1.10 **The Courtship** (PG, **HD**, **C**) s1ep9
2.05 **The Good Witch** (G, **HD**, **C**)
3.00 **Junior Bake Off** (G, **HD**, **C**)
4.00 **Fantastic Friends** (PG, **HD**, **C**, **AD**) s1ep4
5.05 **Superman & Lois** (PG, **HD**, **C**) s2ep14
6.00 **The Cube** (G, **HD**, **C**) Phillip Schofield presents a UK game show in which contestants undertake challenges in a giant clear cube.
7.00 ■ **The Mummy** (1999, PG, **HD**, **C**, **AD**) An adventurer travels to Hamunaptra, the City of the Dead, with a librarian and her older brother, where they accidentally awaken a cursed high priest. Brendan Fraser, Rachel Weisz, John Hannah, Arnold Vosloo. **TV Films, page 69**
9.30 ■ **The Da Vinci Code** (2006, M, **HD**, **C**, **AD**) A murder inside the Louvre and clues in Da Vinci paintings lead to the discovery of a religious mystery. Tom Hanks, Audrey Tautou, Ian McKellen, Alfred Molina. **TV Films, page 69**
12.10am ■ **Saw 6** (2009, 18, **HD**, **C**) An insurance executive must complete a series of deadly "games" in order to rescue his employees. Tobin Bell, Costas Mandylor.
1.55 **The Great Kiwi Bake Off** (G, R, **HD**, **C**, **AD**)
3.05 ■ **Batman: Hush** (2019, PG, R, **HD**, **C**) Voices of Jason O'Mara, Jennifer Morrison.
4.30 **Fresh** (PG, R, **C**)
5.00 **Infomercials**
5.30 – 6.00 **Religious Programming**

THREE FREEVIEW 3 SKY 003

6.00 **Charles Stanley**
6.30 **Infomercials**
9.30 **Newshub Nation** With Simon Shepherd and Oriini Kaipara.
10.30 **Celebrity Family Feud** (PG, R, **C**) s4ep5
11.30 **Grand Designs NZ** (PG, R, **C**)
12.30 **The Block NZ: Redemption Marathon** (PG, R, **C**)
4.00 **The Masked Singer NZ** (PG, R, **C**)
5.00 **Lego Masters USA** (G, R, **C**) s2ep12
6.00 **Newshub Live**
7.00 **Building the Kiwi Dream** (PG, **C**) A tsunami is heading straight for Matt and Kaylene's beachfront building site. s1ep5
7.30 **Crikey! It's the Irwins** (PG, **C**) Robert helps out with a health check for the zoo's alligator snapping turtles, and Terri and Bindi welcome seven new lemurs. s1ep5
8.25 ■ **Napoleon Dynamite** (2004, PG, **C**) A socially awkward teenager gets caught up in his family's misadventures while trying to help a friend win the class presidency. Jon Heder, Efren Ramirez, Haylie Duff. **TV Films, page 69**
10.15 ■ **The Taking of Pelham 123** (2009, 16, R, **C**) A dispatcher takes on a group of hijackers who have taken subway passengers hostage. Denzel Washington, John Travolta, James Gandolfini.
12.15am **Infomercials**
5.00 **Leading the Way**
5.30 – 6.00 **Charles Stanley**

PRIME FREEVIEW 10 SKY 004

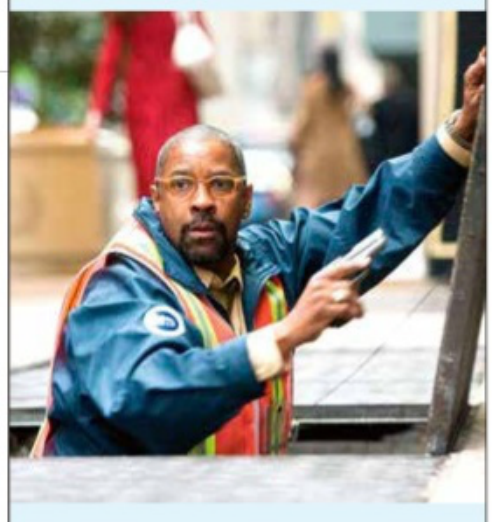
6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.55 **SmackDown** (PG, R)
10.55 **RAW** (PG, R)
Noon **Jeopardy** (G, R)
12.30 **The Ditch** (G, R) With Chris Key and Savannah Tafau-Levy.
1.05 **The Crowd Goes Wild** (PG, R)
2.35 **Laurie O'Reilly Cup Live** (**C**) Australia v Black Ferns, live from Adelaide Oval.
5.30 **Prime News**
6.00 **Tauihi Basketball Aotearoa** Grand final, live from Trafalgar Centre, Nelson.
8.25 **Tova Meets Zelensky** (PG, R, **C**) Tova O'Brien sits down with Ukraine President Volodymyr Zelensky.
9.25 **Heartland Championship** (G) Thames Valley v West Coast, from Boyd Park, Te Aroha.
11.30 **NRL Premiership** (G) Cronulla-Sutherland Sharks v Canterbury-Bankstown Bulldogs.
1.30 **NXT** (PG)
2.30 – 6.00 **Infomercials**



Drama: LIFE AFTER LIFE

A series that is able to explore life in the 20th century leading up to and during WWII through the simple device of repeatedly killing off its protagonist. Kate Atkinson's 2013 novel, which loops back in time to describe alternative lives for Ursula Todd (played as an adult by Kiwi Thomasin McKenzie), has been cleverly adapted by Bash Doran (who wrote period spy drama *Traitors*) and sumptuously directed by John Crowley, who is best known for his film *Brooklyn*. There's a deep sense of existential ennui: "If you like the feeling of being overwhelmed by vicarious trauma and grief, then you're in for a treat," said the *Guardian*.

TVNZ 1, 9.35pm



Film: THE TAKING OF PELHAM 123

Tony Scott soups up the 1974 movie with computer screens, gunfights, car crashes, explosions and John Travolta doing his psycho criminal thing. The interplay between Travolta and Denzel Washington is good, however, and James Gandolfini is memorable as the under-pressure mayor.

THREE, 10.15pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
9.30 **Ōpaki** (G, R)
10.30 **Ako** (G, R)
11.00 **ASB Polyfest** (G)
Noon **Haka at Home** (G, R)
1.00 **Whakataukī** (G, R)
1.30 **Karanga: The First Voice** (G, R)
2.00 **Whaikōrero** (PG, R)
2.30 **Home, Land and Sea** (G, R)
3.00 **Intrepid Journeys** (PG)
4.00 **Marae**
5.00 **Moosemeat and Marmalade** (G, R)
5.30 **Waka Man** (G, R)
6.00 **Piri's Tiki Tour** (PG, R) Piri Weepu meets divers, farmers and hunters.
6.30 **He Aha to Say?** (G, R) A series of interviews with the people of Ngāti Porou.
7.00 ■ **Lassie** (1994, PG, R) A family trying to start a new life as sheep farmers run into trouble with a neighbour. Tom Guiry, Helen Slater, Jon Tenney, Frederic Forrest.
TV Films, page 69
8.40 ■ **The Madness of King George** (1994, M, R) Based on the story of George III's deteriorating mental health and his declining relationship with the Prince of Wales. Nigel Hawthorne, Helen Mirren, Rupert Everett.
11.05 – 11.35 **Anika Moa Unleashed** (M, R)

Film: THE MADNESS OF KING GEORGE

The great theatre actor Nigel Hawthorne reportedly took a role in *Demolition Man* to prove he could take his King George III onto the big screen. Of course he could, after all, he'd already gifted us Sir Humphrey Appleby in *Yes Minister*.
WHAKAATA MĀORI, 8.40pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Million Dollar Listing: NY** (PG, R)
12.15 **Catfish** (PG, R)
1.05 **Southern Charm** (PG, R)
3.00 **Tiny House Nation** (PG, R)
3.55 **Love It or List It** (PG, R)
4.55 **Ghost Hunters** (PG, R)
5.50 **Love It or List It: Vancouver** (PG, R)
6.50 **Catfish** (PG, R)
7.45 **Southern Charm** (M) Thre is confrontation at Madison and Venita's party.
8.40 **The Real Housewives of Dubai** (M) As a friendship forms between Nina and Caroline Stanbury, Ayan questions Nina's loyalty.
9.40 **Embarrassing Bodies** (M, R) The doctors catch up with patients who have had their post-op help.
10.40 **Exhumed: Killer Revealed** (16, R)
11.35 **Snapped** (M, R)
12.25am Infomercials **5.00 – 6.00** Top Chef (PG, R)

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Bobby Flay's Barbecue Addiction** (G, R)
9.05 **Mysteries at the Museum** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Celebrity IOU** (PG, R)
12.30 **Strictly Come Dancing** (G, R)
2.00 **The Chase USA** (PG, R)
3.00 **Animal Cribs** (PG) s2ep7
4.00 **The Best Thing I Ever Ate** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
6.55 **My Lottery Dream Home** (G)
7.30 **Who Wants to Be a Millionaire? UK** (G)
8.30 ■ **My Sister's Keeper** (2009, M) Cameron Diaz.
10.40 **Forged in Fire** (PG)
11.35 **Flea Market Flip** (G)
12.05am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Wheelers Dealers** (PG, R)
6.50 **Overhaulin'** (PG, R)
7.40 **Garage Squad** (PG, R)
8.30 **Head Rush** (G, R)
9.20 **Tanked Marathon** (PG, R)
1.30 **Inside West Coast Customs** (PG, R)
2.20 **Building Off the Grid** (G, R)
3.10 **Ed Stafford: Left for Dead** (PG, R)
4.00 **Alaska: Battle on the Bay** (PG, R)
4.50 **Turbo Pickers** (PG, R)
5.45 **Garage Squad** (PG)
6.40 **Man vs. Wild** (PG, R)
7.30 **Treasure Quest: Snake Island** (PG) In the Paraguayan jungle, a historic artefact yields results.
8.25 **Bering Sea Gold** (M)
9.20 **Gem Hunt** (PG) Ron LeBlanc searches for the oldest gem on the market in Sri Lanka.
10.10 **Cops UK: Bodycam Squad** (PG)
11.05 **Garage Squad** (PG, R)
11.55 **Man vs. Wild** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
12.05 **Extreme E: Electric Odyssey** (G, R)
12.35 **Superstore** (PG, R, **HD**, **C**, **AD**) s4ep12
2.20 **Motorway Patrol** (PG, R, **C**)
3.10 **River Monsters** (PG, R, **HD**, **C**)
4.05 **Xploration: Awesome Planet** (G, R)
4.30 **Impossible Engineering** (G, R, **HD**, **C**)
5.20 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s4ep6
6.10 **MythBusters: There's Your Problem!** (G, R, **HD**)
6.40 **Ultimate Rides** (G, **HD**) s2ep17
7.10 **Family Guy** (PG, R, **HD**, **C**, **AD**)
7.35 **The Simpsons** (G, R, **HD**, **C**) s15ep5
8.35 **8 Out of 10 Cats Does Countdown** (16, R, **HD**, **C**)
9.30 ■ **Blade** (1998, 18, R, **HD**, **C**, **AD**) A half-vampire, half-mortal tries to protect the human race. Wesley Snipes, Stephen Dorff.
11.40 – 1.40am ■ **Beowulf** (2007, 16, R, **HD**, **C**, **AD**) Ray Winstone, Crispin Glover.

SKY PREMIERE SKY 030

6.45 **The French Dispatch** (2021, M) Frances McDormand
8.35 **Dawn Raid** (2020, M) NZ documentary.
10.15 **Four Good Days** (2019, M) Mila Kunis, Glenn Close
11.55 **A Quiet Place Part II** (2020, M) Emily Blunt
1.30 **Castle Falls** (2021, 16) Dolph Lundgren, Scott Adkins
3.00 **Come Play** (2020, M) Azhy Robertson, Gillian Jacobs
4.35 **Juniper** (2021, M) Charlotte Rampling, George Ferrier
6.10 **Stillwater** (2021, M) An Oklahoma roughneck travels to France to help his daughter, who is in prison for a murder she claims she didn't commit. Matt Damon, Abigail Breslin
8.30 **Reminiscence** (2021, M) A private investigator of the mind navigates the world of the past to help his clients access lost memories. Hugh Jackman, Rebecca Ferguson
10.30 **Scream** (2022, 16) Neve Campbell, Courtney Cox
12.25am 2 Hearts (2020, M) **2.05** Music (2021, M) **3.50** Superintelligence (2020, PG) **5.35** Land (2021, M)

MOVIES CLASSICS SKY 034

7.00 **The Remains of the Day** (1993, PG) Anthony Hopkins, Emma Thompson
9.10 **The Thomas Crown Affair** (1999, M) Pierce Brosnan, Rene Russo
11.00 **Bullitt** (1968, M) Steve McQueen, Robert Vaughn
12.50 **Copycat** (1995, 18) Sigourney Weaver, Holly Hunter
2.50 **The Basketball Diaries** (1995, 16) Leonardo DiCaprio, Lorraine Bracco
4.30 **Superman** (1978, PG) Christopher Reeve, Margot Kidder
6.50 **Forever Young** (1992, PG) A 1939, a test pilot asks volunteers for a cryogenics experiment after the love of his life goes into a coma. Mel Gibson, Jamie Lee Curtis.
8.30 **The Bodyguard** (1992, M) After a pop singer is threatened, a former secret service agent becomes her bodyguard. Kevin Costner, Whitney Houston
10.40 **The Magnificent Seven** (1960, PG) Steve McQueen
12.45am Last Tango in Paris (1972, 18) **2.50** Waterloo (1970, G) **5.00** The Night of the Hunter (1955, PG)

RIALTO SKY 039

7.20 **The Last Shift** (2020, M) Richard Jenkins
8.50 **Shine** (1996, M) Geoffrey Rush, Armin Mueller-Stahl
10.35 **Lansky** (2021, 16) Harvey Keitel
12.35 **Oranges and Lemons** (2020, G) Skyler Sylvester
12.50 **The Artist's Wife** (2019, M) Lena Olin, Bruce Dern
2.25 **The Painter and the Thief** (2020, M) Norwegian documentary.
4.10 **Blithe Spirit** (2020, PG) Dan Stevens, Isla Fisher
5.50 **Arsene Wenger: Invincible** (2021, M) UK documentary.
7.30 **Ridley Road** (M) s1ep3
8.30 **Rialto Selection: June Again** (2020, M) A dementia patient becomes suddenly lucid and sets out to fix her family. Noni Hazlehurst
TV Films, page 69
10.10 **The Justice of Bunny King** (2021, M) Essie Davis, Thomasin McKenzie
11.50 **Settlers** (2021, 16) Sofia Boutella
1.35am Carmen & Lola (2018, 16) **3.20** The Painter and the Thief (2020, M) **5.10** Ridley Road (M) s1ep3

SKY CHANNELS

Vibe SKY 006

6.00 Private Eyes (M) s4ep3 **6.45** Jamestown (16) s2ep4 **7.35** Parenthood Omnibus (M) **11.20** Medici: The Magnificent (16) s1ep3 **12.20** Outlander (18) s1ep1&2 **2.25** Judge Judy Omnibus (PG) **4.30** Private Eyes (M) s4ep3 **5.30** Family Finders (M) s2ep4&5 **6.30** The Sounds (M) Maggie returns to Pelorus to pack her bags, and Esther joins the dots between Tom and the missing Cabbott millions. s1ep7 **7.30** ■ The Immortal Life of Henrietta Lacks (2017, M) Based on the story of the unauthorised harvesting of an African American mother's cancerous cells in 1951 that led to unprecedented medical breakthroughs. Oprah Winfrey, Renée Elise Goldsberry, Rose Byrne. **9.15** Harlots (16) A death sends the Wells reeling, and trapped by Lydia, Emily fears for her life. s1ep7 **10.10** The Closer Omnibus (M) **2.20am** Programmes continue

BBC UKTV SKY 007

6.00 Staged (M) s1ep1 **6.25** QI Marathon (M) **8.00** Would I Lie to You? Marathon (PG) **9.40** The Bill Marathon (M) **1.50** Casualty (PG) **2.40** Holby City (M) s21ep18 **3.45** Call the Midwife (PG) s7ep8 **4.50** A Touch of Frost (M) s2ep1 **6.50** Father Brown (PG) Bunty reunites with Father Brown to uncover a dark secret at the local girls' borstal. s9ep8 **7.40** Casualty (PG) s37ep1 **8.30** Midsomer Murders (M) At the launch of a new sculpture park, art imitates death. s18ep4 **10.15** All Round to Mrs Brown's (M) With Lee Mack, Emilia Fox and singer Billy Ocean. s4ep2 **11.00** Who Do You Think You Are? (PG) Shirley Ballas investigates her great-grandmother, who abandoned her husband and children for a more exciting life in America. **12.00am** Programmes continue

SoHo SKY 010

6.00 Our Cartoon President (16) s3ep9 **6.30** Fear the Walking Dead (18) s7ep16 **7.20** Mare of Easttown (18) s1ep5 **8.20** The Rising (16) s1ep6 **9.05** Landscapers (16) s1ep3 **9.50** Mrs. Fletcher (18) s1ep4 **10.20** Last Week Tonight with John Oliver (M) s9ep21 **10.55** His Dark Materials (PG) s1ep5 **11.55** Absentia Marathon (16) s3ep1-10 **7.30** City on a Hill (16) Vying to become Boston's next DA, Decourcy looks into Russ Wallace's murder. s3ep3 **8.30** Allen v. Farrow (18) As Farrow and Allen become a Hollywood power couple, their close-knit family is torn apart by a revelation about Woody's relationship with Mia's daughter Soon-Yi. s1ep2 **9.30** Animal Kingdom (16) The Codys prep for their next job, in 1992, a reluctant Andrew, Baz and Julia do a job for Smurf. s6ep5 **10.30** Scenes from a Marriage (16) s1ep1 **11.30** Irma Vep (16) s1ep7 **12.30am** Programmes continue

Living SKY 017

6.15 Selling Houses Australia **7.05** Cake Wars (PG) **7.55** Buddy vs. Duff (PG) **8.45** Salvage Hunters Marathon (PG) **12.10** Grand Designs New Zealand (PG) **1.05** Lost for Words (PG) **2.00** Guy's Grocery Games (PG) **3.50** Mystery Diners (PG) **4.45** Restaurant: Impossible (PG) **5.35** Paul Hollywood's Big Continental Road Trip (M) **7.35** Exploring Northern Ireland with Siobhán McSweeney (PG) Siobhán is awestruck by the beauty of the Mourne Mountains, meets a moth expert in Murlough Bay, has an astronomical time at the Armagh Planetarium, and encounters masked mummers. **8.35** The Great British Dig (PG) **9.40** Garden Rescue (PG) **10.40** Escape to the Chateau (PG) **11.30** Guy's Grocery Games (PG) **1.05am** Programmes continue

Investigation Discovery SKY 018

6.05 Married with Secrets (M) **7.45** Predator at Large (M) **8.35** Dark Waters: Murder in the Deep (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** The Co-Ed Killer: Mind of a Monster (M) **2.00** Crime Scene Confidential (M) **2.55** American Monster (M) **3.50** Your Worst Nightmare Marathon (M) **7.30** Six Degrees of Murder (M) **8.30** Little Boy Lost: An ID Mystery (M) **9.30** The Co-Ed Killer: Mind of a Monster (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 ■ Aggie (2020, G) **8.00** Artist to Icon **9.30** Immersive World **10.00** Nordic Pulse **11.00** Put Some Colour in Your Life **Noon** Sounds and Stone **12.45** Classic Literature and Cinema **1.35** French Riviera with Picasso and Man Ray **2.30** ■ Aggie (2020, G) **4.00** Philly D.A. **5.50** Art Passion Power: The Story of the Royal Collection **6.45** The Decisive Moment **7.00** Parklife **8.30** The Goering Catalogue (G) Documentary about Adolf Hitler's right-hand man, who assembled a collection of thousands of stolen works of art. **9.30** William Holden: Between Shadow and Light **10.30** ■ Eric Clapton's Crossroads Guitar Festival 2019 (2020, G) **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Heavy Tow Truckers Down Under (M) **7.45** Aussie Mega Mechanics Marathon (PG) **12.10** Aussie Salvage Squad (PG) **1.05** Heavy Tow Truckers Down Under (M) **2.00** Gold Rush: White Water (M) **2.55** Aussie Gold Hunters (PG) **3.50** Moonshiners Marathon (M) **6.35** Ed Stafford: First Man Out (PG) **7.30** Building Off the Grid (PG) **8.30** Railroad Alaska (PG) **9.30** Moonshiners (M) **10.30** Blowing Up History (PG) **11.25** NASA's Unexplained Files (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Drain the Oceans (PG) **8.30** Dutch Caribbean Coastguard (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** First Alaskans (PG) **11.30** Running Wild with Bear Grylls: The Challenge (PG) **12.30** Last of the Giants: Wild Fish (PG) **1.30** Shark Attack Files (M) **3.30** Air Crash Investigation: Special Report (M) **4.30** Air Crash Investigation (M) **5.30** Mega Factories **7.30** Food Factory Marathon (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Last of the Giants: Wild Fish (PG) **12.30am** Programmes continue

History SKY 073

6.30 Treasures Decoded (PG) **7.30** Secrets in the Bones: Black Death Killer (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** WWII: Witness to War (M) **12.30** Charles I: Killing a King (PG) **1.30** Treasures Decoded (PG) **2.30** Secrets in the Bones: Black Death Killer (PG) **3.30** Myth Hunters (PG) **4.30** Abandoned Engineering (PG) **5.30** The Civil War by Ken Burns **6.30** Joan of Arc: God's Warrior (PG) **7.30** Great British History Hunters (PG) The experts are stunned when prehistoric Cumbrian gold is almost thrown away, coin hoards are unearthed in Suffolk and Somerset, and mudlarks on the Thames search for treasure. **8.30** The Plantagenets (PG) **9.30** The Rise of the Clans (PG) How the clans plotted against Mary Stewart. **10.30** Invasion! (PG) **11.30** How the Silk Road Made the World (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero (M) **7.35** Life Below Zero (PG) **8.25** 24 Hours in A&E (PG) **10.05** Building to the Sky (PG) **11.55** Wild Arabia (PG) **2.00** Walking the Himalayas (PG) **2.50** Cheetah Family & Me (PG) **3.45** Chris Packham's Animal Einsteins (PG) **4.45** Steve Backshall vs the Vertical Mile (PG) **5.45** The Dog Rescuers (PG) **6.35** Animal Impossible (PG) **7.35** Walking the Himalayas (PG) **8.30** Cheetah Family & Me (PG) **9.30** Life Below Zero (M) **10.25** Diagnosis Detectives (PG) **11.30** Steve Backshall vs the Vertical Mile (PG) **12.25am** Programmes continue

SoHo: City on a Hill, 7.30pme

SKY SPORT

Sky Sport 1 SKY 051

6.00 National Provincial Championship, Tasman v Canterbury **6.15** NPC, Waikato v Manawatu **6.30** Rugby Heaven **7.30** NPC, Tasman v Canterbury, replay **9.30** Inside Netball **10.00** UFC on Sky **10.30** Rugby Heaven **11.30** NPC, Tasman v Canterbury **11.45** NPC, Waikato v Manawatu **Noon** Farah Palmer Cup, Counties Manukau v Waikato, **live** **2.05** Laurie O'Reilly Cup, Black Ferns v Australia **2.35** Laurie O'Reilly Cup, Australia v Black Ferns, from Adelaide Oval, **live** **4.45** Rugby Championship, Australia v South Africa, from Adelaide Oval, **live** **7.35** Rugby Championship, All Blacks v Argentina, from Orangetheory Stadium, Christchurch, **live** **10.00** Rugby Championship, Australia v South Africa, replay **12.00am** 1st XV Rugby, Auckland 1A final **12.30** NPC/Ranfurly Shield, Hawke's Bay v North Harbour **12.45** NPC, Auckland v Otago **1.00** Farah Palmer Cup, Auckland v Wellington **1.20** Rugby Championship, All Blacks v Argentina **1.50** Premier League, Liverpool v Bournemouth, **live** **4.10** World Rugby Sevens Series, Los Angeles, day 1, **live**

Sky Sport 2 SKY 052

6.00 The Crowd Goes Wild **6.30** UFC on Sky **7.00** NZ Darts Masters, day 1, replay **10.30** NPC, Waikato v Manawatu **12.30** Farah Palmer Cup, Auckland v Wellington, from Eden Park, Auckland, **live** **2.30** NPC, Waikato v Manawatu **2.45** NPC, Tasman v Canterbury **3.00** 1st XV Rugby, Auckland 1A final, **live** **5.00** National Provincial Championship, Auckland v Otago, from Eden Park, Auckland, **live** **7.00** NZ Darts Masters, day 2, **live** **11.00** Deutsche Tourenwagen Masters, from Nürburgring, **live** **1.00am** NPC, Auckland v Otago **1.15** 1st XV Rugby, Auckland 1A final **1.50** Premier League, Chelsea v Leicester City, **live** **4.00** NPC, Waikato v Manawatu **4.15** Farah Palmer Cup, Auckland v Wellington **4.30** Rugby Championship, Australia v South Africa

Sky Sport 3 SKY 053

6.45 The 6ixty, Guyana Amazon Warriors v Trinbago Knight Riders, **live** **9.00** The 6ixty, St Lucia Kings v St Kitts & Nevis Patriots, **live** **11.15** The 6ixty, Jamaica Tallawahs v Barbados Royals **1.15** Rugby Championship, South Africa v All Blacks **1.45** NPC, Manawatu v Hawke's Bay **2.00** NPC/Ranfurly Shield, Hawke's Bay v North Harbour, **live** **4.00** Tauihi Basketball Aotearoa, Southern Hoiho v Mainland Pouakai **6.00** Tauihi Basketball Aotearoa, grand final, **live** **8.30** Commonwealth Games, cricket, South Africa v Sri Lanka **12.00am** West Indies v India, 1st ODI **12.30** West Indies v India, 2nd ODI **1.30** Farah Palmer Cup, Bay of Plenty v Auckland **1.45** The 6ixty, St Lucia Kings v Jamaica Tallawahs, **live** **4.15** The 6ixty, Guyana Amazon Warriors v Barbados Royals, **live**

Travel: EXTRAORDINARY ESCAPES

One wonders what insights psychotherapist Philippa Perry (famously married to artist Grayson Perry) will have into the residents of the most remote areas of Scotland: according to Wikipedia, the current resident population of Eilean Shona, a tidal island west of Fort William, is two, while Knoydart, a peninsula also in the west, boasts a huge 98. The main settlement of Inverie in Knoydart also claims the most remote mainland pub in the UK, Old Forge, which was renovated by the locals. Eilean Shona was famously a summer retreat for JM Barrie and is said to have inspired Neverland in *Peter Pan*.

TVNZ 1, 3.30pm

Sport: PUPPY BOWL XVIII

The annual Puppy Bowl screens on Super Bowl Sunday in the US, reaching the widest possible audience in the promotion of pet adoption. Cute dogs play in a model football stadium; head "coaches" Snoop Dogg (who else?) and Martha Stewart are on hand for commentary.

ANIMAL PLANET, 12.50pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Attitude** (G, R, **C**, **AD**)
6.25 **Paddington Station** (PG, R, **HD**, **C**)
7.15 **Tagata Pasifika** (R, **HD**)
7.40 **Praise Be** (G, R, **HD**, **C**)
8.10 **Susan Calman's Grand Day Out** (G, R, **HD**, **C**, **AD**)
9.00 **Q+A with Jack Tame** (**HD**, **C**) Political interviews and discussions.
10.00 **Waka Huia** (G, **HD**) Māori stories and histories for all New Zealanders.
10.30 **Marae** (**HD**)
11.00 **The Great British Sewing Bee** (G, R, **HD**, **C**, **AD**) s6ep5
Noon **Attitude** (PG, **C**, **AD**) Nine-year-old Tara, who lives with visual impairment, is launching her very first album, Pele O Lo'u Fatu, and wants to show people how proud she is to be Samoan and Palagi.
12.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs.
1.00 **Sunday** (R, **C**) Miriama Kamo presents current affairs.
2.00 **Inside Taronga Zoo** (G, **HD**, **C**, **AD**) s2ep13
3.00 **The Check Up** (G, R, **HD**, **C**, **AD**) Baking with bugs, conjunctivitis, and eliminating the transmission of HIV.
3.30 **Extraordinary Escapes** (G, **C**, **AD**) Sandi Toksvig and Philippa Perry escape to Scotland's Highlands and islands, where they go off-grid on Eilean Shona and Knoydart, and stay in a flamboyant artist's home in Callander. s2ep5
4.30 **Fishing and Adventure** (PG, **HD**, **C**) Scott and Mig head to North Auckland, where there's a consequence for species landed other than John Dory.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Country Calendar** (G, **HD**, **C**, **AD**) An East Coast whānau set about securing their family's future by restoring their lands through partnership with a new farm carbon-forestry venture.
7.30 **Sunday** (**C**) Miriama Kamo presents current affairs.
8.30 **The Brokenwood Mysteries** (M, **C**, **AD**) The world champion of the curious sport of Spoofing is found dead in a fountain. s8ep4
10.35 **Line of Duty** (16, **HD**, **C**, **AD**) After the shooting at the drugs house, Kate Fleming increases the pressure on Danny Waldron's armed response unit. s3ep2
11.50 **The Commons** (M, **HD**, **C**, **AD**) s1ep6
12.45am – 6.00 Infomercials

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Peppa Pig** (G, R, **HD**, **C**)
6.10 **Kangaroo Beach** (G, R, **HD**, **C**)
6.20 **Bluey** (G, R, **HD**, **C**)
6.50 **Care Bears: Unlock the Magic** (G, R, **HD**, **C**)
7.10 **Trollstopia** (G, R, **HD**, **C**)
7.30 **Ben 10** (G, R, **HD**, **C**)
7.45 **Bunnicula** (G, R, **HD**, **C**)
8.05 **SpongeBob SquarePants** (G, R, **HD**, **C**)
8.30 **What Now?** (G, **C**) Local kids' show featuring, games, interviews, fun and gunge.
9.30 **Home and Away Omnibus** (PG, R, **HD**, **C**)
11.25 **Shortland Street Omnibus** (PG, R, **HD**, **C**, **AD**)
1.55 **B Positive** (PG, **HD**, **C**) s2ep8
2.25 **Call Me Kat** (PG, **HD**, **C**, **AD**) s2ep11
2.55 **The Middle** (G, R, **HD**, **C**) s1ep11
3.20 **Mr. Bean** (G, R, **HD**, **C**, **AD**) Mr Bean hosts a New Year's Eve party, discovers bargains at a sale, and decorates his room. s1ep10
3.55 ■ **A House with a Clock in Its Walls** (2018, PG, R, **HD**, **C**, **AD**) An orphan helps his magical uncle in locating a clock with the power to bring about the end of the world. Owen Vaccaro, Jack Black, Cate Blanchett.
6.00 **Wipeout** (PG, **HD**, **C**) John Cena and Nicole Byer present a US series in which thrillseekers compete on the world's largest extreme obstacle course.
7.00 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) The six finalists travel to Oyster Bay in Tasmania, where they will face a two-round oyster challenge.
8.35 ■ **Die Hard** (1988, M, R, **HD**, **C**, **AD**) An NYPD officer tries to save his wife and her workmates when they are taken hostage by terrorists during a Christmas party in Los Angeles. Bruce Willis, Bonnie Bedelia, Alan Rickman. **TV Films, page 69**
11.05 **Life Behind Bars: Visiting Hours** (PG, **HD**, **C**, **AD**) UK documentary that goes inside the visiting room of a maximum security prison in Glasgow.
12.05am ■ **Death Row Doctors** (16, **HD**, **C**)
1.00 **License to Kill** (M, **HD**, **C**) s2ep5
1.45 **In Ice Cold Blood** (16, **HD**, **C**) s2ep8
2.35 ■ **Wonder Woman: Bloodlines** (2019, M, R, **HD**, **C**) Voices of Rosario Dawson, Jeffrey Donovan.
4.05 **Infomercials**
4.30 **Religious Programming**
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **Life TV**
6.30 **Leading the Way**
7.00 **Charles Stanley**
8.00 **Life TV**
8.30 **Turning Point**
9.00 **Extreme Couponing** (PG, **C**)
9.25 **The Hui** (R, **C**) With Mihingarangi Forbes.
9.55 **Newshub Nation** (R, **C**) With Simon Shepherd and Oriini Kaipara.
10.55 **Nature's Strangest Mysteries: Solved** (PG, R, **C**)
11.20 **What Could Possibly Go Wrong?** (PG, R, **C**) s1ep5
Noon **American Loggers** (PG, **C**)
1.00 **Motorsport: Elf Rhino Racing Series** Round 4, Hampton Downs.
1.30 **Motorsport: Supercars Championship** Round 9, Sandown.
2.30 **Driven** The NZ rally team debuts in Finland.
3.00 **Motorsport: MotoGP** Round 13, Austria.
4.00 **Motorsport: British Touring Cars** Races 19, 20, 21, Snetterton.
4.55 **Bondi Lifeguard World Adventures** (PG, R, **C**)
5.30 **Piri's Tiki Tour** (G, **C**) s5ep7
6.00 **Newshub Live**
7.00 **The Masked Singer NZ** (PG, **C**)
8.00 ■ **Charlie's Angels** (2019, M, R, **C**) Kristin Stewart, Naomi Scott. **TV Films, page 69**
10.10 **9-1-1** (M, R, **C**)
11.05 **Cocaine Trade Exposed: The Invisibles** (M, R, **C**)
12.00am Infomercials
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Kids' Programmes** (**C**)
7.00 **Religious Programming** (G)
10.00 **Antiques Roadshow** (G, R, **C**)
11.00 **Judge Judy** (PG)
11.30 **Farah Palmer Cup Live** Bay of Plenty v Canterbury, live from Tauranga Domain.
1.30 **Rugby Championship** (G, **C**) All Blacks v Argentina, from Orangetheory Stadium, Christchurch.
3.30 **WhichCar** (G, R, **C**)
4.00 **Mainfreight Rugby** (G)
5.00 **Rugby Nation** (G)
5.30 **Prime News**
6.00 **American Pickers** (PG, R)
7.00 **Storage Wars** (PG, R, **C**)
7.30 **Rescue: River Deep Mountain High** (PG, R, **C**)
8.00 **Kalgoorlie Cops** (M, **C**)
8.35 **The Equalizer** (M, **C**) McCall helps a mother whose teen may have joined a gang.
9.35 **Game of Thrones** (18, **C**) Viserys receives final payment for Daenerys.
11.50 **SmackDown** (PG)
12.50am Fear the Walking Dead (18, **C**)
2.00 – 6.00 Infomercials

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Whānau Bake-Off** (G, R)
9.30 **Easy Eats** (G, R)
10.00 **Kai with Anne Thorp** (G, R)
10.30 **Moon Tide Fishing** (G, R)
11.00 **Te Ao Mārama**
11.30 **Te Ao with Moana** (R)
Noon **Te Ao Tapatahi** Neil Waka presents current affairs.
12.30 **Tagata Pasifika**
1.00 **5 Minutes of Fame** (G, R)
2.00 ■ **Lassie** (1994, PG, R) Tom Guiry, Helen Slater.
4.00 **Waka Huia** (G, R)
4.30 **The Hui** (R) Mihingarangi Forbes presents current affairs.
5.00 **Matangireia** (G, R) Conversations with Māori politicians. Today, Hone Harawira.
5.30 **Te Ao Toa**
6.30 **Heritage Rescue** (G, R) Brigid Gallagher visits heritage sites in need of help.
7.30 **Whānau** (PG, R) Documentary about four Māori families expecting new babies.
8.30 ■ **Birdman** (2014, M) A faded actor best known for playing a superhero struggles to plan a Broadway play. Michael Keaton, Zach Galifianakis, Edward Norton, Andrea Riseborough. **TV Films, page 69**
10.40 – 11.40 Tāringa (G, R)

Film: THE CHANGE-UP

An R-rated body-swap comedy from the director of *Wedding Crashers* and the writers of *The Hangover*, if that's a recommendation. Jason Bateman, especially, has fun mimicking Ryan Reynolds; the movie came in at No 10 in an IMDb list of the genre.
BRAVO, 10.00pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Top Chef** (PG, R)
9.10 **Hoarders** (PG, R) s1ep5-6
10.50 **Love It or List It: Vancouver** (PG, R)
11.40 **Love It or List It** (PG, R)
1.30 **Dog Rescuers** (PG, R)
2.30 **Rich Kids Go Skint** (PG, R)
3.30 **Million Dollar Listing: NY** (PG, R)
6.30 **Tiny House Nation** (PG) A hang-gliding enthusiast wants a tiny house on the ground so he can continue to pursue his passions.
7.30 ■ **It's Complicated** (2009, M, R, **C**) A woman's relationship with her remarried ex-husband is unexpectedly rekindled. Meryl Streep, Alec Baldwin
10.00 ■ **The Change-Up** (2011, 16, R, **C**) A married father of three and his best friend, a single lothario, swap bodies. Jason Bateman, Ryan Reynolds.
12.15am Embarrassing Bodies (M, R)
1.05 – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Key of David**
6.30 **Through the Bible**
7.00 **Leading the Way**
7.30 **Animal Cribs** (PG, R) s2ep7
8.20 **Baked in Vermont** (G)
8.45 **The Best Thing I Ever Ate** (R)
9.35 **Museum Mysteries** (PG, R)
10.25 **American Pickers** (PG, R)
11.10 **Building the Dream** (G)
Noon **Craft Wars** (PG)
1.00 **Best in Food** (G)
1.30 **Who Wants to Be a Millionaire? UK** (G, R)
2.30 **My Lottery Dream Home** (G, R)
3.00 **Amanda to the Rescue** (PG)
4.00 **Alex vs America** (PG)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
7.00 **Everything but the House** (G)
7.30 **Martin Clunes: Islands of America** (PG)
8.30 ■ **Ideal Home** (2018, PG) Steve Coogan, Paul Rudd. **TV Films, page 69**
10.30 **Forged in Fire** (PG)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Tanked** (PG, R)
7.40 **Turbo Pickers** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Building Off the Grid** (G, R)
10.10 **Ed Stafford: Left for Dead** (PG, R)
10.55 **Inside West Coast Customs** (PG, R)
11.40 **Garage Squad** (PG, R)
1.25 **Wheeler Dealers Marathon** (PG, R)
5.40 **Garage Squad** (PG)
6.40 **Head Rush** (G)
7.30 **Turbo Pickers** (PG)
8.25 **Iron Resurrection** (PG)
9.20 **Texas Metal** (PG) Bill and the team start converting a 1973 El Camino into a car for the future, and work on a 2020 Freightliner.
10.10 **Airplane Repo** (PG) Ken Cage and Danny Thompson go after a $2 million Citation CJ1 and end up under fire.
11.00 **Garage Squad** (PG, R)
11.55 **Head Rush** (G, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
12.10 **Superstore** (PG, R, **HD**, **C**, **AD**) s4ep16
2.10 **Motorway Patrol** (PG, R, **C**)
3.00 **River Monsters** (PG, R, **C**)
3.55 **Xploration** (G, R, **HD**)
4.20 **Impossible Engineering** (G, R, **HD**, **C**)
5.15 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s4ep8
6.00 **MythBusters: There's Your Problem!** (PG, R, **HD**)
6.35 **Ultimate Rides** (G, **HD**) s2ep18
7.00 **Family Guy** (PG, R, **HD**, **C**, **AD**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s15ep8
8.30 **Great Escapes with Morgan Freeman** (M, R, **HD**, **C**, **AD**) s1ep5
9.25 **Top Gear America** (M, **HD**) The guys try to find the ultimate driver's car for under $100,000.
10.05 **Wheelburn** (PG, **HD**) Haydon Paddon puts his skills to the test.
10.35 **Fast Justice** (PG, R, **HD**, **C**, **AD**) UK series.
11.30 – 12.25am ■ **Wild Kai Legends** (PG, R, **HD**, **C**) s2ep1

SKY PREMIERE SKY 030

7.05 **The Dry** (2020, 16) Eric Bana, Genevieve O'Reilly
9.00 **Summerland** (2020, PG) Gemma Arterton
10.40 **Licorice Pizza** (2021, M) Alana Haim
12.50 **Survive the Night** (2019, 16) Bruce Willis, Chad Michael Murray
2.20 **Nightmare Alley** (2021, 16) Bradley Cooper, Cate Blanchett
4.50 **Out of Death** (2021, 16) Bruce Willis, Jaime King
6.25 **The Little Things** (2021, M) A deputy sheriff's quick assignment turns into a search for a serial killer. Denzel Washington
8.30 **Cry Macho** (2021, M) A washed-up rodeo star is tasked with bringing his former boss' son home from Mexico. Clint Eastwood, Eduardo Minett **TV Films, page 69**
10.15 **Death of a Telemarketer** (2021, M) Lamorne Morris
11.45 **Penguin Bloom** (2020, M) Naomi Watts
1.20am Licorice Pizza (2021, M)
3.30 All My Life (2020, M) **5.00** Alone (2020, 16)

MOVIES CLASSICS SKY 034

6.30 **Robinson Crusoe** (1954, G) Dan O'Herlihy
8.00 **The Age of Innocence** (1993, G) Daniel Day-Lewis, Michelle Pfeiffer
10.15 **Flatliners** (1990, M) Kiefer Sutherland, Julia Roberts
12.05 **A Bridge Too Far** (1977, PG) James Caan, Michael Caine
2.55 **The Specialist** (1994, 16) Sylvester Stallone, Sharon Stone
4.45 **The Net** (1995, M) Sandra Bullock, Jeremy Northam
6.40 **Bonnie and Clyde** (1967, M) Based on the story of a couple who embarked on a crime spree during the Great Depression. Warren Beatty, Faye Dunaway
8.30 **Groundhog Day** (1993, PG) A self-centred weatherman relives the same day in a small town. Bill Murray, Andie MacDowell, Chris Elliott, Stephen Tobolowsky
10.10 **Drugstore Cowboy** (1989, 16) Matt Dillon, Kelly Lynch
11.50 **Reservoir Dogs** (1992, 18) Harvey Keitel, Tim Roth
1.30am Pale Rider (1985, PG)
3.25 The Specialist (1994, 16) **5.15** Comanche Station (1960, M)

RIALTO SKY 039

6.10 **June Again** (2020, M) Noni Hazlehurst
7.50 **The Justice of Bunny King** (2021, M) Essie Davis, Thomasin McKenzie
9.30 **Settlers** (2021, 16) Sofia Boutella
11.15 **Carmen & Lola** (2018, 16) Zaira Romero
1.00 **Well Groomed** (2019, PG) US documentary.
2.25 **Danny Boy** (2021, M) Toby Jones
3.55 **Mark Hunt: The Fight of His Life** (2021, 16) NZ documentary.
5.25 **End of Sentence** (2019, M) John Hawkes
7.00 **James & Isey** (2021, M) NZ documentary.
8.30 **Rialto British: Ridley Road** (M) Vivien's cover among the fascists is exposed. s1ep4
9.30 **Ammonite** (2020, 16) Based on the life of British palaeontologist Mary Anning. Kate Winslet, Saoirse Ronan
11.25 **Sirens** (1994, 16) Hugh Grant
1.00am Dogs Don't Wear Pants (2019, 18) **2.45** Well Groomed (2019, PG) **4.10** Danny Boy (2021, M) **5.40** Mark Hunt: The Fight of His Life (2021, 16)

SKY CHANNELS

Vibe SKY 006

6.25 Family Finders (M) s2ep4&5 **7.25** The Sounds (M) s1ep7 **8.10** Judge Judy Omnibus (PG) **9.50** The Closer Omnibus (M) **1.55** Harlots (16) s1ep7 **2.45** ■ The Immortal Life of Henrietta Lacks (2017, M) Oprah Winfrey. **4.30** Back in Time for Dinner (PG) s1ep1 **5.30** Murder, Mystery and My Family: Case Closed (M) s1ep4 **6.30** Dream Home Rescue (PG) s1ep7 **7.00** Dream Home Rescue (PG) s1ep8 **7.30** Designing Dreams (G) Matthew Ridge presents an architecture series. Tonight, architect Roger Walker takes Matthew to visit three of his favourite New Zealand houses. s1ep1 **8.30** Victoria (M) Peel faces the most important battle of his political career, and when tragedy strikes, Victoria and Albert must confront the true cost of standing by your convictions. s2ep8 **9.30** Agatha Christie's Marple (M) Miss Marple's priest friend is battered to death after visiting a dying woman. s5ep1 **11.15** Back in Time for Dinner (PG) s1ep1 **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 Mallorca Files (PG) s1ep4&5 **7.30** Fawlty Towers (PG) s2ep1 **8.05** Holby City (M) s21ep18 **9.05** EastEnders Marathon (PG) **11.05** The Jonathan Ross Show (PG) s18ep1 **11.55** The Graham Norton Show (M) s29ep7 **12.50** 8 Out of 10 Cats Does Countdown (M) **1.40** Midsomer Murders (M) s18ep4 **3.25** The Trial of Christine Keeler (M) s1ep4 **4.30** Death in Paradise (M) s10ep5 **5.35** Heartbeat (PG) s18ep9 **6.30** Death in Paradise (PG) s10ep3 **7.35** Doc Martin (M) PC Mylow's wedding plans are put in danger when he suffers a snake bite. s2ep7 **8.30** Who Do You Think You Are? (PG) Paul Merton traces the life of his maternal grandfather and key events that led to Irish independence in the 1920s. **9.35** Call the Midwife (PG) s2ep1&2 **11.35** Casualty (PG) s37ep1 **12.25am** Programmes continue

SoHo SKY 010

6.30 Absentia Marathon (16) s3ep1-10 **2.00** Allen v. Farrow (18) s1ep2 **3.00** Eden (16) s1ep6 **3.50** Scenes from a Marriage (16) s1ep1 **4.50** Animal Kingdom (16) s6ep5 **5.40** Irma Vep (16) s1ep7 **6.40** White House Farm (18) s1ep1 **7.30** The Invisible Pilot (16) In 1977, pilot Gary Betzner inexplicably jumps off a bridge to his death. s1ep1 **8.30** The White Lotus (16) Stripped of his gadgets, Quinn reluctantly takes a scuba class with Mark, and Shane enlists Armond to help plan a romantic evening. s1ep3 **9.30** House of the Dragon (18) s1ep1 **10.40** Real Time with Bill Maher (M) s20ep25 **11.40** The Rehearsal (16) s1ep3 **12.10am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** Love Your Garden (PG) **8.00** Garden Rescue (PG) **8.50** Grow Your Own at Home with Alan Titchmarsh (PG) **9.20** Martha Knows Best (PG) **9.50** Inside the Factory (PG) **10.50** Salvage Hunters: The Restorers (PG) **11.45** Exploring Northern Ireland with Siobhán McSweeney (PG) **12.40** Rachael Ray's Week in a Day (PG) **1.35** Girl Meets Farm (PG) **2.00** Cake Wars (PG) **2.55** Buddy vs. Duff (PG) **3.50** Bakers vs. Fakers (PG) **4.45** Spring Baking Championship (PG) **5.40** Escape to the Country (PG) **7.30** Our Simple Life (PG) **8.30** Shed and Buried (PG) **9.00** Salvage Hunters: Design Classics (PG) **9.30** Paramedics on Scene (PG) **10.30** Cake Wars (PG) **11.20** Buddy vs. Duff (PG) **12.10am** Programmes continue

Investigation Discovery SKY 018

6.05 I'd Kill for You (M) **7.45** Dead Reckoning (M) **8.35** Crime Scene Confidential (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Reasonable Doubt (M) **1.05** Secrets, Lies and Private Eyes (M) **2.00** Killing Gucci: People Magazine (M) **2.55** Lady Gucci: The Story Of (M) **4.15** Evil Lives Here (M) **5.10** Talking Evil (M) **5.40** Las Vegas Law (M) **6.35** The Co-Ed Killer: Mind of a Monster (M) **7.30** Little Boy Lost: An ID Mystery (M) **8.30** Predator at Large (M) **9.30** Undercover Underage (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 ■ Eric Clapton's Crossroads Guitar Festival 2019 (2020, G) **8.00** Die Tote Stadt (G) Opera by Erich Wolfgang Korngold. **10.35** Art Passion Power: The Story of the Royal Collection **11.30** The Decisive Moment **11.45** Parklife **12.30** The Goering Catalogue **1.30** William Holden: Between Shadow and Light **2.30** ■ Eric Clapton's Crossroads Guitar Festival 2019 (2020, G) **4.00** The CBSO at the BBC Proms (G) The City of Birmingham Symphony Orchestra and Music Director Mirga Gražinytė-Tyla celebrate the centenary of Mieczysław Weinberg. **5.45** ■ The Sit-In: Harry Belafonte hosts the Tonight Show (2020, G) **7.00** The Who Hits 50! Live from the Royal Albert Hall (G) The Who are captured live on their 50th anniversary tour. **8.55** Bastille Live at Eden Session **9.50** Rock Legends: Van Halen **10.30** Rock Legends: Meat Loaf **11.15** Rock Legends: The Cure **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Strange Evidence (M) **7.45** Contact (PG) **8.35** Heavy Tow Truckers Down Under (M) **9.25** Aussie Salvage Squad (PG) **10.20** Strange Evidence (M) **11.15** Gold Rush: White Water (M) **12.10** Aussie Gold Hunters (PG) **1.05** Heavy Tow Truckers Down Under (M) **2.00** Gold Rush: White Water Marathon (M) **7.30** Aussie Gold Hunters (PG) **8.30** Naked and Afraid (M) **9.30** Ed Stafford: First Man Out (PG) **10.30** Dual Survival (M) **11.25** Strange Evidence (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Superstructures: Engineering Marvels (PG) **7.30** Air Crash Investigation: Special Report (PG) **9.30** Last of the Giants: Wild Fish (PG) **10.30** Wicked Tuna (PG) **11.30** Hunting Alaskan Dinosaurs (PG) **12.30** First Alaskans (PG) **1.30** Hitler Youth (PG) **3.30** Lost Treasures of Egypt (PG) **5.30** Running Wild with Bear Grylls: The Challenge (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** César Millan: Better Human, Better Dog (PG) **8.30** Seconds from Disaster (PG) **9.30** Drain the Oceans Best ofs (PG) **10.30** Running Wild with Bear Grylls: The Challenge (PG) **11.30** Aussie Snake Wranglers (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Rise of the Clans (PG) **7.30** Invasion! (PG) **8.30** Time Team **9.30** Great British History Hunters (PG) **10.30** The Plantagenets (PG) **11.30** The Rise of the Clans (PG) **12.30** Invasion! (PG) **1.30** How the Silk Road Made the World (PG) **2.30** Storming Juno (M) **4.30** Walking Britain's Roman Roads (PG) **5.30** Legendary Castles (PG) **6.30** Abandoned Engineering (PG) **7.30** Around the World by Train with Tony Robinson (PG) **8.30** Besieged Fortresses, Legendary Battles (PG) **9.30** The Normans (PG) **10.30** Blood of the Clans (M) **11.30** Penelope Keith's Hidden Coastal Villages **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero (M) **6.45** Life in the Air (PG) **7.40** Louis Theroux: Altered States (16) **8.45** Trust Me, I'm a Doctor (PG) **9.40** Spy in the Snow (PG) **10.45** Spy in the Wild (PG) **12.45** The Dog Rescuers with Alan Davies (PG) **2.20** 24 Hours in A&E (PG) **4.00** Universe (PG) **4.55** Frozen Planet (PG) **5.50** Walking the Himalayas (PG) **6.45** Life Below Zero (M) **7.40** The Dog Rescuers With Alan Davies (PG) **8.30** Chris Packham's Animal Einsteins (PG) **9.35** Universe (PG) **10.35** Trust Me, I'm a Doctor (PG) **11.35** Spy in the Snow (PG) **12.35am** Programmes continue

BBC Earth: Spy in the Snow, 11.35pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 World Rugby Sevens Series, Los Angeles, day 1, **live** **Noon** Rugby Championship, All Blacks v Argentina **2.00** National Provincial Championship, Bay of Plenty v Counties Manukau, from Tauranga Domain, **live** **4.00** Rugby Championship, Australia v South Africa **4.30** NPC, Northland v Southland, from Semenoff Stadium, Whangarei, **live** **6.30** Rugby Championship, Australia v South Africa **7.00** Premier League, Brighton v Leeds United **7.15** Premier League, Chelsea v Leicester City **7.30** The Breakdown **8.30** Rugby Nation **9.00** World Rugby Sevens Series, Los Angeles, day 1 **10.30** NPC, Bay of Plenty v Counties Manukau **10.50** UCI Mountain Bike World Championship, Elite Women's, from Les Gets, France, **live** **12.35am** Premier League, Liverpool v Bournemouth **12.50** Rugby Championship, Australia v South Africa **1.05** UCI Mountain Bike World Championship, Elite Men's, **live** **2.50** 1st XV Rugby, Auckland 1A final **3.20** Rugby Championship, Australia v South Africa **3.35** World Rugby Sevens Series, Los Angeles, day 2, **live**

Sky Sport 2 SKY 052

6.30 Premier League, Arsenal v Fulham **8.30** Premier League, Chelsea v Leicester City **10.30** ICF Canoe Slalom World Championships, day 1, highlights **11.30** Farah Palmer Cup, Bay of Plenty v Canterbury, from Tauranga Domain, **live** **1.30** Farah Palmer Cup, Counties Manukau v Waikato **2.00** NPC, Wellington v Taranaki, from Sky Stadium, Wellington, **live** **4.00** Tauihi Basketball Aotearoa, final, replay **6.00** ICF Canoe Slalom World Championships, day 1, highlights **7.00** ICF Canoe Slalom World Championships, canoe semi-finals, **live** **9.10** Premier League, Manchester City v Crystal Palace **9.30** ICF Canoe Slalom World Championships, canoe finals, **live** **10.45** Farah Palmer Cup, Bay of Plenty v Canterbury **11.20** NPC, Wellington v Taranaki **11.35** NPC, Bay of Plenty v Counties Manukau **11.55** ATP 250 Winston-Salem Open, final, replay **1.50am** Premier League, Wolverhampton v Newcastle United, **live** **4.00** Tauihi Basketball Aotearoa, 1st v 4th, replay

Sky Sport 3 SKY 053

6.45 The 6ixty, Guyana Amazon Warriors v Barbados Royals, **live** **9.00** The 6ixty, St Kitts & Nevis Patriots v Trinbago Knight Riders, **live** **11.15** Australia v Zimbabwe, 1st ODI, from Riverway Stadium, Townsville, **live** **7.40** The 6ixty, Guyana Amazon Warriors v Trinbago Knight Riders **7.55** The 6ixty, Guyana Amazon Warriors v Barbados Royals **9.00** Premier League, Chelsea v Leicester City **11.00** Australia v Zimbabwe, 1st ODI **11.30** NPC, Waikato v Manawatu, replay **1.30** NPC, Wellington v Taranaki, highlights **1.45** The 6ixty, men's semi-final 1, **live** **4.15** The 6ixty, men's semi-final 2, **live**

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**)
10.00 **Tipping Point** (G, R, **HD**, **C**)
11.00 **The Chase** (G, R, **HD**, **C**)
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**) Mandy sets out to prove her suspicions, and Jacob has some good news.
1.30 **Country Calendar** (G, R, **HD**, **C**, **AD**) An East Coast whānau set about securing their family's future by restoring their lands through partnership with a new farm carbon-forestry venture.
2.00 **The Repair Shop** (G, R, **HD**, **C**, **AD**) UK series in which expert craftspeople restore treasured items.
3.00 **Tipping Point** (G, **HD**, **C**)
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Terese comes out fighting for Paul, an old friend makes a surprise visit, and Jane grapples with great loss.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Fair Go** (**C**) Pippa Wetzell and Hadyn Jones present consumer affairs.
8.00 ■ **The Check Up** (G, **C**, **AD**) Mataroria Lyndon, Shawn Gielen-Relph, Jayani Kannangara and Vanisi Prescott present a local health series. Tonight, how well do we really understand cholesterol, and are there costs or benefits to being bilingual? s3ep1
8.30 ■ **My Life Is Murder** (M, **HD**, **C**, **AD**) Australian crime-drama series. Tonight, when Alexa investigates the death of a young teacher at a tango club, it's not clear who is leading whom in a dangerous dance to discover the truth. s3ep1
9.30 ■ **I Am** (M, R, **HD**, **C**, **AD**) Local series featuring first-person stories. Tonight, how Sehar Moughal and her three teenage sisters escaped their violent father.
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Keeping Australia Safe** (M, **HD**, **C**, **AD**) s1ep5
12.40am **Q+A with Jack Tame** (R, **HD**, **C**)
1.40 **Te Karere** (R)
2.05 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.10 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.05 **Infomercials**
9.35 **Les Mills BodyBalance** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **C**)
Noon **First Dates** (M, **HD**, **C**) s6ep1
1.00 **Selling Houses Australia** (G, R, **HD**, **C**)
2.00 **The Drew Barrymore Show** (PG, R, **HD**, **C**)
3.00 **A.P. Bio** (PG, R, **HD**, **C**) s3ep4
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s31ep3
5.30 **Friends** (G, R, **HD**, **C**) s10ep4
6.00 **Ghosts** (PG, **C**, **AD**) Sam is commissioned to write an article about Flower and her friends holding up a bank during their commune days. s1ep7
6.30 **Home and Away** (PG, **C**) Theo and Kirby deny their chemistry, Cash learns he took a man's life, and Tane falls on his sword for Nikau.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desdemona takes a dark path, TK takes charge, and Esther gets a win and a loss.
7.30 **MasterChef Australia: Fans & Favourites** (G, **HD**, **C**, another episode screens tomorrow) The final five go on a truffle hunt and then use their haul for a dish worthy of immunity.
8.35 ■ **Snackmasters Australia** (PG, **HD**, **C**, **AD**) Chefs compete to make the perfect Angry Whopper.
10.00 ■ **Russell Howard Stands Up to the World** (16, R, **HD**, **C**, **AD**) The British comedian performs down under.
11.00 **Two and a Half Men** (PG, R, **HD**, **C**) s8ep4
12.00am **2 Broke Girls** (M, R, **HD**, **C**) s2ep2
12.25 **Counterpart** (16, **HD**, **C**) s1ep3
1.25 **Emmerdale** (PG, R, **C**, **AD**)
2.10 **Infomercials**
3.10 ■ **Police Code Zero** (M, R, **HD**, **C**)
3.55 **Heroes** (M, R, **HD**, **C**) s2ep9
4.35 **Neighbours** (G, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Woman on the Edge** (2017, PG, R, **C**) Rumer Willis, Christina DeRosa.
2.55 **Outrageous Acts of Science** (PG, **C**)
4.00 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) Room reveal scoring gets heated when a bidding war breaks out to secure the win.
8.40 **9-1-1** (M, **C**) Members of the 118 attempt to rescue a wellness retreat guru after his followers turn on him. s5ep18
9.35 **9-1-1: Lone Star** (M, **C**) Strand and the 126 come together when one of their own is trapped after a building explosion. s3ep18
10.30 **Newshub Late**
11.00 **Head High** (M, R, **C**) A visitor throws the O'Kane whanau into turmoil and forces Renee to face her past, and Tai is tempted to go to the dark side. s1ep3
12.05am **Infomercials**
5.30 – 6.00 **AM Early** With Bernadine Oliver-Kerby.

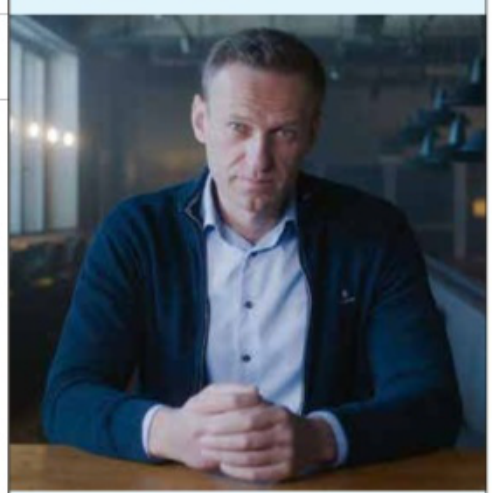
PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Dan Brown's The Lost Symbol** (M, R, **C**)
11.00 **NCIS: New Orleans** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Tagata Pasifika** (G)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R) Mike and Danielle uncover a vintage reel of Beatles footage.
8.30 **The Crowd Goes Wild**
9.30 **Super Pumped: The Battle for Uber** (16, **C**) Gurley sends Travis and Emil on a roadshow to raise money.
10.45 **The Late Show with Stephen Colbert** (PG)
11.45 **Ballers** (16)
12.30 – 6.00 **Infomercials**

Documentary: SECRETS OF THE SHINING KNIGHT

A US production that jazzes up its investigation into the manufacture of armour for knights with a challenge. Blacksmith Ric Furrer and master armorer Jeff Wasson attempt to recreate parts of an elite armour originally manufactured in the Royal Workshop founded by King Henry VIII. Many of the techniques and skills used by master craftsmen 500 years ago are still being unravelled and the doco features 21st-century analysis of medieval design innovations, as well as historic drawings, re-enactments and interviews with experts.

HISTORY, 7.30pm



Film: NAVALNY

Canadian director Daniel Roher got the story of a lifetime when one of Alexei Navalny's alleged poisoners confessed; the phone call is in this extraordinary documentary about the Russian opposition politician that screened recently at the International Film Festival. Kim Hill's interview with Roher is also online on rnz.co.nz.

DOCPLAY

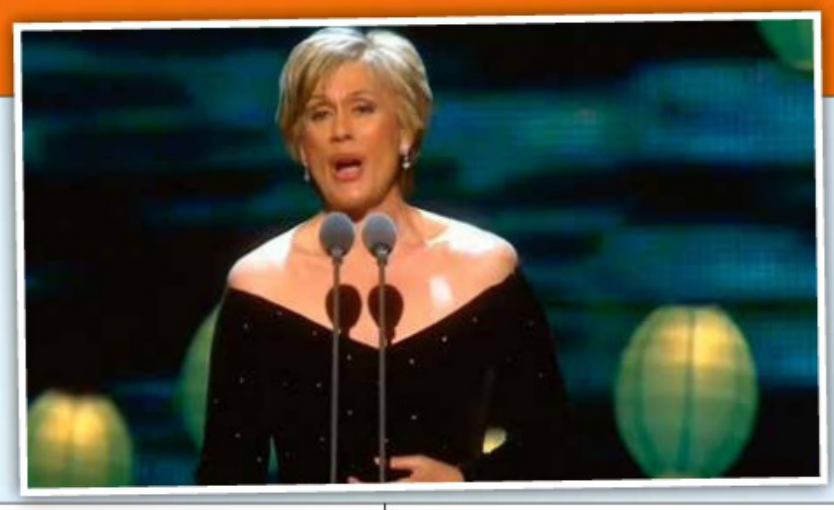
■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G)
9.00 **Easy Eats** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Hāngi Pit Masters** (G, R)
10.35 **Toi Te Ora** (G, R)
11.00 **Whānau** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Celebrity Playlist** (G, R)
1.05 **Heritage Rescue** (G, R)
2.00 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Marae** Current affairs.
7.30 **Our Other Islands** (PG) Troy Kingi explores the most interesting Islands in Aotearoa.
8.00 **Te Ao with Moana** With Moana Maniapoto.
8.30 **Legends of Opera: Dame Kiri Te Kanawa** (G, R) Documentary celebrating opera singer Dame Kiri Te Kanawa.
9.30 **Tea with the Dames** (2018, M, R) Documentary featuring dames Judi Dench, Eileen Atkins, Joan Plowright and Maggie Smith.
11.00 – 11.30 **Te Ao Mārama** (R)

Documentary: LEGENDS OF OPERA: DAME KIRI TE KANAWA

An episode of a British arts series that places Dame Kiri in exalted company, with the likes of Luciano Pavarotti, Maria Callas, Plácido Domingo and Joan Sutherland. As well as a history, experts offer their opinion on her greatest roles.
WHAKAATA MĀORI, 8.30pm



BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.40 **Killer Siblings** (M, R)
12.35 **Tattoo Fixers** (M, R)
1.30 **Below Deck** (M, R)
2.30 **Love It or List It** (PG, R)
3.30 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing: NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Snapped** (M)
8.30 **New York Homicide** (16) An aspiring writer and painter in the Soho art scene of the early 80s was found murdered two days after her debut book was published.
9.30 **Exhumed: Killer Revealed** (16) A woman was found dead in her car wrapped in an electric blanket.
10.30 **Killer Siblings** (M, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Amanda to the Rescue** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Alex vs America** (PG, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Location Location** (G)
1.00 **Daryl's Restoration Overhall**
1.30 **Everything but the House** (G, R)
2.00 **Martin Clunes: Islands of America** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Jamie's Super Food** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
7.00 **Incredible Journeys with Simon Reeve** (PG)
8.00 **Newshub Live**
8.30 **Alone at Home** (PG)
9.30 **Ugly House to Lovely House** (PG)
10.30 **Incredible Journeys** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Turbo Pickers** (PG, R)
9.20 **Iron Resurrection** (PG, R)
10.10 **Texas Metal** (PG, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Building Off the Grid** (G, R)
1.30 **Building Alaska** (G, R)
2.20 **Homestead Rescue** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Turbo Pickers** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Ed Stafford: Left for Dead** (PG) Ed is in Laos.
8.25 **Man vs. Wild** (PG) In the Sahara, Bear Grylls meets people from the nomadic Berber tribes.
9.20 **Naked and Afraid** (M) Two survivalists are dropped onto sand dunes in Brazil.
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.10 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep8
12.35 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.00 **River Monsters** (PG, R, **HD**, **C**)
1.55 **Star Trek Discovery** (M, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.00 **The Chase Aus** (G, **HD**, **C**)
4.50 **ABC World News** (PG)
5.15 **Abandoned Engineering** (G, R, **HD**, **C**)
6.05 **30 Rock** (PG, R, **HD**, **C**) s1ep15
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep9
7.00 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s15ep10
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**)
9.25 **Ten Year Old Tom** (PG, **HD**, **C**) s1ep3
9.55 **Robot Chicken** (16, **HD**)
11.10 **Aqua Teen Hunger Force** (M, **HD**)
11.30 **The Eric Andre Show** (M, R, **HD**)
11.40 **Caprica** (16, **HD**) s1ep16
1.15am – 1.40 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.40 **Kill Chain** (2019, 16) Nicolas Cage, Anabelle Acosta
8.12 **Half Brothers** (2020, M) Luis Gerardo Mendez
9.50 **Falling for Figaro** (2021, M) Danielle Macdonald
11.35 **Long Story Short** (2021, M) Rafe Spall, Zahra Newman
1.10 **Fatale** (2020, 16) Hilary Swank, Michael Ealy
2.55 **Separation** (2020, M) Violet McGraw, Rupert Friend
4.40 **Let Them All Talk** (2020, M) Meryl Streep, Candice Bergen
6.35 **French Exit** (2021, M) An broke New York socialite and her aimless son move to Paris. Michelle Pfeiffer, Lucas Hedges
8.30 **12 Mighty Orphans** (2021, M) Based on the story of a gridiron team of orphans during the Great Depression. Luke Wilson, Martin Sheen
10.30 **The Professor and the Madman** (2019, M) Mel Gibson, Sean Penn
12.35am Promising Young Woman (2020, 18) **2.30** The Nest (2020, 16) **4.15** Pure (2018, 16) **5.45** Time for Me to Come Home for Christmas (2018, PG)

MOVIES CLASSICS SKY 034

6.30 **Sudden Impact** (1983, 16) Clint Eastwood, Sondra Locke
8.25 **A Fish Called Wanda** (1988, M) John Cleese, Jamie Lee Curtis
10.10 **Unforgiven** (1992, M) Clint Eastwood, Gene Hackman
12.20 **Bonnie and Clyde** (1967, M) Warren Beatty, Faye Dunaway
2.10 **The Ruling Class** (1972, M) Peter O'Toole, Alastair Sim
4.40 **Fanny** (1961, G) Leslie Caron, Horst Buchholz
6.50 **Carrie** (1976, 16) A bullied high school misfit discovers she has supernatural powers. Sissy Spacek, John Travolta
8.30 **Boyz N the Hood** (1991, M) Three African American boys grow into men in South Central LA. Cuba Gooding Jr, Laurence Fishburne
10.25 **Sex, Lies and Videotape** (1989, M) A lawyer's affair with his sister-in-law is complicated by a visitor with an usual fetish. James Spader, Andie MacDowell
12.05am Young Winston (1972, G) **2.25** Unforgiven (1992, M) **4.35** The Enforcer (1976, 16)

RIALTO SKY 039

7.10 **End of Sentence** (2019, M) John Hawkes
8.45 **James & Isey** (2021, M) NZ documentary.
10.20 **Ammonite** (2020, 16) Kate Winslet, Saoirse Ronan
12.20 **No Distinguishing Features** (2020, M) Australian documentary.
1.45 **Before We Die** (M) s1ep1&2
3.25 **Revolt She Said** (2021, 16) NZ documentary.
4.50 **First Cow** (2019, PG) John Magaro, Toby Jones
6.50 **My Zoe** (2019, M) A divorced mother raising her only daughter takes matters into her own hands after tragedy strikes. Julie Delpy
8.30 **Rialto World: Balloon** (2018, M) After failing to flee from East Germany in a hot-air balloon, two families try to make a second attempt. David Kross, Friedrich Mücke
TV Films, page 69
10.35 **The Promise** (M) s1ep5
11.35 **Assassins** (2020, M) US documentary.
1.20am The Crimson Rivers: Songs of Darkness (2018, 16) **2.55** Revolt She Said (2021, 16) **4.20** First Cow (2019, PG)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep13 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep6 **8.05** The Mysteries of Laura (M) s2ep5 **8.50** The Good Wife (M) s2ep1 **9.40** Covert Affairs (M) s2ep13 **10.30** Judge Judy (PG) **11.15** Agatha Christie's Marple (M) s5ep1 **1.00** Back in Time for Dinner (PG) s1ep1 **2.00** The Closer (M) s5ep6 **2.50** The Mysteries of Laura (M) s2ep5 **3.40** The Good Wife (M) s2ep1 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep13 **6.30** Covert Affairs (M) s2ep13 **7.30** The Supervet: Specials (PG) **8.30** Ambulance (16) s7ep3 **9.30** Inside the Operating Theatre (M) s1ep16 **10.30** The Good Wife (M) s2ep1 **11.20** Judge Judy (PG) **11.50** The Supervet: Specials (PG) **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** Richard Osman's House of Games Night (PG) s2ep1 **7.45** The Bill (M) **8.35** A Touch of Frost (M) s15ep2 **10.10** Father Brown (M) **11.00** Doc Martin (M) s2ep7 **11.50** Midsomer Murders (M) s2ep3 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep5 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (PG) s25ep2 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Death in Paradise (PG) s10ep6 **9.40** The Trial of Christine Keeler (M) s1ep5 **10.45** Keeping Faith (M) s1ep5 **11.50** Midsomer Murders (M) s2ep3 **1.35am** Programmes continue

SoHo SKY 010

6.25 Rap Sh!t (16) s1ep5 **6.55** House of the Dragon (18) s1ep1 **8.05** White House Farm (18) s1ep1 **8.55** Real Time with Bill Maher (M) s20ep25 **9.55** The White Lotus (16) s1ep3 **10.55** The Invisible Pilot (16) s1ep1 **11.50** House of the Dragon (18) s1ep1&2 **2.30** Real Time with Bill Maher (M) s20ep25 **3.45** Mr Inbetween (16) s2ep2 **4.15** Shameless (18) s10ep11 **5.10** Mayans M.C. (16) s2ep6 **6.00** I Hate Suzie (M) s1ep6 **6.45** Black Monday (16) s2ep7 **7.20** Last Week Tonight with John Oliver (M) s9ep22 **8.00** What We Do in the Shadows (16) Nadja realises her lifelong ambition of opening a vampire nightclub. s4ep2 **8.30** House of the Dragon (18) s1ep2 **9.30** City on a Hill (16) As Jackie continues his fling with Letitia, Jenny attempts to get her husband reinstated in the FBI. s3ep4 **10.30** Phoebe Robinson: Sorry, Harriet Tubman (M) **11.30** Get Shorty (16) s3ep3 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Long Lost Family US (PG) **10.00** Lost for Words (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Lost for Words (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Selling Houses Australia (PG) **9.30** The Great Hotel Escape (PG) **10.30** Grand Designs New Zealand (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** American Monster (M) **7.45** Crime Scene Confidential (M) **8.35** Reasonable Doubt (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Six Degrees of Murder (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** The Co-Ed Killer: Mind of a Monster (M) **6.35** Little Boy Lost: An ID Mystery (M) **7.30** Evil Lives Here (M) **8.30** American Monster (M) **9.30** Evil Lives Here (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Rock Legends: Meat Loaf **7.15** Rock Legends: The Cure **8.00** The CBSO at the BBC Proms **9.45** ■ The Sit-In: Harry Belafonte hosts the Tonight Show (2020, G) **11.00** The Who Hits 50! Live from the Royal Albert Hall **12.55** Bastille Live at Eden Session **1.50** Rock Legends: Van Halen **2.30** Rock Legends: Meat Loaf **3.15** Rock Legends: The Cure **4.00** Landscape Artist of the Year Canada **4.45** ■ Ai Weiwei: Yours Truly (2019, G) **6.00** My Beautiful Stutter **6.55** The Artist's Workshop **7.10** The Great Pottery Throw Down **8.00** Off Camera **8.55** Mary Beard's Shock of the Nude (PG) **9.55** Secrets of the Museum **10.45** The Artist's Workshop **11.00** Put Some Colour in Your Life **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Gold Rush: White Water (M) **9.25** Aussie Gold Hunters (PG) **10.20** Gold Rush: Dave Turin's Lost Mine (PG) **11.15** Heavy Tow Truckers Down Under (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Aussie Gold Hunters (PG) **7.30** Demolition Down Under (PG) **8.30** Heavy Tow Truckers Down Under (M) **9.30** Last Outpost (PG) **10.30** Railroad Alaska (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Aussie Snake Wranglers (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** Shark Attack Files (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Nazi Attack on America (M) **3.30** Inside the SS (PG) **4.30** Hitler's Last Stand (M) **6.30** César Millan: Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Running Wild with Bear Grylls: The Challenge (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Normans (PG) **7.30** Blood of the Clans (M) **8.30** Time Team **9.30** Around the World by Train with Tony Robinson (PG) **10.30** Besieged Fortresses, Legendary Battles (PG) **11.30** The Normans (PG) **12.30** Blood of the Clans (M) **1.30** Great German Aircraft of World War I (PG) **2.30** Scorched Earth (PG) **3.30** Air Wars (PG) **4.30** Line of Fire (PG) **5.30** River Hunters (PG) **6.30** Time Team **7.30** Secrets of the Shining Knight (PG) **8.30** Secrets of Althorp: The Spencers (PG) **9.30** Legendary Castles (PG) **10.30** Zulu Wars (PG) **11.30** The Australian SAS: The Untold History (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Meet the Bears (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Round Planet (PG) **9.30** Trust Me, I'm a Doctor (PG) **10.35** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (PG) **12.10** Galapagos: Islands of Change (PG) **1.15** Round Planet (PG) **2.10** Meet the Bears (PG) **3.05** Earth's Great Rivers (PG) **4.00** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (M) **7.40** 24 Hours in A&E (PG) **8.30** Life Below Zero (M) **9.25** Where The Wild Men Are (M) **10.20** Hotel Armadillo (PG) **11.20** Earth's Great Rivers (PG) **12.15am** Programmes continue

Sky Arts: Ai Weiwei: Yours Truly, 4.45pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 World Rugby Sevens Series, Los Angeles, day 2, **live** **10.20** National Provincial Championship, Waikato v Manawatu, highlights **10.35** National Provincial Championship, Wellington v Taranaki, highlights **10.50** World Rugby Sevens Series, London, men's final, highlights **11.00** World Rugby Sevens Series, Los Angeles, day 2, **live** **1.00** Farah Palmer Cup, Auckland v Wellington, highlights **1.30** Farah Palmer Cup, Counties Manukau v Waikato, highlights **2.00** National Provincial Championship, Wellington v Taranaki, replay **4.00** National Provincial Championship, Northland v Southland, replay **6.00** ICF Canoe Slalom World Cup, day 2, highlights **7.00** World Rugby Sevens Series, Los Angeles, day 1, highlights **8.30** The Crowd Goes Wild **9.30** World Rugby Sevens Series, Los Angeles, day 2, highlights **11.00** National Provincial Championship, Bay of Plenty v Counties Manukau, replay **1.00am** Cycling, Deutschland Tour, stage 4, **live** **3.00** National Provincial Championship/Ranfurly Shield, Hawke's Bay v North Harbour, replay **5.00** Heartland Championship, Thames Valley v West Coast, replay

Sky Sport 2 SKY 052

6.00 Premier League, Wolverhampton v Newcastle United **8.00** Premier League, Aston Villa v West Ham **10.00** Premier League, Nottingham Forest v Tottenham Hotspur **Noon** ATP 250 Winston-Salem Open, final **2.00** ICF Canoe Slalom World Championships, canoe finals **3.15** ICF Canoe Slalom World Championships, extreme slalom **4.30** Premier League, Aston Villa v West Ham **6.30** Premier League, Nottingham Forest v Tottenham Hotspur **8.30** Premier League, Wolverhampton v Newcastle United **10.30** Sunday Night with Matty Johns **11.30** PGA Tour, Tour Championship, round 4 **12.00am** World Rugby Sevens Series, Los Angeles, day 2 **1.30** National Provincial Championship, Bay of Plenty v Counties Manukau **3.30** National Provincial Championship, Auckland v Otago **5.30** The Fan

Sky Sport 3 SKY 053

6.45 The 6ixty, women's final, **live** **9.00** The 6ixty, men's final, **live** **11.15** The 6ixty, Guyana Amazon Warriors v Barbados Royals **11.30** The 6ixty, Jamaica Tallawahs v St Kitts & Nevis Patriots **11.45** The 6ixty, Guyana Amazon Warriors v St Lucia Kings **Noon** Australia v Zimbabwe, 1st ODI, replay **8.00** The 6ixty, women's final **10.00** The 6ixty, men's final **12.00am** Australia v Zimbabwe, 1st ODI **12.30** The 6ixty, men's semi-final 1 **12.45** The 6ixty, men's semi-final 2 **1.00** The 6ixty, men's final **1.15** The 6ixty, women's final **1.30** Australia v Zimbabwe, 1st ODI, highlights **2.00** The 6ixty, men's semi-final 1, replay **4.00** The 6ixty, men's semi-final 2, replay

Drama: THE CAPTURE

The Capture could be a forerunner of *The Undeclared War*, but while that series focuses on cyber attacks on a global scale, the first season of British thriller *The Capture* was about the manipulation of CCTV to frame a former soldier, a practice known as "correction". In season two, it seems that this technology is out of control, with doctoring of live news and rampant political manipulation. *I May Destroy You*'s Paapa Essiedu joins the cast as a rising government minister, while Holliday Grainger (*Strike*) returns as DCI Rachel Carey, who is going to "fall deeper into the dizzying world of fakery and disinformation", according to showrunner Ben Chanan.
TVNZ+

Nature: MEET THE HEDGEHOGS

Steve Backshall is usually climbing mountains, so a trip to a hedgehog rescue centre in Surrey founded by Queen's Brian May is decidedly pedestrian. As these little critters aren't a pest in Britain, there are tips on making your garden welcoming, which everyone in Aotearoa should ignore.
BBC EARTH, 8.30pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**)
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**) Chas is torn, Charity makes her feelings clear, and Ethan and Marcus have a disagreement.
1.00 **Hollyoaks** (PG, **C**, **AD**) The clock starts ticking for DeMarcus, Grace turns to drink and makes a drastic decision, and Nadira and Juliet land a heated position once again.
1.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.
2.00 **The Repair Shop** (G, R, **HD**, **C**, **AD**) UK series in which expert craftspeople restore treasured items.
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (G, **HD**, **C**) Glen comes to a realisation, Izzy plays with fire, and the Erinsborough exodus continues.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 ■ **Eat Well for Less NZ** (PG, **C**, **AD**) Michael Van de Elzen and Ganesh Raj help Kiwi families shop better. Tonight, a young professional couple with a very active toddler need to break the "instant noodle" cycle. s3ep10
8.30 **Unbreakable** (PG, **HD**, **C**, **AD**) Local series featuring remarkable individuals as they pursue their life goals. Tonight, Jayden has the finish line in sight, AJ suffers a blow, and we meet Ella. s2ep5
9.30 **Coronation Street** (PG, **C**, **AD**)
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Sunday** (R, **C**)
12.30am **Lodgers for Codgers** (16, R, **HD**, **C**, **AD**)
1.20 **Te Karere** (R)
1.45 **Infomercials**
5.35 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills BodyCombat** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **HD**, **C**)
Noon **First Dates** (M, **HD**, **C**) s6ep2
1.00 **Selling Houses Australia** (G, R, **HD**, **C**)
2.00 **The Drew Barrymore Show** (PG, R, **HD**, **C**)
3.00 **A.P. Bio** (PG, R, **HD**, **C**) s3ep5
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s31ep4
5.30 **Friends** (G, R, **HD**, **C**) s10ep5
6.00 **The Big Bang Theory** (G, R, **HD**, **C**, **AD**) s6ep24
6.30 **Home and Away** (PG, **C**) Justin bankrolls the band, Cash turns to Rose, and can Theo and Kirby make music not love?
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Marty stops kidding around, Desi struggles with a dark spiral, and Leanne's new friends are divine.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) On the final day of their Tasmanian road trip, the Top 5 prepare to showcase local whisky and gin.
8.40 **NCIS: Hawai'i** (M, **HD**, **C**, **AD**) A shipwreck was carrying exotic animals that now threaten the native wildlife on Oahu, and Alex sustains a career-ending injury. s1ep19
9.35 **SEAL Team** (M, **HD**, **C**, **AD**) An op gone sideways lands the whole team in hospital, and Clay tries to piece together what went wrong. s5ep8
10.40 **CSI: Crime Scene Investigation** (16, **HD**, **C**) s5ep18
12.30am **Chapelwaite** (16, **HD**, **C**) s1ep8
1.20 **Emmerdale** (PG, R, **HD**, **C**, **AD**)
1.45 **Infomercials**
2.40 **The Cube** (G, R, **HD**, **C**)
3.30 **Heroes** (M, R, **HD**, **C**) s2ep10
4.15 **2 Tunes**
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Fatal Defense** (2017, M, R, **C**) Ashley Scott, David Cade, Sophie Guest.
3.00 **Outrageous Acts of Science** (PG, **C**)
4.00 **Bath Crashers** (G, **C**) A small bathroom is transformed into a classic space featuring a built-in coffee bar.
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) Quinn and Ben use their $2000 steal advantage.
8.40 **NCIS** (M, **C**) NCIS investigates the unexpected death of a Navy reservist who was an investigative journalist. s19ep20
9.35 **NCIS: Los Angeles** (M, **C**) The team must quickly find Callen after he falls for Katya's trap. s13ep21
10.30 **Newshub Late**
11.00 **The Hui** (**C**) With Mihingarangi Forbes.
11.35 **Newshub Nation** (R, **C**) With Simon Shepherd and Oriini Kaipara.
12.40am **Infomercials**
5.30 – 6.00 **AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **World Rugby Sevens Series** (G) Los Angeles, day 2.
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **WhichCar** (G, R, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R)
8.30 **The Gilded Age** (16, **C**) George makes a deal to help Bertha, and Peggy meets a trailblazing newspaperman.
9.45 **Mare of Easttown** (18, **C**) Colin presses a priest about the vague circumstances that prompted his transfer to the parish.
10.55 **The Breakdown** (G)
12.00am **The Late Show with Stephen Colbert** (PG)
1.00 – 6.00 **Infomercials**

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Film: RARE BEASTS

Billie Piper has been taking control of her own career and it turns out she has quite a dark sense of humour. The excoriating series *I Hate Suzie* followed this "anti rom-com", which she wrote, directed and stars in, about a modern woman who starts dating a traditionalist. **RIALTO, 6.55pm**

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **He Kākano** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Our Other Islands** (PG, R)
11.30 **Te Ngākau Tapatahi** (G, R)
Noon **Te Ao Tapatahi**
12.30 ■ **Tea with the Dames** (2018, M, R) Documentary.
2.00 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Giants** (G) ASTR: Asians Supporting Tino Rangatiratanga.
7.30 **David Rocco's Dolce South East Asia** (G) Thailand.
8.00 **Moon Tide Fishing** (PG) Nore Martin and Flynn Jack try catching a marlin at the end of the season.
8.30 **China Wild** (G, R) Nature series.
9.30 **Wild Kai Legends** (M, R) With Tamati Rimene-Sproat.
10.00 **Michif Country** (G) Leela Gilday.
10.30 **Piri's Tiki Tour** (PG, R)
11.00 – 11.30 **Te Ao Mārama** (R)

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.45 **Killer Siblings** (M, R)
12.35 **Tattoo Fixers** (M, R)
1.35 **Below Deck** (M, R)
2.30 **Love It or List It** (PG, R)
3.30 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing: NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Rich Kids Skint Holidays** (M) A 19-year-old student is used to travelling first class.
8.30 **The Real Housewives of Beverly Hills** (M) At Dorit's charity dinner, Crystal addresses troubling rumours.
9.30 **Below Deck Down Under** (M) Culver gets too close to a charter guest on a night out.
10.30 **Killer Siblings** (M, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Jamie's Super Food** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
10.55 **Salvage Dawgs** (G)
11.25 **Flea Market Flip** (G, R)
Noon **Ugly House to Lovely House** (PG, R)
1.00 **Alone at Home** (PG, R)
2.00 **Incredible Journey's with Simon Reeve** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Islands to Highlands** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
7.00 **Extreme Animal Transport** (PG)
7.30 **It's Me or the Dog UK** (PG)
8.00 **Newshub Live**
8.30 **Luxury for Less** (PG)
9.30 **Escape to the Chateau: DIY**
10.30 **Extreme Animal Transport** (PG, R)
11.00 **It's Me or the Dog UK** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Ed Stafford: Left for Dead** (PG, R)
9.20 **Man vs. Wild** (PG, R)
10.10 **Naked and Afraid** (M, R)
10.55 **Alaskan Bush People** (PG, R)
11.45 **Tanked** (PG, R)
12.30 **Inside West Coast Customs** (PG, R)
1.20 **Kindig Customs** (PG, R)
2.10 **Street Outlaws: No Prep Kings** (M, R)
3.00 **Wheeler Dealers** (PG, R)
3.50 **Ed Stafford: Left for Dead** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Alaska: Battle on the Bay** (PG)
8.25 **Edge of Alaska** (M) Neil breaks through to the Mother Lode mine.
9.20 **Deadliest Catch** (M)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.25 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep9
12.45 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.10 **River Monsters** (PG, R, **HD**, **C**)
2.05 **Star Trek Discovery** (M, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (PG, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep16
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep10
7.05 **Everybody Hates Chris** (G, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s15ep12
8.30 ■ **Extreme Measures** (1996, 16, R, **HD**, **C**, **AD**) A British doctor in New York investigates when the body of a man who died in his ER disappears. Hugh Grant.
10.40 **Caprica** (16, **HD**) s1ep18
12.20am – 12.40 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.15 **Songbird** (2020, 16) KJ Apa, Sofia Carson
8.40 **Nobody** (2021, 16) Bob Odenkirk, Connie Nielsen
10.10 **Lake Placid: Legacy** (2018, 16) Katherine Barrell
11.45 **Flesh and Blood** (2018, 16) Diana Silvers
1.20 **The Last Son** (2021, 16) Sam Worthington
2.57 **Voyagers** (2020, 16) Tye Sheridan, Colin Farrell
4.45 **The Unholy** (2021, M) Jeffrey Dean Morgan
6.25 **Judas & the Black Messiah** (2021, 16) Based on the story of an FBI informant who infiltrated the Illinois Black Panther Party. Daniel Kaluuya, LaKeith Stanfield
8.30 **Monster Hunter** (2020, M) A group of soldiers try to survive in a strange world inhabited by enormous creatures. Milla Jovovich, Tony Jaa
10.15 **Land** (2021, M) Robin Wright, Demian Bichir
11.45 **Six Minutes to Midnight** (2021, M) Eddie Izzard
1.25am Out of Death (2021, 16) **3.00** Come Play (2020, M) **4.35** Charm City Kings (2020, 16)

MOVIES CLASSICS SKY 034

6.10 **The Key** (1958, PG) William Holden, Sophia Loren
8.15 **Heat** (1995, 16) Al Pacino, Robert De Niro
11.05 **Goodfellas** (1990, 16) Robert De Niro, Ray Liotta
1.30 **Castle Keep** (1969, M) Burt Lancaster, Patrick O'Neal
3.15 **Dirty Harry** (1971, 16) Clint Eastwood, Andrew Robinson
5.00 **The Defiant Ones** (1958, PG) Sidney Poitier, Tony Curtis
6.35 **Fail Safe** (1964, PG) A technical malfunction sends a group of US bombers to destroy Moscow. Henry Fonda, Walter Matthau
8.30 **Advise and Consent** (1962, PG) An investigation into the President's newly nominated Secretary of State reveals a secret that threatens to ruin several prominent politicians. Henry Fonda, Charles Laughton, Don Murray, Walter Pidgeon
10.45 **Hamburger Hill** (1987, M) Don Cheadle, Dylan McDermott
12.35am Rock'n'Roll High School (1979, M) **2.10** The Fan (1996, 16) **4.05** Captain Apache (1971, PG) **5.40** Othello (1951, G)

RIALTO SKY 039

6.20 **My Zoe** (2019, M) Julie Delpy
8.05 **Balloon** (2018, M) David Kross
10.10 **Assassins** (2020, M) US documentary.
11.55 **The Crimson Rivers: Songs of Darkness** (16) French crime series.
1.35 **Before We Die** (M) s1ep3&4
3.15 **Golden Arm** (2020, M) Mary Holland
4.50 **Zappa** (2020, 16) US documentary.
6.55 **Rare Beasts** (2019, 16) A career-driven single mother falls in love with a charming traditionalist. Billie Piper, Kerry Fox, Leo Bill
8.30 **The Promise** (M) DNA found on Charlotte's boots leads to an unexpected suspect. s1ep6
9.30 **In the Shadow of 9/11** (2021, 16) US documentary about a group of Black men accused of assisting Al Qaeda in a plot to blow up US buildings.
11.10 **Broken Law** (2020, 16) Tristan Heanue
12.40am I Miss You (2019, 16) **2.35** Golden Arm (2020, M) **4.10** The Promise (M) s1ep6 **5.10** Zappa (2020, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep14 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep7 **8.05** The Mysteries of Laura (M) s2ep6 **8.50** The Good Wife (M) s2ep2 **9.40** Covert Affairs (M) s2ep14 **10.30** Judge Judy (PG) **11.15** Ambulance (16) s7ep3 **12.15** Inside the Operating Theatre (M) s1ep16 **1.05** The Supervet: Specials (PG) **2.00** The Closer (M) s5ep7 **2.50** The Mysteries of Laura (M) s2ep6 **3.40** The Good Wife (M) s2ep2 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep14 **6.30** Covert Affairs (M) s2ep14 **7.30** Frankie Drake Mysteries (M) s4ep10 **8.30** Vera (M) s3ep4 **10.15** The Good Wife (M) s2ep2 **11.15** Judge Judy (PG) **11.45** Frankie Drake Mysteries (M) s4ep10 **12.45am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.30** QI (M) **7.00** EastEnders (PG) **7.30** The Bill (M) **8.15** A Touch of Frost (M) s1ep1 **10.05** Father Brown (M) s3ep7 **10.55** Doc Martin (M) s2ep8 **11.45** Midsomer Murders (M) s2ep4 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep6 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s25ep3 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Heartbeat (PG) A cat burglar is targeting the wealthiest homes in the district. s18ep10 **9.30** Father Brown (PG) A former employee of a health spa is found murdered. s9ep9 **10.25** Doc Martin (M) s6ep1 **11.20** Midsomer Murders (M) s2ep4 **1.10am** Programmes continue

SoHo SKY 010

6.00 I Hate Suzie (M) s1ep6 **6.45** Black Monday (16) s2ep7 **7.20** Mystery Road (16) s2ep4 **8.20** Last Week Tonight with John Oliver (M) s9ep22 **8.55** Phoebe Robinson: Sorry, Harriet Tubman (M) **9.50** What We Do in the Shadows (16) s4ep2 **10.20** House of the Dragon (18) s1ep2 **11.40** City on a Hill (16) s3ep4 **12.40** Mystery Road (16) s2ep4 **1.35** I Hate Suzie (M) s1ep6 **2.15** Black Monday (16) s2ep7 **2.45** Last Week Tonight with John Oliver (M) s9ep22 **3.20** Phoebe Robinson: Sorry, Harriet Tubman (M) **4.15** Mr Inbetween (16) s2ep3 **4.40** Shameless (18) s10ep12 **5.40** Mayans M.C. (16) s2ep7 **6.25** Billions (18) s5ep11 **7.25** The Undoing (18) s1ep6 **8.30** Yellowstone (16) s4ep1 **9.30** Irma Vep (16) In the final days of the shoot, Mira grapples with her experience playing Irma Vep. s1ep8 **10.30** Murder on Middle Beach (18) s1ep1 **11.30** Lovecraft Country (18) s1ep1 **12.40am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** The Great Hotel Escape (PG) **10.00** Selling Houses Australia (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Grand Designs New Zealand (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Selling Houses Australia (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Salvage Hunters (PG) **9.30** Grand Designs UK (PG) **10.30** Escape to the Country (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** Predator at Large (M) **7.45** Dead Reckoning (M) **8.35** Deadline: Crime with Tamron Hall (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Six Degrees of Murder (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** American Monster (M) **6.35** Evil Lives Here (M) **8.30** People Magazine Investigates (M) **9.30** The Co-Ed Killer: Mind of a Monster (M) **10.30** Little Boy Lost: An ID Mystery (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.45 The Artist's Workshop **7.00** Put Some Colour in Your Life **8.00** Landscape Artist of the Year Canada **8.45** ■ Ai Weiwei: Yours Truly (2019, G) **10.00** My Beautiful Stutter **10.55** The Artist's Workshop **11.10** The Great Pottery Throw Down **Noon** Off Camera **12.55** Mary Beard's Shock of the Nude (PG) **1.55** Secrets of the Museum **2.45** The Artist's Workshop **3.00** Put Some Colour in Your Life **4.00** ■ Almost Almost Famous (2018, G) **5.30** Put Some Colour in Your Life **6.00** The Big Book Club **7.00** Stars of the Silver Screen: Laurence Olivier **7.45** The Merry Widow **9.25** ■ Savior for Sale: Da Vinci's Lost Masterpiece? (2021, G) **11.00** The Art Detectives **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Expedition to the Edge (M) **9.25** Fast N' Loud (M) **10.20** Heavy Tow Truckers Down Under (M) **11.15** Gold Rush: Dave Turin's Lost Mine (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Outback Opal Hunters (PG) **7.30** Aussie Gold Hunters (PG) **8.30** Strange Evidence (M) **9.30** Mystery at Blind Frog Ranch (M) **10.30** Contact (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** César Millan: Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Running Wild with Bear Grylls: The Challenge (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures (PG) **2.30** Facing ... (M) **3.30** Original Sin (M) **4.30** César Millan: Better Human, Better Dog (PG) **5.30** First Alaskans (PG) **6.30** Running Wild with Bear Grylls: The Challenge (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Unknown Waters with Jeremy Wade (PG) **9.30** Wicked Tuna (PG) **10.30** Shark Attack Files (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Legendary Castles (PG) **7.30** Zulu Wars (PG) **8.30** Time Team **9.30** River Hunters (PG) **10.30** Time Team **11.30** Secrets of the Shining Knight (PG) **12.30** Secrets of Althorp: The Spencers (PG) **1.30** Great German Battleships of World War II (PG) **2.30** Scorched Earth (PG) **3.30** Air Wars (PG) **4.30** Line of Fire (PG) **5.30** River Hunters (PG) **6.30** Time Team **7.30** Besieged Fortresses, Legendary Battles (PG) **8.30** Around the World by Train with Tony Robinson (PG) **9.30** Armada: The Untold Story (M) **10.30** Chivalry and Betrayal (PG) **11.30** Secrets of the Railways (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Hippos: Africa's River Giants (PG) **7.00** Life Below Zero (16) **7.50** Where the Wild Men Are (PG) **8.40** Round Planet (PG) **9.35** Trust Me, I'm a Doctor (PG) **10.35** The Dog Rescuers (M) **11.25** 24 Hours in A&E (PG) **12.15** Hotel Armadillo (PG) **1.10** Round Planet (PG) **2.05** Hippos: Africa's River Giants (PG) **3.05** Earth's Great Rivers (PG) **4.00** Trust Me, I'm a Doctor (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are (M) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Meet the Hedgehogs (PG) **9.25** Louis Theroux: Altered States (M) **10.30** Pangolins: World's Most Wanted Animal (PG) **11.35** Earth's Great Rivers (PG) **12.30am** Programmes continue

Sky Arts: Almost Almost Famous, 4.00pm

SKY SPORT

Sky Sport 1 SKY 051

7.00 The Crowd Goes Wild **8.00** Farah Palmer Cup, Auckland v Wellington, replay **10.00** Farah Palmer Cup, Bay of Plenty v Canterbury, replay **Noon** Farah Palmer Cup, Counties Manukau v Waikato, replay **2.00** Farah Palmer Cup, quarter-final 1,replay **4.00** Farah Palmer, quarter-final 2, replay **6.00** National Provincial Championship, Waikato v Manawatu, highlights **6.15** Between Two Posts **7.00** Rugby Championship, All Blacks v Argentina, highlights **7.30** Rugby Championship, Australia v South Africa, highlights **8.00** Sky Speed **8.30** Aotearoa Rugby Pod **9.00** World Rugby Sevens Series, Los Angeles, day 1, highlights **9.15** World Rugby Sevens Series, Los Angeles, day 2, highlights **9.30** The Back Page **10.30** National Provincial Championship, Auckland v Otago, replay **12.30am** Rugby Championship, All Blacks v Argentina **1.00** Heartland Championship, Thames Valley v West Coast **1.20** Cycling, Vuelta a España, stage 9, highlights **1.50** Vuelta a España, stage 10, Elche to Alicante, **live** **3.50** Farah Palmer, quarter-final 1, replay **5.50** National Provincial Championship, Northland v Southland, highlights

Sky Sport 2 SKY 052

6.00 AFL Weekly **6.30** Benji **7.00** ICF Canoe Slalom World Championships, day 1, highlights **8.00** ICF Canoe Slalom World Championships , day 2, highlights **9.00** AFL Weekly **9.30** The Crowd Goes Wild **10.30** Benji **11.00** ICF Canoe Slalom World Championships, day 1, highlights **Noon** ICF Canoe Slalom World Championships, day 2, highlights **1.00** AFL on the Couch **2.00** ICF Canoe Slalom World Championships, day 1, highlights **3.00** ICF Canoe Slalom World Championships, day 2, highlights **4.00** Heartland Championship, Thames Valley v West Coast, replay **6.00** Farah Palmer Cup, Counties Manukau v Waikato, replay **8.00** Premier League Match of the Week **10.00** Farah Palmer Cup, quarter-final, replay **12.00am** Farah Palmer, quarter-final, replay **2.00** Rugby Championship, All Blacks v Argentina, highlights **2.30** Vuelta a España, stage 9, highlights **3.00** Matty Johns: Face to Face **3.30** The Back Page **4.30** NRL 360 **5.30** NRL Premiership, Brisbane Broncos v Parramatta Eels, highlights

Sky Sport 3 SKY 053

6.00 Australia v Zimbabwe, 1st ODI, replay from Riverway Stadium, Townsville **2.00** The 6ixty, men's semi-final 1, replay **4.00** The 6ixty, men's semi-final 2, replay **6.00** The 6ixty, women's final, replay **8.00** The 6ixty, men's final, replay **10.00** 2021 Caribbean Premier League, semi-final 1, Trinbago Knight Riders v St Lucia Kings, highlights **10.30** 2021 Caribbean Premier League, semi-final 2, Guyana Amazon Warriors v St Kitts & Nevis Patriots, replay **2.30am** 2021 Caribbean Premier League, final, St Lucia Kings v St Kitts & Nevis Patriots, replay

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson, Indira Stewart and the Breakfast team present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **C**, **AD**) Juliet makes a shocking decision, tension continues between Maxine and Dave, and Tony shows off his diverse culinary skills.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (PG, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Dog Squad** (G, R, **HD**, **C**, **AD**) Wellington Delta duo Sam and Arlo chase down a bunch of scarpering school vandals, and Customs drug dog Zion busts one package wide open.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Beat the Chasers** (G, **HD**, **C**) Bradley Walsh presents a UK quiz show in which the Chasers compete as a team, challenging contestants to play against them to win cash prizes (includes Lotto at 8.20pm).
8.30 **George Clarke's Flipping Fast** (G, **C**, **AD**) George Clarke presents a UK realty series. Tonight, the amateur property developers hoping to claim the £100,000 prize are mother-daughter duo Janet and Olivia, and Swansea brothers Ricky and Andrew. s1ep2
9.35 **Coronation Street** (PG, **C**, **AD**)
10.35 **1 News** (**HD**, **C**)
11.05 **Shortland Street** (PG, R, **C**, **AD**) Desi harbours a dangerous secret, Monique has no issue with Marty, and Dawn is driven to Desire.
11.35 **Transplant** (M, **HD**, **C**) Canadian series about an ER doctor from Syria.
12.30am **Under the Dome** (M) s2ep4
1.10 **Te Karere** (R)
1.35 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills BodyAttack** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon **First Dates** (PG, **HD**, **C**) s6ep3
1.00 **Selling Houses Australia** (G, R, **HD**, **C**)
2.00 **The Drew Barrymore Show** (PG, R, **HD**, **C**)
3.00 **A.P. Bio** (PG, R, **HD**, **C**) s3ep6
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s31ep5
5.30 **Friends** (G, R, **HD**, **C**) s10ep6
6.00 **The Big Bang Theory** (G, R, **HD**, **C**, **AD**) s7ep1
6.30 **Home and Away** (PG, **C**) Justin lives his dreams through Theo, and Roo gets her mojo back.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desi harbours a dangerous secret, Monique has no issue with Marty, and Dawn's driven to Desire.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) The contestants have 60 minutes to cook a dish using only everyday basic ingredients and common equipment.
8.40 **Taskmaster NZ** (16, **C**, **AD**) With Jeremy Wells and Paul Williams. s3ep9
9.40 **Guessable** (M, **HD**, **C**, **AD**) Sara Pascoe and team captains Alan Davies and Darren Harriott welcome Rick Edwards, Big Zuu, Joanne McNally and Aaron Simmonds into the loft to play guessing games. s2ep11
10.40 ■ **Masterchef Australia: MasterClass** (G, **HD**, **C**)
11.45 **Have You Been Paying Attention?** (M, R, **C**)
12.40am ■ **Wentworth** (16, R, **HD**, **C**)
1.30 **Emmerdale** (PG, R, **C**, **AD**)
1.50 **Infomercials**
2.50 **The Cube** (G, R, **HD**, **C**)
3.30 **Heroes** (M, R, **HD**, **C**) s2ep11
4.15 **Bob Hearts Abishola** (G, R, **HD**, **C**) s3ep3
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **The Au Pair Nightmare** (2020, M, R, **C**) Brytnee Ratledge, Annie Heise.
2.55 **Outrageous Acts of Science** (PG, **C**)
3.55 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**) Teams race to finish laundry and garage spaces, and the judges' scoring prompts a strategic decision by Stacy and Adam.
8.40 **David Lomas Investigates** (PG, **C**) David Lomas reconnects lost families. Tonight, Te Ana and Denna Hamilton are trying to find their fathers, but the men named are not sure they are the dads.
9.45 **Million Dollar Murders** (16, **C**) Lee Ellen Stace was last seen alive when she was hoping to hitch-hike home to Brooms Head, NSW.
10.50 **Newshub Late**
11.20 **NRL Try Time** Lara Pitt showcases the best tries from the week's NRL action.
12.30am **Infomercials**
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Dan Brown's The Lost Symbol** (M, R, **C**)
11.00 **NCIS: New Orleans** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
4.55 **The Hui** (G, **C**)
5.30 **Prime News**
6.00 **Sky Speed** (G)
6.30 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **Traffic Cops** (PG, R, **C**)
8.30 **The Red Stag Timber Hunters Club** (M, **C**)
9.35 **The Last Cruise** (M, **C**) Documentary about the Diamond Princess.
10.30 **The Late Show with Stephen Colbert** (PG)
11.30 **World's Most Unexplained** (M, R, **C**)
12.00am – 6.00 **Infomercials**

Film: I CAME BY

Details are scarce, but it appears that nice Hugh Bonneville, usually seen playing Robert Crawley, Earl of Grantham in *Downton Abbey* or Henry Brown in *Paddington*, is going over to the dark side. Director Babak Anvari, who explored the anxiety of war and an oppressive society in his Bafta-winning *Under the Shadow*, takes on the class system with his new horror, in which a pair of graffiti artists (George MacKay and Percelle Ascott) who break into posh houses leaving behind the tag "I Came By" see something disturbing in the home of a retired High Court judge (Bonneville). Kelly Macdonald also stars.
NETFLIX

Documentary: THE LAST CRUISE

Film-maker Hannah Olson pieces together the story of the Covid-19 outbreak aboard the Diamond Princess cruise ship in 2020, using footage taken by the passengers and crew. It's a microcosm of the spread of the virus, and the divide between "essential workers" and those they look after.
PRIME, 9.35pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **David Rocco's Dolce South East Asia** (G, R)
10.35 **Toi Te Ora** (G, R)
11.00 **Piri's Tiki Tour** (PG, R)
11.30 **Moon Tide Fishing** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **China Wild** (G, R)
1.30 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Waiata Nation II** (G, R) Mohi Allen releases what could be the "jazziest" reo Māori song ever.
7.30 **Ka Pō, Ka Ao** (G) A special concert performance by Rob Ruha, Ka Hao and the Auckland Philharmonia Orchestra to welcome in te tau hou Māori, Matariki.
8.30 ■ **Disturbia** (2007, M, R) A teen living under house arrest becomes convinced his neighbour is a serial killer. Shia LaBeouf, David Morse.
TV Films, page 69
10.20 **Sidewalk Karaoke** (G, R)
10.50 – 11.20 **Te Ao Mārama** (R)

Film: TREAD

An extraordinary doco that could almost be, as *Variety* commented, "a tribute to 70s rural-revenge thrillers". However, director Paul Solet pulls back on this angle as he expands on the story of a welder who destroyed his perceived enemies' buildings in a modified bull-dozer. **RIALTO, 8.30pm**

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.45 **Killer Siblings** (M, R)
12.35 **Tattoo Fixers** (M, R)
1.30 **Below Deck** (M, R)
2.30 **Love It or List It** (PG, R)
3.30 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.25 **Million Dollar Listing: NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Dog Rescuers** (PG)
8.30 **24 Hours in Emergency** (M) A 54-year-old man has gone over the handlebars of his bike.
9.30 **911 Crisis Center** (M) A traffic stop turns into a full-blown pursuit, and a major accident leaves a motorcyclist motionless.
10.00 **911 Crisis Center** (M)
10.30 **Killer Siblings** (M, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Islands to Highlands** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Escape to the Chateau** (R)
1.00 **Luxury for Less** (PG, R)
2.00 **Extreme Animal Transport** (PG, R)
2.30 **It's Me or the Dog UK** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Giada in Italy** (G)
4.30 **Nigella: At My Table** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
6.55 **The Great Pottery Throw Down** (PG)
8.00 **Newshub Live**
8.30 **Where the Wild Men Are** (M)
9.30 **Travel Man's Greatest Trips** (PG)
10.30 **The Great Pottery Throw Down** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Edge of Alaska** (M, R)
10.10 **Deadliest Catch** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Mysteries of the Deep** (PG, R)
1.30 **Expedition Unknown** (PG, R)
2.20 **Nasa's Unexplained Files** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Alaska: Battle on the Bay** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Building Off the Grid** (G)
8.25 **Building Alaska** (G)
9.20 **Homestead Rescue** (PG) Amputee Jeff and wife Carol need a livable home, water, and a place to grow food.
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.20 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep10
12.45 **Everybody Hates Chris** (G, R, **HD**, **C**)
1.05 **River Monsters** (PG, R, **HD**, **C**)
2.00 **Star Trek Discovery** (M, **HD**, **C**)
2.50 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (PG, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep17
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep11
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s15ep14
8.30 **Police: Hour of Duty** (16, **HD**) s2ep3
9.30 **Disasters Engineered** (M, **HD**, **C**) A fire in a tower block that killed 72. s2ep2
10.25 **Megashippers: Land, Air and Sea** (G, R, **HD**, **C**, **AD**)
11.20 **Grimm** (16, R, **HD**)
12.55am – 1.15 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.40 **The Mistletoe Secret** (2019, PG) Kellie Pickler
8.05 **All My Life** (2020, M) Harry Shum Jr, Jessica Rothe
9.35 **Crisis** (2020, 16) Gary Oldman, Armie Hammer
11.35 **Superintelligence** (2020, PG) Melissa McCarthy
1.23 **Alone** (2020, 16) Jules Willcox, Marc Menchaca
3.03 **2 Hearts** (2020, M) Jacob Elordi, Tiera Skovbye
4.48 **The Many Saints of Newark** (2021, 16) Michael Gandolfini
6.50 **Belfast** (2021, M) In 1969, a nine-year-old boy's world is turned upside down in Northern Ireland. Jamie Dornan, Caitriona Balfe, Jude Hill, Judi Dench
8.30 **Jackass Forever** (2022, 16) The Jackass crew return for a final round of dangerous hijinks. Johnny Knoxville, Chris Pontius
10.10 **Venom: Let There Be Carnage** (2021, M) Tom Hardy, Woody Harrelson
11.45 **New Year, New You** (2018, 16) Suki Waterhouse
1.10am The Little Things (2021, M) **3.15** Kill Chain (2019, 16) **4.45** Words on Bathroom Walls (2020, M)

MOVIES CLASSICS SKY 034

7.10 **The Witches of Eastwick** (1987, M) Jack Nicholson, Susan Sarandon
9.05 **Pale Rider** (1985, PG) Clint Eastwood, Michael Moriarty
10.57 **Forever Young** (1992, PG) Mel Gibson, Jamie Lee Curtis.
12.37 **Wyatt Earp** (1994, M) Kevin Costner, Dennis Quaid
3.40 **T-Men** (1947, PG) Dennis O'Keefe, Mary Meade
5.10 **The Dead Pool** (1988, M) Clint Eastwood
6.40 **The King of Comedy** (1983, PG) An aspiring stand-up comedian is willing to do anything to catch a break. Robert De Niro, Jerry Lewis
8.30 **Waterloo** (1970, G) Based on events leading up to and during the Battle of Waterloo in 1815. Rod Steiger, Christopher Plummer
10.40 **Tucker: The Man and His Dream** (1988, PG) Based on the story of maverick car designer Preston Tucker and his attempt to build a "car of the future". Jeff Bridges, Joan Allen
12.30am Night of the Creeps (1986, 16) **2.05** McLintock! (1963, PG) **4.10** The Bodyguard (1992, M)

RIALTO SKY 039

7.15 **Rare Beasts** (2019, 16) Billie Piper, Kerry Fox
8.50 **In the Shadow of 9/11** (2021, 16) US documentary.
10.30 **Broken Law** (2020, 16) Tristan Heanue
Noon **The Promise** (M) s1ep6
1.00 **Before We Die** (M) s1ep5&6
2.40 **Beyond Driven** (2020, M) US documentary.
3.55 **Wild Mountain Thyme** (2020, PG) Emily Blunt, Jamie Dornan
5.35 **Lady Boss: The Jackie Collins Story** (2021, 16) UK documentary.
7.10 **Adopt a Highway** (2019, M) An ex-convict finds an abandoned baby in a dumpster. Ethan Hawke
8.30 **Tread** (2020, 16) US documentary about an American welder who went on a rampage with a secretly fortified bulldozer after feuding with town officials.
10.05 **The Judgement** (2021, M) Fedja van Huet
12.20am Machine (2019, M) **1.50** End of the Century (2019, 18) **3.15** Lady Boss: The Jackie Collins Story (2021, 16) **4.50** Adopt a Highway (2019, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep15 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep8 **8.05** The Mysteries of Laura (M) s2ep7 **8.55** The Good Wife (M) s2ep3 **9.45** Covert Affairs (M) s2ep15 **10.35** Judge Judy (PG) **11.25** Vera (M) s3ep4 **1.10** Frankie Drake Mysteries (M) s4ep10 **2.00** The Closer (M) s5ep8 **2.50** The Mysteries of Laura (M) s2ep7 **3.40** The Good Wife (M) s2ep3 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep15 **6.30** Covert Affairs (M) s2ep15 **7.30** Hitmen: Reloaded (M) s2ep5&6 **8.30** Julia (M) With Julia's star on the rise, WGBH struggles to keep the rest of its talent happy. s1ep4 **9.30** Our Girl (16) s2ep2 **10.30** The Good Wife (M) s2ep3 **11.20** Judge Judy (PG) **11.50** Hitmen: Reloaded (M) s2ep5 **12.20am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.20** A Touch of Frost (M) s1ep2 **10.10** Father Brown (M) s3ep8 **11.00** Doc Martin (M) s3ep1 **11.50** Midsomer Murders (M) s3ep1 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep7 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s25ep4 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** Grantchester (PG) Will is still tormented by his forbidden love when a vagrant is found dead in Leonard's Cafe. s7ep3 **9.30** Holby City (PG) Ange plans to tell Chloe her biggest secret, but a surprise locum throws her day into disarray. s21ep19 **10.35** Keeping Faith (M) s3ep1 **11.40** Midsomer Murders (M) s3ep1 **1.25am** Programmes continue

SoHo SKY 010

6.50 Billions (18) s5ep11 **7.50** The Undoing (18) s1ep6 **9.00** Yellowstone (16) s4ep1 **10.00** Irma Vep (16) s1ep8 **11.00** Murder on Middle Beach (18) s1ep1 **11.55** Lovecraft Country (18) s1ep1 **1.05** Billions (18) s5ep11 **2.05** The Undoing (18) s1ep6 **3.15** Yellowstone (16) s4ep1 **4.15** Mr Inbetween (16) s2ep4 **4.40** Watchmen (18) s1ep2 **5.35** Mayans M.C. (16) s2ep8 **6.30** House of the Dragon (18) s1ep2 **7.30** The Great (M) Catherine, Orlo, and Marial try to recruit an unhappy military general to their cause. s1ep3 **8.30** The Rising (16) In the past, Victoria Sands is planning a surprise birthday party for Daniel. s1ep7 **9.30** The Invisible Pilot (16) Gary starts afresh start in Miami, but is soon caught in dealings with Pablo Escobar. s1ep2 **10.30** Real Time with Bill Maher (M) s20ep25 **11.30** What We Do in the Shadows (16) s4ep2 **12.00am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Grand Designs UK (PG) **10.00** Salvage Hunters (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Escape to the Country (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Salvage Hunters (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Garden Rescue (PG) **9.30** Gardening Australia (PG) **10.30** Paxman on the Queen's Children (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** Dead Reckoning (M) **7.45** The Murder Tapes (M) **8.35** Secrets, Lies and Private Eyes (M) **9.25** Nightmare Next Door (M) **10.20** Dead of Night (M) **11.15** The Perfect Murder (M) **12.10** Six Degrees of Murder (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** People Magazine Investigates (M) **6.35** Reasonable Doubt (M) **7.30** Evil Lives Here (M) **8.30** Dead Reckoning (M) **9.30** Deadline: Crime with Tamron Hall (M) **10.30** Crime Scene Confidential (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

7.00 The Art Detectives **8.00** ■ Almost Almost Famous (2018, G) **9.30** Put Some Colour in Your Life **10.00** The Big Book Club **11.00** Stars of the Silver Screen **11.45** The Merry Widow **1.25** ■ Savior for Sale: Da Vinci's Lost Masterpiece? (2021, G) **3.00** The Art Detectives **4.00** Beethoven: The Piano Trios: Concert 1 **6.05** Hauser: Live in Zagreb **7.35** Leif Ove Andsnes & Friends: To Hope **8.50** Salzburg Festival 2021: Intolleranza 1960 (G) A performance of Luigi Nono's opera. **10.15** Joshua Bell at Home with Music **11.10** Rachmaninoff Revisited **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Expedition to the Edge (M) **9.25** Fast N' Loud (PG) **10.20** Strange Evidence (M) **11.15** Mystery at Blind Frog Ranch (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Dirty Jobs (M) **7.30** Heavy Tow Truckers Down Under (M) **8.30** Aussie Salvage Squad (PG) **9.30** Moonshiners (M) **10.30** Naked and Afraid XL (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

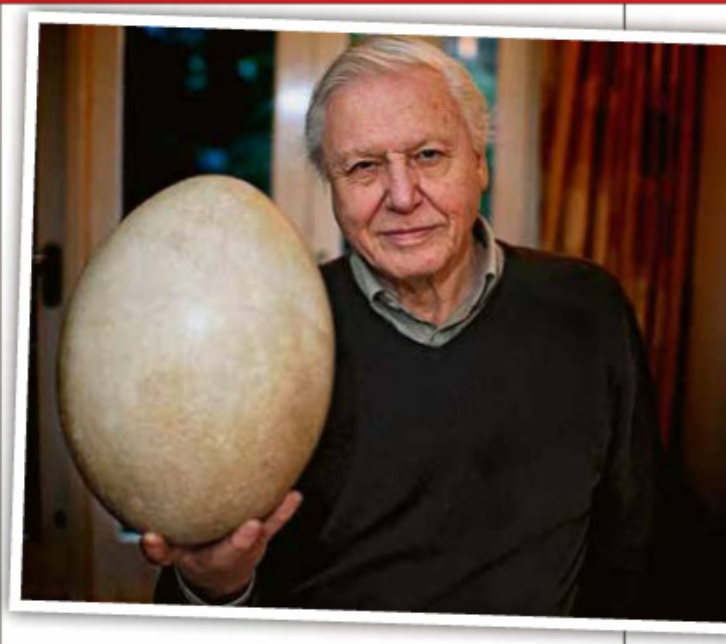
6.00 Food Factory (PG) **6.30** Running Wild with Bear Grylls: The Challenge (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Unknown Waters with Jeremy Wade (PG) **9.30** Wicked Tuna (PG) **10.30** Shark Attack Files (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Wicked Tuna (PG) **3.30** Ancient Americas (PG) **4.30** Lost Treasures of Egypt (PG) **5.30** Petra: Secrets of the Ancient Builders (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Inside (M) **10.30** César Millan: Better Human, Better Dog (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Armada: The Untold Story (M) **7.30** Chivalry and Betrayal (PG) **8.30** Time Team **9.30** River Hunters (PG) **10.30** Time Team **11.30** Besieged Fortresses, Legendary Battles (PG) **12.30** Around the World by Train with Tony Robinson (PG) **1.30** Outwitting Hitler (M) **2.30** Scorched Earth (PG) **3.30** Air Wars (PG) **4.30** Line of Fire (PG) **5.30** River Hunters (PG) **6.30** Time Team **7.30** The Abyss: The Rise & Fall of the Nazis (M) **8.40** Abandoned Engineering (PG) **9.35** Secrets of Althorp: The Spencers (PG) **10.35** Britain's Most Historic Towns (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Fishing Leopards (PG) **6.55** Life Below Zero (16) **7.45** Where the Wild Men Are (M) **8.35** Round Planet (PG) **9.30** Trust Me, I'm a Doctor (PG) **10.30** The Dog Rescuers with Alan Davies (PG) **11.20** 24 Hours in A&E (PG) **12.10** Pangolins: World's Most Wanted Animal (PG) **1.10** Round Planet (PG) **2.10** Fishing Leopards (PG) **3.05** Natural Born Hustlers (PG) **4.00** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers with Alan Davies (M) **7.40** 24 Hours in A&E (M) **8.30** Animal Impossible (PG) **9.30** Great Barrier Reef (PG) **10.30** Attenborough and the Giant Egg (PG) **11.30** Natural Born Hustlers (PG) **12.25am** Programmes continue



BBC Earth: Attenborough and the Giant Egg, 10.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.05 National Provincial Championship/Ranfurly Shield, Hawke's Bay v North Harbour, highlights **6.20** National Provincial Championship, Bay of Plenty v Counties Manukau, highlights **6.35** Premier League, **live** **8.45** National Provincial Championship, Northland v Southland, highlights **9.00** Rugby Championship, All Blacks v Argentina, replay from Orangetheory Stadium, Christchurch **11.00** Rugby Championship, Australia v South Africa, replay from Adelaide Oval **1.00** Premier League, replay **3.00** Premier League, replay **5.00** Premier League, replay **7.00** National Provincial Championship, Canterbury v North Harbour, from Orangetheory Stadium, Christchurch, **live** **9.00** The Ditch **9.30** Premier League, replay **11.30** Rugby Championship, All Blacks v Argentina, replay from Orangetheory Stadium, Christchurch **1.30am** National Provincial Championship, Northland v Southland, highlights **1.50** Cycling, Vuelta a España, stage 11, ElPozo Alimentación to Cabo de Gata, **live** **3.50** Farah Palmer Cup, quarter-final, replay **5.50** National Provincial Championship, Wellington v Taranaki, highlights

Sky Sport 2 SKY 052

6.00 Heartland Championship, Thames Valley v West Coast, highlights **6.20** Premier League, **live** **8.30** Sky Speed **9.00** The Back Page **10.00** Aotearoa Rugby Pod **10.30** NRL 360 **11.30** Rugby Championship, All Blacks v Argentina, replay **1.30** Between Two Posts **2.30** Aotearoa Rugby Pod **3.00** Premier League, replay **5.00** Matty Johns: Face to Face **5.30** Aotearoa Rugby Pod **6.00** Premier League, highlights **7.00** Rugby Championship, All Blacks v Argentina, highlights from Orangetheory Stadium, Christchurch **7.30** Sky Speed **8.00** The Ditch **8.30** ATP Uncovered **9.00** Premier League, replay **11.00** Premier League, replay **1.00am** Rugby Championship, All Blacks v Argentina, replay **3.00** NRL Try Time **4.00** The Back Page **5.00** Sky Speed **5.30** Benji

Sky Sport 3 SKY 053

6.30 Cricket, The 6ixty, women's final, replay from Warner Park, Basseterre **8.30** The 6ixty, men's final, replay from Warner Park, Basseterre **10.30** Australia v Zimbabwe, 1st ODI, highlights from Riverway Stadium, Townsville **11.00** Australia v Zimbabwe, 2nd ODI, from Riverway Stadium, Townsville, **live** **7.40** Australia v Zimbabwe, 1st ODI, highlights **8.00** 2021 Caribbean Premier League, final, St Lucia Kings v St Kitts & Nevis Patriots, replay **12.00am** The 6ixty, women's final, replay from Warner Park, Basseterre **2.00** The 6ixty, men's semi-final 2, replay **4.00** The 6ixty, men's final, replay from Warner Park, Basseterre

Sci-fi: THE UMBRELLA ACADEMY

The Boys (Amazon Prime Video) may top the list for irreverence in the superhero genre, but this series, based on Gerard Way's comic-book, is having just as much fun and is way less gross-out. Season three of the show has been a long time coming because of the pandemic, but showrunner Steve Blackman thrusts the crew of five superheroes immediately into the thick of things with … a dance-off against their alternative-time-line nemeses, the Sparrow Academy, to Kenny Loggins' *Footloose*. It was a hallucination, of course, but the coming apocalypse, caused by the Umbrellas being in the wrong timeline, is not.

NETFLIX

Documentary: RUSSIA'S CYBER ARMY

While we're thinking about cybercrime and deep fakes (see *The Capture*, Tuesday), here's a recent doco about the legions of hackers doing Russia's dirty work, from interfering in other countries' elections and government networks to stealing millions of dollars.

TVNZ+

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson, Indira Stewart and the Breakfast team present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **C**, **AD**)
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Dog Squad** (G, R, **HD**, **C**, **AD**) Yarra rock'n'rolls on a few Customs finds, Biosecurity's Iko goes bananas over an airport find, and police team Luke and Skudder hit the trail after a disappearing speeder.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **The Great Kiwi Bake Off** (PG, **C**, **AD**) Hayley Sproull and Pax Assadi host a baking competition series, with judges Peter Gordon and Jordan Rondel. Tonight, 10 bakers remain and will have to show their biscuit prowess, and Peter sets this week's technical bake. s4ep2
9.00 **Hard Quiz** (PG, **HD**, **C**) Tom Gleeson hosts an Australian quiz show. Tonight, four contestants are tested on their expert topics: Meccano, Alcatraz, R.E.M. and Indonesian political history.
9.35 **Coronation Street** (PG, **C**, **AD**)
10.35 **1 News** (**HD**, **C**)
11.05 **Shortland Street** (PG, R, **C**, **AD**) Marty leans in, Dawn holds back, and Madonna is challenged.
11.40 **For Life** (PG, **HD**, **C**) US crime-drama series. Tonight, Aaron hopes that winning a 23-year-old case will strengthen his own. s1ep9
12.30am **It's Your Fault I'm Fat** (G, R, **HD**, **C**, **AD**) After her father had a stroke, 15-year-old Rosie realised it was time to make some changes to her lifestyle.
1.20 **Te Karere** (R)
1.45 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills Core** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **C**)
Noon **First Dates** (PG, **HD**, **C**) s6ep4
1.00 **Selling Houses Australia** (G, R, **HD**, **C**)
2.00 **The Drew Barrymore Show** (PG, R, **HD**, **C**)
3.00 **A.P. Bio** (PG, R, **HD**, **C**) s3ep7
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **C**, **AD**) s31ep6
5.30 **Friends** (G, R, **HD**, **C**) Phoebe and Mike keep changing their minds about donating their wedding money to charity. s10ep7
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) Howard's relationship with his mother causes an unusual threat to his masculinity. s7ep2
6.30 **Home and Away** (PG, **C**) Rose punches away her guilt, Tane has an unlikely ally in Dean, and can Felicity be the stronger sibling?
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Marty leans in, Dawn holds back, and Madonna is challenged.
7.30 **MasterChef Australia: Fans & Favourites** (M, **HD**, **C**) In the final elimination of the season, the contestants will need to survive a punishing pressure test to make it through to the semi-final.
10.30 ■ **Filthy House S.O.S** (PG, **HD**, **C**, **AD**) Richard Pearson and Brennan Budden tackle some of Britain's filthiest and most cluttered homes.
11.30 **CSI: Crime Scene Investigation** (16, **HD**, **C**) Jim Brass receives a rare phone call from his daughter Ellie and takes emergency leave to travel to Los Angeles to help her find a friend who has disappeared. s5ep20
1.05am **Extant** (M, **HD**, **C**) s2ep6
1.50 **Emmerdale** (PG, R, **C**, **AD**)
2.15 **Infomercials**
3.10 **The Cube** (G, R, **HD**, **C**)
3.55 **Heroes** (M, R, **HD**, **C**) s3ep1
4.40 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **My Evil Soccermom** (2021, R, **C**) Hannah Vandenbygaart.
2.55 **Outrageous Acts of Science** (PG, **C**)
3.55 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **Comedy Fest: The Great Comedy Debate** (M, **C**) Kanoa Lloyd moderates a debate between two teams of comedians on the motion Can Love Save Us? Featuring Hayley Sproull, Dai Henwood, Angella Dravid and David Correos.
8.30 **Mean Mums** (M, **C**) Local comedy series about a group of school mums. s1ep2
9.00 **The Stand Up Sketch Show** (16, **C**) Comedians' routines are brought to life in sketch form.
9.30 **Inside the Real Narcos** (16, R, **C**) A former special agent delves into the lives of the real narcos. s1ep2
10.25 **Newshub Late**
10.55 **NCIS: Los Angeles** (M, R, **C**) s11ep1
11.50 **Infomercials**
5.30am – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Dan Brown's The Lost Symbol** (M, R, **C**)
11.00 **NCIS: New Orleans** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Rural Delivery** (G, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **The World's Most Expensive Cruise Ship** (PG, R, **C**)
8.30 **FBI: Most Wanted** (M, **C**)
9.30 **Bull** (M, **C**) Bull agrees to help AUSA Reilly bring a drug lord to justice.
10.30 **The Crowd Goes Wild** (PG)
11.00 **UFC on Sky** (M)
11.30 **The Late Show with Stephen Colbert** (PG)
12.30am – 6.00 **Infomercials**

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Factual: OUTBACK CAR HUNTERS

The car restoration genre gets a little closer to home with an Aussie series about GT and Dave, two blokes in Western Australia who seek out classics in the outback. Fun fact: it's so dry, there's no rust in their cars, although we bet the sand is a nightmare.
TVNZ DUKE, 8.30pm

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Waiata Nation II** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Blue Water Empire** (M, R)
Noon **Te Ao Tapatahi**
12.30 **My Party Song** (G, R)
1.30 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Fresh** (G)
7.30 **Funny Whare** (PG, R)
8.00 **Rags Are Riches** (PG) At the Recycle Boutique, Tammy Davis has a challenge for Randy and Courtney.
8.15 **Gowns to Geysers** (PG) Behind the scenes of Miss Rotorua.
8.30 **Rage Against the Rangatahi** (PG) Rangatahi are asked their opinions.
9.00 **Black Comedy** (M) Sketch comedy show featuring indigenous performers.
9.30 **Ahikāroa** (M, R) Te Ururangi is invited to a wānanga.
10.00 **Mura o te Ahi** (PG, R)
10.30 **Colonial Combat** (M, R)
10.45 **The Adventures of Suzy Boon** (PG, R)
11.00 – 11.30 **Te Ao Mārama** (R)

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.40 **Killer Siblings** (M, R)
12.30 **Tattoo Fixers** (M, R)
1.30 **Below Deck** (M, R)
2.50 **Love It or List It** (PG, R)
3.50 **Top Chef** (PG)
4.45 **Shark Tank** (PG, R)
5.45 **A Place in the Sun: Summer Sun** (G)
6.45 **Love It or List It: Vancouver** (PG)
7.45 **Rich Listers** (PG)
8.45 **Below Deck Mediterranean** (M) Two yachties are forced to confront their complicated past when Natalya pressures them about the status of their relationship.
9.45 **A&E After Dark** (M) A patient in police custody needs treatment to a split eyebrow and facial wounds.
10.45 **Killer Siblings** (M, R)
11.35 **Family Massacre** (16, R)
12.30am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Giada in Italy** (G, R)
8.30 **Nigella: At My Table** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Travel Man's Greatest Trips** (PG, R)
1.00 **Where the Wild Men Are** (M, R)
2.00 **The Great Pottery Throw Down** (PG, R)
3.00 **My Cat from Hell** (PG, R)
4.00 **Rick Stein's Secret France** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Aussie Lobster Men** (PG)
8.00 **Newshub Live**
8.30 **Bite Club** (PG)
9.25 **Japan with Sue Perkins** (PG)
10.30 **Aussie Lobster Men** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Building Off the Grid** (G, R)
9.20 **Building Alaska** (G, R)
10.10 **Homestead Rescue** (PG, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Treasure Quest: Snake Island** (PG, R)
1.30 **Bering Sea Gold** (M, R)
2.20 **Gem Hunt** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Building Off the Grid** (G, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Inside West Coast Customs** (PG) Post Malone wants to give a 1992 Ford Explorer an old-school style.
8.25 **Kindig Customs** (PG)
9.20 **Street Outlaws: No Prep Kings** (M)
10.10 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.10 **Two and a Half Men** (M, R, **HD**, **C**) s11ep11
12.35 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.00 **River Monsters** (PG, R, **HD**, **C**)
1.55 **Star Trek Discovery** (M, **HD**, **C**)
2.45 **Hunting Aotearoa** (G, R, **HD**)
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep18
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep13
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s15ep16
8.30 **Outback Car Hunters** (G, **HD**, **C**) s1ep1
9.30 **Secrets of the Supercars** (G, **HD**, **C**) s1ep2
10.30 **NZ Hunter Adventures** (M, R, **HD**, **C**) s8ep1
11.40 **The Russell Howard Hour** (16, R)
12.40am – 1.00 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.35 **Culture Shock** (2018, 16) Martha Higareda
8.05 **The Nest** (2020, 16) Jude Law, Carrie Coon
9.55 **The Space Between** (2021, M) Kelsey Grammar
11.35 **The Current Occupant** (2020, 16) Barry Watson
1.05 **A Quiet Place Part II** (2020, M) Emily Blunt
2.45 **Dream Horse** (2021, PG) Toni Collette, Damian Lewis
4.40 **The Conjuring 3: The Devil Made Me Do It** (2021, 16) Patrick Wilson, Vera Farmiga
6.35 **Military Wives** (2019, M) A group of misfit women form a choir on a military base while their loved ones are serving in Afghanistan. Kristin Scott Thomas, Sharon Horgan
8.30 **Cry Macho** (2021, M) A washed-up rodeo star is tasked with bringing his former boss' son home from Mexico. Clint Eastwood, Eduardo Minett
10.15 **Malignant** (2021, 18) Annabelle Wallis
12.05am Gully (2021, 18) **1.30** Fatale (2020, 16) **3.10** The Fallout (2021, 16) **4.45** Nobody (2021, 16)

MOVIES CLASSICS SKY 034

6.15 **... and Justice for All** (1979, M) Al Pacino, Jack Warden
8.15 **Invasion of the Body Snatchers** (1978, M) Donald Sutherland, Jeff Goldblum
10.10 **The Moon Is Blue** (1953) (1953, PG) William Holden
11.50 **The Big Gundown** (1967, M) Lee Van Cleef, Tomas Milian
1.20 **The Cardinal** (1963, M) Tom Tryon, Romy Schneider
4.10 **After Dark, My Sweet** (1990, 16) Jason Patric
6.00 **West Side Story** (1961, PG) A love affair causes a heightened tension between two gangs in 1950s New York City. Natalie Wood, Russ Tamblyn
8.30 **The Last Detail** (1973, 18) Two Navy men taking a young offender to prison decide to show him one last good time along the way. Jack Nicholson, Randy Quaid
10.15 **The Tall T** (1957, G) Randolph Scott, Richard Boone
11.35 **Drugstore Cowboy** (1989, 16) Matt Dillon, Kelly Lynch
1.20am Alvarez Kelly (1966, PG) **3.10** Rock'n'Roll High School (1979, M) **4.45** The Harder They Come (1972, M)

RIALTO SKY 039

6.10 **Before We Die** (M) s1ep5&6
7.55 **Tread** (2020, 16) US documentary.
9.25 **The Judgement** (2021, M) Fedja van Huet
11.40 **Lady Boss: The Jackie Collins Story** (2021, 16) UK documentary.
1.20 **Finding You** (2021, PG) Rose Reid
3.20 **Wuhan Wuhan** (2021, M) Chinese documentary.
4.55 **The Crimson Rivers: Day of the Ashes** (2018, M) Olivier Marchal
6.30 **Dear Comrades!** (2020, 16) In 1962, workers from a small industrial town go on strike when the communist government raises food prices. Yuliya Vysotskaya
8.30 **Rialto Documentary: The Cat Rescuers** (2018, M) US documentary about a group of cat rescuers in New York.
10.00 **When Hitler Stole Pink Rabbit** (2019, PG) Carla Juri, Oliver Masucci
12.00am No Man's Land (2020, M) **1.55** Boys from County Hell (2020, 16) **3.25** Wuhan Wuhan (2021, M) **5.00** The Crimson Rivers: Day of the Ashes (M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep16 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep9 **8.05** The Mysteries of Laura (M) s2ep8 **8.50** The Good Wife (M) s2ep4 **9.40** Covert Affairs (M) s2ep16 **10.30** Judge Judy (PG) **11.10** Julia (M) s1ep4 **12.10** Our Girl (16) s2ep2 **1.10** Hitmen: Reloaded (M) s2ep5&6 **2.00** The Closer (M) s5ep9 **2.50** The Mysteries of Laura (M) s2ep8 **3.40** The Good Wife (M) s2ep4 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep16 **6.30** Covert Affairs (M) s2ep16 **7.30** Murdoch Mysteries (M) s14ep10 **8.30** Why Didn't They Ask Evans? (M) s1ep2 **9.30** The Inbetween (M) s1ep10 **10.30** The Good Wife (M) s2ep4 **11.20** Judge Judy (PG) **11.50** Murdoch Mysteries (M) s14ep10 **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.30** QI (M) **7.00** EastEnders (PG) **7.30** The Bill (M) **8.20** A Touch of Frost (M) s1ep3 **10.10** Father Brown (M) s3ep9 **11.00** Doc Martin (M) s3ep2 **11.50** Midsomer Murders (M) s3ep2 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep8 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s25ep5 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** The Graham Norton Show (M) With Lady Gaga, Josh Gad, Nadiya Hussain, Adam Driver and Rod Stewart. s29ep8 **9.30** The Jonathan Ross Show (M) s18ep2 **10.25** Father Brown (PG) s9ep9 **11.15** Midsomer Murders (M) s3ep2 **1.10am** Programmes continue

SoHo SKY 010

6.20 House of the Dragon (18) s1ep2 **7.40** The Great (M) s1ep3 **8.30** The Rising (16) s1ep7 **9.15** The Invisible Pilot (16) s1ep2 **10.15** Real Time with Bill Maher (M) s20ep25 **11.15** Insecure (16) s4ep6 **11.45** House of the Dragon (18) s1ep2 **12.45** The Great (M) s1ep3 **1.35** The Rising (16) s1ep7 **2.35** The Invisible Pilot (16) s1ep2 **3.30** What We Do in the Shadows (16) s4ep2 **4.10** Mr Inbetween (16) s2ep5 **4.40** Watchmen (18) s1ep3 **5.35** Mayans M.C. (16) s2ep9 **6.30** Irma Vep (16) s1ep8 **7.30** Dave (16) s1ep4 **7.55** The Rehearsal (16) s1ep4 **8.30** Rap Sh!t (16) s1ep6 **9.05** Insecure (16) s5ep8 **9.35** Ravi Patel's Pursuit of Happiness (M) Ravi investigates attitudes towards immigration in Denmark. s1ep4 **10.30** A Million Little Things (M) s4ep1 **11.30** Westworld (18) s3ep1 **12.40am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Gardening Australia (PG) **10.00** Garden Rescue (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Paxman on the Queen's Children (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Garden Rescue (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It Australia **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Undercover Chef (PG) **9.30** The Flay List (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** People Magazine Investigates (M) **7.45** The Co-Ed Killer: Mind of a Monster (M) **8.35** Little Boy Lost: An ID Mystery (M) **9.25** Nightmare Next Door (M) **10.20** Dead of Night (M) **11.15** The Perfect Murder (M) **12.10** Six Degrees of Murder (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** Dead Reckoning (M) **6.35** Crime Scene Confidential (M) **7.30** Evil Lives Here (M) **8.30** The Murder Tapes (M) **9.30** Body Cam (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.15 Joshua Bell at Home with Music **7.10** Rachmaninoff Revisited **8.00** Beethoven: The Piano Trios: Concert 1 **10.05** Hauser: Live in Zagreb **11.35** Leif Ove Andsnes & Friends: To Hope **12.50** Salzburg Festival 2021: Intolleranza 1960 **2.15** Joshua Bell at Home with Music **3.10** Rachmaninoff Revisited **4.00** Talking Heads: Alan Bennett Monologues **4.30** Dismantling Democracy **5.30** Classic Literature and Cinema **6.20** The Quintessence **7.30** Fake or Fortune? **8.30** Video Killed the Radio Star: Talking Heads **9.00** Beat the Drum for Music **9.30** Finding Your Roots **10.25** WWII and Cinema **11.10** Rough Draft with Reza Aslan **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Expedition to the Edge (PG) **9.25** Fast N' Loud (PG) **10.20** Heavy Tow Truckers Down Under (PG) **11.15** Aussie Salvage Squad (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Aussie Gold Hunters (PG) **8.30** Gold Rush: White Water (M) **9.30** Gold Rush: Dave Turin's Lost Mine (PG) **10.30** Alaskan Bush People (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Inside (M) **10.30** César Millan: Better Human, Better Dog (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** César Millan: Better Human, Better Dog (PG) **3.30** Aussie Snake Wranglers (PG) **4.30** Food Factory (PG) **5.30** Do or Die (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Hitler's Disastrous Desert War (M) **8.30** Drain the Oceans Best ofs (PG) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Secrets of Althorp: The Spencers (PG) **7.35** Britain's Most Historic Towns (PG) **8.30** Time Team **9.30** River Hunters (PG) **10.20** Time Team **11.20** The Abyss: The Rise & Fall of the Nazis (M) **12.30** Abandoned Engineering (PG) **1.25** The Windsor Restored (PG) **2.35** Scorched Earth (PG) **3.35** Air Wars (PG) **4.35** Line of Fire (PG) **5.35** River Hunters (PG) **6.30** Time Team **7.30** Abandoned Engineering (PG) **8.30** Ancient Apocalypse (PG) **9.30** Pyramids: Solving the Mystery **10.30** World's Greatest Ships (PG) **11.30** Hitler's Most Wanted (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Nature's Biggest Beasts (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Strangest Things (PG) **9.25** Trust Me, I'm a Doctor (PG) **10.30** The Dog Rescuers (M) **11.20** 24 Hours in A&E (PG) **12.10** Seven Worlds, One Planet: The Making Of (PG) **12.20** Attenborough and the Giant Egg (PG) **1.15** Strangest Things (PG) **2.05** Nature's Biggest Beasts (PG) **3.00** Natural Born Hustlers (PG) **4.00** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are (M) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** The Dog Rescuers with Alan Davies (PG) **9.20** Frozen Planet (PG) **10.15** Attenborough and the Giant Elephant (PG) **11.20** Natural Born Hustlers (PG) **12.20am** Programmes continue

Discovery: Gold Rush: Dave Turin's Lost Mine, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.05 Farah Palmer Cup, Counties Manukau v Waikato, highlights **6.35** Premier League, **live** **8.45** 1st XV Rugby, Auckland 1A final, replay **10.30** National Provincial Championship, Auckland v Otago, replay **12.30** National Provincial Championship, Canterbury v North Harbour, replay **2.30** Premier League, replay **4.30** Premier League, replay **6.30** UFC on Sky **7.00** Mainfreight Rugby **8.00** Inside Netball **8.30** The Crowd Goes Wild **9.00** NRL Premiership, Parramatta Eels v Melbourne Storm, **live** **11.50** UFC on Sky **12.20am** Farah Palmer Cup, Bay of Plenty v Canterbury, highlights **12.50** Farah Palmer Cup, Auckland v Wellington, highlights **1.20** Vuelta a España, stage 11, highlights **1.50** Vuelta a España, stage 12, Salobreña to Peñas Blancas, **live** **3.50** National Provincial Championship, Wellington v Taranaki, replay **5.50** Aotearoa Rugby Pod

Sky Sport 2 SKY 052

6.00 ATP Uncovered **6.30** Premier League, highlights **6.50** Premier League, **live** **9.00** Premier League, replay **11.00** Premier League, replay **1.00** Premier League, replay **3.00** Premier League, replay **5.00** ICF Canoe Sprint Super Cup, highlights **5.50** The Darts Show **6.15** Premier League, highlights **7.30** UFC on Sky **8.00** Premier League, replay **10.00** ICF Canoe Sprint Super Cup, highlights **10.50** Inside Netball **11.20** UFC on Sky **11.50** NRL Premiership, Cronulla Sharks v Canterbury-Bankstown Bulldogs, highlights **12.20am** NRL Premiership, South Sydney Rabbitohs v North Queensland Cowboys, highlights **12.50** NRL Premiership, Wests Tigers v St George Illawarra Dragons, highlights **1.20** NRL Premiership, Gold Coast Titans v Newcastle Knights, highlights **1.50** Once a Warrior with Monty Betham **2.20** The Ditch **3.00** The Crowd Goes Wild **3.30** The Darts Show **4.00** Inside Netball **4.30** The Back Page **5.30** NRL Premiership, Parramatta Eels v Melbourne Storm, highlights

Sky Sport 3 SKY 053

6.00 The 6ixty, men's final, highlights **6.15** The 6ixty, women's final, highlights **6.30** Women's Caribbean Premier League, Trinbago Knight Riders v Barbados Royals, **live** **10.30** Caribbean Premier League, St Kitts & Nevis Patriots v Jamaica Tallawahas, **live** **2.45** Australia v Zimbabwe, 1st ODI, highlights **3.15** Australia v Zimbabwe, 2nd ODI, replay **11.15** Women's Caribbean Premier League, Trinbago Knight Riders v Barbados Royals **11.45** Caribbean Premier League, St Kitts & Nevis Patriots v Jamaica Tallawahas **12.15am** Australia v Zimbabwe, 2nd ODI, highlights **12.30** The 6ixty, men's semi-final 1 **12.45** The 6ixty, men's semi-final 2 **1.00** The 6ixty, men's final **1.15** The 6ixty, women's final **1.30** Caribbean Premier League, St Lucia Kings v Trinbago Knight Riders, **live** **5.45** The 6ixty, women's final

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson, Indira Stewart and the Breakfast team present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**)
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **C**, **AD**) Liberty is reeling after a shock confession from Damon, and the McQueens think the best way to help John Paul's recovery is to get him back to teaching.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Dog Squad** (PG, R, **HD**, **C**, **AD**) A dangerous driver has Palmerston North Delta team Brendan and Deja on the run, Customs dog Willow seeks out hard drugs, and Corrections pooch Spark has sniffed something.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 ■ **Neighbours: The Final Farewell** (G, **HD**) A special episode farewelling Australian soap opera Neighbours after a run of 37 years.
9.00 **The Dog House** (G, **HD**, **C**, **AD**) UK series matching dogs with new owners. Tonight, the cleverest dog on the block is looking for a home, Pebbles the chunky Lhasa meets Paralympian David, and slobbery bulldog Shane shows the other dogs how it's done. s3ep2
10.05 **Mrs Brown's Boys: Mammy of the People** (16, R, **HD**, **C**, **AD**) It's Christmas in Finglas, and Mrs Brown is coping with life after lockdown.
10.45 **1 News** (**HD**, **C**)
11.15 **Shortland Street** (PG, R, **C**, **AD**)
11.45 **The Great British Sewing Bee** (G, R, **HD**, **C**, **AD**) The s6ep2
1.00am **Schitt's Creek** (PG, R, **HD**, **C**, **AD**) s5ep1
1.45 **Te Karere** (R)
2.10 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

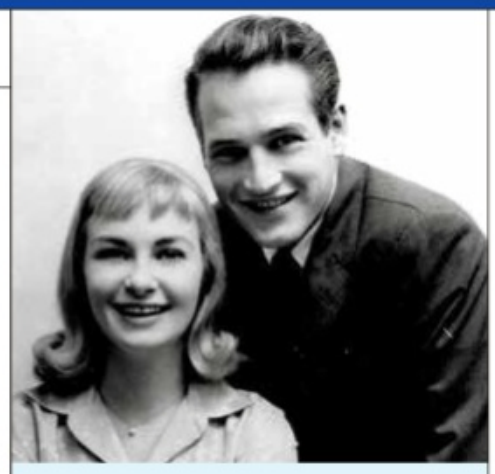
6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 ■ **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 ■ **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 ■ **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills Grit Cardio** (PG, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon **First Dates** (16, **HD**, **C**) s6ep5
1.00 **Selling Houses Australia** (G, R, **HD**, **C**)
2.00 **The Drew Barrymore Show** (PG, R, **C**)
3.00 ■ **A.P. Bio** (G, R, **HD**, **C**) s3ep8
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s31ep7
5.30 **Friends** (G, R, **HD**, **C**) s10ep8
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s7ep3
6.30 **Home and Away** (PG, **C**)
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Leanne loses a great love, Marty finds himself at a crossroads, and Logan sees Madonna in a new light.
7.30 **Travel Guides Australia** (G, R, **HD**, **C**, **AD**) The Travel Guides head to South Africa, where abseiling and penguin spotting await.
8.35 **Have You Been Paying Attention?** (M, **C**) Hayley Sproull hosts a topical comedy panel show, with regular panellists Urzila Carlson and Vaughan Smith.
9.35 **RuPaul's Drag Race Down Under** (16, **HD**, **C**, **AD**) The queens have to choose their own teams as they write and record verses in a girl-group challenge. s2ep5
10.45 **Ready to Mingle** (16, **HD**, **C**) UK dating show. Tonight, at the Mr Mingle pageant, the partners cause trouble and throw suspicion on some of the boys. s1ep5
11.45 **Alex Rider** (M, **HD**, **C**) Alex refuses to walk away from his investigation into the attack on Ed Pleasance. s2ep3
12.35am **Evil** (M, **HD**, **C**) s2ep3
1.20 **Emmerdale** (PG, R, **C**, **AD**)
1.45 **Infomercials**
2.45 **Unreal** (16, **HD**, **C**) s3ep7
4.15 **The Bachelorette** (PG, R, **HD**, **C**) s16ep9
5.40 – 6.00 **2 Tunes**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Fatal Frenemies** (2021, R, **C**) A woman tries to prove her daughter's innocence after she is accused of murdering her high school track-and-field teammate. Laurie Fortier, Jane Dillon, Sahara Ale.
2.55 **Outrageous Acts of Science** (PG, **C**) A colour-changing car, the world's fastest hot tub, and an amateur rocket that reaches space.
3.55 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**) Todd sets up a new trommel, and Tony's daughter, Monica, makes a costly error.
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 ■ **Mission: Impossible III** (2006, M, R, **C**) Lured back into action, Ethan Hunt is sent to capture a sadistic weapons dealer. Tom Cruise, Phillip Seymour Hoffman.
TV Films, page 69
9.50 **Newshub Late**
10.20 **Tin Star** (16, R, **C**) s3ep6
11.25 **Comedy Festival: The Great Comedy Debate** (M, R, **C**) Kanoa Lloyd moderates a debate between two teams of comedians.
12.15am – 6.00 **Infomercials**

PRIME FREEVIEW 10 SKY 004

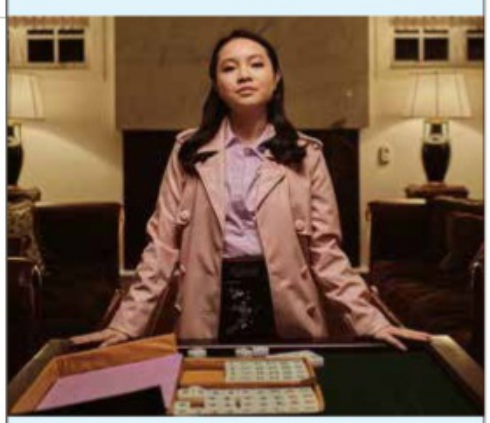
6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Dan Brown's The Lost Symbol** (M, R, **C**)
11.00 **NCIS: New Orleans** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Attitude** (G, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **National Provincial Championship Live** Manawatu v Tasman, live from Palmerston North.
9.00 **All Access: Dan Carter** (G, R, **C**)
9.35 **NRL Premiership** (G) Canterbury-Bankstown Bulldogs v Manly Sea-Eagles.
11.35 **RAW** (PG)
12.35am **The Late Show with Stephen Colbert** (PG)
1.30 – 6.00 **Infomercials**



Documentary: THE LAST MOVIE STARS

As Ethan Hawke tells it, he was approached by one of Paul Newman and Joanne Woodward's kids to make a documentary; a smart move, as Hawke was able to corral a star-studded line-up for his six-part series, including Martin Scorsese as executive producer. It begins with a bunch of Zoom calls with the likes of Laura Linney, George Clooney and Sam Rockwell that turn out to be offers of work: Hawke needs them to read from transcripts of interviews made from tapes that were subsequently destroyed. It's not a hagiography; Hawke is in awe of the couple and their achievements, but clear-eyed about Newman's deficits.

NEON



Comedy-drama: FAKES

Nothing to do with internet fakes this time: just good old-fashioned fake IDs, as made by a couple of high school teenagers. Created by *Warrior Nun*'s David Turko, the show makes no bones about the fact that Zoe and Rebecca (Emilija Baranac and Jennifer Tong) get themselves into trouble, but it's a flashy, crazy ride.

NETFLIX

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Lucky Dip** (G, R)
10.35 **Harakore** (G, R)
11.00 **Rage Against the Rangatahi** (PG, R)
11.30 **Rags Are Riches** (PG, R)
11.45 **Gowns to Geysers** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Only in Aotearoa** (PG, R)
1.05 **Nanakia** (PG, R)
1.35 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
4.35 **Tribe** (G, R)
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Pio Terei Tonight** (G, R) Pio Terei and Nix Adams meet Ben Mitchell, Dr Hinemoa Elder, Amba Holly and Rena Owen.
8.00 **Moosemeat and Marmalade** (G, R) Two very different chefs explore contrasting cultures and traditions.
8.30 **Intrepid Journeys** (PG, R) Brendan Cole is in Vanuatu.
9.30 **Moko** (G, R) Documentary series about the modern revival of moko
10.00 **The New Zealanders** (G, R)
11.00 – 11.30 **Te Ao Mārama** (R)

Film: INDECENT PROPOSAL

How do we feel about creepy old *Indecent Proposal* in 2022? To be fair, debate raged in 1993, with heavyweights such as Betty Friedan and *Thelma & Louise* writer Callie Khouri weighing in. "Silly", said the *Los Angeles Times*, but also a box office smash.
BRAVO, 7.30pm

BRAVO FREEVIEW 4 SKY 012

10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.45 **Killer Siblings** (M, R)
12.35 **Tattoo Fixers** (M, R)
1.30 **Below Deck** (M, R)
2.30 **Love It or List It** (PG, R)
3.30 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **A Place in the Sun: Summer Sun** (G)
6.30 **Love It or List It: Vancouver** (PG)
7.30 ■ **Indecent Proposal** (1993, M, R, **C**) A young woman and her husband are offered $1 million if she will spend one night with a billionaire. Demi Moore, Woody Harrelson, Robert Redford.
9.55 **An Unexpected Killer** (16, R) A wealthy businessman and his closest friend are found shot execution-style.
10.50 **Killer Siblings** (M, R)
11.40 **Family Massacre** (16, R)
12.30am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
6.55 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Rick Stein's Secret France** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Japan with Sue Perkins** (PG, R)
1.05 **Bite Club** (PG, R)
2.00 **Aussie Lobster Men** (PG, R)
3.00 **My Cat from Hell** (PG, R)
4.00 **Jamie & Jimmy's Food Fight Club** (PG)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **The Chase USA** (PG)
8.00 **Newshub Live**
8.30 **Strictly Come Dancing** (G) The dance-off couples are revealed.
9.25 **Celebrity IOU** (PG)
10.25 **The Chase USA** (PG, R)
11.25 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Inside West Coast Customs** (PG, R)
9.20 **Kindig Customs** (PG, R)
10.10 **Street Outlaws: No Prep Kings** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Turbo Pickers** (PG, R)
1.30 **Iron Resurrection** (PG, R)
2.20 **Texas Metal** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Inside West Coast Customs** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG, R)
6.35 **Wheeler Dealers** (PG)
7.30 **Mysteries of the Deep** (PG) Jeremy explores a lost NASA space capsule.
8.25 **Expedition Unknown** (PG)
9.20 **NASA's Unexplained Files** (PG)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.15 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep13
12.35 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.00 **River Monsters** (PG, R, **HD**, **C**)
1.55 **Star Trek Discovery** (M, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**) s12ep2
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (PG, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep19
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep14
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (G, R, **HD**, **C**) s15ep18
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**)
9.25 ■ **The Cable Guy** (1996, PG, **HD**, **C**, **AD**) An unhinged cable installer harasses a customer. Jim Carrey.
11.15 **Mr Robot** (16, **HD**) s4ep9
12.55am – 1.20 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.20 **Never Back Down: Revolt** (2021, 16) Olivia Popica
7.50 **The Courier** (2020, M) Benedict Cumberbatch
9.40 **A Nasty Piece of Work** (2019, 16) Kyle Howard, Julian Sands
11.00 **F9: The Fast Saga** (2021, M) Vin Diesel
1.20 **Every Breath You Take** (2021, 16) Casey Affleck
3.05 **Godzilla vs. Kong** (2021, M) Millie Bobby Brown
4.58 **Wrath of Man** (2021, 16) Jason Statham
6.55 **The War Below** (2021, M) Tom Goodman-Hill, Sam Hazeldine
8.30 **Don't Breathe 2** (2021, 16) A blind veteran's new life is shattered when the young girl in his care is kidnapped. Stephen Lang, Madelyn Grace, Brendan Sexton III
10.10 **The Bob's Burgers Movie** (2022, PG) Voices of H Jon Benjamin, John Roberts, Dan Mintz, Kristen Schaal
11.50 **Blood Moon** (2020, 16) Megalyn Echikunwoke
1.10am Killing Field (2021, 16) **2.45** Voyagers (2020, 16) **4.30** 2 Hearts (2020, M)

MOVIES CLASSICS SKY 034

6.25 **The Sailor Who Fell from Grace with the Sea** (1976, 18) Kris Kristofferson
8.10 **The Human Factor** (1979, M) Nicol Williamson
10.05 **Advise and Consent** (1962) (1962, PG) Henry Fonda, Charles Laughton
12.20 **Halloween 5: Revenge of Michael Myers** (1989, 18) Donald Pleasence, Danielle Harris
1.55 **Dead Man Walking** (1995, 16) Sean Penn, Susan Sarandon
3.55 **Basic Instinct** (1992, 18) Michael Douglas, Sharon Stone
6.00 **The Victors** (1963, M) A group of soldiers try to survive the horrors of war. George Hamilton, George Peppard
8.30 **The Big Country** (1958, G) A wealthy rancher battles with a poor counterpart for water rights. Gregory Peck, Jean Simmons, Burl Ives, Charlton Heston
11.15 **Bonnie and Clyde** (1967, M) Warren Beatty, Faye Dunaway
1.05am Bite the Bullet (1975, PG) **3.15** Heat (1995, 16)

RIALTO SKY 039

6.35 **Dear Comrades!** (2020, 16) Yuliya Vysotskaya
8.35 **When Hitler Stole Pink Rabbit** (2019, PG) Carla Juri, Oliver Masucci
10.35 **No Man's Land** (2020, M) Frank Grillo
12.30 **The Artist's Wife** (2019, M) Lena Olin, Bruce Dern
2.05 **Roller Dreams** (2017, M) US documentary.
3.30 **The Food Club** (2020, M) Stina Ekblad
5.10 **Cowboys** (2020, M) Steve Zahn, Jillian Bell
6.35 **Another Round** (2020, M) Four high school teachers consume alcohol daily to gauge its effects. Mads Mikkelsen
8.30 **Swan Song** (2021, M) A retired hairdresser embarks on an odyssey across his small town to style a dead woman's hair for her funeral. Udo Kier, Jennifer Coolidge
10.15 **June Again** (2020, M) Noni Hazlehurst
11.55 **High Ground** (2020, 16) Simon Baker
1.40am Lapsis (2020, PG) **3.25** Roller Dreams (2017, M) **4.50** The Food Club (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep17 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep10 **8.05** The Mysteries of Laura (M) s2ep9 **8.50** The Good Wife (M) s2ep5 **9.40** Covert Affairs (M) s3ep1 **10.30** Judge Judy (PG) **11.15** Murdoch Mysteries (M) s14ep10 **12.05** Why Didn't They Ask Evans? (M) s1ep2 **1.10** The Inbetween (M) s1ep10 **2.00** The Closer (M) s5ep10 **2.50** The Mysteries of Laura (M) s2ep9 **3.40** The Good Wife (M) s2ep5 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep17 **6.30** Covert Affairs (M) s3ep1 **7.30** Jamestown (16) s2ep5 **8.30** Medici: The Magnificent (16) Lorenzo proposes a marriage for his brother that he hopes will secure a valuable alliance with Venice. s1ep4 **9.40** Outlander (18) Claire tries to earn Colum's trust with her healing abilities. s1ep3&4 **12.00am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s2ep1 **10.10** Father Brown (M) s3ep10 **11.00** Doc Martin (M) s3ep3 **11.50** Midsomer Murders (M) s3ep3 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep9 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s25ep6 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** Richard Osman's House of Games Night (PG) s2ep2 **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** TBA **9.30** All Round to Mrs Brown's (M) With Matt Lucas, Mel B, Jax Jones and Raye. s4ep3 **10.15** Hypothetical (M) s2ep1 **11.05** Midsomer Murders (M) s3ep3 **12.50am** Programmes continue

SoHo SKY 010

6.30 Irma Vep (16) s1ep8 **7.30** Dave (16) s1ep4 **8.00** The Rehearsal (16) s1ep4 **8.35** Rap Sh!t (16) s1ep6 **9.10** Insecure (16) s5ep8 **9.40** Ravi Patel's Pursuit of Happiness (M) s1ep4 **10.25** A Million Little Things (M) s4ep1 **11.10** Westworld (18) s4ep1 **12.05** Dave (16) s1ep4 **12.30** The Rehearsal (16) s1ep4 **1.05** Rap Sh!t (16) s1ep6 **1.40** Insecure (16) s5ep8 **2.10** Irma Vep (16) s1ep8 **3.10** Westworld (18) s4ep1 **4.05** Mr Inbetween (16) s2ep6 **4.30** Watchmen (18) s1ep4 **5.20** Mayans M.C. (16) s2ep10 **6.30** Yellowstone (16) s4ep1 **7.30** ZeroZeroZero (18) Chris and Emma prepare to cross the Moroccan border. s1ep6 **8.30** Mare of Easttown (18) After a heroic rescue lands her in hospital, Mare wakes to the pain of losing a friend. s1ep6 **9.30** Landscapers (16) Truth and fantasy clash as Susan and Christopher face trial. s1ep4 **10.30** I May Destroy You (18) s1ep10 **11.00** Last Week Tonight with John Oliver (M) s9ep20 **11.35** The Rising (16) s1ep7 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** The Flay List (PG) **10.00** Undercover Chef (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It Australia **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Undercover Chef (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It Australia **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Lost for Words (PG) **9.30** Long Lost Family US (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** Undercover Underage (M) **7.45** Reasonable Doubt (M) **8.35** Body Cam (M) **9.25** Nightmare Next Door (M) **10.20** Dead of Night (M) **11.15** The Perfect Murder (M) **12.10** Six Degrees of Murder (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** The Murder Tapes (M) **6.35** Body Cam (M) **7.30** Evil Lives Here (M) **8.30** Reasonable Doubt (M) **9.30** Crime Scene Confidential (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.25 WWII and Cinema **7.10** Rough Draft with Reza Aslan **8.00** Talking Heads: Alan Bennett Monologues **8.30** Dismantling Democracy **9.30** Classic Literature and Cinema **10.20** The Quintessence **11.30** Fake or Fortune? **12.30** Video Killed the Radio Star **1.00** Beat the Drum for Music **1.30** Finding Your Roots **2.25** WWII and Cinema **3.10** Rough Draft with Reza Aslan **4.00** Artist to Icon **5.30** Immersive World **6.00** Mitten (PG) **7.00** Put Some Colour in Your Life **8.00** Sounds and Stone **8.45** Matthew Bourne's The Red Shoes (G) A ballet based on the 1948 film. **10.30** Upstage **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Expedition to the Edge (PG) **9.25** Fast N' Loud (PG) **10.20** Gold Rush: White Water (M) **11.15** Aussie Gold Hunters (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Gold Rush: Parker's Trail (PG) **5.40** Aussie Mega Mechanics (PG) **6.35** Heavy Tow Truckers Down Under (PG) **7.30** Gold Rush: White Water (M) **8.30** Aussie Gold Hunters (PG) **9.30** Aussie Salvage Squad (PG) **10.30** Last Outpost (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Hitler's Disastrous Desert War (M) **8.30** Drain the Oceans Best ofs (PG) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Ocean Wreck Investigation (PG) **3.30** Gordon Ramsay: Uncharted (PG) **4.30** Gordon Ramsay: Uncharted (M) **5.30** Last of the Giants: Wild Fish (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** Outback Wrangler Marathon (PG) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Pyramids: Solving the Mystery **7.30** World's Greatest Ships (PG) **8.30** Time Team **9.30** River Hunters (PG) **10.30** Time Team **11.30** Abandoned Engineering (PG) **12.25** Ancient Apocalypse (PG) **1.25** Hawker Hurricane (PG) **2.35** Scorched Earth (PG) **3.35** Tanks **4.30** Line of Fire (PG) **5.30** River Hunters (PG) **6.30** Time Team **7.30** WWII: Witness to War (M) **8.30** Britain's African Emperor (PG) **9.30** Secrets of the Nazi Treasure (PG) **10.30** Top Ten Treasures: Egyptian Mummies (PG) **11.30** Hitler's Last Secrets (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Mountain Lions: Life on the Edge (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (M) **8.35** Strangest Things (PG) **9.25** Trust Me, I'm a Doctor (PG) **10.30** The Dog Rescuers (PG) **11.15** 24 Hours in A&E (PG) **12.05** Seven Worlds, One Planet: The Making Of (PG) **12.15** Attenborough and the Giant Elephant (PG) **1.20** Strangest Things (PG) **2.10** Mountain Lions: Life on the Edge (PG) **3.05** Natural Born Hustlers (PG) **4.00** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Life in the Air (PG) **9.30** Diagnosis Detectives (PG) **10.35** Nature's Great Event (PG) **11.30** Natural Born Hustlers (PG) **12.25am** Programmes continue

SoHo: Watchmen, 4.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.20 The Crowd Goes Wild **6.50** Premier League, Arsenal v Aston Villa **8.50** UFC on Sky **9.20** NPC, Wellington v Taranaki **9.35** NPC, Bay of Plenty v Counties Manukau **10.00** Mainfreight Rugby **11.00** Premier League, replay **1.00** Premier League, replay **3.00** NPC, Canterbury v North Harbour **3.15** NPC, Northland v Southland **3.30** NPC, Manawatu v Tasman **3.45** Farah Palmer Cup, Bay of Plenty v Canterbury **4.00** Rugby Heaven **4.05** NPC, Waikato v Southland **5.00** Rugby Championship, All Blacks v Argentina **7.00** NPC, Manawatu v Tasman, **live** **9.00** Premier League, highlights **9.15** Farah Palmer Cup, Counties Manukau v Waikato **11.15** Farah Palmer Cup, Auckland v Wellington **1.20am** Vuelta a España, stage 12 **1.50** Vuelta a España, stage 13, Ronda to Montilla, **live** **3.50** Farah Palmer Cup, Bay of Plenty v Canterbury **5.50** World Rugby Sevens Series, Los Angeles, day 1

Sky Sport 2 SKY 052

6.00 Premier League, replay **8.00** Premier League, replay **10.00** Premier League, replay **Noon** UFC on Sky **12.30** Premier League, Bournemouth v Wolverhampton **2.30** Premier League, replay **4.30** Inside Netball **5.00** Premier League, West Ham v Tottenham Hotspur, replay **7.00** Premier League, replay **9.00** UFC on Sky **9.30** ICF Canoe Sprint Super Cup **10.20** The Late Show with Matty Johns **11.20** Rugby Heaven **12.20am** The Darts Show **1.00** Premier League, replay **3.00** Premier League, West Ham v Tottenham Hotspur **5.00** Vuelta a España, stage 12 **5.30** The Darts Show

Sky Sport 3 SKY 053

6.00 Women's Caribbean Premier League, Trinbago Knight Riders v Barbados Royals **6.30** Women's Caribbean Premier League, Guyana Amazon Warriors v Trinbago Knight Riders, **live** **10.30** Caribbean Premier League, St Kitts & Nevis Patriots v Barbados Royals, **live** **2.45** Women's CPL, Trinbago Knight Riders v Barbados Royals **3.15** CPL, St Kitts & Nevis Patriots v Jamaica Tallawahas **3.45** Caribbean Premier League, St Lucia Kings v Trinbago Knight Riders **7.45** Australia v Zimbabwe, 2nd ODI **8.00** Caribbean Premier League, St Lucia Kings v Trinbago Knight Riders **8.30** Women's CPL, Guyana Amazon Warriors v Trinbago Knight Riders **9.00** Caribbean Premier League, St Kitts & Nevis Patriots v Barbados Royals **9.30** Australia v Zimbabwe, 1st ODI **10.00** Australia v Zimbabwe, 2nd ODI **10.30** The 6ixty, men's semi-final 1 **10.45** The 6ixty, men's semi-final 2 **11.00** The 6ixty, men's final **11.15** The 6ixty, women's final **11.30** Women's CPL, Trinbago Knight Riders v Barbados Royals **3.00am** Caribbean Premier League, Guyana Amazon Warriors v Trinbago Knight Riders

RNZ Concert

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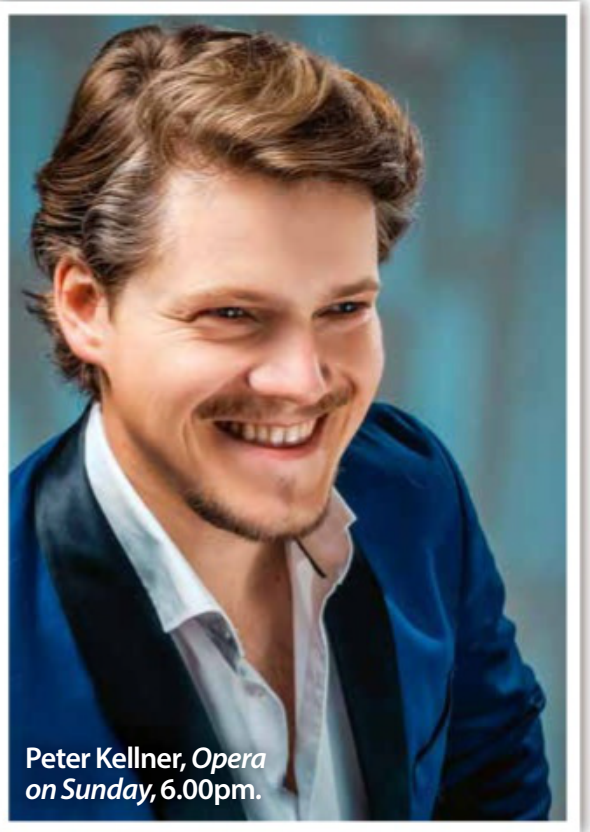
rnz.co.nz/concert
NB: Programmes are subject to change

SATURDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **2.00** Worlds of Music with Trevor Reekie **3.00** RNZ Concert Afternoons **5.00 Inside Out with Nick Tipping** Jazz favourites, standards and new releases **7.00** RNZ Concert Evenings **8.00 Music Alive** NZCT Chamber Music Contest 2022 Final – Elliot Cole: Postludes for Bowed Vibraphone, VIII; Aurél Holló: José/beFORe John 5; Ravel: Piano Trio in A minor, I & II; Muczynski: Fantasy Trio for Clarinet, Cello and Piano; Schnittke: Hommage to Stravinsky, Prokofiev & Shostakovich; Hill: String Quartet No 11 in D minor; Mendelssohn: Piano Trio No 1 in D minor Op 49, I; Schoenfeld: Trio for Clarinet, Violin and Piano, I, III & IV; Zarebski: Piano Quintet in G minor Op 34, I; Geoffrey Hill: Dancing with the Devil, Eight finalist ensembles (recorded in Auckland Town Hall) **9.30 Sound Lounge** Contemporary music **12.00am** Music Through the Night

SUNDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** Sanctuary **7.30** Hymns on Sunday with Robyn Jaquiery **8.00** Grace Notes **9.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00 The Musical Omnivore with David Morriss** Including Vintage Years **5.00** New Horizons with William Dart **6.00 Opera on Sunday** WFMT Opera Series 2022: Hector



Peter Kellner, *Opera on Sunday*, 6.00pm.

Berlioz's The Damnation of Faust – Charles Castronovo (Faust), Elīna Garanča (Marguerite), Ildar Abdrazakov (Méphistophélès), Peter Kellner (Brander), Vienna Philharmonic Orchestra, Vienna State Opera Chorus Concert Association, Salzburg Festival and Theatre Children's Choir/Alain Altinoglu (recorded in Grosses Festspielhaus, Salzburg) **9.00** Made in New Zealand **11.00 New Music Dreams** Ryan Smith explores ambient and drone music **12.00am** Music Through the Night

MONDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** BBC Proms 2022: Strauss's Four Last Songs and Other Romantics, Louise Alder (Sop), Ulster Orchestra/Daniele Rustioni (recorded in Royal Albert Hall, London) **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** NZSO: Exploring Antarctica – Vaughan Williams: Scott of the Antarctic Suite; Gareth Farr: Terra Incognita (première); Maxwell Davies: Symphony No 8, Antarctic Symphony, Paul Whelan (bass baritone), Orpheus Choir, Nota Bene, New Zealand SO/Paul MacAlindin (recorded in Wellington Town Hall) **10.00** Day's End **12.00am** Music Through the Night

TUESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** Beethoven Live Around the World: Quatuor Ebène – Beethoven: String Quartet in G Op 18/2; String Quartet in F minor Op 95, Serioso; String Quartet in E flat Op 74, Harp; Davis: Milestones, Quatuor Ebène (recorded in Michael Fowler Centre, Wellington) **10.00** Day's End **12.00am** Music Through the Night

WEDNESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert

RNZ National

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SATURDAY

6.08 Storytime **6.55** News 2 Me **7.08** Country Life **8.10** Saturday Morning with Kim Hill **12.10 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **1.06** Music 101 with Charlotte Ryan **5.00** The World at Five **5.30 Tagata o te Moana** Pacific news, issues, information and music **6.06 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **7.06 Saturday Night with Phil O'Brien** Requests, nostalgia and musical memories **12.04am** All Night Programme

SUNDAY

6.08 Storytime **7.10** Features Hour **8.06 Sunday Morning with Jim Mora** Including 9.06 Mediawatch **12.12 Standing Room Only with Lynn Freeman** Including 1.10 At the Movies 2.05 The Laugh Track **3.05** Classic Drama **4.06** The Arts Hour (BBC World Service) **5.00** The World at Five **5.10** Heart and Soul (BBC) **5.35 Te Manu Korihi** Māori news and issues **6.06 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **6.50** Voices **7.04 Smart Talk** Conversations recorded around Aotearoa and the world **8.06** The Sunday Night Retro Show with Phil O'Brien **10.00** News at Ten **10.15** Mediawatch **11.04** The Retro Cocktail Hour (KPR) **12.04am** All Night Programme

MONDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **12.04am** All Night Programme

TUESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Worlds of Music with Trevor Reekie **12.04am** All Night Programme

WEDNESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Inside Out** Nick Tipping presents classic recordings and modern masterpieces from the world of jazz **12.04am** All Night Programme

THURSDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Music 101 Pocket Edition **12.04am** All Night Programme

FRIDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** The Mixtape **12.04am** All Night Programme

Leah Panapa & Mark Richardson, Today FM, Monday to Friday, noon.

Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: National Youth Orchestra of Great Britain plays Elfman, Gershwin and Ravel – Elfman: Wunderkammer; Gershwin: Rhapsody in Blue; Ravel: Daphnis & Chloe – Simone Dinnerstein (piano), National Youth Orchestra of Great Britain/ Andrew Gourlay (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

THURSDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** APO: Boléro – Pärt: Fratres; Bartók: Music for strings, percussion & celesta; Ravel: Piano Concerto in G; Ravel: Boléro, Louis Schwizgebel (piano), Auckland Phil/ Kazuki Yamada (recorded in Auckland Town Hall) **10.00** Day's End **12.00am** Music Through the Night

FRIDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: Late-Night Brass – The Tredegar Band: Strauss, Berlioz, Vaughan Williams and more, Yu-Han Yang (euphonium), Tredegar Band/Ian Porthouse (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

Newstalk ZB newstalkzb.co.nz

SATURDAY
6.00 Jamie McKay 7.00 D'Arcy Waldegrave 9.00 Jack Tame Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Roman Travers 12.00am Jim Snedden

SUNDAY
6.00 Peter Wolfkamp 9.00 Francesca Rudkin Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Frank Ritchie & Jax van Buuren 7.30 John Cowan 8.00 Miles Davis 11.00 The Nutters Club 1.00am Roman Travers

MONDAY-FRIDAY
5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon Simon Barnett & James Daniels (Andrew Dickens on Monday) 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Roman Travers/Tim Beveridge

Today FM todayfm.co.nz

SATURDAY
6.00 Nigel Yalden 9.00 WellBeings with Dominic Bowden Noon Robett Hollis 2.00 Sport with Marc Peard & John Day 6.00 Saturday Night Live

SUNDAY
6.00 Best of Tova & Lloyd Burr Live 7.00 Build & Design with Hamish Dodd & Stan Scott 9.00 Mel Homer Noon Dave Letele & Nats Levi 2.00 Graeme Hill 7.00 Podcast Playout 8.00 Polly Gillespie

MONDAY-THURSDAY
5.00 Rachel Smalley 6.30 Tova O'Brien 9.00 Duncan Garner Noon Leah Panapa & Mark Richardson 4.00 Lloyd Burr 7.00 Graeme Hill (Wilhelmina Shrimpton on Monday) 8.00 Polly Gillespie 12.00am Today FM Late

FRIDAY
As above until evening 7.00 Podcast Playout 8.00 Friday Night Live 12.00am Today FM Late

Classical Home Listening

by ELIZABETH KERR

Music with passion

A new Bartók album is a colour-burst of musical excitement.

Monique Lapins: uses vibrato with fine expressive effect.

Hungarian composer Béla Bartók was classicist, modernist and ethnomusicologist. In the early 20th century, he and fellow composer Zoltán Kodály set out into their countryside with what was then a state-of-the-art Edison phonograph, to capture folk music on wax cylinders. Eventually, they transcribed and catalogued a staggering 10,000 peasant songs and dances.

This research had a huge effect on Bartók's compositions. In his 1921 journal, he suggested the folk music freed him from traditional major and minor scales and offered "liberated rhythmic patterns and metre changes". The synthesis of folk material with a classical-music education, and awareness of modernist principles, produced his unique language. Jammed with astonishing rhythms, improvisatory flexibility, foot-stomping rustic dances and a magical bag of instrumental techniques, his music combines these with fearless dissonance, dramatic passion and poignancy and magnificent musical architecture.

This new Bartók album from violinist Monique Lapins and pianist Jian Liu has it all. The nicely curated collection combines Bartók's two substantial sonatas for violin and piano alongside two of his well-known, popular short works, originally written for solo piano and based very directly on folk music. From the first track, the *Allegro Appassionato* opening of *Sonata No 1*, their energy and sense of momentum reveal a forthright, passionate approach and lovely musical rapport. Their playing has effortless flexibility and it's clear this is music they love in all its moods.

Intimate recording techniques enhance the subtlety of Lapins' playing. Her lovely sweet sound is maintained in the highest registers and she uses vibrato with fine expressive effect. Bartók demands a huge range of string techniques, fierce strumming, double-stopped plucking and bowing and varied bow techniques. Liu's use of piano colour is equally virtuosic, whether in dramatic low chords and octaves, luminous melodies or rapid, repetitive motives. In the six short *Romanian Folk Dances*, we hear clearly their well-synchronised interpretative skill, with little hesitations, exaggerations and asymmetrical accents tossed off with abandon and flair.

His music is jammed with astonishing rhythms, improvisatory flexibility and foot-stomping rustic dances.

Bartók's two-movement *Sonata No 2*, written in 1923, a year after the first, is also marvellously interesting, and these musicians find all of its variety and pace. But listen closely – this is a colour-burst of musical excitement, not comfortable background music. ▮

Bartók, Works for Violin and Piano, *Monique Lapins (violin) and Jian Liu (piano), (Rattle).*

GREG DIXON

Taking a Prattfall

I have spent the week engaged in the shabby business of journalism. This is something I try to avoid. But one has to earn a living, even if it is a shabby one.

It's well over a quarter of century since I started in the trade, though it seems much longer. These days, I often wonder, when an interviewee is droning on, or I can't remember how to spell obsiqueous (I think you mean "obsequious" – Ed), what in the blazes possessed me to embark on a career in a journalism, an occupation that, while not as distrusted 30 years ago as it is now, was still barely respectable.

Did I fancy myself a hard man, the exposer of disagreeable truths to a grateful nation? Did I daydream of being Greg "The Man Who Found Osama Bin Laden" Dixon? Did I believe I was bound for fame as the plucky reporter who exposed a former prime minister as an alleged crook?

I have no idea. And it wouldn't have mattered, anyway. What I mostly found myself writing about for the first years was the likes of Ronald McDonald, unusual weather and cute animals. As it turns out, it was excellent preparation for this column.

My life as a young reporter was one of daily humiliations, of not really understanding the job, of running foul of short-tempered, vaguely sadistic bosses, and of making the occasional monumental cock-up.

Nobody has quite captured what it is to be a junior reporter better than the British novelist and screenwriter David Nobbs. He is likely best remembered, at least by those of us with greying hair, as the chap who wrote the wonderfully bleak TV comedy (based on his own books) *The Fall and Rise of Reginald Perrin*.

The writer with Ronald McDonald. Ronald is on the left.

My life as a young reporter was one of daily humiliations ... and of making the occasional monumental cock-up.

Less well known are Nobbs' four charming novels charting the life, loves and monumental cock-ups of one Henry Pratt. The first of the series, *Second From Last in the Sack Race*, is – Kingsley Amis' *Lucky Jim* aside – the funniest comic novel I've read.

But it is his second, *Pratt of the Argus*, which I'm again rereading, that is the most relatable, with a young Henry Pratt, fresh from national service, taken on by his hometown newspaper, the *Thurmarsh Evening Argus*.

Like mine, Henry's burgeoning career is humiliation heaped upon humiliation. Unlike mine, his doesn't last after writing a feature misrepresenting an anti-pornography campaigner as a pervert, and then penning a glowing review of an artist's new paintings only for the paper to learn the gallery had hung the pictures upside down.

"You twerp," the news editor yells at him. "You bloody twerp."

I can't remember what the news editor yelled at me the day I misrepresented Labour's David Lange as a crook, though it was undoubtedly something unpleasant.

The details of my greatest monumental cock-up, which happened less than a year into the job, are now hazy, but the salient facts are these: just before the 1993 general election, there was a tip-off that Lange had paid a landowner to allow his political hoardings to be erected in a prominent spot – an offence under the Electoral Act. I "investigated" this and duly wrote it up, thinking nothing more of it until the phone rang a few days later. It was Lange, who'd been out of the country when the story ran. "I'm going to sue you!" he yelled. And so he did; the paper settled out of court.

The greatest humiliation was yet to come. The night of the 1993 election, my now-definitely sadist bosses sent me to cover Lange's Māngere seat, which meant driving out to Waterlea, his run-down 19th-century manor in Māngere Bridge, to ask the great man how he felt about winning his seat for the seventh (and, as it turned out, final) time.

I found his house, and then sat in the car willing myself to go in. Eventually, I wandered up the leafy drive and found a party in progress. Lange was seated out on the balcony, a beer in one hand and a ciggie in the other. Although we'd never met, he recognised me immediately. "Greg," he bellowed in front of everyone, "don't worry, you only cost them a thousand – this time." I felt a right Pratt. ▮

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